

PROUD HOST CITY OF
2022 USA KARATE NATIONAL CHAMPIONSHIPS
JUNE 30 - JULY 3

WELCOME TO
Spokane
WASHINGTON, USA



ERIC SAWYER
CEO, SPOKANE SPORTS

On behalf of the Spokane Sports, I personally welcome each of you to Spokane, Washington, located in the heart of the Pacific Northwest. It's an honor to host all Karate athletes for this important competition. We are working hard to develop an exceptional championship experience for all athletes, officials, coaches and fans. In Spokane, you'll experience a top-notch championship venue, amazing summer weather, a vibrant and walkable city. Our community is counting down the days. Good luck with your training and we'll see you soon.

Safe travels,

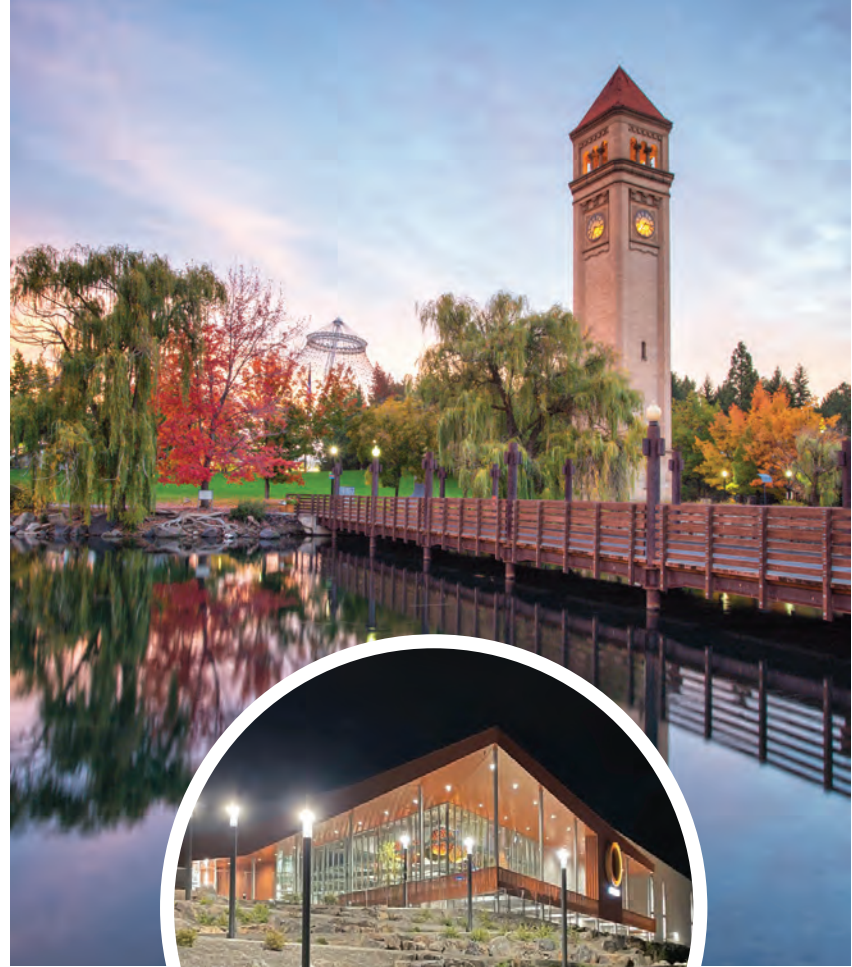
Eric Sawyer
Spokane Sports



Spokane: A city designed for athletes and fans.

- Walkable, safe and friendly downtown.
- Shopping, dining and entertainment just outside the venue.
- Friendly, athlete-orientated community.
- Easy airport—just 10 minutes from downtown, Spokane.
- Endless day trip options—from lakes to theme parks.
- Culinary journeys for every budget and taste.





All New Championship Venue: The Podium

- Located in the heart of a vibrant, walkable city.
- Positioned with a spectacular view of Riverfront Park.
- Walking distance to hotels, restaurants, and entertainment.
- Conveniently located just eight miles to the Spokane International Airport.
- Free wifi and on-site concessions offering healthy options.



