

## 2019 Duathlon Female Rankings

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### 2019 DUATHLON FEMALE

#### 0-15

NATIONAL RANK	HONORS	FIRST NAME	LAST NAME	GENDER	AGE	STATE	REGION	OVERALL SCORE
1	AA	JET	FRANCIS	F	14	NC	Mideast	100.883
2		HANNAH	MIDDLETON	F	13	OR	West	83.714

#### 16-17

1	AA	HOPE	FROST	F	16	VA	Mideast	113.405
2		SADE	SMITH	F	17	VA	Mideast	100.068
3		ALAYNA	ENGLER	F	16	MI	North Central	77.715
4		NATASHA	RICH	F	16	CA	West	62.652

#### 20-24

1	AA	SIERRA	WINTERS	F	21	NC	Mideast	91.070
2		JENNIFER	SHEASLEY	F	24	AK	West	83.871
3		KASSI	PORCHE	F	20	TX	South Central	78.366

#### 25-29

1	AA	GABRIELLE	SUVER	F	29	FL	Southeast	106.510
2	AA	MARY PAULINE	FORNEA	F	25	MD	Mideast	104.041
3		JENNIFER	PEVERELLE	F	28	OH	Mideast	103.881
4		CHELSEA E.	VANCOTT	F	29	CA	West	99.667
5		HOLLY	RESH	F	25	CA	West	97.431
6		SARAH	WEIHE	F	27	OH	Mideast	96.855
7		REGAN	FINK	F	27	NC	Mideast	90.891
8		LAUREN	EASTON	F	25	MI	North Central	89.221
9		JOCELYN	KASELOW	F	26	MD	Mideast	88.887
10		ABBY	SETIAS	F	26	LA	South Central	87.940
11		SUSAN	HILBIG	F	28	NC	Mideast	87.183
12		LAUREN	RAVA	F	28	NJ	Northeast	74.973
13		RACHEL	SUYDAM	F	27	OH	Mideast	74.453
14		KATELYN	DUNASKI	F	25	CA	West	67.172
15		NICOLE	RIBEIRO	F	29	FL	Southeast	65.470

#### 30-34

1	AA	SIMONA	CELIK	F	34	CA	West	107.923
2	AA	JULIE	CUSHEN	F	32	CA	West	105.553
3	AA	NILANI	DUARTE	F	32	PA	Northeast	104.997
4		VONETTA	TROTTER	F	30	NY	Northeast	98.643
5		LINDSAY	LONG	F	34	DE	Mideast	98.382
6		DANIELLE	MCCLINTOCK	F	33	CA	West	98.052
7		JULIE	BARTOLOMEI	F	32	CA	West	90.097

