

USAT National Challenge Competition 2009-2010 Run Session Report

Total run mileage for the run session: 78,354 miles.

Average mileage per club: 871 miles

Club with highest average mileage: Team Fraser Multisport: 121.78 miles / athlete

Average run mileage per athlete: 63 miles

Clubs Reaching the 3,000 Mile Benchmark

Club	Mileage
Hammerhead Triathlon Club	4929.08
Triathlon Club of San Diego	4856.03
Buffalo Triathlon Club	4580.12
Tri Fury	3568.6
Team Fraser Multisport	3409.82
Silicon Valley	3182.68
DC Triathlon Club	3177.76

USAT National Challenge Competition 2009-2010 Run Session Report

Club Standings by run Mileage

	Club	Location	Swim	Bike	Run	Total
1.	Hammerhead Triathlon Club	Jacksonville FL	392.89	10881.72	4929.08	16203.69
2.	Triathlon Club of San Diego T1	San Diego CA	452.1	14177.75	4856.03	19485.88
3.	Buffalo Triathlon Club	Amherst NY	500.26	11558.76	4580.12	16639.14
4.	Tri Fury	Andover MA	333.95	5585.92	3568.6	9488.47
5.	Team Fraser Multisport	Fraser MI	422.74	11257.58	3409.82	15090.14
6.	Silicon Valley Tri Club	Cupertino CA	403.99	10014.77	3182.68	13601.44
7.	DC Triathlon Club	Washington DC	329.39	6614.62	3177.76	10121.77
8.	Boulder Triathlon Club	Boulder CO	295.07	6461.83	2538.1	9295
9.	Alaska Tri Club White Wabid Wabbits	Anchorage AK	310.55	8185.95	2468.64	10965.14
10.	Pikes Peak Triathlon Club	Colorado Springs CO	298.83	5906.74	2349.01	8554.58
11.	Tribe Triathlon	Los Gatos CA	283.3	6933.9	2312.7	9529.9
12.	Memphis Thunder Racing	Collierville TN	310.75	5041.22	2297.08	7649.05
13.	Golden Gate Triathlon Club	San Francisco CA	317.04	10065.4	2219.9	12602.34
14.	Alaska Tri Club Red Biting Bunnies	Anchorage AK	382.8	7035.24	2176.6	9594.64
15.	Jet City Tri	Seattle WA	140.16	4128.4	1975.26	6243.82
16.	Alaska Tri Club Blue Hammering Hares	Anchorage AK	185.2	3798.95	1972.7	5956.85
17.	F.A.S.T. (Ford Athletic Swim & Triathlon Club)	Northville MI	345.36	2814.71	1876.58	5036.65
18.	Tri-OKC (The Triathlon Club of Oklahoma City)	Oklahoma City OK	254.47	5785.48	1840.35	7880.3
19.	HEAT - Hartford Extended Area Triathletes	Hartford CT	258.19	6355.63	1730.49	8344.31
20.	Northwest YMCA Tri Club	Irmo SC	208.05	2541.2	1642.44	4391.69
21.	Midwest Xtreme	Cedar Rapids IA	208.66	5049.55	1627.7	6885.91
22.	Tri ATX	Amarillo TX	205.66	5469.11	1577.98	7252.75
23.	Desert Sharks Triathlon Club	South Jordan UT	193.42	5319	1532	7044.42
24.	Team CWW Triathlon	Denver CO	298.49	3902.73	1375.52	5576.74
25.	Trek Trifitness Triathlon Club	Fairfield CT	285.6	4609.2	1357.8	6252.6
26.	Fredericksburg Triathlon Club	Fredericksburg VA	187.24	2940.05	1289.21	4416.5
27.	Morgantown Multisport	Fairmont WV	103.6	3552.75	1166.15	4822.5
28.	New Mexico Outlaws	Albuquerque NM	58.04	3579.7	1104.68	4742.42
29.	Team Mongo	Birmingham MI	61.5	2052.1	1071	3184.6
30.	Buffalo Triathlon Club Team 2	Buffalo NY	44.84	994	1021.51	2060.35
31.	Cape Cod Athletic Club - Cape Cod Triathlon Team	Hyannis MA	35.6	1256.2	957.08	2248.88
32.	Triple Threat Triathlon Team	South Bend IN	173.69	1828.3	906.62	2908.61

USAT National Challenge Competition 2009-2010 Run Session Report

33. Bay State Triathlon Club	Brockton MA	96.34	3341.7	875.1	4313.14
34. Team Great Divide	Helena MT	147.83	2285.5	837.97	3271.3
35. Fox Cities Triathlon Club	Kaukauna WI	147.37	4038.1	789.8	4975.27
36. Triathlon Club of San Diego T2	San Diego CA	76.15	2059.68	691.85	2827.68
37. University of Iowa Triathlon Club	Iowa City IA	144.79	2411.92	571.41	3128.12
38. Kriss Chiropractic/ Balanced Athlete	Maple Valley WA	0	0	564	564
39. Redline Triathlon Club	Fond du Lac WI	68.2	1713.76	522.35	2304.31
40. Capital City Multisport Club	Madison WI	80.11	1805.95	512.18	2398.24
41. Hammerhead Triathlon Club Team 2	Jacksonville FL	30.39	924	478.79	1433.18
42. Northeastern University Triathlon Team	Boston MA	29.83	805.5	413.3	1248.63
43. Lakes Region Triathlon Club	Laconia NH	105.2	1170.5	399.7	1675.4
44. 3-Fitness Tri Team	Pleasant Prairie WI	52.61	1241.91	397.04	1691.56
45. Bluegrass Triathlon Club	Lexington KY	67.86	1188.3	366.79	1622.95
46. DC Triathlon Club, Team 2	Washington DC	16.43	332.89	205.94	555.26
47. Element Triathlon Club	Chicago IL	35.49	1002.75	179.28	1217.52
48. Chicago Athletic Clubs Tri Club	Chicago IL	0	0	157.07	157.07
49. Illinois Valley Triathlon Association	Spring Valley IL	30.45	545.43	147.5	723.38
50. Purdue University Triathlon Club	West Lafayette IN	26.91	399.7	98.99	525.6
51. Team USAT	Colorado Springs CO	0	113.4	53.99	167.39

USAT National Challenge Competition 2009-2010 Run Session Report

Athletes Standings by Run Mileage

Top 20 Women

	Name (Club)	Swim	Bike	Run	Total
1.	Laurie Kearney (Triathlon Club of San Diego T1)	1.2	60	298.2	359.4
2.	Tracy Cohen-Peranteau (Triathlon Club of San Diego T1)	12	521.7	297.7	831.4
3.	Virginia Vinyard (Team CWW Triathlon)	2.33	0	252.25	254.58
4.	Carol Lyndell (Pikes Peak Triathlon Club)	19.41	356	222	597.41
5.	Andrea Abatemarco (Team Fraser Multisport)	26.22	469.85	191.06	687.13
6.	Jennifer Hanley-Pinto (Hammerhead Triathlon Club)	9.11	156	190.09	355.2
7.	Claudia Montalban (Silicon Valley Tri Club)	0	0	190	190
8.	Joy Murphy (Hammerhead Triathlon Club)	0.85	120	176.9	297.75
9.	Laura Sasaki (Triathlon Club of San Diego T2)	0	158	172	330
10.	Caren Walker (Fredericksburg Triathlon Club)	0.5	17.5	170.3	188.3
11.	Susan Haag (Hammerhead Triathlon Club)	0	0	169.1	169.1
12.	Carolyn Corgel (Buffalo Triathlon Club)	5.58	84	168.76	258.34
13.	Kelly Bird (Trek Trifitness Triathlon Club)	8.5	193	164	365.5
14.	Karie Underwood (Desert Sharks Triathlon Club)	7.4	209	164	380.4
15.	Brenda Spillman (Buffalo Triathlon Club)	6.2	57	162	225.2
16.	Pam Gudenau (Team Fraser Multisport)	19.31	967.3	152.55	1139.16
17.	Jeanine Watts (Memphis Thunder Racing)	9.75	153	152	314.75
18.	Amy Gluck (Team Mongo)	22.2	690.1	148	860.3
19.	Tracy Thelen (Pikes Peak Triathlon Club)	12.38	412	148	572.38
20.	Katrine Strickland (Hammerhead Triathlon Club)	13.33	312	145.5	470.83

USAT National Challenge Competition 2009-2010 Run Session Report

Club Athletes Standings by Run Mileage

Top 20 Men

Name (Club)	Swim	Bike	Run	Total
1. Hunter MacLean (Jet City Tri)	0	0	349.94	349.94
2. Geof Newton (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0	0	339.5	339.5
3. Byers Don (Pikes Peak Triathlon Club)	0	0	320.28	320.28
4. Bert Jacoby (Fredericksburg Triathlon Club)	0	0	311	311
5. Matt Chojnacki (Team Fraser Multisport)	6.02	371.87	309.5	687.39
6. Alan McMillion (Hammerhead Triathlon Club)	0	537.4	301.4	838.8
7. Hendrik (Dirk) de Heer (DC Triathlon Club)	26.09	60	298.1	384.19
8. Ken Kline (Pikes Peak Triathlon Club)	1.5	1160.9	277.2	1439.6
9. Anthony Venticinque (Team Fraser Multisport)	18.23	875.5	269.82	1163.55
10. Roman Krzyzanowski (Team Mongo)	0	303	265	568
11. Richard Reid, Jr (Hammerhead Triathlon Club)	0	0	256.62	256.62
12. Peter Blomgren (Triathlon Club of San Diego T1)	16.8	184.63	252.38	453.81
13. Brendan Dillon (Boulder Triathlon Club)	0	0	241	241
14. John Clark (Alaska Tri Club White Wabid Wabbits)	0	133	240	373
15. Dave Kutcher (Team Fraser Multisport)	12.48	292.07	215	519.55
16. Andy Thatcher (Triathlon Club of San Diego T1)	19.31	157.1	215	391.41
17. Chris Lutz (Team Fraser Multisport)	45.4	790	214	1049.4
18. Eric Bart (Tri Fury)	0	52.2	213.8	266
19. Chris Blair (Kriss Chiropractic/ Balanced Athlete)	0	0	210	210
20. Charles Donohue (Tri Fury)	0	144	208.8	352.8

USAT National Challenge Competition 2009-2010 Run Session Report

All Athletes

	Name (Club)	Swim	Bike	Run	Total
1.	Hunter MacLean (Jet City Tri)	0	0	349.94	349.94
2.	Geof Newton (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0	0	339.5	339.5
3.	Byers Don (Pikes Peak Triathlon Club)	0	0	320.28	320.28
4.	Bert Jacoby (Fredericksburg Triathlon Club)	0	0	311	311
5.	Matt Chojnacki (Team Fraser Multisport)	6.02	371.87	309.5	687.39
6.	Alan McMillion (Hammerhead Triathlon Club)	0	537.4	301.4	838.8
7.	Laurie Kearney (Triathlon Club of San Diego T1)	1.2	60	298.2	359.4
8.	Hendrik (Dirk) de Heer (DC Triathlon Club)	26.09	60	298.1	384.19
9.	Tracy Cohen-Peranteau (Triathlon Club of San Diego T1)	12	521.7	297.7	831.4
10.	Ken Kline (Pikes Peak Triathlon Club)	1.5	1160.9	277.2	1439.6
11.	Anthony Venticinque (Team Fraser Multisport)	18.23	875.5	269.82	1163.55
12.	Roman Krzyzanowski (Team Mongo)	0	303	265	568
13.	Richard Reid, Jr (Hammerhead Triathlon Club)	0	0	256.62	256.62
14.	Peter Blomgren (Triathlon Club of San Diego T1)	16.8	184.63	252.38	453.81
15.	Virginia Vinyard (Team CWW Triathlon)	2.33	0	252.25	254.58
16.	Brendan Dillon (Boulder Triathlon Club)	0	0	241	241
17.	John Clark (Alaska Tri Club White Wabid Wabbits)	0	133	240	373
18.	Carol Lyndell (Pikes Peak Triathlon Club)	19.41	356	222	597.41
19.	Dave Kutcher (Team Fraser Multisport)	12.48	292.07	215	519.55
20.	Andy Thatcher (Triathlon Club of San Diego T1)	19.31	157.1	215	391.41
21.	Chris Lutz (Team Fraser Multisport)	45.4	790	214	1049.4
22.	Eric Bart (Tri Fury)	0	52.2	213.8	266
23.	Chris Blair (Kriss Chiropractic/ Balanced Athlete)	0	0	210	210
24.	Charles Donohue (Tri Fury)	0	144	208.8	352.8
25.	Rajeev Patel (Silicon Valley Tri Club)	0	0	207	207
26.	Daryl Clarke (Buffalo Triathlon Club)	25.68	43	203.85	272.53
27.	Thor Kirleis (Tri Fury)	2.5	141	202.5	346
28.	Michael Schneider (Tri-OKC (The Triathlon Club of Oklahoma City))	1.91	0	200.1	202.01
29.	John Kleschinsky (Tri Fury)	19.03	376	200	595.03
30.	Andrea Abatemarco (Team Fraser Multisport)	26.22	469.85	191.06	687.13
31.	Jennifer Hanley-Pinto (Hammerhead Triathlon Club)	9.11	156	190.09	355.2
32.	Claudia Montalban (Silicon Valley Tri Club)	0	0	190	190
33.	Scott Newberry (Memphis Thunder Racing)	7.5	506	189	702.5
34.	Ron Gierut (Midwest Xtreme)	29.54	361.5	182.05	573.09
35.	Norm Smith (Triathlon Club of San Diego T1)	1.33	190.2	182.05	373.58

USAT National Challenge Competition 2009-2010 Run Session Report

36.	Chris Liou (Tribe Triathlon)	20.9	413	179.6	613.5
37.	Chris Liou (Silicon Valley Tri Club)	20.93	413	179.6	613.53
38.	Joy Murphy (Hammerhead Triathlon Club)	0.85	120	176.9	297.75
39.	Roy Krause (HEAT - Hartford Extended Area Triathletes)	0	125	172.3	297.3
40.	Laura Sasaki (Triathlon Club of San Diego T2)	0	158	172	330
41.	Andrew Sovonick (DC Triathlon Club)	17	413	171.9	601.9
42.	Neal Oseland (Pikes Peak Triathlon Club)	18.98	673	171.4	863.38
43.	Ron Porter (Hammerhead Triathlon Club)	2.49	20	171.12	193.61
44.	Gary Larson (Team Mongo)	2.6	370	171	543.6
45.	Caren Walker (Fredericksburg Triathlon Club)	0.5	17.5	170.3	188.3
46.	Greg Palmer (Team Fraser Multisport)	27.97	611.5	169.16	808.63
47.	Susan Haag (Hammerhead Triathlon Club)	0	0	169.1	169.1
48.	Carolyn Corgel (Buffalo Triathlon Club)	5.58	84	168.76	258.34
49.	Kelly Bird (Trek Trifitness Triathlon Club)	8.5	193	164	365.5
50.	Karie Underwood (Desert Sharks Triathlon Club)	7.4	209	164	380.4
51.	Kevin Patterson (Buffalo Triathlon Club)	22.2	530	162	714.2
52.	Brenda Spillman (Buffalo Triathlon Club)	6.2	57	162	225.2
53.	Donovan Stec (Team Fraser Multisport)	21.36	468	159.14	648.5
54.	Bill Ulmer (Morgantown Multisport)	15.17	537	158	710.17
55.	Kyle Welch (Tribe Triathlon)	13	447	157	617
56.	Kyle Welch (Silicon Valley Tri Club)	13	447	157	617
57.	Les Shibata (Triathlon Club of San Diego T1)	6.5	192	156.2	354.7
58.	Bernardo Tapia (Silicon Valley Tri Club)	0	0	156	156
59.	Brian Sherlock (Morgantown Multisport)	15.5	543	155.25	713.75
60.	Phil Kriss (Kriss Chiropractic/ Balanced Athlete)	0	0	153	153
61.	Tom Kinneman (Tri Fury)	5.25	142	152.8	300.05
62.	Pam Gudenau (Team Fraser Multisport)	19.31	967.3	152.55	1139.16
63.	Mike Arena (Silicon Valley Tri Club)	0	0	152	152
64.	Jeanine Watts (Memphis Thunder Racing)	9.75	153	152	314.75
65.	Larry Dunlap (Jet City Tri)	0	111.4	150.3	261.7
66.	Peter Colan (Triple Threat Triathlon Team)	6	120	150	276
67.	Tom Appenheimer (Buffalo Triathlon Club)	0	0	148.4	148.4
68.	Michael Orendorff (Pikes Peak Triathlon Club)	0	142	148.2	290.2
69.	Jens Beck (Alaska Tri Club Red Biting Bunnies)	33	440.3	148	621.3
70.	Amy Gluck (Team Mongo)	22.2	690.1	148	860.3
71.	Tracy Thelen (Pikes Peak Triathlon Club)	12.38	412	148	572.38
72.	Mike Tirrell (HEAT - Hartford Extended Area Triathletes)	2.45	141	147.5	290.95
73.	Jesse Frost (Bluegrass Triathlon Club)	6.7	374	147	527.7
74.	Katrine Strickland (Hammerhead Triathlon Club)	13.33	312	145.5	470.83
75.	Sarah Bell (Tri-OKC (The Triathlon Club of Oklahoma City))	17.6	351.4	144.75	513.75

