

## First to 500 Mile Swim Benchmark

Division	Team Name	Date Benchmark Reached
1	Alaska Tri Club White Wabid Wabbits, Anchorage AK	December 15

## Other Teams Reaching the 500 Mile Swim Benchmark

Division	Team Name	Date Benchmark Reached
4	Jet City Tri, Seattle WA	December 23
1	Tri Club of San Diego Team 1, San Diego CA	December 23
2	Kansas River Valley Tri Club, Whichita KS	December 23
2	Louisville Landsharks, Louisville KY	December 24
1	DC Tri Club, Washington DC	December 26
1	Buffalo Tri Club, Buffalo NY	December 30
2	Boulder Triathlon Club, Boulder CO	December 31
3	Team Fraser Multisport, Fraser MI	Unknown*

\* Team Fraser Multisport did not record actual dates of workouts, so the exact date they reached the 500 mile swim benchmark is not known.

# USAT National Challenge Competition 2010-2011 Swim Session Report (Divisions)

## Divisional Standings by Swim Mileage

### Division 1

Club	Location	Swim	Bike	Run	Total
1. Alaska Tri Club White Wabid Wabbits	Anchorage AK	<b>7657.8</b>	10387.73	9481.86	27527.39
2. Triathlon Club of San Diego T1	San Diego CA	<b>7229.1</b>	9655.58	10966.26	27850.94
3. DC Triathlon Club	Washington DC	<b>6838.1</b>	7850.82	8581.14	23270.06
4. Buffalo Triathlon Club	Amherst NY	<b>5826.7</b>	10519.77	13737.12	30083.59
5. Alaska Tri Club Red Biting Bunnies	Anchorage AK	<b>4490.9</b>	4079.76	5374.2	13944.86
6. Hammerhead Triathlon Club	Jacksonville FL	<b>4218.4</b>	12382.39	20804.59	37405.38
7. Golden Gate Triathlon Club	San Francisco CA	<b>2962.9</b>	4851	7113	14926.9
8. Raise the Bar	Kent WA	<b>2603.7</b>	3665.17	5476.32	11745.19
9. Tri Fury	Andover MA	<b>2167.8</b>	3006.96	5527.74	10702.5
10. CNY Triathlon Club Incorporated	Dewitt NY	<b>1857.7</b>	1681.31	3044.16	6583.17
11. Alaska Tri Club Blue Hammering Hares	Anchorage AK	<b>1445.8</b>	1309.94	1561.8	4317.54
12. Silicon Valley Tri Club	Cupertino CA	<b>1388.45</b>	1796.29	2715.75	5900.49
13. St. Louis Triathlon Club	Saint Louis MO	<b>852.7</b>	2217.15	2890.83	5960.68
14. Triathlon Club of San Diego T2	San Diego CA	<b>103.9</b>	852	830.58	1786.48
15. Cape Cod Athletic Club - Cape Cod Triathlon Team	Hyannis MA	<b>51.6</b>	541.75	1140.9	1734.25
16. Buffalo Triathlon Club Team 2	Buffalo NY	<b>32.5</b>	266.3	417.9	716.7
17. Vulcan Triathletes	Birmingham AL	<b>24.4</b>	171.5	183.9	379.8
18. Hammerhead Triathlon Club Team 2	Jacksonville FL	<b>0</b>	24	30	54

## USAT National Challenge Competition 2010-2011 Swim Session Report (Divisions)

### Division 2

<b>Club</b>	<b>Location</b>	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
1. Kansas River Valley Triathlon Club	Wichita KS	<b>7810.2</b>	5992.02	9577.86	23380.08
2. Louisville Landsharks Triathlon Club	Louisville KY	<b>7063.6</b>	5526.55	7488.99	20079.14
3. Boulder Triathlon Club	Boulder CO	<b>5310.4</b>	5421.69	7723.71	18455.8
4. F.A.S.T. (Ford Athletic Swim & Triathlon Club)	Northville MI	<b>4169.7</b>	2378.91	3416.37	9964.98
5. HEAT - Hartford Extended Area Triathletes	Hartford CT	<b>3333</b>	6444.56	6470.28	16247.84
6. Pikes Peak Triathlon Club	Colorado Springs CO	<b>1922.9</b>	4202.46	4613.4	10738.76
7. Infinite Multisport Triathlon Club	Shelby Township MI	<b>1711.5</b>	0	0	1711.5
8. Midwest Xtreme	Cedar Rapids IA	<b>1625.2</b>	2578.36	2884.83	7088.39
9. Cleveland Tri Club	Cleveland OH	<b>1479.6</b>	1741.75	2275.29	5496.64
10. Bay State Triathlon Club	Brockton MA	<b>1201.82</b>	2130.87	1616.51	4949.2
11. Des Moines Triathlon Club	Des Moines IA	<b>1188.8</b>	1451	1818.75	4458.55
12. Sacramento Triathlon Club	Sacramento CA	<b>1076.4</b>	771.41	1841.28	3689.09
13. Tri Unify Mid-Atlantic	Washington DC	<b>258.9</b>	653.57	910.2	1822.67

