



## 2014 USA WEIGHTLIFTING NATIONAL UNIVERSITY CHAMPIONSHIP GENERAL INFORMATION, ENTRY FORM & PARTICIPATION CONTRACT ALBUQUERQUE, NEW MEXICO – SEPTEMBER 25-28, 2014

**VENUE:**

|   |
|---|
| Albuquerque Convention Center   |
| 401 2 <sup>nd</sup> Street  |
| Albuquerque, New Mexico 87102   |
| <a href="http://www.albuquerquecc.com">http://www.albuquerquecc.com</a> |

**HOTEL:**

|  |
|--|
| <b>DoubleTree by Hilton, Albuquerque (Connected)</b>   |
| 201 Marquette Avenue Northwest   |
| Albuquerque, New Mexico 87102  |
| Book online at;<br><a href="http://doubletree.hilton.com/en/dt/groups/personalized/A/ALBSMDT-WEI-20140925/index.jhtml?WT.mc_id=POG">http://doubletree.hilton.com/en/dt/groups/personalized/A/ALBSMDT-WEI-20140925/index.jhtml?WT.mc_id=POG</a> |
| Call: 505-247-3344 (Mention USA Weightlifting)   |
| \$98 (All Room Types)  |

**NEAREST AIRPORTS:**

Albuquerque International Sunport (ABQ) is approximately 4.6 miles from the Venue.

**AIRPORT TRANSPORT :**

A complimentary shuttle from *Albuquerque International Sunport* will exist to the Venue, and Host Hotels. Please send your flight and hotel details to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)

**ABOUT OUR HOST CITY:**

[www.itsatrip.org](http://www.itsatrip.org)

**WEBCAST:**

[www.teamusa.org/USA-Weightlifting/LIVE](http://www.teamusa.org/USA-Weightlifting/LIVE)

**VOLUNTEER AT:**

We are actively seeking volunteers. Please email [volunteer@usaweightlifting.org](mailto:volunteer@usaweightlifting.org) to volunteer for this event.

**QUALIFICATION PERIOD:**

April 4, 2013 to August 17, 2014

**REGISTRATION DEADLINE:**

August 28, 2014, 23.59 Mountain Time.

**SCHEDULE PUBLISHED:**

August 31, 2014.

**QUALIFYING TOTALS:**

\*See below for regulations

| Men  |       | Women  |       |
|--|-------|--|-------|
| Born 1986 to 1996, Student or Graduated within One Calendar Year |       | Born 1986 to 1996, Student or Graduated Within One Calendar Year |       |
| 56kg   | 115kg | 48kg   | 85kg  |
| 62kg   | 140kg | 53kg   | 94kg  |
| 69kg   | 175kg | 58kg   | 100kg |
| 77kg   | 200kg | 63kg   | 103kg |
| 85kg   | 203kg | 69kg   | 106kg |
| 94kg   | 215kg | 75kg   | 109kg |
| 105kg  | 216kg | 75+kg  | 120kg |
| 105+kg   | 220kg |  |       |

**LOC:** USA Weightlifting, Albuquerque Convention & Visitors Bureau, High Desert Athletics

**MEET DIRECTOR:** Joaquin Chavez

**SANCTION NUMBER:** 60-14-12

**ELIGIBILITY** To enter this event you must be a member in good standing when you submit your entry and remain a member through the time your session ends at the competition you are entering, and:

- 1) **Assure your entry and fee is received by the USA Weightlifting National Office by August 28, 2014 at 23:59 Mountain Time.** <https://www.usaw.hangastar.com>
- 2) Make or exceed the Qualifying Total for the bodyweight category and age category you are entering, while lifting in the bodyweight category you are entering (or a lighter bodyweight category)\*. Unless you enter an Entry Total during the registration process, we will automatically use as your Entry Total the highest total you made during the Qualifying Period in the bodyweight category you are entering (or that you made in a lower bodyweight category, if that total is higher). Alternatively, you may declare a different Entry Total during the registration process that is lower (never higher) than your aforementioned highest total. However, any lower Entry Total that you declare may not be lower than the Qualifying Total for the bodyweight category you are entering, and the total of the starting attempts you declare for the competition must be within 20 Kg. (for males) and 15 Kg. (for females) of your Entry Total.
- 3) You must be a student, officially enrolled in, and currently attending, a post-secondary institution. At the time of entry you must be enrolled and attending classes, and must be so verified by a document from your institution, or b) be a former student who has graduated from a post-secondary institution within one calendar year. Current enrollment or graduation must be verified with a document from the Registry department of the institution.
  - a. Post-Secondary institutions include academic educational institutions, community colleges, professional schools, technical schools, colleges and Universities in the United States, accredited by the appropriate state and/or regional accrediting agency, and for US Citizens, the same set of schools outside of the United States.
  - b. US Citizens attending foreign post-secondary institutions meeting all of the above requirements, may lift and place. They may not score team points. However, their placement does affect team scoring for other athletes and schools.
  - c. Non-Citizens attending US post-secondary institutions may compete at University Nationals, if they meet the criteria above, provided they submit written approval from their National Federation to compete per IWF Constitution point 20.3.
- 4) You must be born between January 1, 1986 and December 31, 1996 to enter the National University Championships.