USAT National Challenge Competition 2009-2010 Run Session Report

76.	Helen Kao (Golden Gate Triathlon Club)	3.2	115	144.5	262.7
77.	Susan Barbato (Bay State Triathlon Club)	24	355	144	523
78.	Peter Ludwig (Team Mongo)	6.2	0	144	150.2
79.	Mark Hillers (Tri ATX)	25.52	355.6	143.95	525.07
80.	David Richardson-Rossbach (Team Fraser Multisport)	18.89	528.3	143.64	690.83
81.	Cathy Haight (Buffalo Triathlon Club)	0	197.1	143.62	340.72
82.	Luke Herbert (Illinois Valley Triathlon Association)	11.1	176	143.5	330.6
83.	Craig Zelent (Triathlon Club of San Diego T1)	20.39	319.98	143.5	483.87
84.	Eric Engel (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	3.69	0	142.7	146.39
85.	Kellie Smirnoff (Hammerhead Triathlon Club)	20	314	141	475
86.	Steve Gonser (Buffalo Triathlon Club)	6.25	160	140	306.25
87.	Joe Rutowski (Buffalo Triathlon Club Team 2)	0	107	140	247
88.	Steve Cardoza (Triathlon Club of San Diego T1)	9.5	513	139.4	661.9
89.	Christina Kichula (Silicon Valley Tri Club)	6	200	139.1	345.1
90.	Evan Eck (Team Great Divide)	22.73	400	138	560.73
91.	Burke Fishburn (Boulder Triathlon Club)	11.67	329.4	137.41	478.48
92.	Warren Mine (Silicon Valley Tri Club)	2	286	137	425
93.	Gregory Umberger (Hammerhead Triathlon Club)	3.3	150	136.7	290
94.	Darlene Schweikert (Buffalo Triathlon Club)	14.25	216	136.25	366.5
95.	Edward Moser (DC Triathlon Club)	9	66	136	211
96.	Paul Zetocha (New Mexico Outlaws)	9	345	136	490
97.	Sean Leenaerts (DC Triathlon Club)	4.33	111.75	135.89	251.97
98.	Bill Bell (Memphis Thunder Racing)	15.1	207	135.8	357.9
99.	Renee Rudd (Alaska Tri Club Blue Hammering Hares)	1.25	0	135.5	136.75
100.	Garnet Knopp (Alaska Tri Club White Wabid Wabbits)	0	0	135.4	135.4
101.	Pascale Butcher (Trek Trifitness Triathlon Club)	18.6	250	135	403.6
102.	Tim Smith (University of Iowa Triathlon Club)	6.8	236.3	134.5	377.6
103.	Kay Granath (Team CWW Triathlon)	16.53	261	134.3	411.83
104.	Edwin Figueroa (Buffalo Triathlon Club)	12	363	134	509
105.	Jim Doolittle (Triple Threat Triathlon Team)	13.76	158	133.85	305.61
106.	Sue Briers (Hammerhead Triathlon Club)	5.22	515	133.75	653.97
107.	Lise Flaskow (Alaska Tri Club Red Biting Bunnies)	32.16	665	133	830.16
108.	Chris Ankrum (Buffalo Triathlon Club)	15.1	661	132	808.1
109.	Eric Brouillard (Buffalo Triathlon Club)	22.5	227	132	381.5
110.	Anna Timbie (Tribe Triathlon)	29.2	328	132	489.2
111.	Kimberly Goodell (Capital City Multisport Club)	20.14	333	131.8	484.94
112.	Caleb Keiter (Triathlon Club of San Diego T1)	12.91	316.65	131.7	461.26
113.	Thomas Dillard (Tri-OKC (The Triathlon Club of Oklahoma City))	16.59	224	130.65	371.24
114.	Jenny Lorenz (Midwest Xtreme)	13.5	92	130.5	236

USAT National Challenge Competition 2009-2010 Run Session Report

115. Steve Pyle (Boulder Triathlon Club)	7.96	679	130	816.96
116. Ara Darakdjian (Team Fraser Multisport)	17.94	446.5	129.5	593.94
117. George Marck (Tri ATX)	4.28	1260	129.45	1393.73
118. Cristina Schwartz (Tribe Triathlon)	2	165	129	296
119. Charles Schweikert (Buffalo Triathlon Club)	14.02	216	129	359.02
120. Jamie Sullivan (HEAT - Hartford Extended Area Triathletes)	20.6	453	129	602.6
121. Albert Fournier (Hammerhead Triathlon Club)	0	0	128	128
122. Andy Duenow (Alaska Tri Club White Wabid Wabbits)	29.77	346.6	127.9	504.27
123. Blaine Adams (Hammerhead Triathlon Club)	0	0	127.8	127.8
124. Jeffrey Wolf (Tri-OKC (The Triathlon Club of Oklahoma City))	21.4	414.34	127.64	563.38
125. Jennifer Redding (Buffalo Triathlon Club)	14.07	386.8	127	527.87
126. Andrew Scherding (Cape Cod Athletic Club - Cape Cod Triathlon Team)	11.8	36	127	174.8
127. Scott Traylor (Memphis Thunder Racing)	8.75	93	127	228.75
128. Patrick Sheridan (Tri Fury)	0	0	126.9	126.9
129. Rich Chretien (Cape Cod Athletic Club - Cape Cod Triathlon Team)	5.75	202	126	333.75
130. Scott Clemetson (Alaska Tri Club Blue Hammering Hares)	4.24	9	126	139.24
131. Patty Logan (Team Fraser Multisport)	4.43	226.36	126	356.79
132. Bill Riley (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0	139	126	265
133. David Thatcher (Midwest Xtreme)	1.2	295.9	125.55	422.65
134. Charles Garabedian (Boulder Triathlon Club)	5.49	171.2	125.31	302
135. Kevin Terranella (Hammerhead Triathlon Club Team 2)	3.41	200	125	328.41
136. Dave Tyler (Tri Fury)	5	75	125	205
137. Amy Baldwin (Triathlon Club of San Diego T2)	0	40	124	164
138. Kraig Schmottlach (Team Mongo)	14.5	262	124	400.5
139. Margaret Welk (New Mexico Outlaws)	0	200.5	123.9	324.4
140. Sandra Meneley (Memphis Thunder Racing)	0	90	123	213
141. Shawn Jyawook (Team Fraser Multisport)	36.59	506	121.8	664.39
142. Sharon Moes (3-Fitness Tri Team)	3	304.8	121.6	429.4
143. Greg Weber (Buffalo Triathlon Club)	6.3	51.5	121.5	179.3
144. Jon Black (Northwest YMCA Tri Club)	2.22	0	121.38	123.6
145. Nicholas Brodnicki (Buffalo Triathlon Club Team 2)	7	175	121	303
146. Gregg Schmitzer (Team Fraser Multisport)	6.67	259.4	120.6	386.67
147. Veronica Marzorini (Tribe Triathlon)	0	141	120	261
148. Bob Shreiner (Triple Threat Triathlon Team)	5.45	132	120	257.45
149. Kelzie Beebe (DC Triathlon Club)	37.19	365	119.01	521.2
150. Amy Jagger (Triple Threat Triathlon Team)	18.83	37	119	174.83

USAT National Challenge Competition 2009-2010 Run Session Report

151. Jason Kersten (Alaska Tri Club White Wabid Wabbits)	15.25	532.5	118.6	666.35
152. Marison Beniek (Triathlon Club of San Diego T1)	9.18	156.7	118.5	284.38
153. Julie Bedford (Team Mongo)	16	327	118	461
154. Robert Johnson (Hammerhead Triathlon Club)	0	0	118	118
155. Marty Tindol (Tri ATX)	2.14	77.5	117.75	197.39
156. Mike Jacobson (Team Great Divide)	5	110	117	232
157. Jim Neitzel (Fox Cities Triathlon Club)	13.75	322	116	451.75
158. Mark Offutt (Morgantown Multisport)	3.75	0	116	119.75
159. Barb Sherwood (Desert Sharks Triathlon Club)	28.02	399	116	543.02
160. Dianna Wright (Desert Sharks Triathlon Club)	13.86	396	116	525.86
161. David Melohusky (Buffalo Triathlon Club)	10.56	264.1	115.95	390.61
162. Chantal LeFevre (Hammerhead Triathlon Club)	18.41	653	115	786.41
163. Noby Itakura (Triathlon Club of San Diego T1)	27.4	639.4	114.82	781.62
164. Katharine Anderson (DC Triathlon Club)	10.7	181	114.35	306.05
165. Brian Pilgrim (New Mexico Outlaws)	1.49	0	114.2	115.69
166. Fred West (Alaska Tri Club Red Biting Bunnies)	23.61	346	114.2	483.81
167. Andra Love (Alaska Tri Club Red Biting Bunnies)	0	10	114.1	124.1
168. Beth DeArment (Hammerhead Triathlon Club)	1.2	220	114	335.2
169. Jeff Marck (Tri ATX)	22.79	528	114	664.79
170. Jay Talbott (DC Triathlon Club)	10	164	114	288
171. Fred Haubensak (Silicon Valley Tri Club)	16.15	300	113.1	429.25
172. Kirsten Chapman (Tri-OKC (The Triathlon Club of Oklahoma City))	14.2	409.5	113.07	536.77
173. Sue Pope (Desert Sharks Triathlon Club)	17.73	551	113	681.73
174. Tony Ponton (Team Fraser Multisport)	20.03	522.26	112.95	655.24
175. Walter Arnold (Hammerhead Triathlon Club)	21.57	688.6	112.2	822.37
176. Daniel Livingstone (Bay State Triathlon Club)	20.5	414	112	546.5
177. Pamela London (Buffalo Triathlon Club)	16.75	95	111.9	223.65
178. Rebecca McKee (Alaska Tri Club White Wabid Wabbits)	11.08	369	111.45	491.53
179. Eric Lashway (Hammerhead Triathlon Club)	15	363	111.1	489.1
180. Becky Ashare (Buffalo Triathlon Club)	19.4	532	111	662.4
181. Solette Westerberg (Silicon Valley Tri Club)	9.7	147	111	267.7
182. David Bancroft (Bay State Triathlon Club)	2	80	110	192
183. Tricia Concepcion (Team Fraser Multisport)	9.36	298.95	109.45	417.76
184. Adam Ross (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0	428.1	109.05	537.15
185. Kevin Galvin (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	6.78	54	109	169.78
186. Philip Schmidt (DC Triathlon Club)	10.9	271	108	389.9
187. Kellie Kource (Team Fraser Multisport)	12.95	453.6	107.94	574.49

USAT National Challenge Competition 2009-2010 Run Session Report

188. Paula Ericson (Desert Sharks Triathlon Club)	14.63	508	107	629.63
189. Kevin Neal (Hammerhead Triathlon Club)	17	640	107	764
190. Mark Squires (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	12.4	586.97	107	706.37
191. John Lauchlan (Team Fraser Multisport)	7.34	361.27	106.5	475.11
192. Nate Winslow (Triple Threat Triathlon Team)	44.94	299.2	106.5	450.64
193. Rafeal Martinez (HEAT - Hartford Extended Area Triathletes)	6.45	518.8	106.2	631.45
194. Courtney Spratt (Hammerhead Triathlon Club)	0	30	105.5	135.5
195. Jocelyn Cascio (Tri Fury)	0	0	105	105
196. Matthew Dixon (Triathlon Club of San Diego T1)	14	740	105	859
197. Doug Reedy (Northwest YMCA Tri Club)	1.5	36	105	142.5
198. Lynne Clemo (Fredericksburg Triathlon Club)	0	0	104	104
199. Joelle Mann (Buffalo Triathlon Club Team 2)	2	0	104	106
200. Karen Anastasio (HEAT - Hartford Extended Area Triathletes)	12.65	278.41	103.8	394.86
201. Chris Muenzer (Northwest YMCA Tri Club)	8.5	48	103	159.5
202. Roxanne Keller (Jet City Tri)	7.64	55	102.6	165.24
203. Andrew Burke (Buffalo Triathlon Club Team 2)	17.43	215	102.58	335.01
204. Lynne Rosser (Tribe Triathlon)	0	30	102.5	132.5
205. Cecilia Brzys (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	0	102	102
206. Mark Danieli (Tri Fury)	12.54	320	102	434.54
207. Debi Rose (Boulder Triathlon Club)	7.33	185.9	101.9	295.13
208. John LeRoy (New Mexico Outlaws)	9.15	144	101	254.15
209. Choukri Benmamoun (HEAT - Hartford Extended Area Triathletes)	13.24	828.7	100.5	942.44
210. Charles Delbridge (Alaska Tri Club Blue Hammering Hares)	0	50	100.5	150.5
211. Kevin Edwards (Boulder Triathlon Club)	23.27	144	100.39	267.66
212. Chris Dabbs (Alaska Tri Club Red Biting Bunnies)	12	500	100	612
213. Mallory Deighan (Hammerhead Triathlon Club)	15.5	361	100	476.5
214. Michael Mackrory (Desert Sharks Triathlon Club)	4.31	197	100	301.31
215. Kim Kersten (Alaska Tri Club White Wabid Wabbits)	13.92	588.2	99.9	702.02
216. Jim Beckenhaupt (Pikes Peak Triathlon Club)	13.4	170	99.5	282.9
217. Jeff O'Coin (HEAT - Hartford Extended Area Triathletes)	2.27	544.6	99.4	646.27
218. Al Clemens (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	5.68	144.3	99	248.98
219. Lori Deschamps (Alaska Tri Club White Wabid Wabbits)	5.11	0	99	104.11
220. Debbie Phillips (Silicon Valley Tri Club)	10.64	354	99	463.64
221. Lisa Powell (Northwest YMCA Tri Club)	15.21	250	99	364.21
222. Glenn Godwin (Triathlon Club of San Diego T1)	31.62	0	98.55	130.17
223. Shelley Hinson (Northwest YMCA Tri Club)	3.8	99	98.5	201.3
224. Claudia Flynn (Triathlon Club of San Diego T1)	16.65	695.86	98.49	811