## USAT National Challenge Competition 2010-2011 Swim Session Report (Divisions)

### Division 3

	<b>Club</b>	<b>Location</b>	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
1.	Team Fraser Multisport	Fraser MI	<b>9034.1</b>	16618.79	11410.17	37063.06
2.	Tri ATX	Amarillo TX	<b>3985.4</b>	4268.08	4217.91	12471.39
3.	Tribe Triathlon	Los Gatos CA	<b>1990.5</b>	2804.97	2642.1	7437.57
4.	El Dorado Hills Triathlon Club	El Dorado Hills CA	<b>1777.8</b>	2333.24	1721.31	5832.35
5.	Trek Trifitness Triathlon Club	Fairfield CT	<b>1191</b>	2224.8	2771.1	6186.9
6.	Baltimore Area Triathlon Club	Baltimore MD	<b>1077.9</b>	1108.06	1953.3	4139.26
7.	Triad Triathlon Team	Greensboro NC	<b>721.1</b>	1071	2168.1	3960.2
8.	Wheelworks Multisport	Somerville MA	<b>626.1</b>	1042.79	2041.08	3709.97
9.	Team Psych	Tampa FL	<b>518.8</b>	814.94	780.81	2114.55
10.	Cincy Express Multisport	Cincinnati OH	<b>484.1</b>	724.01	920.91	2129.02
11.	TriMonster	Chicago IL	<b>74.3</b>	74.11	301.08	449.49
12.	Parker Triathlon Club	Parker CO	<b>9.1</b>	10	0	19.1

## USAT National Challenge Competition 2010-2011 Swim Session Report (Divisions)

### Division 4

<b>Club</b>	<b>Location</b>	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
1. Jet City Tri	Seattle WA	<b>6953.6</b>	6857.59	6751.92	20563.11
2. Northwest YMCA Tri Club	Irmo SC	<b>4416.5</b>	1965.61	3255.78	9637.89
3. Team 3x Fast	Loveland CO	<b>2787.6</b>	2868.57	2070.24	7726.41
4. Team Great Divide	Helena MT	<b>2393.4</b>	1653.8	2433.75	6480.95
5. Fredericksburg Triathlon Club	Fredericksburg VA	<b>1623.6</b>	1097.5	1893.24	4614.34
6. Lakes Region Triathlon Club	Laconia NH	<b>1623.55</b>	793.1	1153.8	3570.45
7. Desert Sharks Triathlon Club	South Jordan UT	<b>1521.1</b>	1894	2804.31	6219.41
8. Hawkeye Endurance Athletics Team (HEAT)	Iowa City IA	<b>1485.7</b>	2762.07	2741.36	6989.13
9. Team NRGY	Montclair NJ	<b>1293.5</b>	2876.7	2831.19	7001.39
10. Conejo Valley Multisport Masters	Conejo Valley CA	<b>951.3</b>	374.45	871.89	2197.64
11. Delta Triathlon Club	Stockton CA	<b>925.3</b>	866.65	1441.2	3233.15
12. Capital City Multisport Club	Madison WI	<b>794.1</b>	1075.33	750.36	2619.79
13. Waco Triathlon Club	Waco TX	<b>669.9</b>	638	982.5	2290.4
14. Steel Valley Triathlon Club	Youngstown OH	<b>542.3</b>	1333.36	1408.98	3284.64
15. Redline Triathlon Club	Fond du Lac WI	<b>518.5</b>	1489.05	1252.26	3259.81
16. I3 Triathlon Club	Milford PA	<b>469.6</b>	678.78	1402.62	2551
17. New Mexico Outlaws	Albuquerque NM	<b>466.8</b>	2401.93	4289.88	7158.61
18. Southern Indiana Triathlon Team	Evansville IN	<b>415.4</b>	400.08	885.54	1701.02
19. Team EnVision	Watertown MA	<b>405.9</b>	177	406.38	989.28

