



RICH CRUSE/ITU

Sarah Haskins won 2011 Pan American Games gold in Puerto Vallarta, Mexico.

The three eventual podium finishers — Colucci, Huerta and McMahon — pulled away on the first lap of the run. On lap two, it was down to Colucci and Huerta, and the two ran side by side before Colucci managed to pull away with 200 meters to go.

"I was able to keep that U.S. streak of winning medals at the Pan Am Games. We came here to win, but today (Colucci) was stronger than me. I gave everything I had so when I go to sleep tonight I know that it was 110 percent," Huerta said. "My teammates did 200 percent, and I think they even sacrificed their races to get me that podium spot."

Chrabot finished 10th in 1:50:58, and Fretta took 23rd in 1:56:08.

With two medals earned in Puerto Vallarta, the U.S. is now tied for the top spot with Canada with 10 all-time Pan American Games medals, including five gold, since triathlon made its debut in 1995.

2011 Pan American Games Triathlon, Oct. 23, 2011 (1,500m swim, 40k bike, 10k run)

Women

- 1. Sarah Haskins (Colorado Springs, Colo.), 1:57:37**
2. Barbara Riveros Diaz (CHI), 2:00:23
3. Pamela Nascimento Oliveira (BRA), 2:00:32
- 4. Gwen Jorgensen (Milwaukee, Wis.), 2:00:54**
- 13. Sara McLarty (Clermont, Fla.), 2:05:49**

Men

1. Reinaldo Colucci (BRA), 1:48:02
- 2. Manuel Huerta (Miami, Fla.), 1:48:09**
3. Brent McMahon (CAN), 1:48:23
- 10. Matt Chrabot (Colorado Springs, Colo.), 1:50:58**
- 23. Mark Fretta (Colorado Springs, Colo.), 1:56:08**

2012 Olympic Games Triathlon Schedule & Course Description



2012 Olympic Games Triathlon Schedule

Monday, July 16 onwards, Training Venues

9 a.m. Training Venues at Eton Manor, Redbridge and Newham Open for Athletes

Friday, July 27, Olympic Stadium

9 p.m. Opening Ceremony

Wednesday, Aug. 1, Hyde Park

9:30-10:30 a.m. Swim Familiarization

10:45-11:45 a.m. Coaches' Briefing

Thursday, Aug. 2, Hyde Park

6:30-7:15 a.m. Bike Familiarization (Full Course)

7:30-8:30 a.m. Swim Familiarization

9-10 a.m. Women's Race Briefing and Pontoon Draw

Saturday, Aug. 4, Hyde Park

9-11:40 a.m. Women's Competition and Victory Ceremony

1-2 p.m. Bike Familiarization
(up to the top of Constitution Hill)

2-3 p.m. Swim Familiarization

Sunday, Aug. 5, Hyde Park

9:30-10:30 a.m. Swim Familiarization

11 a.m.-Noon Men's Race Briefing and Pontoon Draw

Tuesday, Aug. 7, Hyde Park

9-9:45 a.m. Bike Familiarization (full course)

11:30 a.m.-2 p.m. Men's Competition and Victory Ceremony

Sunday, Aug. 12, Olympic Stadium

TBD (Evening) Closing Ceremony

2012 Olympic Games Triathlon Course Description

The 2012 Olympic Games triathlon takes place in London's most famous park and one of the most beautiful places you can find in Central London: Hyde Park. Competitors had the opportunity to try out the proposed 2012 Olympic course during the 2011 ITU World Championship Series last August. The course and venue are as compact as possible, giving spectators the possibility to catch all the action. Competitors will pass through the stadium-like finish arena 12 times, bringing the drama and energy of the race up close to the fans.

2012 Olympic Games Triathlon Course Description

About the Swim Course:

Swim Course – 1,500 meters; 1 lap: The swim takes place in the Serpentine, as in previous editions, with a pontoon start on the north side of the lake. Contrary to past years, athletes will swim just one full lap of 1500 meters, versus two laps in previous years. The one lap swim is similar to the 2008 Beijing Olympic course. From the swim athletes exit the water and run 200 meters into transition in front of the grandstands.

About the Bike Course:

Bike Course – 43 kilometers; 7 laps: From there, the world's best will quickly be onto the flat, fast and technical bike course. The 43-kilometer ride starts on Serpentine Road and athletes head out in the direction of West Carriage Drive. Athletes will then cycle via South Carriage Drive towards Hyde Park Corner where the loop leaves Hyde Park to go down Constitution Hill to Buckingham Palace. In front of Buckingham Palace athletes turn to go back up Constitution Hill and across Hyde Park Corner into Serpentine Road, where the race pack will then pass the transition area and grandstands on every single loop. The bike course is generally flat with no climbs. A few speed bumps and tight turns are set to make it technically demanding.

About the Run Course:

Run Course – 10 kilometers; 4 laps: Athletes will then come back through transition to finish the course on the 10-kilometer, four-lap run, which circles the Serpentine again. The lead out is the same as the bike, but before reaching the corner of West Carriage and South Carriage Drive they will need to turn back and run down towards the southern edge of the Serpentine. The elite athletes will run along the edge of Serpentine, passing the Lido, and then run counter-clockwise around the eastern part of the Serpentine before coming back on Serpentine road. From there it's approximately 750 meters straight on into the transition area. The finish is in front of the grandstands on the western edge of Serpentine Road.

London 2012 Olympic Games - Triathlon Event Course Map Hyde Park, 4 & 7 August 2012