### 2019 Duathlon Female Rankings

8		KAYLA	OSTERHOFF	F	32	GA	Southeast	89.571
9		JUSTINE	TITKO	F	31	PA	Northeast	88.165
10		JESSICA	MULLIN	F	34	MI	North Central	87.637
11		MARISA	GOSSWEILER	F	34	TX	South Central	86.039
12		RACHEL	NEWTON	F	33	KY	Midwest	83.621
13		MARIA	GALARRAGA	F	34	FL	Southeast	81.662
14		HOLLY	BOSTON	F	34	AK	West	78.800
15		NAOMI	GALLIEN	F	31	AK	West	78.361
16		MONICA	SBERNA	F	32	CA	West	77.908
17		JILLIAN	GREGORY	F	34	FL	Southeast	77.432
18		KRISTIE	ALEXANDER	F	33	MI	North Central	77.196
19		HANNAH	HEINO	F	31	IL	North Central	76.777
20		MELISSA	ASSIS	F	31	FL	Southeast	76.586
21		ELISSA	MARTIN	F	30	IN	North Central	75.572
22		MARA	GORDON	F	31	FL	Southeast	75.474
23		MICHELLE	HARVEY	F	30	CA	West	74.675
24		RANDI	DICELLO	F	30	AK	West	74.660
25		NATALIE	ELLIS	F	33	CA	West	74.366
26		TAMRA	WONG	F	34	NY	Northeast	69.423
27		TIFFANI	WALKER	F	34	CO	North Central	62.123
28		NICOLE	FRAIFOGL	F	32	OH	Midwest	60.184
29		ROSA	CARTAGENA	F	33	TX	South Central	57.730
30		DANA	RODENBECK	F	31	OH	Midwest	57.310
<b>35-39</b>								
1	AA	MEGHAN	FILLNOW	F	36	NC	Midwest	115.193
2	AA	RENDY	WILLIAMS	F	36	CA	West	111.223
3	AA	KARI	GILES	F	37	GA	Southeast	107.566
4	AA	RENEE	HARRINGTON	F	37	NC	Midwest	107.100
5		KATI	PETRY	F	35	CO	North Central	106.299
6		LAUREN	BAILEY	F	38	IN	North Central	102.551
7		LAUREN	BONDLY	F	36	AZ	West	101.470
8		NATALIE	LUTZ	F	37	DE	Midwest	100.743
9		KAROLINE	MUEHLFELLNER	F	36	FL	Southeast	100.269
10		MELISSA	SPAID-DECKER	F	39	MD	Midwest	98.485
11		SARAH	HAYS	F	38	SC	Southeast	96.344
12		SHOBHA	LAKSHMINARAYANA	F	37	DE	Midwest	94.527
13		MARTHA	HIDALGO	F	39	FL	Southeast	94.011
14		STEPHANIE	FUNKHOUSER	F	39	OH	Midwest	93.742
15		YARILU	ROMAN	F	39	FL	Southeast	92.935
16		SARAH	RAW	F	37	FL	Southeast	92.801
17		VICTORIA	ANDERSON	F	39	DC	Midwest	91.111
18		LILI	RIFFLE	F	39	CA	West	90.370
19		ELIZABETH	OXVALIDA	F	35	FL	Southeast	85.586
20		GEMMA	LAURENTZ	F	37	NY	Northeast	84.657
21		JENNIFER	SOBIESKI	F	37	FL	Southeast	80.499
22		AMY	ROLDAN	F	38	FL	Southeast	80.150
23		KATIE	PETERS	F	37	CA	West	79.679
24		KATHERINE	PROKO	F	38	TX	South Central	78.415
25		STACEY	HOLMES	F	39	FL	Southeast	77.822
26		ANDREA	BARNES	F	36	AZ	West	77.676
27		KRISTY	ENGEL	F	35	OH	Midwest	76.430
28		KARA	RUSSELL	F	39	VA	Midwest	75.741
29		JENNIE	MOREJON	F	39	FL	Southeast	72.837
30		CAROLYN	WILHELM	F	36	OH	Midwest	71.778

### 2019 Duathlon Female Rankings

31		LAURA	MAGUIRE	F	36	NJ	Northeast	70.370
32		LAURA	MULSTAY	F	38	NY	Northeast	69.458
33		DEBBIE	PAINE	F	37	AK	West	66.416
34		MARGARET	BLETHEN	F	38	NH	Northeast	65.270
35		NIKOLE	KOBCHENKO	F	38	PA	Northeast	63.820
36		CATHLEEN	DAVIS	F	36	NY	Northeast	60.955
<b>40-44</b>								
1	AA	KIRSTEN	SASS	F	40	TN	Midwest	115.232
2	AA	KRISTEN	HETZEL	F	40	CA	West	110.841
3	AA	LAURA	EPELBAUM	F	41	PA	Northeast	105.176
4	AA	JAMIE	MARTENS	F	43	MO	North Central	104.578
5		COLETTE	VAN DYK	F	43	CA	West	100.485
6		JENNIFER	CHEBI	F	44	CA	West	99.804
7		JAMII	NORTH	F	42	CA	West	99.699
8		OLGA	STARIKOVA	F	42	IL	North Central	99.616
9		JESSICA	SOROKA	F	41	AR	South Central	99.475
10		MARY	LAWRENCE	F	41	NY	Northeast	98.679
11		MONICA	DOVAL	F	41	FL	Southeast	98.353
12		DIANA	GUZZO	F	42	FL	Southeast	97.311
13		DAWN	BERRIOS	F	41	GA	Southeast	94.870
14		NICOLE	BROWN	F	43	FL	Southeast	94.450
15		MJ	GAIBOR	F	42	FL	Southeast	92.947
16		TERESA	EDDY	F	42	SC	Southeast	92.197
17		LAUREN	FINN	F	44	PA	Northeast	89.974
18		BRENDA	ENGLER	F	42	MI	North Central	86.772
19		ELLIE	BAUM	F	41	OH	Midwest	86.400
20		SHERRI	WHITCOMB	F	43	OH	Midwest	85.670
21		MEGHAN	SHIPMAN	F	42	FL	Southeast	85.347
22		MICHELE	KRONBACH	F	44	FL	Southeast	84.715
23		APRIL	BOROS	F	44	OH	Midwest	83.719
24		MARY	MCCORMICK	F	41	FL	Southeast	79.637
25		SARAH	GLINSKI	F	44	OH	Midwest	78.711
26		SHARLEEN	SUICO	F	43	OH	Midwest	77.271
27		LESLEY	STONE	F	41	FL	Southeast	73.476
28		ASHLEY	LANG	F	42	AK	West	73.197
29		SARAH	TAYLOR	F	41	FL	Southeast	72.031
30		JERELYN	CLAUSER	F	42	FL	Southeast	69.965
31		KATRIINA	TIMM	F	40	AK	West	67.700
32		CATHY	CAMPISI	F	43	NY	Northeast	66.355
33		MARISSA	MARAVILLO	F	44	FL	Southeast	64.712
34		LISA ROSE	JOHNSON	F	43	NJ	Northeast	64.543
35		VICKY	HOPPER	F	44	FL	Southeast	58.360
36		BEVERLY	BAKER	F	43	OH	Midwest	58.237
<b>45-49</b>								
1	AA	CELIA	DUBEY	F	47	FL	Southeast	106.143
2	AA	ERICA	RUGE	F	47	CO	North Central	106.010
3	AA	LISA	REICHMANN	F	45	MD	Midwest	105.870
4	AA	UTE	NESTLER	F	48	TX	South Central	105.696
5	AA	ROXANNE	STEPNOWSKI	F	46	CT	Northeast	102.026
6	AA	HEATHER	ROBINSON	F	45	IN	North Central	100.808
7		TRACY	KOCHIAN	F	45	NJ	Northeast	100.338
8		ALISON	RAITT	F	45	CA	West	100.251
9		KARLA	ANTONIO	F	49	FL	Southeast	99.310
10		BARBARA	BILOW	F	48	OH	Midwest	99.271

