

2011 Overall Elliptical Mileage

Athlete's Name & Club	Total Miles	Weighted Miles
Dan Kryszcuk (Fredericksburg Triathlon Club)	24	72
Candace White (Triathlon Club of San Diego)	8	24
Kathleen Brush (Jet City Tri)	562.09	1,686.27
Mark Silverstein (Team NRGY)	71.9	215.7
Roberto Posada (Team NRGY)	29.2	87.6
Carolyn Ricciardi (Team NRGY)	3	9
Penny Hale (Triathlon Club of San Diego)	34.9	104.7

2011 February Elliptical Session Mileage

Athlete's Name & Club	Total Miles	Weighted Miles
Kathleen Brush (Jet City Tri)	121.8	365.4
Mark Silverstein (Team NRGY)	25.6	76.8
Roberto Posada (Team NRGY)	23.2	69.6
Dan Kryszcuk (Fredericksburg Triathlon Club)	13	24

2011 February Elliptical Session Club Standings

Athlete's Name & Club	Total Miles	Weighted Miles
Jet City Tri	121.8	365.4
Team NRGY	48.8	146.4

2011 Overall Mileage with the Elliptical

Athlete's Name & Club	Swim	Bike	Elliptical	Overall Total Miles
Dan Kryszcuk (Fredericksburg Triathlon Club)	0	393.5	$24 \times 3 = \mathbf{72}$	465
Candace White (Triathlon Club of San Diego)	0	0	$8 \times 3 = \mathbf{24}$	24
Kathleen Brush (Jet City Tri)	0	631	$562.09 \times 3 = \mathbf{1,686.27}$	2,317.27
Mark Silverstein (Team NRGY)	$16.37 \times 10 = \mathbf{163.7}$	560.5	$71.9 \times 3 = \mathbf{215.7}$	939.9
Roberto Posada (Team NRGY)	$17.29 \times 10 = \mathbf{172.9}$	527.88	$29.2 \times 3 = \mathbf{87.6}$	788.38
Carolyn Ricciardi (Team NRGY)	$9.64 \times 10 = \mathbf{96.4}$	148.5	$3 \times 3 = \mathbf{9}$	253.9
Penny Hale (Triathlon Club of San Diego)	$24 \times 10 = \mathbf{240}$	554.5	$34.9 \times 3 = \mathbf{104.7}$	899.2

2011 Overall Club Standings with Elliptical

Club	Overall Miles
Jet City Tri	2,317.27
Team NRGY	1,982.18
Triathlon Club of San Diego	923.2
Fredericksburg Triathlon Club	465