USAT National Challenge Competition 2009-2010 Run Session Report

225. Jon Bottoms (Buffalo Triathlon Club)	22.32	692	98	812.32
226. Heather Catchpole (Triathlon Club of San Diego T1)	19.5	704	98	821.5
227. Greg Funk (Golden Gate Triathlon Club)	11.8	305	98	414.8
228. Cindi Glenn (Desert Sharks Triathlon Club)	7.38	365	98	470.38
229. Shauna LaFauci Barry (Tri Fury)	2.75	4	98	104.75
230. Robert Oliver (Pikes Peak Triathlon Club)	12.4	60	98	170.4
231. Sarah Bay-Cheng (Buffalo Triathlon Club)	1.35	104	97.91	203.26
232. Daniel Harvey (Triathlon Club of San Diego T2)	37.66	254.55	97.53	389.74
233. Todd Tyner (Jet City Tri)	0	14	97.25	111.25
234. Larry Moberly (Silicon Valley Tri Club)	17.9	298.9	97.1	413.9
235. Chris Bryant (HEAT - Hartford Extended Area Triathletes)	11.6	294	97	402.6
236. Jon Mugel (Buffalo Triathlon Club)	0	0	97	97
237. Suzy Shain (Capital City Multisport Club)	17.89	459.3	96.93	574.12
238. Jaret Johnson (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	28.32	274.6	96.4	399.32
239. Terri Lang (Pikes Peak Triathlon Club)	0	0	96	96
240. Theresa Apruzzese (Tri Fury)	0.85	62.6	95.69	159.14
241. Debbie Watry (Triathlon Club of San Diego T2)	9.43	384.3	95.62	489.35
242. James Gruen (DC Triathlon Club, Team 2)	4	26.5	95.45	125.95
243. Linda Rich (Triathlon Club of San Diego T1)	0	0	95.3	95.3
244. Stephanie Murphy (Boulder Triathlon Club)	12.67	610.72	95.15	718.54
245. Bob Doolan (Tri Fury)	8	261	95	364
246. John Moore (Buffalo Triathlon Club Team 2)	0	0	95	95
247. Steve Etten (Midwest Xtreme)	13.85	397	94.25	505.1
248. Laurel Brown (DC Triathlon Club)	4.14	179	94	277.14
249. Elizabeth Carroll (DC Triathlon Club)	4.4	0	94	98.4
250. Marion Hinson (Northwest YMCA Tri Club)	3.75	77	94	174.75
251. Andy Sampson (Bay State Triathlon Club)	9	224	94	327
252. Ryan Mulhall (Chicago Athletic Clubs Tri Club)	0	0	93.95	93.95
253. Dianne Glomski (Team Fraser Multisport)	5.42	358.13	93.79	457.34
254. Robin Cain (Tri Fury)	5.11	88.7	93.4	187.21
255. Julia Swanson (Tribe Triathlon)	15	310	93.3	418.3
256. Allen Beebe (Tri Fury)	1.71	85.24	93.28	180.23
257. Kimberly Rodriguez (Triathlon Club of San Diego T1)	2	60	93.26	155.26
258. Diane Cisewski (Midwest Xtreme)	2	138.4	93	233.4
259. Sandy McGann (Desert Sharks Triathlon Club)	15.97	521	93	629.97
260. Henry Sacco (Tri Fury)	15.2	100	93	208.2
261. Vin Darcy (HEAT - Hartford Extended Area Triathletes)	4.27	127	92	223.27
262. Leslie Howlett (Desert Sharks Triathlon Club)	12.5	410	92	514.5
263. Mark Mackenzie (New Mexico Outlaws)	11.36	356	91.9	459.26

USAT National Challenge Competition 2009-2010 Run Session Report

264. Sean Connolly (Silicon Valley Tri Club)	2.27	95.1	91.42	188.79
265. Elizabeth Bower (3-Fitness Tri Team)	3.73	175.5	91	270.23
266. Heidi Hubler (Kriss Chiropractic/ Balanced Athlete)	0	0	91	91
267. Hillary Peabody (DC Triathlon Club)	3	15	91	109
268. Tom Peterson (Fox Cities Triathlon Club)	10	415	91	516
269. Stefan Irion (Golden Gate Triathlon Club)	12	400	90.5	502.5
270. Lee Robb (Tri-OKC (The Triathlon Club of Oklahoma City))	12.31	218.1	90.5	320.91
271. Jenny McDonald (Triathlon Club of San Diego T1)	12.5	250	90.2	352.7
272. James Averill (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	18.75	232	90	340.75
273. Marc Shaponick (Tri Fury)	5.05	235	90	330.05
274. Jody Wilson (Jet City Tri)	26.5	0	90	116.5
275. Alyssa Morrison (DC Triathlon Club)	16.8	260	89.5	366.3
276. Pat Cunningham (Trek Trifitness Triathlon Club)	5.5	40	89.4	134.9
277. Johnny Mize (Tri ATX)	5.92	100	89.4	195.32
278. Scott Trice (Team Fraser Multisport)	7.6	274.4	89.05	371.05
279. Diana Black (Triathlon Club of San Diego T1)	22.7	297	89	408.7
280. Diana Burbank (Alaska Tri Club Blue Hammering Hares)	0	10	89	99
281. Kyle Diercks (Jet City Tri)	0	0	89	89
282. Robert Orlikowski (Midwest Xtreme)	2.3	283	89	374.3
283. James Rose (Triathlon Club of San Diego T1)	1	116	88.8	205.8
284. MaryBeth Beck (Team CWW Triathlon)	14.67	155	88.5	258.17
285. Kim Hase (Team Fraser Multisport)	13.07	311	88.5	412.57
286. Veronica Morris (Tri Fury)	6	30	88	124
287. Mike Ricci (Boulder Triathlon Club)	10.48	36	88	134.48
288. Jeff Skinner (Memphis Thunder Racing)	9.38	156.5	88	253.88
289. Mike Entwistle (Triathlon Club of San Diego T1)	8.95	356.9	87.9	453.75
290. Rebecca Shaw (Team Great Divide)	8.94	334	87.75	430.69
291. Pam Schuckies (Boulder Triathlon Club)	0	0	87.7	87.7
292. Cody Hanson (New Mexico Outlaws)	5.79	435.9	87.5	529.19
293. Tracy Sowinski (Tri-OKC (The Triathlon Club of Oklahoma City))	13.69	405.4	87.29	506.38
294. Dusty Barrick (Tri ATX)	0.68	27.5	87.2	115.38
295. Jerald Cook (Triathlon Club of San Diego T1)	6	526.9	87.2	620.1
296. Debi Bernardes (Fredericksburg Triathlon Club)	14.12	258	87	359.12
297. Kathryn Carter (Midwest Xtreme)	6	204	87	297
298. Julie Peerson (Hammerhead Triathlon Club)	12.44	384	87	483.44
299. Tadashi Egami (Tribe Triathlon)	0	78	86.7	164.7
300. Francis (Mike) Schauer (DC Triathlon Club)	6.42	251.2	86.16	343.78
301. Darren Greenburg (Memphis Thunder Racing)	14.4	193	86.1	293.5

USAT National Challenge Competition 2009-2010 Run Session Report

302. Cathleen Knutson (Jet City Tri)	33.7	436	86.05	555.75
303. Debbie Carey (Memphis Thunder Racing)	5	80	86	171
304. Bill Endicott (Lakes Region Triathlon Club)	7.6	41	86	134.6
305. Jeanette Gangoy (Triathlon Club of San Diego T1)	4.2	130	86	220.2
306. Bridget OBrien (Golden Gate Triathlon Club)	0	150	86	236
307. Adrienne O'Day (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.65	0	85.89	87.54
308. Rodney Elliott (Morgantown Multisport)	12.3	241.5	85.7	339.5
309. Rene Rodriguez (Golden Gate Triathlon Club)	4.55	161	85.6	251.15
310. Bob Collins (Silicon Valley Tri Club)	4.5	183	85.1	272.6
311. Missy Hunnicutt (Northwest YMCA Tri Club)	6.95	130	85.1	222.05
312. Tony Dirienzo (Tri Fury)	1.7	70	85	156.7
313. Chad Huhn (Fox Cities Triathlon Club)	5	150	85	240
314. Jill McLeod (Alaska Tri Club Red Biting Bunnies)	22.2	290	85	397.2
315. Ronald Williams (Silicon Valley Tri Club)	19.26	259	85	363.26
316. Dov Sharon (Tribe Triathlon)	1.3	602.7	84.9	688.9
317. Dianna Clemetson (Alaska Tri Club Blue Hammering Hares)	5.46	45	84.5	134.96
318. Eric Perkins (Tribe Triathlon)	23.7	411.5	84.5	519.7
319. Jason Lamoreaux (Alaska Tri Club White Wabid Wabbits)	8.14	96.4	84.4	188.94
320. Richard Alderman (Morgantown Multisport)	6	85	84	175
321. Rick Burgess (Tribe Triathlon)	0	110	84	194
322. Susan Clavin (Bay State Triathlon Club)	2.5	235	84	321.5
323. Sandrine Micoeau (Golden Gate Triathlon Club)	11	365	84	460
324. James Morris (Memphis Thunder Racing)	9.08	111.5	83.69	204.27
325. Jess Vasquez (Northeastern University Triathlon Team)	4.56	60	83.6	148.16
326. Edward Wickham (Alaska Tri Club Blue Hammering Hares)	0	0	83.6	83.6
327. Wendy McMillan (Boulder Triathlon Club)	8.97	74.5	83.3	166.77
328. Rachel Grossman (Silicon Valley Tri Club)	5	241	83.15	329.15
329. Tim Glickman (Northeastern University Triathlon Team)	0	0	83.1	83.1
330. Dave Ottenhoff (Team Fraser Multisport)	5.2	253.22	83.05	341.47
331. Mick Bakker (Alaska Tri Club Blue Hammering Hares)	12.67	510	83	605.67
332. Andrea Castro (Triathlon Club of San Diego T1)	4.9	0	83	87.9
333. Brian (Scott) Darner (Hammerhead Triathlon Club)	0	42	83	125
334. Gordon Graham (Tribe Triathlon)	7	290	83	380
335. Martin Kotowski (Hammerhead Triathlon Club)	2	40	83	125
336. Mark Forell (Buffalo Triathlon Club)	9	70	82.7	161.7
337. Mike Ellis (Boulder Triathlon Club)	18.45	282.54	82.54	383.53
338. Matthew Mendiguren (Hammerhead Triathlon Club)	7.89	344.8	82.5	435.19
339. Susan Wallis (Hammerhead Triathlon Club)	10.17	355.02	82.4	447.59
340. Marcie Butler (Tri Fury)	0	0	82.3	82.3

USAT National Challenge Competition 2009-2010 Run Session Report

341. Linda Capeluto (Jet City Tri)	1.5	156.75	82.25	240.5
342. Jim Slaba (Memphis Thunder Racing)	12.8	191.3	82.18	286.28
343. Michael Abbene (Northeastern University Triathlon Team)	17.95	297	82	396.95
344. Josh Boots (Midwest Xtreme)	2	141	82	225
345. Brady Hubler (Kriss Chiropractic/ Balanced Athlete)	0	0	82	82
346. Mandi Leissoo (DC Triathlon Club)	3.18	194.2	81.95	279.33
347. Lynn Pardee (Fredericksburg Triathlon Club)	0.25	5.5	81.75	87.5
348. Kellianne Trybalski (Buffalo Triathlon Club Team 2)	4	27	81.75	112.75
349. Penny Hale (Triathlon Club of San Diego T1)	4.5	330.5	81.65	416.65
350. John Branderhorst (Golden Gate Triathlon Club)	2.5	187	81.5	271
351. Philip Dibner (Tribe Triathlon)	3.6	0	81.5	85.1
352. Neal Martindale (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.77	58	81.5	144.27
353. Jim Roth (Golden Gate Triathlon Club)	11.5	428	81.35	520.85
354. Jennifer Bell (Buffalo Triathlon Club)	3.5	279	81.15	363.65
355. Glenn Schiavo (Silicon Valley Tri Club)	6.97	139.2	81.15	227.32
356. Julie Kennedy (DC Triathlon Club)	1	15	81	97
357. David Kretz (Tribe Triathlon)	8.5	100	81	189.5
358. Katie Povolo (Alaska Tri Club Blue Hammering Hares)	1.5	35	81	117.5
359. Andreas Wolf (Golden Gate Triathlon Club)	5.5	373	81	459.5
360. Bobby Murray (Tri ATX)	4.41	488.04	80.75	573.2
361. Jane Cudney (New Mexico Outlaws)	9.43	334.4	80.33	424.16
362. Karen Weatherby (Boulder Triathlon Club)	2.48	83.1	80.3	165.88
363. Mary Boeckman (Tri ATX)	0	7	80	87
364. Jane O'Driscoll (Team Great Divide)	1.7	240	80	321.7
365. Paul Sedgwick (Tri Fury)	25	220	80	325
366. Sarah Wiles (Alaska Tri Club Blue Hammering Hares)	7.5	65	80	152.5
367. Arlen Work (Tri ATX)	0.45	10	80	90.45
368. Hilary Hinds (Hammerhead Triathlon Club)	1.72	270.2	79.64	351.56
369. Kelly Hulshult (Tri Fury)	8.75	477	79.5	565.25
370. Rob Dibble (Buffalo Triathlon Club)	0	170.55	79.31	249.86
371. Bryan Lyons (Tri Fury)	1	0	79.28	80.28
372. Molly Cook (Triathlon Club of San Diego T1)	2.1	460.4	79.25	541.75
373. Tony Garrow (Buffalo Triathlon Club)	7	106	79.1	192.1
374. Kathleen Kaye (Hammerhead Triathlon Club)	14.8	343	79	436.8
375. Erin Anderson (University of Iowa Triathlon Club)	13.76	331	78.5	423.26
376. Jean Etten (Midwest Xtreme)	3.75	210	78.5	292.25
377. Rick Shields (Hammerhead Triathlon Club Team 2)	0	0	78.3	78.3
378. Stephanie Boutilier (Bay State Triathlon Club)	9	430	78	517
379. Barry Siff (Boulder Triathlon Club)	5.15	275	78	358.15

USAT National Challenge Competition 2009-2010 Run Session Report

380. Fred Wu (Element Triathlon Club)	5.98	279.5	77.7	363.18
381. Son Hong (Golden Gate Triathlon Club)	7.2	217.4	77.6	302.2
382. Marty Moran (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.57	20	77.27	98.84
383. Isa Hashim (Silicon Valley Tri Club)	12.68	230.08	77.22	319.98
384. David Souza (Bay State Triathlon Club)	2.5	80.6	77.1	160.2
385. Anthony Pace (HEAT - Hartford Extended Area Triathletes)	1	136	77	214
386. Janet Mamikuniam (Alaska Tri Club Blue Hammering Hares)	12.32	236.5	76.8	325.62
387. Tracy Plock (Team CWW Triathlon)	13.3	253	76.66	342.96
388. Nathan Boward (Triathlon Club of San Diego T1)	16.44	617.45	76.45	710.34
389. Randy Batterson (Silicon Valley Tri Club)	12.17	432	76.36	520.53
390. Spencer Bowen (Tri-OKC (The Triathlon Club of Oklahoma City))	3.87	126	76.3	206.17
391. Ed Gross (Alaska Tri Club White Wabid Wabbits)	2.18	198	76.2	276.38
392. Linda Graham (Tribe Triathlon)	2.5	240	76	318.5
393. Stephen Jenkins (Hammerhead Triathlon Club)	4.6	78	76	158.6
394. Patti Yeager (Fox Cities Triathlon Club)	10	200	76	286
395. Ryan Troll (DC Triathlon Club)	7.9	100	75.5	183.4
396. Jim Karnath (Buffalo Triathlon Club)	5	149	75.2	229.2
397. Scott Collins (Fredericksburg Triathlon Club)	0	0	75	75
398. Lisa Corbett (Tri Fury)	0	45	75	120
399. Polly Harris (Desert Sharks Triathlon Club)	12.28	449	75	536.28
400. Aaron Shady (Hammerhead Triathlon Club)	4	40	75	119
401. Kasey Wu (Golden Gate Triathlon Club)	30	178	75	283
402. Doug Skiles (Hammerhead Triathlon Club)	12.8	146	74.9	233.7
403. Bob Wojcik (Redline Triathlon Club)	5.77	277.04	74.85	357.66
404. Carl Armstrong (New Mexico Outlaws)	5.7	314	74.6	394.3
405. Giselle Carson (Hammerhead Triathlon Club)	5.52	390	74.5	470.02
406. Skip Kreymborg (Tri-OKC (The Triathlon Club of Oklahoma City))	3	135	74.5	212.5
407. Lara Rafton (Golden Gate Triathlon Club)	2.2	208	74.3	284.5
408. Dan Swenson (Midwest Xtreme)	8.6	349.7	74.25	432.55
409. Tom Crites (Golden Gate Triathlon Club)	15.5	585.6	74.1	675.2
410. David Bianchi (Jet City Tri)	0	312	74	386
411. Naomi Finson (New Mexico Outlaws)	2.05	328	74	404.05
412. Jennifer Arden (Boulder Triathlon Club)	17.58	572	73.73	663.31
413. Brenda Fisher (Jet City Tri)	0	30	73.5	103.5
414. Stacy Munn (Jet City Tri)	0	265	73.4	338.4
415. Dan Costello (Hammerhead Triathlon Club)	14.87	215.5	73.07	303.44
416. Steve McBride (Memphis Thunder Racing)	7.4	222	73	302.4