**ENTRY DEADLINE:** Thursday, August 28, 2014. All entries, team or individual, whether made online, via fax or via regular mail or express service, must be received with payment by the USA Weightlifting National Office no later than 23:59 MT Thursday August 28, 2014. Entries and/or payments received after that time will be rejected.

#### **QUALIFICATION FOR 2014 INTERNATIONAL COMPETITIONS:**

USA Weightlifting has designated the 2014 National University Championships as a Qualification Event for the following 2014 international competitions:

##### **2014 FISU World University Weightlifting Championships**

Estimated Dates: 12/05/2014 – 12/08/2014 Estimated Location: Chiang Mai, Thailand

Team USA Ranking Objective & Method: Ability to Medal

<http://www.chiangmaiwuwc2014.com/>

Note that the dates, locations, and presentation of the above events are subject to changes and adjustment as specified on the IWF (International Weightlifting Federation) and PAWF (Pan American Weightlifting Federation) calendars.

**OUTLINE SCHEDULE:**

**SCHEDULE NOTICE:** IMPORTANT SCHEDULING NOTICE

USA Weightlifting has a new approach to scheduling for 2014 designed to better balance the number of competitors lifting each day. In order to accomplish this, we are closing entries earlier than we have in the past. However, on the basis of entries actually received, we will publish a "Tentative Schedule" 48 hours after the closing of entries, following a general approach of lightest athlete through to the heaviest athlete. That schedule will show the A and B (and C or deeper as needed) sessions by actual day and tentative time. Please note USA Weightlifting reserves the right to change the time schedule for any lifting day at any time, and the time schedule is *only final after the Verification of Final Entries Meeting, but the days of lifting for each session will not be changed after the tentative schedule has been published.* An outline schedule is provided herein, but it is not based on knowledge of any actual entries, so the outline of which categories will lift on each day is only very approximate at this time

**SESSION CREATION:**

Where the number of lifters exceeds a reasonable number for one session, the weight class will be split down into session ordered alphabetically where A is the session containing those with the highest totals, through to however many sessions are necessary to satisfy the number of entries in that category. B sessions must lift before the A session and therefore, may be scheduled in some instances the day before the A session

**OUTLINE SCHEDULE:**

| Men's Categories | Provisional Day    | Women's Categories | Provisional Day    |
|------------------|--------------------|--------------------|--------------------|
| 56kg             | Friday             | 48kg               | Friday             |
| 62kg             | Friday             | 53kg               | Friday             |
| 69kg             | Friday or Saturday | 58kg               | Friday or Saturday |
| 77kg             | Friday or Saturday | 63kg               | Saturday           |
| 85kg             | Saturday           | 69kg               | Saturday or Sunday |
| 94kg             | Saturday or Sunday | 75kg               | Sunday             |
| 105kg            | Sunday             | +75kg              | Sunday             |
| 105+kg           | Sunday             |                    |                    |

**BODYWEIGHT CATEGORY CHANGES AND FINAL VERIFICATION OF ENTRIES & MEETING:**

The Entry Form you submit to the USA Weightlifting office by the entry deadline is your official entry to the competition and the information therein will be verified and used to create a Tentative Start list. However, you can make changes to your bodyweight category up until 23:59 MT, Tuesday September 23, 2014, by notifying the National Office, in writing, of the desired change, if you have made the qualifying total for that category. You may also make a change at the Verification of Final Entries Meeting that will take place on Thursday September 25, 2014, 18:00-18:30 PM MTN, at Albuquerque Convention Center indicated above, in a room to be announced that morning in the lobby of the hotel. However, in no event will changing your bodyweight category and/or result in you moving to an A session if your original ET placed you in a B session when the start lists were published. For instance, if your 275kg. total at 85kg. placed you in the B session of the 85kg category, and you move to a category in which the 275 kg total would have placed you in an A session (e.g., down to the 77 kg. category) had you entered that category originally, you will be placed in the B session of your new category (if no B session is scheduled for that new category, you will be combined into the B session of an adjacent category). You can also change your ET at or prior to the Verification meeting, but in no event can it be below the QST for the category in which you will be lifting. If you were placed in an A session on the basis of your original ET, and your revised ET is lower than the minimum total for the A session of the category you will compete in, you must lift in the B session for that category (if any) and must be prepared to alter your schedule to do

that. Please note in selecting your ET that the total of your starting attempts at the competition must at least be within 20kg (men) /15kg (women) of the QT, and if you are selected for an A session with 20k/15k of the minimum total for the A session. No extra lifters will be permitted in this competition.