### 2019 Duathlon Female Rankings

11		RENATA	SILVEIRA	F	46	FL	Southeast	99.003
12		DAWN	GREEN	F	45	OH	Midwest	97.291
13		DANIELLE	SPRINGER	F	49	MD	Midwest	96.080
14		CHERYL	PARROTT	F	47	IN	North Central	96.037
15		JAMIE	PERKO	F	47	FL	Southeast	96.015
16		MARINA	EDERRA-AUSTIN	F	49	OH	Midwest	93.258
17		KRISTINA	SIDDALL	F	45	FL	Southeast	88.473
18		KATHRYN	LINN	F	48	FL	Southeast	87.862
19		ALEJANDRA	ZEA	F	46	FL	Southeast	87.186
20		TRACY	JENKINS	F	47	PA	Northeast	86.117
21		CATHERINE	SAGAL	F	47	FL	Southeast	85.419
22		KIM	KEIDAT	F	49	NJ	Northeast	85.355
23		ANDREA	CANIGLIA	F	45	PA	Northeast	85.201
24		RAYNA	WENDKOS	F	49	MD	Midwest	84.519
25		JANET	WHITE	F	45	OH	Midwest	84.252
26		JESSICA	ALARCON	F	48	FL	Southeast	83.925
27		AMY	WASKOWIAK	F	49	OH	Midwest	83.473
28		SARAH	DAY	F	46	FL	Southeast	83.050
29		JANICE	TUCKER	F	49	NC	Midwest	82.752
30		LIANE	NAGATA	F	49	AK	West	82.744
31		JENNIFER	BENNETT	F	49	TN	Midwest	81.683
32		HA	VUONG	F	45	AR	South Central	79.944
33		ANGELIA	TALASKI	F	47	MI	North Central	78.324
34		LUPE	NELSON	F	48	TX	South Central	76.953
35		STACY	WINTERS	F	49	MD	Midwest	75.978
36		VENESSA	BORNOST	F	48	FL	Southeast	75.240
37		ERIKA	GRIFFITH	F	49	MD	Midwest	75.104
38		DEBRA	LEATH	F	47	OH	Midwest	74.900
39		ANN	BAILEY	F	49	VA	Midwest	74.122
40		JENNIFER	SHEARER	F	45	NJ	Northeast	73.494
41		AMY	PATALUNA	F	46	GA	Southeast	73.419
42		LEA ANN	KNIGHT	F	49	OK	South Central	73.378
43		JEANNE	WILLIAMS	F	47	TN	Midwest	72.951
44		KIMEE	ARMOUR	F	49	IL	North Central	70.262
45		DELANE	CHARLES	F	46	TX	South Central	70.197
46		JANICE	NOLLAR-CONRAD	F	48	CA	West	68.182
47		AUBREY	WICKERSHAM	F	45	NY	Northeast	66.308
48		ELLISA	NEWBERRY	F	47	OH	Midwest	66.260
49		HEIDI	CALVERT	F	48	OH	Midwest	65.940
50		STEPHANIE	BECKER	F	47	NY	Northeast	65.082
51		YVETTE	PUENTES	F	49	NY	Northeast	64.228
52		JAN	ANDREWS	F	48	IL	North Central	63.823
53		WENDY	SKLAROFF	F	48	PA	Northeast	61.376
54		ELSIE	BEAUCHAMP	F	48	FL	Southeast	51.948
<b>50-54</b>								
1	AA	VANESSA	COOK	F	52	NV	West	106.317
2	AA	CINDY	ABRAMI	F	51	CA	West	105.804
3	AA	MICHELLE	KITZE	F	53	OH	Midwest	105.585
4	AA	DAWN	MARSHALL	F	54	RI	Northeast	100.833
5	AA	JILL	STERBAKOV	F	50	PA	Northeast	99.694
6	AA	LEANNE	LOWDEN	F	51	CA	West	95.653
7		SHAWNA	MILLER	F	51	VA	Midwest	94.626
8		LARA	RAY	F	50	CA	West	94.123
9		LESLIE	RANDALL	F	50	PA	Northeast	92.228