USAT National Challenge Competition 2009-2010 Run Session Report

417. Kristin Taylor (Hammerhead Triathlon Club)	0	0	73	73
418. Nick John (Capital City Multisport Club)	8.91	144.1	72.85	225.86
419. Richard Welch (Northwest YMCA Tri Club)	5.6	30	72.8	108.4
420. Mary Nodine (Boulder Triathlon Club)	6.51	64	72.5	143.01
421. Jay Zammit (Team Fraser Multisport)	13.61	364.83	72.42	450.86
422. Dennis Dauz (Golden Gate Triathlon Club)	10	360	72.2	442.2
423. Alain Benzaken (Trek Trifitness Triathlon Club)	9	90	72	171
424. Lisa Kilday (DC Triathlon Club)	11	245	72	328
425. Valentin Lopes (Trek Trifitness Triathlon Club)	35.1	340	72	447.1
426. Liz Friedman (Alaska Tri Club Blue Hammering Hares)	13.14	135	71.9	220.04
427. Kathy Hunken (Hammerhead Triathlon Club)	0	115.3	71.8	187.1
428. Craig Goldsmith (Midwest Xtreme)	14.7	266.2	71.5	352.4
429. Jessica Zimmer (DC Triathlon Club)	1.2	0	71.5	72.7
430. Steve Vaughan (Pikes Peak Triathlon Club)	14.57	363.7	71.47	449.74
431. Lorraine Grix (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	26.5	71.3	97.8
432. Tami Gabrielse (Redline Triathlon Club)	11.83	327.17	71.1	410.1
433. Nancy Abriatis (Buffalo Triathlon Club)	10.34	330	71	411.34
434. Cindy Ashe (Memphis Thunder Racing)	11.7	0	71	82.7
435. Jenny Kimball (Alaska Tri Club White Wabid Wabbits)	18.3	340	71	429.3
436. Nicole Weidensaul (Fredericksburg Triathlon Club)	11.5	178	71	260.5
437. Jim Baas (Memphis Thunder Racing)	1	88	70.3	159.3
438. Lori Amonette (Triathlon Club of San Diego T1)	1	110	70	181
439. Steve Avery (Desert Sharks Triathlon Club)	5.88	222	70	297.88
440. Jeremy Baskett (Tri ATX)	0	0	70	70
441. Amy Peloza (Alaska Tri Club Red Biting Bunnies)	0	273.9	69.9	343.8
442. Joe Pautler (Buffalo Triathlon Club Team 2)	8.4	61	69.7	139.1
443. Carolyn Keller (Team Great Divide)	6.65	198	69.5	274.15
444. Angie Crawford (Hammerhead Triathlon Club)	14.14	285	69.41	368.55
445. Juan Estrella, II (Hammerhead Triathlon Club)	8	182	69	259
446. Jeff Nollette (Tribe Triathlon)	15.2	450	69	534.2
447. Lynn Strauss (Redline Triathlon Club)	10	229	69	308
448. Norm Norris (Silicon Valley Tri Club)	9.9	278	68.8	356.7
449. Becky Rycroft (Tri-OKC (The Triathlon Club of Oklahoma City))	3.87	167.58	68.39	239.84
450. Scott Hercules (Hammerhead Triathlon Club)	9.69	242.8	68.33	320.82
451. Wendy Fejfar (Memphis Thunder Racing)	8.75	118	68.1	194.85
452. Travis Newton (Tri-OKC (The Triathlon Club of Oklahoma City))	4.38	119.3	68.1	191.78
453. Mark Flynn (HEAT - Hartford Extended Area Triathletes)	11.5	135.2	67.8	214.5

USAT National Challenge Competition 2009-2010 Run Session Report

454. Julie Vogler (Alaska Tri Club White Wabid Wabbits)	5.5	297	67.8	370.3
455. Paula Schmidt (Alaska Tri Club Blue Hammering Hares)	7.42	165.7	67.7	240.82
456. Lanie Hughes (Alaska Tri Club Blue Hammering Hares)	9.63	241.3	67.1	318.03
457. Matthew Buese (Team Mongo)	0	0	67	67
458. Charlie Flexon (DC Triathlon Club)	0	0	67	67
459. Katherine Gines (Tri Fury)	0.5	30	67	97.5
460. Paul Kotturi (Silicon Valley Tri Club)	10	415	67	492
461. Mike Plumb (Triathlon Club of San Diego T1)	6.06	142	67	215.06
462. Maria Rivas-Wolf (Golden Gate Triathlon Club)	0	178	67	245
463. Luc Vantalón (Silicon Valley Tri Club)	18	229	67	314
464. David Ward (Triathlon Club of San Diego T1)	0	270	67	337
465. Dan Rogers (Alaska Tri Club Red Biting Bunnies)	7.67	410	66.6	484.27
466. Heather Barnes (Redline Triathlon Club)	7.67	243	66.5	317.17
467. Katy Rosane (Alaska Tri Club Blue Hammering Hares)	6.14	472.2	66.4	544.74
468. Teresa Frazer (3-Fitness Tri Team)	0.5	20.62	66.34	87.46
469. Don Porth (Jet City Tri)	2.6	43.6	66.3	112.5
470. Kate Leary (Buffalo Triathlon Club)	11	180	66.2	257.2
471. Larry Norris (Tri-OKC (The Triathlon Club of Oklahoma City))	8.65	253.85	66.15	328.65
472. Liz Barnett (Trek Trifitness Triathlon Club)	10.2	155	66	231.2
473. Joshua Hanley (Buffalo Triathlon Club)	2	135	66	203
474. Dean Bolt (HEAT - Hartford Extended Area Triathletes)	7.4	76	65.5	148.9
475. Mia Byrne (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	10.59	3	65.5	79.09
476. Cathy Wilson (DC Triathlon Club)	13.45	217	65.5	295.95
477. Tim Chavez (New Mexico Outlaws)	0	125	65.25	190.25
478. Nicole Drummer (Pikes Peak Triathlon Club)	9.07	244.47	65.25	318.79
479. Kari Wiederhehr (Alaska Tri Club White Wabid Wabbits)	5.14	150.7	65.1	220.94
480. Chuck Hachmeister (Pikes Peak Triathlon Club)	4	117	65	186
481. Elizabeth Laudico (Buffalo Triathlon Club)	2	114	65	181
482. Sonya Monterose (Lakes Region Triathlon Club)	15.3	215	65	295.3
483. Allison Perkins (Tribe Triathlon)	11.6	390	65	466.6
484. Kristina Roesner (Tribe Triathlon)	2	60	65	127
485. Steven Sorrow (Golden Gate Triathlon Club)	5	250	65	320
486. Deana Watson (Alaska Tri Club Blue Hammering Hares)	8.98	182	65	255.98
487. Andrea Ivan (Silicon Valley Tri Club)	13.92	505	64.7	583.62
488. Scott Cristensen (Triathlon Club of San Diego T1)	3.6	287.16	64.53	355.29
489. Bob McRae (Tribe Triathlon)	1	75	64.5	140.5
490. Dianne Fladung (Northwest YMCA Tri Club)	12.45	203	64.2	279.65
491. Carleen Ulbrich (Alaska Tri Club Red Biting Bunnies)	0.31	0	64.1	64.41
492. Julie Jenkins (Tri Fury)	29.64	180	64	273.64

USAT National Challenge Competition 2009-2010 Run Session Report

493. Brad Schildt (Boulder Triathlon Club)	4.23	178.5	64	246.73
494. Julie Tracy (Northeastern University Triathlon Team)	2.3	144.5	63.8	210.6
495. Rex Buckhalter (Morgantown Multisport)	0.5	122.5	63.75	186.75
496. Michelle Barber (Triathlon Club of San Diego T1)	3	324	63.7	390.7
497. Gretchen Clark-Ross (Alaska Tri Club Red Biting Bunnies)	0	0	63.7	63.7
498. Mark Corley (Hammerhead Triathlon Club)	3.2	175.6	63.4	242.2
499. Karen Willard (DC Triathlon Club)	9.04	263	63.2	335.24
500. AJ Lucina (Chicago Athletic Clubs Tri Club)	0	0	63.12	63.12
501. Peter Connor (DC Triathlon Club)	5.85	106	63.1	174.95
502. Linda Nollette (Tribe Triathlon)	12.4	468	63.1	543.5
503. Deanna Pomfret (Tri Fury)	12.78	0	63	75.78
504. Sarju Raiyani (Northwest YMCA Tri Club)	15.2	272	63	350.2
505. Lori Sherlock (Morgantown Multisport)	11	332	63	406
506. Leah Hammer Fink (Morgantown Multisport)	0	122	62.7	184.7
507. Bret Rosane (Alaska Tri Club Red Biting Bunnies)	0	114	62.7	176.7
508. Jonathon Bailey (Fox Cities Triathlon Club)	11.25	275	62.6	348.85
509. Mark Carioto (Trek Trifitness Triathlon Club)	12.6	308.8	62.4	383.8
510. Kevin Sullivan (Tri Fury)	27.17	294	62.4	383.57
511. Greg Smeltzer (Triathlon Club of San Diego T1)	8.25	287	62.26	357.51
512. Amy Matthews (Jet City Tri)	5.7	46	62.19	113.89
513. David Kurtz (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	13.52	216.1	61.9	291.52
514. Joy Muehelbein (Triathlon Club of San Diego T1)	7.57	275	61.75	344.32
515. Veronica Barredo (Northwest YMCA Tri Club)	10.6	213	61.6	285.2
516. Aliicia Furrer (Cape Cod Athletic Club - Cape Cod Triathlon Team)	11.75	249.1	61.53	322.38
517. Jason Cohen (Fredericksburg Triathlon Club)	2.64	140	61.5	204.14
518. Pattie Lin (Northeastern University Triathlon Team)	5.02	133	61.3	199.32
519. Chris Wiese (Memphis Thunder Racing)	0	52	61.2	113.2
520. Nicki Hutchens (Memphis Thunder Racing)	0	5	61	66
521. Carla Thompson (Team CWW Triathlon)	31.05	255.5	60.98	347.53
522. Jason Rich (Jet City Tri)	1.83	59.1	60.9	121.83
523. Martha Huizenga (DC Triathlon Club)	8.24	0	60.67	68.91
524. Ed Harrington (Northwest YMCA Tri Club)	14.46	61	60.65	136.11
525. Ken Sparrow (Tri Fury)	16.7	341.6	60.6	418.9
526. Lynne Dzuba (Fox Cities Triathlon Club)	5.7	273	60.5	339.2
527. Stephanie Stevens (Team CWW Triathlon)	8.92	130	60.5	199.42
528. Tamara Cracknell (Silicon Valley Tri Club)	11	205.5	60.2	276.7
529. Kelly Kuntz (Boulder Triathlon Club)	0.94	116.7	60.1	177.74
530. Tommy Furlong (Team Great Divide)	11.36	120	60	191.36
531. Katherine Gill (HEAT - Hartford Extended Area Triathletes)	0.57	105	60	165.57

USAT National Challenge Competition 2009-2010 Run Session Report

532. Charles Harward (Desert Sharks Triathlon Club)	3.3	12	60	75.3
533. Rama Sivamani (Silicon Valley Tri Club)	14	300	60	374
534. Chrissy Steigerwald (Pikes Peak Triathlon Club)	5.5	205	60	270.5
535. Pascal Demeyer (Tri-OKC (The Triathlon Club of Oklahoma City))	4.41	0	59.62	64.03
536. Cassie Klumpp (Team CWW Triathlon)	14.9	127	59.5	201.4
537. Lynn Scozzari (Triathlon Club of San Diego T1)	9.71	246.45	59.46	315.62
538. Audrey Altenburg (Clausing) (Triathlon Club of San Diego T1)	0	0	59.1	59.1
539. Bryan French (Trek Trifitness Triathlon Club)	17.9	253	59.1	330
540. Celeste Callahan (Team CWW Triathlon)	8.35	338	59	405.35
541. Leroy Hunter (Morgantown Multisport)	8	250	59	317
542. Jason Panzer (Trek Trifitness Triathlon Club)	3.5	227	59	289.5
543. Helmut Roesner (Tribe Triathlon)	1	88	59	148
544. Andy Underwood (Alaska Tri Club White Wabid Wabbits)	11.92	131.9	59	202.82
545. Mark Zaragoza (DC Triathlon Club)	0	0	59	59
546. Karen Rosinski (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	23.78	36.11	58.95	118.84
547. Diane Bishop (Buffalo Triathlon Club)	10.93	158.97	58.93	228.83
548. Steve Davis (University of Iowa Triathlon Club)	17.2	269.3	58.83	345.33
549. Joe Roof (Northwest YMCA Tri Club)	12.73	127	58.64	198.37
550. Larry Hutton (Tri ATX)	0	0	58.4	58.4
551. Diana Garbarino (Silicon Valley Tri Club)	9.1	241	58.3	308.4
552. Rob Falk (DC Triathlon Club)	8.7	404	58.2	470.9
553. Carlos Flores (Tri Fury)	1	190	58	249
554. Luke Kiskaddon (Alaska Tri Club White Wabid Wabbits)	8.7	79	58	145.7
555. Ann Ottenhoff (Team Fraser Multisport)	5.47	190	58	253.47
556. Matt Fischer (Golden Gate Triathlon Club)	12.2	327	57.75	396.95
557. Gene Harvey (Northwest YMCA Tri Club)	2	211.5	57.75	271.25
558. Ken Lucchesi (Silicon Valley Tri Club)	17.36	147	57.75	222.11
559. Scott Blackburn (Memphis Thunder Racing)	2	10	57.5	69.5
560. Shannon Titzel (Alaska Tri Club Red Biting Bunnies)	20.97	315.1	57.4	393.47
561. Mark Ziegert (Triple Threat Triathlon Team)	15.75	135.1	57.17	208.02
562. Nick Scott (Midwest Xtreme)	23.25	78.5	57	158.75
563. Brian Richardson (Alaska Tri Club Red Biting Bunnies)	6.55	258.4	56.8	321.75
564. Phillip Vanlandingham (Tri-OKC (The Triathlon Club of Oklahoma City))	15.3	216	56.8	288.1
565. Barry Breffle (Midwest Xtreme)	9.9	77.5	56.75	144.15
566. Tony Jungels (Tri-OKC (The Triathlon Club of Oklahoma City))	3.13	206.6	56.6	266.33