**ITEMS REQUIRED AT**

**WEIGH IN:**

All participants are required to produce a government-issued photo identification documents showing date of birth, such as a driver's license, passport, military ID, or comparable document.

**DOPING CONTROL:**

Formal drug testing of participants by the United States Anti-Doping Agency (USADA) will be in effect. Participation in this event signifies that the athlete agrees to be subjected to and to comply with all drug control procedures and policies.

**WEIGH INS:**

All official weigh-ins will be done at the Venue. Unofficial weight-checks and a sauna will be available.

**AWARDS:**

Medals to top 3 in each body weight category for snatch, clean & jerk, and total. Coaching Medal to the coach of the Gold medalist in each weight class.  
Best lifter award for the top male and female lifter.

**TEAM AWARDS:**

Team Awards will be given for Men's, Women's and Co-Ed Teams.

# OFFICIAL ENTRY FORM – 2014 NATIONAL UNIVERSITY CHAMPIONSHIP ALBUQUERQUE, NEW MEXICO

**REGISTRATION:** Preferred method of registration is on line at <https://www.usaw.hangastar.com/Login.aspx> . The deadline for the National Office having received your registration as specified above in this document. No late entries will be accepted.

A manual registration form may be mailed or faxed but it must be received by the National Office by the deadline specified on page one of this document. However, an additional \$10 processing fee applies for each athlete or team registering manually and is included in the "Entry Fees" listed below.

**RETURN MANUAL ENTRY TO:** USA Weightlifting  
1 Olympic Plaza  
Colorado Springs, CO 80909

**ENTRY FEES:** INDIVIDUAL Entry – \$50.00 if you enter online (Non-refundable)  
If you use a paper entry, \$60.00 (Non-refundable; includes manual processing fee of \$10)  
Each OVERALL TEAM – \$75.00 if you enter you're a team online (Non-refundable)  
If you use a paper entry \$85.00 (Non-refundable; includes manual processing fee of \$10)

Please enter me in the 2014 National University Championships to be held on September 25-28, at Albuquerque Convention Center, Albuquerque, New Mexico. I certify that I am an amateur in good standing. In consideration of my entry in the competition, I do hereby waive, and release USA Weightlifting, Albuquerque Convention Center, High Desert Athletics, SMG and Albuquerque Convention & Visitors Bureau any meet hotel, and their respective directors, officers, officials, agents, and competition personnel, hereinafter known as the "Organizers," from any and all causes of action, loss, liability, claims and demands of every kind and nature, which I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other care rendered to me in the event of my injury or illness, or for any and all other costs, damages or losses suffered or incurred by me or occasioned to me in connection with my travel to and from, and my participation in, the competition and related activities, except that the forgoing waiver and release shall not apply to injuries, damages, and losses resulting from the gross negligence and/or wanton misconduct of the Organizers or to bodily injuries and medical expenses covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers.

I agree to be filmed and photographed under conditions approved and authorized by the USA Weightlifting, to include the use of my name, biographical information, public appearances, interviews, photographs, portrait and motion pictures and television recordings of my weightlifting performance and grant to USA Weightlifting and Organizers the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of the weightlifting team on which I compete, to promote the image of USA Weightlifting, its sponsors and advertisers, and the sport of amateur weightlifting, and to fund the activities of the USA Weightlifting.

I (and my parent or guardian, if I am a minor), agree that the Organizers and its agents, including competition personnel, may make judgments (with appropriate input from available medical personnel), as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition, should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the Organizers, its agents and competition personnel to make such decisions for me as though they stood in a relationship to me of parent, guardian or next of kin should circumstances require the Organizers, its agents and competition personnel to make such judgments, and my next of kin cannot be timely and conveniently contacted to participate in the making of such judgments.

I hereby release and agree to hold the Organizers, its agents and competition personnel harmless from all expenses, causes of action, liability, claims and demands arising from good faith judgments made by the Organizers, its agents and competition personnel concerning my treatment, hospitalization and medical care in the event of my illness, injury or other emergent circumstances in connection with the competition.