### 2019 Duathlon Female Rankings

10		NANCY	CRISSMAN	F	51	PA	Northeast	92.212
11		KAREN	KING	F	50	WA	West	92.066
12		BETH	WARREN	F	53	NC	Midwest	90.524
13		LISA	ARMISTEAD	F	54	VA	Midwest	86.440
14		ONDRYA	LEAVITT	F	53	CA	West	85.760
15		CHARLOTTE	JOHNSON	F	52	NY	Northeast	85.625
16		MARTINA	STEFFEN	F	50	CA	West	85.379
17		THERESA	VOTANO	F	50	NY	Northeast	85.046
18		MICHELE	WEIR	F	52	TN	Midwest	85.007
19		LISA	HUTSON	F	54	IN	North Central	84.100
20		YOHALICE	RODRIGUEZ	F	50	FL	Southeast	83.831
21		TOBY	HUMMINGBIRD	F	50	OK	South Central	83.359
22		JENNIFER	SMITH	F	50	FL	Southeast	80.682
23		LAVINIA	RAFFOUL	F	54	MI	North Central	79.645
24		TRACY	LEMPKE	F	50	NC	Midwest	79.038
25		PATRICIA	WORAM	F	54	NJ	Northeast	78.960
26		MARY JO	BICANOVSKY	F	54	OH	Midwest	78.390
27		NANCY	DAKIN	F	50	MI	North Central	77.969
28		JENNIFER	KIMMEY	F	51	FL	Southeast	77.828
29		MELISSA	FURY	F	53	MI	North Central	76.470
30		PAULA	OESTERLE	F	50	FL	Southeast	75.934
31		ELISA	VELARDE	F	52	MD	Midwest	75.884
32		DEBBIE	MILLER	F	52	IA	North Central	75.464
33		VICKI	SCHMUCKER	F	51	MI	North Central	75.177
34		TANYA	REDDING	F	51	FL	Southeast	74.567
35		KRISTEN	VERDERAME	F	51	VA	Midwest	74.072
36		OMAIRA	GAVIRIA	F	50	FL	Southeast	73.536
37		JENNIFER	LUMMUS	F	51	OR	West	72.748
38		HEATHER	RICHMUND	F	52	IN	North Central	72.293
39		HAYDEE	OJEDA-FOURNIER	F	52	CA	West	70.591
40		CHRISTINE	CORNELIUS	F	50	MO	North Central	68.831
41		KAREN	OFFUTT	F	51	TX	South Central	68.263
42		NATALIE	WAHLAY	F	51	FL	Southeast	68.020
43		SHELLEY	MALLORY	F	51	FL	Southeast	67.552
44		CRYSTAL	HEARST	F	52	GA	Southeast	67.436
45		KIMBERLY	CRETOL	F	50	NY	Northeast	66.998
46		JANE	CRABTREE	F	53	OH	Midwest	66.452
47		DEBBY	KLINECT	F	53	OH	Midwest	64.462
48		HELENE	WALISEVER	F	51	NY	Northeast	63.288
49		TERESA	SELLERS	F	51	AK	West	60.555
50		DARLENE	PITTMAN	F	50	FL	Southeast	60.184
51		VICTORIA	STROBELLANE	F	52	NY	Northeast	59.728
52		TABATHA	TATE	F	53	CA	West	59.434
53		MARIA	ARMAS	F	54	FL	Southeast	58.738
54		MIMI	PARK	F	52	CA	West	58.569
55		MARY	BOLOGNA	F	54	FL	Southeast	58.170
56		KIM	DEJMEK	F	54	TX	South Central	54.128
57		CHERYL	KEPSEL	F	52	ID	West	52.572
<b>55-59</b>								
1	AA	JENNIFER	RAPAPORT	F	55	FL	Southeast	111.634
2	AA	SUSAN	BROOKER	F	56	CO	North Central	103.968
3	AA	SUSAN	PIERSON	F	55	WI	North Central	102.330
4	AA	JOCELYN	SHILLING	F	58	PA	Northeast	100.894
5	AA	GERALDINE	LUPINI	F	56	MI	North Central	99.292