USAT National Challenge Competition 2009-2010 Run Session Report

567. Chad Swihart (Memphis Thunder Racing)	8.5	8	56.6	73.1
568. Thomas Clougherty (Bay State Triathlon Club)	4.3	363	56.5	423.8
569. Kyle Fabrizio (Bay State Triathlon Club)	0	111	56.5	167.5
570. Amy Moritz (Buffalo Triathlon Club)	7.23	166.4	56.25	229.88
571. Kathy Kenney (Alaska Tri Club Red Biting Bunnies)	0	24.4	56.2	80.6
572. Will Friar (Alaska Tri Club White Wabid Wabbits)	11.12	259.2	56.1	326.42
573. Dave Zaran (Team Fraser Multisport)	6.25	201.93	56.1	264.28
574. Jennifer Astalos (Buffalo Triathlon Club)	5.28	80	56	141.28
575. Derek Bell (Buffalo Triathlon Club)	4.47	10	56	70.47
576. Karly Bobo (Tri ATX)	0	25	56	81
577. Jen LaBuda (Buffalo Triathlon Club Team 2)	0	30	56	86
578. Jay Lochhead (Boulder Triathlon Club)	14.3	276	56	346.3
579. Duke Pao (Hammerhead Triathlon Club)	0	82	56	138
580. Pam Sullivan (HEAT - Hartford Extended Area Triathletes)	0	70	56	126
581. Bob Winkler (Pikes Peak Triathlon Club)	1	0	56	57
582. Karen Yeter (Golden Gate Triathlon Club)	11.5	340	56	407.5
583. Laura Collins (Jet City Tri)	6.36	280.8	55.8	342.96
584. Zane Harvey (Tri-OKC (The Triathlon Club of Oklahoma City))	21.41	255	55.6	332.01
585. Mark Samson (Alaska Tri Club Red Biting Bunnies)	7.65	4.6	55.6	67.85
586. Gerard Laurain (Boulder Triathlon Club)	9.37	35	55.5	99.87
587. Dawn - Swoggy Bunny Hansen (Alaska Tri Club White Wabid Wabbits)	2.18	0	55.2	57.38
588. Britta Anderson (Alaska Tri Club Blue Hammering Hares)	6.13	47	55	108.13
589. Sandra Offutt (Morgantown Multisport)	0	40	55	95
590. Elise Walz (University of Iowa Triathlon Club)	5.5	98	55	158.5
591. BethAnne Clary (Alaska Tri Club Blue Hammering Hares)	4.96	307	54.8	366.76
592. Dave Hardy (Tri Fury)	0	137.75	54.75	192.5
593. Leah Doster (Alaska Tri Club Red Biting Bunnies)	0	43.4	54.7	98.1
594. Bruce Wacker (Pikes Peak Triathlon Club)	24.26	168.4	54.4	247.06
595. Danelle Winn (Alaska Tri Club Red Biting Bunnies)	12.66	319.8	54.3	386.76
596. Marty Baltzegar (Northwest YMCA Tri Club)	1	40	54	95
597. Stephen Banister (Triathlon Club of San Diego T1)	15.7	75	54	144.7
598. Mark Rabold (Team Great Divide)	11.36	190	54	255.36
599. Mark St. George (Buffalo Triathlon Club)	15.28	240	54	309.28
600. Hartley Wess (New Mexico Outlaws)	2.27	127	54	183.27
601. Jiea Kim (Triathlon Club of San Diego T1)	8.35	260	53.85	322.2
602. Courtney Fulton (DC Triathlon Club)	1.3	232	53.8	287.1
603. Jim Nast (Team Fraser Multisport)	22.4	253	53.8	329.2
604. David Rand (Alaska Tri Club White Wabid Wabbits)	0	40	53.5	93.5

USAT National Challenge Competition 2009-2010 Run Session Report

605. Jennifer Werner (DC Triathlon Club)	12	220.5	53.5	286
606. Gwen Shields (Hammerhead Triathlon Club Team 2)	0	0	53.29	53.29
607. Jarod Cassada (Tri-OKC (The Triathlon Club of Oklahoma City))	1.1	43.81	53.25	98.16
608. Rich Bazzy (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	5.82	57	53	115.82
609. Pat Capuson (Buffalo Triathlon Club)	3	108	53	164
610. Nick Goddard (Tribe Triathlon)	11.4	305	53	369.4
611. Jason Kaminski (Boulder Triathlon Club)	14.51	405.33	52.68	472.52
612. Keri Clark (Alaska Tri Club Red Biting Bunnies)	7.22	183.8	52.6	243.62
613. Paul Anderson (Triathlon Club of San Diego T1)	7.38	219.8	52.4	279.58
614. Lisa Ramos (Triathlon Club of San Diego T1)	5	235.24	52.36	292.6
615. Shannon Donley (Alaska Tri Club Red Biting Bunnies)	17.97	160	52	229.97
616. George Joseph (Hammerhead Triathlon Club Team 2)	7.56	99	52	158.56
617. Dave Kraemer (Silicon Valley Tri Club)	4.5	540	52	596.5
618. Brian Pomery (Purdue University Triathlon Club)	15	200	52	267
619. Marty Stanton (Boulder Triathlon Club)	14.77	105	52	171.77
620. Clinton Thompson (Hammerhead Triathlon Club)	0	36	52	88
621. Veronica Vania (Alaska Tri Club Blue Hammering Hares)	6.14	208.95	52	267.09
622. Frank Borik (Triathlon Club of San Diego T1)	6.03	190	51.7	247.73
623. Danny Barnes (Bluegrass Triathlon Club)	2.84	34.8	51.5	89.14
624. Monica Brumagin (Northwest YMCA Tri Club)	8.3	26	51.5	85.8
625. Kim Kaye (Hammerhead Triathlon Club)	8.97	20	51.5	80.47
626. Ann Remmers (Boulder Triathlon Club)	0	158	51.5	209.5
627. Derek Liou (Tribe Triathlon)	5.9	293.7	51.4	351
628. Dieter Bruhn (Boulder Triathlon Club)	4.47	0	51.3	55.77
629. Bryan Frank (DC Triathlon Club)	14.79	60.25	51.3	126.34
630. Kelly Van Hoek (Alaska Tri Club White Wabid Wabbits)	9.74	207.5	51.3	268.54
631. Sara Rosenbloom (Lakes Region Triathlon Club)	7.8	26	51.2	85
632. Tim Dieffenbach (Buffalo Triathlon Club)	9.34	246.35	51.05	306.74
633. Deb Eppstein (Desert Sharks Triathlon Club)	9.03	127	51	187.03
634. Scott Kohls (Fox Cities Triathlon Club)	11.7	138	51	200.7
635. Sharon Meath (Team CWW Triathlon)	11.75	158	51	220.75
636. Bob Opkins (Hammerhead Triathlon Club)	8	71	51	130
637. Rocky Stricklin (Tri-OKC (The Triathlon Club of Oklahoma City))	5.82	143	51	199.82
638. Nicky Wisher (Trek Trifitness Triathlon Club)	6.6	135	51	192.6
639. Millie Tanner (Hammerhead Triathlon Club)	5.74	121.8	50.75	178.29
640. Libby Barnes (Bluegrass Triathlon Club)	9.36	144	50.69	204.05
641. Cody Marck (Tri ATX)	1.42	0	50.5	51.92
642. Kevin Seeman (Boulder Triathlon Club)	9.67	221	50.25	280.92

USAT National Challenge Competition 2009-2010 Run Session Report

643. David Andrews (3-Fitness Tri Team)	0	147.75	50.24	197.99
644. Tammy Hermes (Triathlon Club of San Diego T2)	0.5	320.86	50.17	371.53
645. Dan Tucker (Midwest Xtreme)	10.1	214.5	50.15	274.75
646. Karen Bianchi (Jet City Tri)	12	120	50	182
647. Josh Pettit (Desert Sharks Triathlon Club)	8.32	203	50	261.32
648. Matti Munson (Alaska Tri Club White Wabid Wabbits)	0	0	49.6	49.6
649. Shawn Belling (Capital City Multisport Club)	0	77.5	49.5	127
650. Susan Wallace (Hammerhead Triathlon Club Team 2)	2.42	104	49.2	155.62
651. Suzanne Wheatall (Alaska Tri Club White Wabid Wabbits)	11.29	229	49.2	289.49
652. Melissa Mosley (Boulder Triathlon Club)	10.02	31	49.06	90.08
653. Joe Durand (Triple Threat Triathlon Team)	12	50	49	111
654. Chris Dzilinski (Trek Trifitness Triathlon Club)	12	118	49	179
655. Mary Lou Hoffman (Buffalo Triathlon Club Team 2)	0	0	49	49
656. Allison Koch (Midwest Xtreme)	0	10	49	59
657. Glen Woods (Tri-OKC (The Triathlon Club of Oklahoma City))	4.19	326	49	379.19
658. Tim Branch (HEAT - Hartford Extended Area Triathletes)	7.1	220	48.9	276
659. Gerry Forman (Triathlon Club of San Diego T1)	1.89	208.5	48.7	259.09
660. Pam Tittle (Alaska Tri Club Red Biting Bunnies)	3.27	335.24	48.3	386.81
661. Jeremy Farnham (Morgantown Multisport)	1.5	0	48	49.5
662. steve Fleming (Golden Gate Triathlon Club)	3	121	48	172
663. Susan Gutowski (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	12.19	8.5	48	68.69
664. Owen Hammond (Boulder Triathlon Club)	11.36	210	48	269.36
665. Rami Hamrouni (Fredericksburg Triathlon Club)	5.12	90	48	143.12
666. Thomas Kriese (Silicon Valley Tri Club)	3	76	48	127
667. Karen Williams (New Mexico Outlaws)	1.3	91.9	48	141.2
668. Terri Walters (Pikes Peak Triathlon Club)	19.43	313.44	47.97	380.84
669. Emory McLaughlin (Hammerhead Triathlon Club)	12.58	62	47.9	122.48
670. Andrew Concors (Triathlon Club of San Diego T1)	8.7	166.7	47.8	223.2
671. Alison Deem (Buffalo Triathlon Club)	26.7	95	47.6	169.3
672. Michael Leshnower (DC Triathlon Club)	6.4	248	47.6	302
673. David Clifton (Memphis Thunder Racing)	3	9	47.5	59.5
674. Angela Dilks (DC Triathlon Club)	0	40	47.5	87.5
675. Don Haderle (Tribe Triathlon)	6.5	127	47.5	181
676. Junius Ho (Fox Cities Triathlon Club)	17.12	234	47.5	298.62
677. Carol Waters (Alaska Tri Club White Wabid Wabbits)	0	279.3	47.5	326.8
678. Ryan Long (Golden Gate Triathlon Club)	11.4	175	47.3	233.7
679. David Knight (Northwest YMCA Tri Club)	0	0	47	47
680. Alex Sigal (Golden Gate Triathlon Club)	2	123	47	172

USAT National Challenge Competition 2009-2010 Run Session Report

681. Mike Emery (Buffalo Triathlon Club Team 2)	3.06	36	46.85	85.91
682. Bob Barber (Memphis Thunder Racing)	16	167	46.6	229.6
683. Sean White (Memphis Thunder Racing)	2	21	46.45	69.45
684. Michael Armstrong (Tri ATX)	4.91	238.7	46.28	289.89
685. Corrie Smith (Alaska Tri Club Blue Hammering Hares)	14.09	210	46.2	270.29
686. Dana Krancevic (Golden Gate Triathlon Club)	3.25	256	46	305.25
687. Nicole Stepanek (Midwest Xtreme)	11.75	192.9	46	250.65
688. Ed Swanson (Golden Gate Triathlon Club)	5	255	46	306
689. Nick Griffin (Memphis Thunder Racing)	6.32	104.72	45.7	156.74
690. Lana Krolikowsk (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	9.93	0.96	45.69	56.58
691. Erin Love (DC Triathlon Club)	8.5	58	45.5	112
692. Jon Haukaas (Boulder Triathlon Club)	11.71	113	45.4	170.11
693. Terry McFarlane (Team CWW Triathlon)	5.75	139.2	45.3	190.25
694. Jessica Bell (Pikes Peak Triathlon Club)	1	121	45.2	167.2
695. Lisa O'Donnell (Tri Fury)	5	48	45.2	98.2
696. Meghan Trainor (Team Great Divide)	5.11	45	45.2	95.31
697. Evelyn Mclean-Cowan (Redline Triathlon Club)	6.13	33.5	45.1	84.73
698. Justin Adamek (Buffalo Triathlon Club)	4	210	45	259
699. David Hartley (Morgantown Multisport)	3	470	45	518
700. Natasha Mendoza (Buffalo Triathlon Club)	6	140	45	191
701. Brandon Nugent (Silicon Valley Tri Club)	0	0	45	45
702. Ron Poitras (Lakes Region Triathlon Club)	13	180.5	45	238.5
703. Tom Piscitelli (HEAT - Hartford Extended Area Triathletes)	7.39	96	44.95	148.34
704. Kirsten Olson (Alaska Tri Club Red Biting Bunnies)	3.7	21.5	44.8	70
705. Sarah Gilewicz (Buffalo Triathlon Club)	0	200	44.75	244.75
706. Barb O'Reilly (Buffalo Triathlon Club)	0	103	44.75	147.75
707. Amy Benedict (Buffalo Triathlon Club Team 2)	0.25	2	44.4	46.65
708. Leslie Cornick (Alaska Tri Club White Wabid Wabbits)	3.88	242.4	44.3	290.58
709. Amy Erickson (Alaska Tri Club Red Biting Bunnies)	7.45	128.17	44.3	179.92
710. Soojin Lee (Lakes Region Triathlon Club)	16.6	179	44.3	239.9
711. Tom Bramlage (Memphis Thunder Racing)	6.94	107	44.1	158.04
712. Patrick Dalton (Buffalo Triathlon Club)	11.15	188	44.1	243.25
713. Don Keddell (Fox Cities Triathlon Club)	6	300	44	350
714. John Lysher (Fredericksburg Triathlon Club)	8.75	200	44	252.75
715. Bill Mahlik (Redline Triathlon Club)	5.57	18	44	67.57
716. Crystal Rogers (Alaska Tri Club Red Biting Bunnies)	9.74	322.7	44	376.44
717. Allison Stewart (Bluegrass Triathlon Club)	14.91	240	44	298.91
718. Theresa Okell (Jet City Tri)	1.63	18	43.75	63.38

USAT National Challenge Competition 2009-2010 Run Session Report

719. Hannah Remtema (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	0	43.65	43.65
720. Victoria Morse (Golden Gate Triathlon Club)	11.4	300	43.6	355
721. Bob Ulbrich (Alaska Tri Club Red Biting Bunnies)	3.06	15	43.6	61.66
722. Tom Davis (Silicon Valley Tri Club)	4.43	161.69	43.27	209.39
723. Leah Cohen (Trek Trifitness Triathlon Club)	14.5	174	43	231.5
724. Bill Hirstius (Desert Sharks Triathlon Club)	13.27	142	43	198.27
725. Makenzie Hizon (Jet City Tri)	4.2	0	43	47.2
726. Michelle Lynch (HEAT - Hartford Extended Area Triathletes)	24.34	123	43	190.34
727. Dan Memmel (Redline Triathlon Club)	6.78	260	43	309.78
728. Jim Perry (Golden Gate Triathlon Club)	5.5	270	43	318.5
729. Ryan Strickland (Hammerhead Triathlon Club)	5.83	75	43	123.83
730. Elizabeth Hooper (Alaska Tri Club White Wabid Wabbits)	8.46	126.3	42.9	177.66
731. Brian Thompson (Golden Gate Triathlon Club)	9.1	124	42.5	175.6
732. Ruth Sandstrom (Alaska Tri Club White Wabid Wabbits)	0	12.7	42.1	54.8
733. Alfred Corn (Golden Gate Triathlon Club)	6.9	104	42	152.9
734. Eileen Floyd (Alaska Tri Club Red Biting Bunnies)	2.18	66	42	110.18
735. Cyndie Fox (Alaska Tri Club White Wabid Wabbits)	21.53	253.5	42	317.03
736. Matt Harrington (Triple Threat Triathlon Team)	16.28	329	42	387.28
737. Kevin Kingston (DC Triathlon Club, Team 2)	0.75	50	42	92.75
738. Erick Roskos (Morgantown Multisport)	4.5	184.5	42	231
739. Larry Seidman (Pikes Peak Triathlon Club)	12	84	42	138
740. Brian Gunn (Triathlon Club of San Diego T1)	1.75	298.59	41.79	342.13
741. Phillip Goodfellow (Tri ATX)	3.42	601	41.7	646.12
742. Branden Rakita (Pikes Peak Triathlon Club)	66.93	458.7	41.7	567.33
743. Dave Leroy (Tribe Triathlon)	5.9	74	41.5	121.4
744. Milton French (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	2.27	12.39	41.37	56.03
745. Stefany Critelli (Buffalo Triathlon Club)	4.05	288	41.35	333.4
746. Skip Slade (Triathlon Club of San Diego T1)	11.9	238.7	41.3	291.9
747. Cathy Coon (Alaska Tri Club Red Biting Bunnies)	7.6	142.8	41.2	191.6
748. Chad Grange (Tri ATX)	7.42	50	41.2	98.62
749. Peter Rabe (Capital City Multisport Club)	2.9	155	41.2	199.1
750. Lisabeth Boudreaux (Hammerhead Triathlon Club)	3.41	40	41	84.41
751. Dottie Gierut (Midwest Xtreme)	4.15	160	41	205.15
752. George Van Meter (Bluegrass Triathlon Club)	18.05	282	41	341.05
753. Leena Figall (Boulder Triathlon Club)	1.86	219	40.7	261.56
754. John Krause (Tri-OKC (The Triathlon Club of Oklahoma City))	16.88	801	40.5	858.38
755. Nancy Majerek (Triple Threat Triathlon Team)	3.16	14	40.45	57.61