ATHLETES LOVE THE SPOKANE EXPERIENCE

Event location has everything to do with event success. It's why something special happens to sporting events in the Spokane region. They thrill fans. They make the news. They break records. They win awards. They go down in history.

AND HERE ARE SOME OF THE REASONS WHY:

FOUR PERFECT SEASONS

Spokane has four distinct seasons with just-right temperatures and low humidity. These predictable seasons make planning easy, travel a breeze, and events such as golf, cycling, running, snow sports, and outdoor field and court sports a perfect match.

Spokane's natural playground includes five ski resorts, more than three dozen golf courses, hundreds of miles of paved and single-track bike routes, mile-high mountains for hiking and 76 lakes and rivers for the ultimate experience in Northwest water sports.

VIBRANT DOWNTOWN

Spokane boasts one of the most unique urban centers in the United States. With waterfalls, parks, shopping and entertainment, Downtown Spokane is friendly, walkable, and trendy—perfect for athletes and families.



TRADITIONAL TO TRENDY DINING

Spokane's dining scene compares to those found in larger, expected culinary hotspots like New York and San Francisco. From cozy and delicious gastropubs, to exhilarating fusion fare, to organic coffee houses, Spokane feeds the stomach and the soul, no matter what your taste or style.

CHEF INSPIRED DINING

Foodies looking to experience local eateries in Spokane will have their schedules, and stomachs full of the diverse options Spokane boasts. From fine dining to authentic restaurants, guests will love sampling cuisine while experiencing the Spokane vibe in an interactive atmosphere. Many restaurants focus on locally sourced or made-from-scratch dishes that capitalize on the unique tastes of the Pacific Northwest. Some of the most sought-after restaurant locations include options with a view of the Spokane River, hidden in the energy filled streets of downtown, or local spots tucked into neighborhoods.

RAISE A GLASS

The Inland Northwest is home to more than forty-six breweries, many of them located in Spokane. These brewers are passionate about their craft, each bringing their unique perspective to an ever-expanding variety of flavors and styles. Check out the "Ale Trail", a list of local breweries in the area to find your way to the best brews in the Pacific Northwest. If wine is more your style, Spokane is home to over 20 tasting rooms and wineries – now known as the Cork District. The large majority of these tasting rooms are located in the urban core of downtown Spokane, making many within walking distance of each other.

COFFEE CULTURE

From cozy coffee shops with warm pastries filling up aromas in the room, to hipster espresso bars tucked inside vintage buildings, the Spokane coffee scene is unlike most. Even though the state is the origin of Starbucks Coffee, Spokane brings it game by crafting unique drinks with locally roasted beans and every connoisseur adding their special touch to each creation. With over 300 coffee establishments in the area, you will never run out of places to try the next, best brew.

CONVENIENT OFFERINGS

Spokane is home to many budget eateries, fast food, chain restaurants, and can be found throughout the city. Many grocery stores are in and surrounding the downtown area, each bringing their own reputable offerings. Multiple stores offer hot bars with pre-made bites and dishes or are available to simply pick up grocery items. Whether looking to grab a quick bite, or find ingredients for dinner, Spokane has an option for everyone.



GATEWAY TO THE PACIFIC NORTHWEST

Spokane makes for the perfect launching pad to a Pacific Northwest vacation—with easy trips from the mountains of Montana to the waterfront of Seattle.

COEUR D'ALENE, IDAHO

The city of Coeur d'Alene is located just 30-minutes from downtown Spokane, situated on the shores of beautiful Lake Coeur d'Alene. Defined by its vibrant downtown, abundant recreational opportunities, and scenic views, this is a favorite stop by many when visiting the region. Five-star amenities, exciting attractions, and thrilling adventures will keep you busy whether teeing up at the Coeur d'Alene Resort Golf Course, or taking a lake cruise and getting a lakeside view of the town, there is something for everyone.