### 2019 Duathlon Female Rankings

6		DEMETRA	ARAPAKOS	F	56	NY	Northeast	98.002
7		DIANE	BAISCH	F	58	PA	Northeast	96.499
8		CORA	STURZL	F	56	WA	West	93.669
9		WYNDE	BARZ	F	56	CA	West	90.802
10		DENISE	LACEY	F	59	GA	Southeast	90.170
11		KELLY	COURTNEY	F	57	KS	North Central	89.449
12		BECKY	SECHRIST	F	58	OH	Midwest	88.066
13		RAYLENE	MORROW	F	56	NC	Midwest	87.913
14		SANDY	BRIGGS	F	57	IN	North Central	87.832
15		REBECCA	JACKSON	F	57	TN	Midwest	87.662
16		MICHELLE	MAYES	F	56	FL	Southeast	87.649
17		ANN	REMMERS	F	58	CO	North Central	87.382
18		JENNIFER	LONG	F	57	MD	Midwest	86.639
19		CHRISTINE	HOPKINS	F	56	DE	Midwest	86.569
20		RENEE	ROSENTHAL	F	55	FL	Southeast	85.473
21		KAREN	HAWKINS	F	56	VA	Midwest	78.026
22		MARGET	REYNOLDS	F	57	FL	Southeast	77.547
23		TERRI	HAYWORTH	F	57	OK	South Central	77.445
24		CHARLENE	EASON	F	56	GA	Southeast	76.170
25		DOREEN	CROWLE	F	55	PA	Northeast	75.715
26		TERRY	BARGY	F	59	GA	Southeast	74.425
27		SUSAN	HOLT	F	56	FL	Southeast	73.075
28		MONA	BREMONT	F	59	AK	West	72.834
29		HELEN	CARROLL	F	55	AK	West	71.731
30		EVANGELINE	GONZALEZ	F	59	FL	Southeast	70.953
31		NANNETTE	JONES	F	59	OK	South Central	68.752
32		TAMALA	MULLINS	F	56	FL	Southeast	68.727
33		CATHY	HANEHAN	F	55	NY	Northeast	68.175
34		KATHY	HERZOG	F	57	MA	Northeast	68.149
35		ANA	LOGAN	F	58	FL	Southeast	66.956
36		CHRISTINE	FOLEY	F	57	MA	Northeast	66.921
37		RUTH	ALBRIGHT	F	55	SC	Southeast	64.997
38		DEBBIE	FRATRIK	F	55	FL	Southeast	64.753
39		MARIA	GARCIA	F	56	NY	Northeast	62.650
40		GAIL	RUST	F	55	AK	West	62.249
41		CLAUDIA	JONES	F	56	FL	Southeast	61.133
42		MINDY	DAVIDSON	F	59	NY	Northeast	60.440
43		SARAH	LEE	F	55	TX	South Central	59.649
44		ANNE	FICKEL	F	55	TX	South Central	58.409
45		CHRISTINE	STILWELL	F	56	FL	Southeast	56.120
46		LIBIA	CASAS	F	55	FL	Southeast	55.659
47		KIMBERLY	ROBERTS	F	57	FL	Southeast	54.967
<b>60-64</b>								
1	AA	SUZANNE	CORDES	F	60	CA	West	102.640
2	AA	LORRIE	BECK	F	63	NJ	Northeast	99.713
3	AA	GAIL	WALDMAN	F	61	VA	Midwest	97.359
4	AA	COLLEEN	REBANT	F	64	TX	South Central	97.325
5		HEATHER	LEACH	F	62	WA	West	96.760
6		SHERRIE	GILES	F	62	TN	Midwest	96.288
7		LINDA	SERENO	F	60	CA	West	93.084
8		NANCY	GRIBBLE	F	61	FL	Southeast	92.071
9		BEVERLY	ZALAN	F	61	CA	West	91.474
10		PATRICIA	GARONE	F	62	FL	Southeast	87.631
11		TERESA	KELLEY	F	61	OH	Midwest	87.158