USAT National Challenge Competition 2009-2010 Run Session Report

756. Blain Peerson (Hammerhead Triathlon Club)	24.19	586.5	40.45	651.14
757. Jill Brodie (Team CWW Triathlon)	6.3	316.8	40.1	363.2
758. Lucy Duffy (Cape Cod Athletic Club - Cape Cod Triathlon Team)	4	90	40	134
759. Lindsey Eck (Morgantown Multisport)	3	50	40	93
760. Ricardo Gonzalez (Tribe Triathlon)	5.7	268	40	313.7
761. Amy Henning (Fox Cities Triathlon Club)	10.05	245	40	295.05
762. Annette Herrick (Jet City Tri)	1.25	156	40	197.25
763. Patrick Hickey (Northwest YMCA Tri Club)	0	0	40	40
764. Stephanie Peckham (Trek Trifitness Triathlon Club)	8.8	180	40	228.8
765. Glenn Speller (Buffalo Triathlon Club)	4	280	40	324
766. Melissa Vrbanac (Jet City Tri)	10	200	40	250
767. Lauren Waterson (Capital City Multisport Club)	4.5	113.11	40	157.61
768. Will Williams (Northwest YMCA Tri Club)	8.75	43.2	39.96	91.91
769. Greg Murnock (Buffalo Triathlon Club)	15.2	51	39.9	106.1
770. Brad Steele (Tri-OKC (The Triathlon Club of Oklahoma City))	14.21	210.2	39.54	263.95
771. Kate Williams (Northeastern University Triathlon Team)	0	171	39.5	210.5
772. Alex Pritchard (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	18.7	39.29	57.99
773. Alan Cunningham (Desert Sharks Triathlon Club)	2.61	251	39	292.61
774. Rurik Johnson (Buffalo Triathlon Club Team 2)	1.7	292	39	332.7
775. Sharon Snyder (Northwest YMCA Tri Club)	5.22	76	39	120.22
776. Jennifer Stewart (Trek Trifitness Triathlon Club)	5	320	39	364
777. Jennifer Ticknor (Alaska Tri Club Red Biting Bunnies)	29.1	125	39	193.1
778. Zeynep Kilic (Alaska Tri Club Blue Hammering Hares)	4.23	86	38.8	129.03
779. Joe Jones (Fredericksburg Triathlon Club)	10.2	324.9	38.75	373.85
780. Bob Rossbach (Team Fraser Multisport)	10.82	206	38.5	255.32
781. Laura Osinski (Buffalo Triathlon Club)	8.5	108.2	38.4	155.1
782. Brendan McKee (Alaska Tri Club White Wabid Wabbits)	4.32	305.9	38.39	348.61
783. Kim Malenoski (Team CWW Triathlon)	8.12	123	38.25	169.37
784. Joanna Pool (Triathlon Club of San Diego T2)	7.56	152	38.2	197.76
785. Michelle Friedman (Trek Trifitness Triathlon Club)	2	15	38	55
786. Dianne Prince (Alaska Tri Club White Wabid Wabbits)	5.97	128	38	171.97
787. Gernot Seidler (Bay State Triathlon Club)	0	332	38	370
788. Jennifer Parker (University of Iowa Triathlon Club)	10.5	145	37.8	193.3
789. Kelly Emo (Silicon Valley Tri Club)	1.5	90	37.5	129
790. Dirk Smith (DC Triathlon Club)	2.4	192	37.5	231.9
791. John Weston (Tri Fury)	10.9	214	37.5	262.4
792. Ray Stainback (Triathlon Club of San Diego T2)	0.75	153.91	37.48	192.14
793. Chris Drew (HEAT - Hartford Extended Area Triathletes)	1	145	37	183

USAT National Challenge Competition 2009-2010 Run Session Report

794. Robert Rosenberg (Tribe Triathlon)	0	132	37	169
795. Jason Jaworski (Fredericksburg Triathlon Club)	7.37	284.65	36.91	328.93
796. Karen Michaels (Buffalo Triathlon Club)	4.26	112	36.75	153.01
797. Annie Kirkland (Alaska Tri Club Blue Hammering Hares)	0	20	36.5	56.5
798. Rakesh Ganeriwala (Boulder Triathlon Club)	8.2	202.4	36.45	247.05
799. Garrett Lee (University of Iowa Triathlon Club)	16.93	276.5	36.4	329.83
800. Mark Burton (Trek Trifitness Triathlon Club)	12.2	28.1	36.3	76.6
801. Bill Pressprich (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.8	53	36.3	94.1
802. Timothy Kelley (Memphis Thunder Racing)	5.62	70	36.2	111.82
803. David King (Tri ATX)	6.11	118	36	160.11
804. Colby Raley (DC Triathlon Club)	3	63	36	102
805. Charles Scott (Hammerhead Triathlon Club Team 2)	0	121	36	157
806. Vickie Brunk (Triathlon Club of San Diego T1)	5.6	161	35.96	202.56
807. Midge Swinney (Northwest YMCA Tri Club)	4.73	53	35.96	93.69
808. Nichole Rehm (Alaska Tri Club White Wabid Wabbits)	0	264	35.8	299.8
809. Stuart (Reed) Duff (Hammerhead Triathlon Club)	5.39	131	35.7	172.09
810. Adam Pavlak (Tri ATX)	4.2	202.33	35.58	242.11
811. Thomas Kish (DC Triathlon Club)	0	110.8	35.52	146.32
812. Paula Fornes (Triathlon Club of San Diego T1)	0.5	0	35.5	36
813. Elizabeth Lacamera (Tri Fury)	1.15	80	35.5	116.65
814. Mallory Moller (University of Iowa Triathlon Club)	2.62	60	35.5	98.12
815. Mike Van Horn (Midwest Xtreme)	3.5	302.5	35.5	341.5
816. Susan Bowles (Team CWW Triathlon)	3.63	249.4	35.4	288.43
817. Guido Maligato (Triathlon Club of San Diego T1)	0	22.9	35.3	58.2
818. Helena Harman (Team CWW Triathlon)	6.53	121	35.2	162.73
819. Andy Graziano (Boulder Triathlon Club)	1.14	94.5	35.1	130.74
820. Dan Boucher (Pikes Peak Triathlon Club)	6.91	147	35	188.91
821. Jared Carter (University of Iowa Triathlon Club)	9.5	32	35	76.5
822. John Hazen (Memphis Thunder Racing)	6.25	35	35	76.25
823. Gaynor Hills (Jet City Tri)	3	55	35	93
824. Cecelia Kirkman (Fredericksburg Triathlon Club)	6	63	35	104
825. Charles McCash (Boulder Triathlon Club)	0	10	35	45
826. Karen Powell (Team Great Divide)	11.36	160	35	206.36
827. Jon Saunders (Tri Fury)	2	20	35	57
828. Rick Denney (Triathlon Club of San Diego T1)	0	40	34.9	74.9
829. Steve Koci (Triathlon Club of San Diego T1)	0	99.94	34.78	134.72
830. Bret Weber (Midwest Xtreme)	13.3	206	34.7	254
831. Sean Hunt (Memphis Thunder Racing)	8.33	155.7	34.61	198.64
832. Christina McCarty (Northwest YMCA Tri Club)	18.7	33	34.6	86.3

USAT National Challenge Competition 2009-2010 Run Session Report

833. Lori Meuse (Tri Fury)	5	112	34.5	151.5
834. Carrie Strike (Team Great Divide)	19.91	144	34.5	198.41
835. Michael Glauser (Triathlon Club of San Diego T1)	4.96	184.43	34.41	223.8
836. Marty Gordon (Buffalo Triathlon Club)	4.8	194	34.41	233.21
837. Greg Anyan (Memphis Thunder Racing)	5	287	34.4	326.4
838. Josh Barnett (Tri-OKC (The Triathlon Club of Oklahoma City))	11.17	9	34.3	54.47
839. Angie Harris (Alaska Tri Club Red Biting Bunnies)	5.18	126.85	34.2	166.23
840. Marika Sears (Alaska Tri Club Blue Hammering Hares)	3.92	71	34.2	109.12
841. Pete Benner (Team Mongo)	0	100	34	134
842. Suzanne Fenger (Buffalo Triathlon Club)	5.2	37	34	76.2
843. Jim Johns (Midwest Xtreme)	8.7	387.45	34	430.15
844. Dyanne Singler (Team CWW Triathlon)	10.51	195	34	239.51
845. Matthew Wagner (Buffalo Triathlon Club Team 2)	0	40	34	74
846. Erika Thompson (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	6.3	36.5	33.9	76.7
847. Sherry Sims (Alaska Tri Club White Wabid Wabbits)	1.02	0	33.7	34.72
848. Jay Powell (Tri Fury)	6.07	40.75	33.61	80.43
849. Jack Richbourg (Memphis Thunder Racing)	4.49	79.6	33.6	117.69
850. Kelly Danias (Northwest YMCA Tri Club)	10.5	76	33.5	120
851. Jamie Elswick (Alaska Tri Club Red Biting Bunnies)	7.69	332.5	33.4	373.59
852. Robert Siudzinski (Buffalo Triathlon Club)	0	60	33.4	93.4
853. Kaitlyn Irvin (Team CWW Triathlon)	7.8	127.8	33.05	168.65
854. Andy Barton (HEAT - Hartford Extended Area Triathletes)	1.7	23	33	57.7
855. John Helie (Alaska Tri Club Blue Hammering Hares)	0	80	33	113
856. Tonatiuh Mendoza (Midwest Xtreme)	6.07	5	33	44.07
857. Libby Pittman (Memphis Thunder Racing)	0.5	16	33	49.5
858. Mike Reilly (Buffalo Triathlon Club Team 2)	0	0	33	33
859. Paul Seggelink (Redline Triathlon Club)	3.41	0	33	36.41
860. Charles Watson (Buffalo Triathlon Club)	0.75	82	33	115.75
861. Tonya Lewis (Northwest YMCA Tri Club)	4.73	92.5	32.8	130.03
862. Dan Macchia (Element Triathlon Club)	4.5	146.61	32.57	183.68
863. Ehren van Melle (Boulder Triathlon Club)	17.07	141.24	32.53	190.84
864. Hal Gilreath (Hammerhead Triathlon Club)	6.6	60	32.5	99.1
865. Hugh Harris (DC Triathlon Club)	1.39	36	32.5	69.89
866. Marie Gonzalez (Team CWW Triathlon)	5.79	86.5	32.45	124.74
867. Angie Brennan (Alaska Tri Club White Wabid Wabbits)	5.87	116.5	32.4	154.77
868. Steve Bird (Tribe Triathlon)	12.7	255	32.2	299.9
869. Huw Rothwell (Trek Trifitness Triathlon Club)	3.2	54	32.2	89.4
870. Peter Bowen (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.99	28	32	61.99

USAT National Challenge Competition 2009-2010 Run Session Report

871. Marcie Cohen (Memphis Thunder Racing)	9.22	129	32	170.22
872. Gene Hofeling (Desert Sharks Triathlon Club)	2.56	31	32	65.56
873. Sharon McHale (HEAT - Hartford Extended Area Triathletes)	8.32	581.4	32	621.72
874. Erin Mullaney (Buffalo Triathlon Club)	2	210	32	244
875. Jason Potsander (Alaska Tri Club White Wabid Wabbits)	14.8	110.25	32	157.05
876. Sara Swanson (Team USAT)	0	81.3	32	113.3
877. Jon Metz (Buffalo Triathlon Club)	5	124.58	31.93	161.51
878. Karen Stalnaker (Team CWW Triathlon)	5.16	31	31.4	67.56
879. Russell Noonan (Team Great Divide)	0	0	31.1	31.1
880. Molly Ansfield (Pikes Peak Triathlon Club)	0	0	31	31
881. Mark Conway (Fox Cities Triathlon Club)	6.95	67	31	104.95
882. Sherrie Crow (Jet City Tri)	0.62	0	31	31.62
883. Ryon Hasse (Fox Cities Triathlon Club)	2.25	55	31	88.25
884. Lisa Klinkefus (Golden Gate Triathlon Club)	4.6	200	31	235.6
885. Janus Reyes (Alaska Tri Club Blue Hammering Hares)	0	0	31	31
886. Heather Singerman (Golden Gate Triathlon Club)	2	310	31	343
887. Anna Weltman (Triathlon Club of San Diego T1)	11	150	31	192
888. Rosella Cadel (Boulder Triathlon Club)	0	55.7	30.8	86.5
889. Melissa Tallent (DC Triathlon Club)	11.3	92.9	30.7	134.9
890. Greg Sheppard (Purdue University Triathlon Club)	8.3	168	30.65	206.95
891. Sally Dyer (Boulder Triathlon Club)	3.72	50	30.5	84.22
892. Katherine Lindstom (Alaska Tri Club Red Biting Bunnies)	0	0	30.5	30.5
893. Diane Sardes (Buffalo Triathlon Club)	6.25	89	30.5	125.75
894. John Schnatz (Tri ATX)	0.28	347.5	30.5	378.28
895. Steve Sutherland (Triathlon Club of San Diego T2)	8	206	30.5	244.5
896. Claire Cloutier (Tri Fury)	2	52	30.4	84.4
897. Nathan Kile (Morgantown Multisport)	0	50	30	80
898. Steve Miller (Desert Sharks Triathlon Club)	3.24	30	30	63.24
899. Eli Morse (Tri Fury)	1	100	30	131
900. Debi Wess (New Mexico Outlaws)	0	145	30	175
901. Greg Wirth (Team Great Divide)	5.4	100	30	135.4
902. Jeff Wong (Golden Gate Triathlon Club)	10	160	30	200
903. Rose Theisen (Alaska Tri Club Red Biting Bunnies)	0	0	29.8	29.8
904. Craig Mollerstuen (Alaska Tri Club White Wabid Wabbits)	10.7	265.1	29.7	305.5
905. Ronald Schultz Jr. (Capital City Multisport Club)	6.77	164.6	29.7	201.07
906. Beth Byron (Morgantown Multisport)	18.38	53.25	29.25	100.88
907. Richard Hornung (Jet City Tri)	3.54	203	29.18	235.72
908. Maria Boyd (Hammerhead Triathlon Club Team 2)	7	175	29	211
909. Jan Chard (Alaska Tri Club Red Biting Bunnies)	3.25	29	29	61.25
910. Laura Lancaster (Alaska Tri Club Red Biting Bunnies)	2.7	65	29	96.7