I (and my parent or guardian, if I am a minor), agree that I will be financially responsible for treatment, hospitalization and other medical care rendered to me in the event of my illness, injury or other emergency circumstances in connection with the competition, except to the extent my injuries and medical expenses, if any, are covered by accidental death, dismemberment and/or loss of sight and medical reimbursement insurance policies maintained by the Organizers for my benefit, in which event I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies' limits.

**I understand the USAW Board of Directors has adopted the following policy:** The entry and qualifying deadlines for any National event are the ones specified in the Participation Contract and absolutely no entries will be accepted after the deadline.

This policy will remain in effect unless changed by the USAW Board of Directors and may not be overridden by any individual or group, including but not limited to any USAW committee, member, the event meet director or the National Office staff. This policy will be strictly enforced, without

regard to statements or rumor to the contrary, regardless of the source of such statements or rumors. Athletes should be advised that USAW will not be responsible for an athlete's unsuccessful attempt to register for the event online due to the absence of a minimum qualifying total in the athlete's record at the time registration is attempted, or for any other issue that would cause the athlete to be unable to successfully register online or via fax or regular mail. It is therefore strongly recommended that athletes not wait until the last minute to register, in case there is a problem.

**PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY:**

WEIGHT CLASS QUALIFIED: \_\_\_\_\_ KG (You may only enter one) USAW Member # \_\_\_\_\_

\_\_\_\_ MALE \_\_\_\_ FEMALE SCHOOL: \_\_\_\_\_

NAME \_\_\_\_\_  
(Last) (First) (Middle)

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_) \_\_\_\_\_ E-MAIL \_\_\_\_\_ AGE \_\_\_\_\_ DOB \_\_\_\_\_

USA WEIGHTLIFTING COACH: \_\_\_\_\_ COACH USAW MEMBER # \_\_\_\_\_

EVENT COACH: \_\_\_\_\_ EVENT COACH USAW Member # \_\_\_\_\_

**NOTE: EVENT COACH MUST BE A CURRENT USA WEIGHTLIFTING MEMBER TO GAIN ACCESS TO THE WARM-UP ROOM**

QUALIFYING STANDARD TOTAL (QST) MADE: \_\_\_\_\_ WT CLASS: \_\_\_\_\_ DATE: \_\_\_\_\_

ENTRY TOTAL (ET) (must be equal to or greater than the QT of age/wt class): \_\_\_\_\_

**AMOUNT DUE: \$60 (paper entry fee)**

PAYMENT MAY BE MADE WITH CHECK PAYABLE TO 'USAW' OR VALID CREDIT CARD: VISA, MASTERCARD, DISCOVER or AMERICAN EXPRESS:

CREDIT CARD ACCT# \_\_\_\_\_ EXPIRES \_\_\_\_\_ CODE \_\_\_\_\_

CARDHOLDER SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

# National University Championships Manual Entry

## DRUG USE AND BLOOD DOPING

All competitors in the 2014 National University Championships are subject to drug testing by the United States Anti-Doping Agency (USADA). A positive result for an IOC prohibited substance will be cause for disqualification from this event, and loss of eligibility. A negative test will demonstrate to the public and your competitors that you have earned your achievements ethically.

By registering to compete at this competition, you are consenting to be subject to drug testing on your urine, and accept the penalties if found positive for a prohibited substance. All athletes chosen are required to provide an acceptable specimen. Cooperation is mandatory; noncompliance will be cause for the same penalties as for a positive drug test.

Further information about the doping control process, the protection of your rights, and the status of specific medications is available from the U.S. Anti-Doping Agency and its Drug Reference Line (1-800-233-0393), 5555 Tech Center Drive, Suite 200, Colorado Springs, Colorado 80919-2372. The USADA website is [www.usantidoping.org](http://www.usantidoping.org).

Over-the-counter medications, nutritional supplements, and even natural herbal supplements may contain prohibited substances. Always check first with your team doctor or the Drug Reference Line before taking any medication prior to competition.

I understand that drug-testing may be conducted on a formal basis for athletes weighed-in for this event or program and that the detection of use of banned drugs would make me subject to suspension by my sport's national governing body and USOC. By registering for this event, I agree to be subject to a drug test and its penalties if declared positive for a banned substance. I am aware that failure to appear for and comply with the drug test will be cause for the same penalties as for those who are positive for a banned substance. I further understand that the practice of blood doping is banned by the USA Weightlifting, the USOC, the IWF and the IOC and that to do so would make me subject to punitive action within existing policies. \*\* Names of athletes who test positive, the name of the substance and length of suspension will be listed in on the USA Weightlifting website. I know that I may call the USADA Hotline (1-800-233-0393), for any questions about medications and banned substances or practices.