LEAVENWORTH, WASHINGTON

Just a short drive to the middle of the state is Leavenworth, Washington, a Bavarian-styled village nestled in the Cascade mountain range. Strolling the streets of this charming little town, the Alpine inspired structures will take you back in time to Old Germany. Whether it's hiking along the Wenatchee River or in the mountains, stopping at dozens of award-winning wineries and tasting rooms, or sampling bratwursts at every restaurant, this "Little Bavaria" will not disappoint.

WINE COUNTRY/SOUTHEAST WASHINGTON

A short drive southwest of Spokane puts you right into the Columbia Basin, the heart of Washington wine country—where some of the best-rated wines in the world are produced. Walla Walla is a quaint town that boasts 31 wineries and is often referred to as the "next Napa Valley." Tree-lined streets will lead to you to local restaurants, vintage shops, cafes, boutiques, and of course tasting rooms galore.

SEATTLE, WASHINGTON/PUGET SOUND

Seattle is known for its world-famous Space Needle and Pike's Place Market—but has unexpected adventures, major attractions and an unparalleled food scene that will give you just another reason to brag on this Pacific Northwest favorite. As Washington's largest city, and only a 4-hour drive from Spokane, Seattle offers a city vibe unlike any other. From Seattle, visit unique coastal islands featuring some of the best Orca-watching places in the world.

NORTH CASCADES, WASHINGTON STATE

The North Cascades are home to beautiful, jagged peaks and mountain views. With more than half a million acres of rugged wilderness, mountainous trails and multiple national forests, the outdoor enthusiast will always have enough to do in this haven.



Coeur d'Alene, Idaho, 30-minute drive



Seattle, Washington, 50 minute flight/4 hour drive

ADDITIONAL RESOURCES

We have strong partnerships with both Visit Spokane (Spokane's tourism center) as well as our state tourism organization, Experience Washington. We will be working with them to provide ample destination information to traveling athletes and their families. To learn more about Spokane and Washington State, we encourage you to review the resources below:

WASHINGTON STATE VISITORS GUIDE

<https://online.fliphtml5.com/nxcu/xszx/>

WASHINGTON STATE WEBSITE

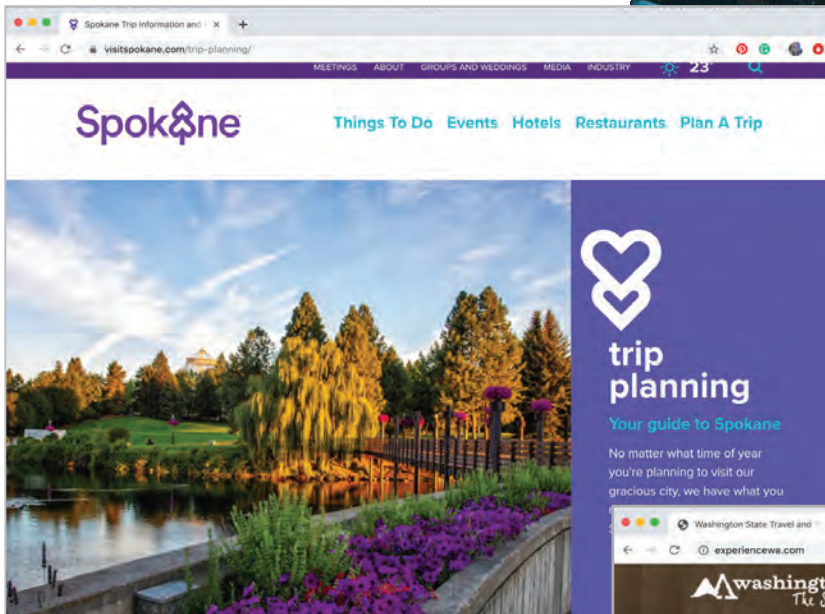
www.experiencewa.com

VISIT SPOKANE WEBSITE

www.visitspokane.com

VISIT SEATTLE WEBSITE

www.visitseattle.org





SPOKANE SPORTS COMMISSION

Spokane Sports is a non-profit, publicly funded organization founded in 1989 to promote and facilitate successful sporting events in the Spokane region.

**GET IN TOUCH AND WE'LL GET
THE BALL ROLLING.**

www.spokanesports.org