USAT National Challenge Competition 2009-2010 Run Session Report

911. Julia Prescott (Golden Gate Triathlon Club)	3.3	160	29	192.3
912. Peggy Stringer (Team Great Divide)	14.97	172	29	215.97
913. Aida Wiese (Memphis Thunder Racing)	0	60	28.7	88.7
914. Carolyn Barry (Alaska Tri Club White Wabid Wabbits)	7.47	153.4	28.5	189.37
915. Clayton Griessmeyer (Capital City Multisport Club)	4.5	48.34	28.2	81.04
916. Kevin Buzzelli (Buffalo Triathlon Club)	8.5	80	28	116.5
917. Rosemary Chretien (Cape Cod Athletic Club - Cape Cod Triathlon Team)	2.3	112	28	142.3
918. Kathleen Contrino (Buffalo Triathlon Club)	1	28	28	57
919. Heather Gilroy (Jet City Tri)	0	269	28	297
920. Barbara Hardy (Tri Fury)	13.47	16	28	57.47
921. Randy Leach (Tri Fury)	0	0	28	28
922. Andy Mager (Tri ATX)	1	110	28	139
923. Janet Neal (Hammerhead Triathlon Club)	1	84.2	28	113.2
924. Heath Regennitter (Midwest Xtreme)	1	67.5	28	96.5
925. Jorge Vargas Retan (Kriss Chiropractic/ Balanced Athlete)	0	0	28	28
926. Keith Higginbottom (Triple Threat Triathlon Team)	13.77	131	27.9	172.67
927. Jack Christensen (Element Triathlon Club)	14.55	79.04	27.81	121.4
928. Bradley Harris (Alaska Tri Club Red Biting Bunnies)	6.42	125.25	27.8	159.47
929. Tamara Childers (Tri ATX)	2.33	187.3	27.72	217.35
930. Buzz Borries (Pikes Peak Triathlon Club)	6.75	84	27.54	118.29
931. Bonnie Wanat (Alaska Tri Club Red Biting Bunnies)	2.02	91.33	27.5	120.85
932. Marcia Davis (Alaska Tri Club Red Biting Bunnies)	3.78	47.5	27.2	78.48
933. Chris McGreevy (Northwest YMCA Tri Club)	9.85	36	27.1	72.95
934. Roger Antoniu (Triple Threat Triathlon Team)	17.6	289	27	333.6
935. Robert Fernandes (Jet City Tri)	0	98.5	27	125.5
936. Jackie Fox (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.51	15	27	43.51
937. Rob Gould (Trek Trifitness Triathlon Club)	4.1	179	27	210.1
938. Jill Simek (Alaska Tri Club Blue Hammering Hares)	0.34	0	27	27.34
939. Drew Berger (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	26.12	0	26.5	52.62
940. Andrea Kettler (Alaska Tri Club Blue Hammering Hares)	8.76	0	26.4	35.16
941. Todd Sherwood (Alaska Tri Club White Wabid Wabbits)	1.57	32.2	26.4	60.17
942. Susan Paris Stanley (Team CWW Triathlon)	3.35	103.5	26.3	133.15
943. Matthew Grange (Tri ATX)	0	0	26.2	26.2
944. Beau Lee (Tri-OKC (The Triathlon Club of Oklahoma City))	5.94	138.4	26.05	170.39
945. Jane Hresko (Tri-OKC (The Triathlon Club of Oklahoma City))	0	0	26	26
946. Katherine Sullivan (Trek Trifitness Triathlon Club)	5.8	169	26	200.8
947. Brian Barr (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	3.84	100.9	25.8	130.54

USAT National Challenge Competition 2009-2010 Run Session Report

948. Matt Spence (Redline Triathlon Club)	3.7	95.25	25.7	124.65
949. B. Lynn Ratnavale (DC Triathlon Club)	12.24	277	25.6	314.84
950. Alicia Clemetson (Alaska Tri Club Blue Hammering Hares)	1.53	0	25.5	27.03
951. Holly Mitchell (Alaska Tri Club White Wabid Wabbits)	2	91	25.5	118.5
952. Idamarie Piccard (Alaska Tri Club Blue Hammering Hares)	2.04	0	25.3	27.34
953. Brian Fleming (Triathlon Club of San Diego T1)	1.96	70.2	25.2	97.36
954. Mariana Enriquez (Team CWW Triathlon)	2.77	37.25	25.1	65.12
955. April Childs (Hammerhead Triathlon Club)	8.52	150	25	183.52
956. Cathy Lee (Fredericksburg Triathlon Club)	1.5	117	25	143.5
957. Scott Merashoff (Morgantown Multisport)	1	0	25	26
958. Marshall Villarosa (Golden Gate Triathlon Club)	6	60	25	91
959. Pascal Fuchs (Trek Trifitness Triathlon Club)	5	125	24.9	154.9
960. Andrew Garrobo (Pikes Peak Triathlon Club)	10.6	96	24.5	131.1
961. Jeanne McCann (DC Triathlon Club)	0.81	15	24.35	40.16
962. Peter McHugh (HEAT - Hartford Extended Area Triathletes)	0	156	24.2	180.2
963. Aaron Morrison (Alaska Tri Club White Wabid Wabbits)	0.5	4.2	24.2	28.9
964. Anthony Oliver (Alaska Tri Club Red Biting Bunnies)	8.7	190.7	24.2	223.6
965. Dana Becker (Boulder Triathlon Club)	7.95	120	24	151.95
966. Lisa Bellincampi (Trek Trifitness Triathlon Club)	11.3	52	24	87.3
967. Elizabeth Gentry (Hammerhead Triathlon Club Team 2)	0	20	24	44
968. John Martinez (Triathlon Club of San Diego T1)	0	185	24	209
969. Jane Sanders (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	12.07	257	24	293.07
970. Jeanette Sorenson Hickok (Team CWW Triathlon)	8.92	115	24	147.92
971. Mark Trejtnar (New Mexico Outlaws)	0.5	633	24	657.5
972. Jon Vancil (Memphis Thunder Racing)	9.5	265	24	298.5
973. Joanna Martin (Jet City Tri)	1.75	187.95	23.85	213.55
974. Norris Webber (Memphis Thunder Racing)	4.25	89.14	23.85	117.24
975. Dave Lee (Silicon Valley Tri Club)	16	236.8	23.66	276.46
976. Jeremy Brizzi (Element Triathlon Club)	2.96	155.6	23.6	182.16
977. Chris Stone (DC Triathlon Club)	0	182	23.6	205.6
978. Steve Tolle (Pikes Peak Triathlon Club)	3.81	62	23.5	89.31
979. Bob Cunningham (Northwest YMCA Tri Club)	5.1	111	23.4	139.5
980. Mike Schmidt (Fox Cities Triathlon Club)	0	130	23.4	153.4
981. Dave Martin (Fox Cities Triathlon Club)	5.3	127	23.3	155.6
982. Barry Lynch (Tri ATX)	1.25	51	23.1	75.35
983. Naomi Prater (Alaska Tri Club White Wabid Wabbits)	1.81	127.5	23.1	152.41
984. Jim Atherton (Silicon Valley Tri Club)	7.25	108	23	138.25
985. Adrian de klerk (Pikes Peak Triathlon Club)	12.84	40	23	75.84
986. Rick Janik (University of Iowa Triathlon Club)	0	35	23	58

USAT National Challenge Competition 2009-2010 Run Session Report

987. Justin Keeton (Memphis Thunder Racing)	5.5	140	23	168.5
988. Mike McGuigan (Buffalo Triathlon Club)	3.5	67.1	23	93.6
989. Jamie Westcott (Golden Gate Triathlon Club)	0	250	23	273
990. Paul LaBrec (Triathlon Club of San Diego T1)	3.25	137	22.75	163
991. Arva Terry (Boulder Triathlon Club)	3.92	52.3	22.64	78.86
992. Eric Tanner (Lakes Region Triathlon Club)	9.7	138.5	22.4	170.6
993. Kristin Wilkinson (Alaska Tri Club Blue Hammering Hares)	6.7	115	22.4	144.1
994. Ron Benedict (DC Triathlon Club)	0.1	295	22.1	317.2
995. Paul Butcher (Trek Trifitness Triathlon Club)	5.9	270	22	297.9
996. Tim Kroeze (Midwest Xtreme)	0	63	22	85
997. Tyler Maylone (Tri ATX)	2.84	73	22	97.84
998. Mike Pace (Buffalo Triathlon Club)	6.57	66.61	22	95.18
999. Jeff McCartney (Team USAT)	0	32.1	21.99	54.09
1000. Tim Gribbin (Buffalo Triathlon Club)	4.15	167.5	21.95	193.6
1001. Tina Oswald (Alaska Tri Club White Wabid Wabbits)	0	13	21.7	34.7
1002. Isabelle Nadeau (Golden Gate Triathlon Club)	2	180	21.5	203.5
1003. Trever Wagner (Tri ATX)	2.96	18	21.5	42.46
1004. Leslie Hamstra Snyder (Team CWW Triathlon)	4.95	48.38	21.08	74.41
1005. Heather Adamson (Redline Triathlon Club)	2.55	115	21	138.55
1006. Shannon Bowley (Trek Trifitness Triathlon Club)	2.8	100	21	123.8
1007. Garret Faulds (Fredericksburg Triathlon Club)	7.8	60.5	21	89.3
1008. Toni Gorman (Alaska Tri Club Blue Hammering Hares)	4.2	17	21	42.2
1009. Jennifer Leatham (Desert Sharks Triathlon Club)	1.53	122	21	144.53
1010. Heather Thomas (Desert Sharks Triathlon Club)	4.2	71	21	96.2
1011. Shaina Johnson (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	11.46	66	20.7	98.16
1012. Scott Ellis (Tri Fury)	5.74	72.25	20.58	98.57
1013. Jeff Cain (Tri Fury)	0	50	20.3	70.3
1014. Andrew Bailey (Triathlon Club of San Diego T2)	9.25	126.06	20.25	155.56
1015. Michael Wheatall (Alaska Tri Club White Wabid Wabbits)	12.85	340	20.2	373.05
1016. Vicki Alia (3-Fitness Tri Team)	36.12	174.5	20	230.62
1017. Peter Canning (HEAT - Hartford Extended Area Triathletes)	1	29	20	50
1018. Marie Hughes (Silicon Valley Tri Club)	4.04	129.5	20	153.54
1019. Louise Rothwell (Trek Trifitness Triathlon Club)	3.2	68	20	91.2
1020. Neal (Sam) Sargent (Pikes Peak Triathlon Club)	2.4	95	20	117.4
1021. Khris Vickroy (Midwest Xtreme)	6	55	20	81
1022. Rebecca Kibbee (Lakes Region Triathlon Club)	3.2	0	19.7	22.9
1023. Jason Kralj (DC Triathlon Club)	0	52.8	19.5	72.3
1024. Jean Lavin (Lakes Region Triathlon Club)	9.8	99.5	19.5	128.8
1025. Brian Marcy (Jet City Tri)	0	116.8	19.5	136.3

USAT National Challenge Competition 2009-2010 Run Session Report

1026. Robert Stephens (Triple Threat Triathlon Team)	0.75	39	19	58.75
1027. Lynne Tapper (HEAT - Hartford Extended Area Triathletes)	10	206.2	19	235.2
1028. Karen Younkings (DC Triathlon Club)	3.54	17.14	19	39.68
1029. Lauren Ritterhouse (Tri-OKC (The Triathlon Club of Oklahoma City))	15.95	271	18.9	305.85
1030. Freddie Nalos (Memphis Thunder Racing)	7.3	75.3	18.8	101.4
1031. Jody Wolok (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	36	18.6	54.6
1032. Ginger Blaisdell (Alaska Tri Club Red Biting Bunnies)	0	458	18.5	476.5
1033. Tony Schwalm (Fredericksburg Triathlon Club)	1.8	42	18.5	62.3
1034. Jon Sears (Alaska Tri Club Blue Hammering Hares)	2.49	10	18.5	30.99
1035. Andria Lenoble (Team CWW Triathlon)	-0.09	-57.6	18.4	-39.29
1036. Lindsay Marsh (DC Triathlon Club, Team 2)	0	92.16	18.14	110.3
1037. Peter Cawley (Trek Trifitness Triathlon Club)	2.8	84	18	104.8
1038. Carol Feldmann (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.73	48.3	18	71.03
1039. Sharlene Gee (Silicon Valley Tri Club)	28	238	18	284
1040. Diane Mohwinkel (Alaska Tri Club White Wabid Wabbits)	0	657.3	18	675.3
1041. Keith Nast (Team Fraser Multisport)	0.63	138.07	18	156.7
1042. Chalva Tchkotoua (Trek Trifitness Triathlon Club)	4.2	44.3	18	66.5
1043. Mary White (University of Iowa Triathlon Club)	0	55	18	73
1044. Michelle Bajdek (Tri Fury)	5.85	81.33	17.91	105.09
1045. Barbara Fichman (DC Triathlon Club, Team 2)	3.3	0	17.8	21.1
1046. Rishlene Tanner (Lakes Region Triathlon Club)	8.2	34	17.8	60
1047. Jenny Birmelin (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	39.23	0	17.2	56.43
1048. Erica Dinner (HEAT - Hartford Extended Area Triathletes)	9.1	138.2	17.1	164.4
1049. Armando Atienza (Golden Gate Triathlon Club)	1	25	17	43
1050. Brian Days (Tri Fury)	0	7	17	24
1051. Lisa Ryder (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.55	41	17	62.55
1052. Janet Spaeth (Jet City Tri)	0	0	17	17
1053. Ana Maria Tolentino (Team CWW Triathlon)	5.43	103	17	125.43
1054. Sean Caffyn (HEAT - Hartford Extended Area Triathletes)	0.76	206.83	16.58	224.17
1055. Zach Nollette (Tribe Triathlon)	0	16	16.5	32.5
1056. Pat Sullivan (Northwest YMCA Tri Club)	8.1	49	16.5	73.6
1057. Kneeland Taylor (Alaska Tri Club Blue Hammering Hares)	6.58	24	16.4	46.98
1058. Patrick Banks (Purdue University Triathlon Club)	3.61	31.7	16.34	51.65
1059. Erik Moyer (Buffalo Triathlon Club)	0	0	16.3	16.3
1060. Don Stuart (Trek Trifitness Triathlon Club)	3.1	255	16.25	274.35
1061. Michele Fox (Tri Fury)	47.76	135	16	198.76
1062. Mary Ann Getty (Bluegrass Triathlon Club)	14	110	16	140