### 2019 Duathlon Female Rankings

12		MARY	RINE	F	62	FL	Southeast	84.881
13		KRIS	MESSNER	F	61	PA	Northeast	84.272
14		VALARIE	WRIGHT	F	60	OH	Midwest	84.154
15		TANYA	ROY	F	60	MA	Northeast	83.838
16		DEBORAH	WHEELER	F	64	OH	Midwest	83.699
17		CAROL	WHITE	F	62	KS	North Central	82.601
18		BARBARA	EZELL	F	61	GA	Southeast	81.911
19		MIRIAM	YOVETICH	F	60	WA	West	79.874
20		GLENDA	HAWLEY	F	63	OH	Midwest	79.767
21		CAROL	WHIPPLE	F	62	WA	West	79.579
22		BETTE	SIMOLLARDES	F	63	MA	Northeast	79.439
23		KATHRYN	SCOURBY	F	61			75.512
24		DEBBIE	EDDY	F	60	MA	Northeast	75.490
25		ANITA	TRAVIS	F	61	FL	Southeast	75.247
26		MARY	HUMPHREY	F	60	FL	Southeast	75.019
27		NANCY	ANDREW	F	64	OH	Midwest	73.213
28		CONNIE	BARRON	F	63	FL	Southeast	72.856
29		MELISSA	STOKELY	F	62	CA	West	70.211
30		LINDA	HORDAK NEEB	F	60	OH	Midwest	70.198
31		KATIE	DONNELLY	F	62	MI	North Central	67.582
32		CHRIS	WODKE	F	61	WI	North Central	67.030
33		BARBARA	FORD	F	61	PA	Northeast	66.104
34		MARY	STUNER	F	61	MI	North Central	65.473
35		DEBRA	NATOLI	F	63	NJ	Northeast	65.302
<b>65-69</b>								
1	AA	ELIZABETH	SPONAGLE	F	65	NM	South Central	96.919
2	AA	ANNE	MITCHELL	F	65	PA	Northeast	91.252
3		DIANE	TRAVIS	F	65	FL	Southeast	91.025
4		CINDY	LUCKING	F	66	SC	Southeast	85.182
5		KRISTINE	WILSON	F	69	VA	Midwest	80.385
6		JERIANNE	POLLEY	F	65	CA	West	77.802
7		JO ANN	EVERETT	F	66	AL	Southeast	76.791
8		MARIANNE	SALAMON COWAN	F	66	VA	Midwest	76.054
9		JUDI	CARBARY	F	69	CA	West	73.909
10		PAMELA	ROBERTS	F	69	FL	Southeast	73.424
11		JOAN	KIRKWOOD	F	69	FL	Southeast	69.148
12		EILEEN	BRIENING	F	69	DE	Midwest	67.663
13		ROBBIE	DUXBURY	F	66	TX	South Central	58.213
<b>70-74</b>								
1	AA	SANDY	MENELEY	F	72	FL	Southeast	90.479
2		SHARON	GERL	F	71	OR	West	87.762
3		VICKI	MCCLOSKEY	F	70	NH	Northeast	84.747
4		GAIL	HARDY	F	71	FL	Southeast	74.983
5		BARBARA	KOSTNER	F	71	CO	North Central	73.658
6		NANCY	MALLON	F	74	CO	North Central	72.620
7		JEAN	SMITH	F	72	NJ	Northeast	71.639
8		JANET	ASCHMANN	F	70	WA	West	71.414
9		RUTH	HAMILTON	F	72	VA	Midwest	67.267
<b>75-79</b>								
1	AA	LOIS	LEON	F	77	FL	Southeast	69.661
2		BARB	MORGAN	F	75	PA	Northeast	65.333
3		WILLY	MOOLENAAR	F	78	FL	Southeast	63.779
4		FRANCES	MARQUART	F	77	WA	West	57.478
5		BARBARA	BOGART	F	77	TN	Midwest	54.912

## 2019 Duathlon Female Rankings

80-84

1	AA	SHARON	ROGGENBUCK	F	81	NC	Mideast	60.120
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