I understand that, if for some reason I elect not to continue in the competition to the completion of an official total, or do not total, that I will still be eligible for the random drug test, and I will report to the Doping Control Officer and advise him/her that I am making myself available for random drug testing. I will not leave the meet site until excused by the drug control officer.

**I understand that if I am a no show for drug testing, I am subject to receiving the maximum penalty of a 4-year suspension from the sport.**

**In providing my signature below I am signifying that I agree to all the terms, conditions, waivers, policies, descriptions and other information provided on the preceding pages of this document.**

PRINTED NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

**2014 National University Championship  
September 25-28 – Albuquerque, New Mexico**

**OFFICIAL TEAM ENTRY FORM  
\$75/Team + \$10 Admin Fee for Paper Application (Overall Team)**

Select one: \_\_\_\_\_ Men's Team \_\_\_\_ COED Team \_\_\_\_\_ Women's Team  
COLLEGE: \_\_\_\_\_

(Make copies as necessary for additional teams) Online entries can be made by clicking ([link here](#))

Please enter the following Team in the 2014 National University Championships. Enclosed is a check for \$85.00, payable to the USA Weightlifting or credit card information below. I understand that if any athlete on my team tests positive for banned substance, that the team will receive no team points and will be disqualified from this competition.

This tentative team roster must be submitted and each athlete on this roster must submit an individual entry indicating that he/she represents this club. Proof of mailing is required, please see page 1, "Proof of Entry."  
Final team rosters are due in the Competition Secretary's hands at the Verification of Final Entries Meeting. No more than 2 per class, eight men per team and seven women per team.

USA WEIGHTLIFTING CLUB NAME \_\_\_\_\_ CLUB #: \_\_\_\_\_

CLUB ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

CREDIT CARD ACCT# \_\_\_\_\_ EXPIRES \_\_\_\_\_

Visa, MasterCard, Discover, American Express

CARDHOLDER'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

|    | ATHLETE'S PRINTED NAME | WEIGHT CLASS | TOTAL |
|----|------------------------|--------------|-------|
| 1. | _____                  | _____        | _____ |
| 2. | _____                  | _____        | _____ |
| 3. | _____                  | _____        | _____ |
| 4. | _____                  | _____        | _____ |
| 5. | _____                  | _____        | _____ |
| 6. | _____                  | _____        | _____ |
| 7. | _____                  | _____        | _____ |
| 8. | _____                  | _____        | _____ |

ALTERNATES:

|    |       |       |       |
|----|-------|-------|-------|
| 1. | _____ | _____ | _____ |
| 2. | _____ | _____ | _____ |

SIGNATURE OF CLUB OFFICIAL: \_\_\_\_\_ DATE: \_\_\_\_\_

CLUB OFFICIAL'S PRINTED NAME: \_\_\_\_\_

## Travel and Hotel Info

### **USA WEIGHTLIFTING MEMBERS ARE ENTITLED TO THE FOLLOWING BENEFITS**

5-15% discount off your national and international travel through United & Hilton Hotels

#### **How to book travel with United:**

USA Weightlifting has been assigned an event code to be used when purchasing tickets on United or United Express flights. USAW's code is **ZRGG786137** and will activate fare discounts for any USAW National sanctioned events.

Two ways to book discount air travel: Phone or Internet - each method offers different discounts.

#### **Phone - United Olympic Desk:**

- Call the United Olympic Desk at 800-841-0460 Monday-Friday from 10:00am to 8:00pm (EST).
- United is pleased to offer a 2-10% discount on published domestic fares and 7-15% on International fares for all US Olympic recognized events and meetings when calling the United Olympic Desk. Discounts are available on United and United Express flights as well as United-marketed Air Canada and Lufthansa code share flights. Discount varies by booking class and at time of ticketing. Certain published fares may not be eligible for the discount.

#### **Internet**

- Purchase tickets online and receive a 5% discount off the lowest applicable internet fares. By booking your travel online you will receive the lowest guaranteed united.com fares and will never pay a booking fee.
- To book travel online visit <http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/United-Airlines>

#### **How to book travel with Hilton:**

<https://hiltonhhonors.com/NGBCampaign/Olympic.html?cid=OM,HN,teamusastays,LP2010>

**How to book a rental car through National & Enterprise :** <http://www.teamusa.org/USA-Weightlifting/Membership/Membership-Benefits/Car-Rental>