USAT National Challenge Competition 2009-2010 Run Session Report

1063. Christina Lindh (Alaska Tri Club White Wabid Wabbits)	7.93	10	16	33.93
1064. Kelly McDonough (Tribe Triathlon)	1.3	163	16	180.3
1065. Barry Myers (Northwest YMCA Tri Club)	1.2	30	16	47.2
1066. Heidi Newberry (3-Fitness Tri Team)	3.45	131.49	16	150.94
1067. Art Perez (Hammerhead Triathlon Club)	1.19	47	16	64.19
1068. Vu Tran (Triathlon Club of San Diego T1)	0	0	16	16
1069. Phil Weeks (Alaska Tri Club Blue Hammering Hares)	0	16.5	16	32.5
1070. Janet Eppers (3-Fitness Tri Team)	4.3	85.75	15.86	105.91
1071. Amy Klein (Alaska Tri Club Blue Hammering Hares)	0.85	30.5	15.8	47.15
1072. Stephen Moore (University of Iowa Triathlon Club)	6.51	110.26	15.66	132.43
1073. Richard Flood (Bay State Triathlon Club)	13.24	137.1	15.5	165.84
1074. Darrell Richardson (Memphis Thunder Racing)	1.25	89.95	15.3	106.5
1075. Lara McCoy Roslof (DC Triathlon Club)	0	54	15.1	69.1
1076. Kathleen Davis (Tri Fury)	2.2	236	15	253.2
1077. Michael Dern (Golden Gate Triathlon Club)	3	40	15	58
1078. Sara DiPaolo (Hammerhead Triathlon Club)	5	60	15	80
1079. Linden Fenton (Hammerhead Triathlon Club Team 2)	9.5	205	15	229.5
1080. Carla Goldberg (Alaska Tri Club Red Biting Bunnies)	2	38	15	55
1081. Joe Grey (Buffalo Triathlon Club)	22.19	53	15	90.19
1082. Vanessa Homyak (Triathlon Club of San Diego T2)	3	70	15	88
1083. Han Hong (Golden Gate Triathlon Club)	24.04	77.6	15	116.64
1084. Lori Lieske (Jet City Tri)	0	215	15	230
1085. Julia Peck (Fredericksburg Triathlon Club)	2.12	52	15	69.12
1086. Dave Purcell (Alaska Tri Club Blue Hammering Hares)	15.22	163	15	193.22
1087. Denise Walos (Silicon Valley Tri Club)	14.49	166	15	195.49
1088. Hillary Enyart (Triple Threat Triathlon Team)	5.4	95	14.75	115.15
1089. Billy Smith (Tri-OKC (The Triathlon Club of Oklahoma City))	0	0	14.75	14.75
1090. Kevin Walters (Pikes Peak Triathlon Club)	0	178.13	14.7	192.83
1091. Larissa Clinard (Redline Triathlon Club)	0	77	14.5	91.5
1092. Audrey Knapp (Lakes Region Triathlon Club)	4.7	80	14.5	99.2
1093. Heidi Martinson (Alaska Tri Club White Wabid Wabbits)	0	13.7	14.5	28.2
1094. Echo McDonald (Alaska Tri Club White Wabid Wabbits)	0	0	14.5	14.5
1095. Maureen Nix (Lakes Region Triathlon Club)	9.3	177	14.3	200.6
1096. Linda Stieduhar (Team CWW Triathlon)	5	35	14.2	54.2
1097. Jayme Margolin-Sneider (Boulder Triathlon Club)	1.86	0	14.11	15.97
1098. Karen Fitzgerald (Golden Gate Triathlon Club)	0	58.8	14.1	72.9
1099. David Bobo (Tri ATX)	2.77	15	14	31.77
1100. Kevin Chan (Golden Gate Triathlon Club)	22	70	14	106
1101. Kimberly Clauer (DC Triathlon Club)	10.85	57	14	81.85
1102. Jerrie Hofeling (Desert Sharks Triathlon Club)	2.9	15	14	31.9

USAT National Challenge Competition 2009-2010 Run Session Report

1103. Samantha Wuttig (Alaska Tri Club White Wabid Wabbits)	15.27	128	13.8	157.07
1104. Lynnda Best-Wiss (Team CWW Triathlon)	17	98.5	13.5	129
1105. Dan Jensen (Jet City Tri)	0	389	13.5	402.5
1106. Veronica Lee (Golden Gate Triathlon Club)	2	73	13.4	88.4
1107. Lisa Abrons (Golden Gate Triathlon Club)	0	0	13.1	13.1
1108. Suzi Loew (Silicon Valley Tri Club)	0	116	13.1	129.1
1109. Gary Rich (Tri ATX)	8	10	13.1	31.1
1110. Stephen Cogswell (Tri Fury)	3.63	92.5	13	109.13
1111. Adam Hedburg-Buenz (University of Iowa Triathlon Club)	7	160	13	180
1112. Carin LeVine (Silicon Valley Tri Club)	0	128	13	141
1113. Dana Seagars (Alaska Tri Club Blue Hammering Hares)	0.5	107	13	120.5
1114. Maneesh Shanbhag (Trek Trifitness Triathlon Club)	30.1	28	13	71.1
1115. Jeffery Pickett (Alaska Tri Club Blue Hammering Hares)	0	37.5	12.1	49.6
1116. Dustin Crawford (Hammerhead Triathlon Club Team 2)	0	0	12	12
1117. Jamie Evans (Alaska Tri Club White Wabid Wabbits)	6.26	0	12	18.26
1118. Tammy Farmer (DC Triathlon Club, Team 2)	5.14	2	12	19.14
1119. Duane Franks (Golden Gate Triathlon Club)	2	600	12	614
1120. Jenny Georges (Boulder Triathlon Club)	0	15	12	27
1121. Kevin Markham (DC Triathlon Club)	1.25	0	12	13.25
1122. Meghan Raleigh (DC Triathlon Club)	3.7	16	12	31.7
1123. Robert Rasmussen (Team Great Divide)	20.45	60	12	92.45
1124. Rachel Wadworth (Golden Gate Triathlon Club)	1.5	80	12	93.5
1125. Heather Woichik (Desert Sharks Triathlon Club)	0.68	16	12	28.68
1126. Nick Herrick (University of Iowa Triathlon Club)	16.05	186	11.8	213.85
1127. Ralph Johnson (Hammerhead Triathlon Club)	1	26	11.5	38.5
1128. Julie Mohan (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	9.04	31	11.4	51.44
1129. Doreen DeCesaro (3-Fitness Tri Team)	1.51	58	11.2	70.71
1130. Laurie Schlemm (Fredericksburg Triathlon Club)	0	134.1	11.2	145.3
1131. Katherine Yatchak (Alaska Tri Club Blue Hammering Hares)	1.56	0	11.2	12.76
1132. Noah Birmelin (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	20.7	14	11	45.7
1133. Jessica Davis (Tri-OKC (The Triathlon Club of Oklahoma City))	9.65	311	11	331.65
1134. Bill Gilmore (Capital City Multisport Club)	13.5	155	11	179.5
1135. Ryan Griessmeyer (Capital City Multisport Club)	1	156	11	168
1136. Anne Koth (Trek Trifitness Triathlon Club)	2.3	32	11	45.3
1137. Kevin Rapp (Memphis Thunder Racing)	8.25	65	11	84.25
1138. Theresa Laffey (Triathlon Club of San Diego T1)	0.26	7.37	10.78	18.41
1139. Karl Dauphinais (HEAT - Hartford Extended Area Triathletes)	18.12	94.74	10.68	123.54
1140. Sarah Hill (Alaska Tri Club Red Biting Bunnies)	0.85	0	10.6	11.45

USAT National Challenge Competition 2009-2010 Run Session Report

1141. Kim Ward (Alaska Tri Club Blue Hammering Hares)	0	0	10.6	10.6
1142. Francisca Otero (DC Triathlon Club, Team 2)	1.33	100	10.55	111.88
1143. Justin Riddle (Fredericksburg Triathlon Club)	1.91	50	10.5	62.41
1144. Jeff Hjelmstad (Pikes Peak Triathlon Club)	1	0	10.2	11.2
1145. Nealeene Orinick (Team CWW Triathlon)	1.86	44	10.2	56.06
1146. Neal Carlton (DC Triathlon Club)	0	0	10	10
1147. Daphne Feng (Golden Gate Triathlon Club)	5	127	10	142
1148. Jitske Kretz (Tribe Triathlon)	3	62	10	75
1149. Dan Kryszczuk (Fredericksburg Triathlon Club)	0	213	10	223
1150. Sarah Lifsey (DC Triathlon Club, Team 2)	1.91	13.23	10	25.14
1151. Kelly Millar (Team CWW Triathlon)	5.88	8	10	23.88
1152. Mary Pflughoft (Alaska Tri Club Red Biting Bunnies)	0	0	10	10
1153. Tom Warley (Pikes Peak Triathlon Club)	0	100	10	110
1154. Steve Creigh (Team Great Divide)	1.13	12.5	9.92	23.55
1155. William Grant (DC Triathlon Club)	1.57	52.58	9.74	63.89
1156. Daniela Williams (University of Iowa Triathlon Club)	25.17	295.56	9.72	330.45
1157. James Davis (Element Triathlon Club)	1.7	100	9.6	111.3
1158. Tiffany Thomas (Alaska Tri Club Blue Hammering Hares)	0	3	9.5	12.5
1159. David White (Bay State Triathlon Club)	9.3	363	9.5	381.8
1160. Carrie Campbell (DC Triathlon Club)	1.85	63	9.2	74.05
1161. Samuel Dick (Bluegrass Triathlon Club)	2	52	9	63
1162. David Ewart (Golden Gate Triathlon Club)	0	152	9	161
1163. John Fallu (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.14	0	9	10.14
1164. Dianne Rundell (Team CWW Triathlon)	14.04	85	9	108.04
1165. Cheryl Machovec (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	15.09	22.32	8.87	46.28
1166. Kirsten Cox (Team CWW Triathlon)	7.3	6	8.8	22.1
1167. John Casco (University of Iowa Triathlon Club)	7.25	122	8.7	137.95
1168. Noelle Verboon (DC Triathlon Club)	1.87	84	8.62	94.49
1169. David James (Memphis Thunder Racing)	0.5	0	8.5	9
1170. Sally Boettger (Triathlon Club of San Diego T2)	0	146	8.1	154.1
1171. Angela Conroy (Alaska Tri Club Blue Hammering Hares)	2.1	37	8	47.1
1172. Christina Duncan (Element Triathlon Club)	5.8	242	8	255.8
1173. Dorette Franks (Golden Gate Triathlon Club)	2.5	400	8	410.5
1174. Kristi Owens (Desert Sharks Triathlon Club)	1.25	57	8	66.25
1175. Terry Slaven (Alaska Tri Club Blue Hammering Hares)	0	0	8	8
1176. Dave Zaitchik (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	2.59	0	8	10.59
1177. Philip Cullen (Bluegrass Triathlon Club)	0	-48.5	7.6	-40.9
1178. Jon Oldenburg (Fox Cities Triathlon Club)	16.3	697.1	7.5	720.9

USAT National Challenge Competition 2009-2010 Run Session Report

1179. Caleb Schnatz (Tri ATX)	8.1	230	7.5	245.6
1180. Keish Doi (Silicon Valley Tri Club)	46.5	1343	7.1	1396.6
1181. Ann Kowalczyk (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0	31	7	38
1182. Tara Rooney (Golden Gate Triathlon Club)	1	30	7	38
1183. Chris Roper (Desert Sharks Triathlon Club)	0.57	15	7	22.57
1184. Matt Kraus (Redline Triathlon Club)	0.27	20.8	6.6	27.67
1185. Steve Grover (Northwest YMCA Tri Club)	6.9	118	6.5	131.4
1186. Dennis White (Fredericksburg Triathlon Club)	13	234	6.5	253.5
1187. Lorri Winchester (Alaska Tri Club Red Biting Bunnies)	0	0	6.3	6.3
1188. Maura Stelmaszek (Trek Trifitness Triathlon Club)	0	25	6.25	31.25
1189. Rich Long (Tri ATX)	82.46	338.64	6.2	427.3
1190. Mary Casey (Buffalo Triathlon Club)	0	11	6	17
1191. Mary Keegin (DC Triathlon Club)	0	58	6	64
1192. Larrell Lockard (Alaska Tri Club White Wabid Wabbits)	0	29.6	6	35.6
1193. Sara Schwab (Golden Gate Triathlon Club)	1.5	30	6	37.5
1194. Judith Sentz (Jet City Tri)	9.35	274.5	6	289.85
1195. Annie Staudenmaier (Alaska Tri Club Red Biting Bunnies)	0	0	6	6
1196. David Summerville (Alaska Tri Club Red Biting Bunnies)	1.14	0	5.5	6.64
1197. Georgina Scorer (Alaska Tri Club Blue Hammering Hares)	1.83	0	5.3	7.13
1198. Dan HYTE (Triathlon Club of San Diego T1)	1.2	0	5.25	6.45
1199. Dave McMillan (Boulder Triathlon Club)	0.91	0	5.25	6.16
1200. Tricia DeSantis (Buffalo Triathlon Club Team 2)	1	9	5.23	15.23
1201. Patricia Jao (Tri Fury)	6.35	104	5.1	115.45
1202. Brian Beahm (Tribe Triathlon)	0.5	41	5	46.5
1203. Jim Carroll (Hammerhead Triathlon Club Team 2)	0.5	0	5	5.5
1204. Dave Crowley (Tri Fury)	0	0	5	5
1205. Diane Stuart (HEAT - Hartford Extended Area Triathletes)	4.75	30	5	39.75
1206. Poy Wong (Team Great Divide)	1.76	0	5	6.76
1207. Beryl Wright (HEAT - Hartford Extended Area Triathletes)	0	43	5	48
1208. Amy Christena (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	2.33	80.06	4.9	87.29
1209. Kim Brown (Alaska Tri Club White Wabid Wabbits)	0	30.8	4.8	35.6
1210. Kenneth Johnson (3-Fitness Tri Team)	0	143.5	4.8	148.3
1211. Dave Schnell (Morgantown Multisport)	0	472	4.5	476.5
1212. Kris Abegg (Alaska Tri Club White Wabid Wabbits)	3.23	76.1	4	83.33
1213. Greg Bodeker (Midwest Xtreme)	4.2	153	4	161.2
1214. Tracey Coughlin (Golden Gate Triathlon Club)	3.9	44	4	51.9
1215. Jim Fahrback (Redline Triathlon Club)	0	18	4	22
1216. Bradley Gantt (Illinois Valley Triathlon Association)	19.35	369.43	4	392.78

USAT National Challenge Competition 2009-2010 Run Session Report

1217. Jodi Holz (Redline Triathlon Club)	4.52	0	4	8.52
1218. Desi Klarr (Triathlon Club of San Diego T1)	4.5	365	4	373.5
1219. Beth Klawitter (Fredericksburg Triathlon Club)	1.33	36	4	41.33
1220. Joe Klein (Alaska Tri Club Red Biting Bunnies)	0.4	16	4	20.4
1221. Ericka Kramer (Alaska Tri Club White Wabid Wabbits)	0	0	4	4
1222. Rosie Lee (Midwest Xtreme)	0.75	79	4	83.75
1223. Charles Morris (Tri Fury)	0.5	1	4	5.5
1224. Brian Motycka (Hammerhead Triathlon Club)	8	0	4	12
1225. Devin Laiho (Boulder Triathlon Club)	5.08	114.8	3.5	123.38
1226. Jeff Fejfar (Memphis Thunder Racing)	6.82	91.11	3.3	101.23
1227. Rod Schlemm (Fredericksburg Triathlon Club)	0	314.9	3.3	318.2
1228. Claire Norton-Cruz (Alaska Tri Club Blue Hammering Hares)	0.78	36.8	3.2	40.78
1229. Jennifer Schwartz (Team CWW Triathlon)	3.95	12	3.1	19.05
1230. Carey Ballard (Alaska Tri Club Blue Hammering Hares)	0	0	3	3
1231. Sandy Chiang (DC Triathlon Club)	0	6.5	3	9.5
1232. Garry Chinn (Silicon Valley Tri Club)	6.1	311	3	320.1
1233. Mary Christensen (Triathlon Club of San Diego T2)	0	48	3	51
1234. Joseph Kingston (Tri Fury)	2.1	22	3	27.1
1235. Britta Loynachan (Midwest Xtreme)	2	10	3	15
1236. Beverley Stanly (Trek Trifitness Triathlon Club)	9.4	15	3	27.4
1237. Mike Wilson (Golden Gate Triathlon Club)	1	40	3	44
1238. Jeffrey Franke (Boulder Triathlon Club)	0	30	2.5	32.5
1239. Rona Kadish (Team CWW Triathlon)	4	112.5	2.5	119
1240. Orlinda Marquez (Team CWW Triathlon)	18.2	75	2.5	95.7
1241. Tyler Peerson (Hammerhead Triathlon Club)	4.47	24	2.05	30.52
1242. Eric Johnson (Midwest Xtreme)	0.75	25	2	27.75
1243. Karen Kaussner (Team CWW Triathlon)	10.6	0	2	12.6
1244. Tyler Nollette (Tribe Triathlon)	60.5	0	2	62.5
1245. Patrick Serfass (DC Triathlon Club)	1	150	2	153
1246. Jeff Campbell (Alaska Tri Club White Wabid Wabbits)	0	33.6	1.5	35.1
1247. Peter Giannini (Alaska Tri Club White Wabid Wabbits)	0	15.5	1.5	17
1248. Tracy Morrison (Alaska Tri Club White Wabid Wabbits)	1	50.4	1	52.4
1249. Kimberly Boneham (HEAT - Hartford Extended Area Triathletes)	5.4	149.05	0.08	154.53