## USAT National Challenge Competition 2010-2011 Swim Session Report (Divisions)

### Division 5

<b>Club</b>	<b>Location</b>	<b>Swim</b>	<b>Bike</b>	<b>Run</b>	<b>Total</b>
1. Get Fit Families	Cranberry Township PA	<b>1702.9</b>	3476.32	3664.26	8843.48
2. Tempo Velo	Sterling IL	<b>1562.3</b>	1674.55	2272.2	5509.05
3. Fox Cities Triathlon Club	Kaukauna WI	<b>960.6</b>	1701.46	1332.75	3994.81
4. Arvada Triathlon Club	Arvada CO	<b>643.6</b>	1539.45	2236.2	4419.25
5. Utah Valley University Triathlon Club	Orem UT	<b>513.2</b>	189.25	422.7	1125.15
6. Sugar Cycles Factory Racing	Missouri City TX	<b>245.6</b>	275	120	640.6
7. Holmdel Tru Velocity Athletic Club	Holmdel NJ	<b>234.7</b>	35	36	305.7
8. University of Washington Husky Triathlon Club	Seattle WA	<b>22.8</b>	0	6	28.8

# USAT National Challenge Competition 2010-2011 Swim Session Report

Total un-weighted swim mileage for the swim session: 14,636 miles.

## Club Standings by Swim Mileage

Club	Location	Swim	Bike	Run	Total
1. Team Fraser Multisport	Fraser MI	<b>903.41</b>	16618.79	3803.39	21325.59
2. Kansas River Valley Triathlon Club	Wichita KS	<b>781.02</b>	5992.02	3192.62	9965.66
3. Alaska Tri Club White Wabid Wabbits	Anchorage AK	<b>765.78</b>	10387.73	3160.62	14314.13
4. Triathlon Club of San Diego T1	San Diego CA	<b>722.91</b>	9655.58	3655.42	14033.91
5. Louisville Landsharks Triathlon Club	Louisville KY	<b>706.36</b>	5526.55	2496.33	8729.24
6. Jet City Tri	Seattle WA	<b>695.36</b>	6857.59	4750.66	12303.61
7. DC Triathlon Club	Washington DC	<b>683.81</b>	7850.82	2860.38	11395.01
8. Buffalo Triathlon Club	Amherst NY	<b>582.67</b>	10519.77	4579.04	15681.48
9. Boulder Triathlon Club	Boulder CO	<b>531.04</b>	5421.69	2574.57	8527.3
10. Alaska Tri Club Red Biting Bunnies	Anchorage AK	<b>449.09</b>	4079.76	1791.4	6320.25
11. Northwest YMCA Tri Club	Irmo SC	<b>441.65</b>	1965.61	1085.26	3492.52
12. Hammerhead Triathlon Club	Jacksonville FL	<b>421.84</b>	12382.39	6934.86	19739.09
13. F.A.S.T. (Ford Athletic Swim & Triathlon Club)	Northville MI	<b>416.97</b>	2378.91	1138.79	3934.67
14. Tri ATX	Amarillo TX	<b>398.54</b>	4268.08	1405.97	6072.59
15. HEAT - Hartford Extended Area Triathletes	Hartford CT	<b>333.3</b>	6444.56	2156.76	8934.62
16. Golden Gate Triathlon Club	San Francisco CA	<b>296.29</b>	4851	2371	7518.29
17. Team 3x Fast	Loveland CO	<b>278.76</b>	2868.57	690.08	3837.41
18. Raise the Bar	Kent WA	<b>260.37</b>	3665.17	1825.44	5750.98
19. Team Great Divide	Helena MT	<b>239.34</b>	1653.8	811.25	2704.39
20. Tri Fury	Andover MA	<b>216.78</b>	3006.96	1842.58	5066.32
21. Tribe Triathlon	Los Gatos CA	<b>199.05</b>	2804.97	880.7	3884.72
22. Pikes Peak Triathlon Club	Colorado Springs CO	<b>192.29</b>	4202.46	1537.8	5932.55
23. CNY Triathlon Club Incorporated	Dewitt NY	<b>185.77</b>	1681.31	1014.72	2881.8
24. El Dorado Hills Triathlon Club	El Dorado Hills CA	<b>177.78</b>	2333.24	573.77	3084.79
25. Infinite Multisport Triathlon Club	Shelby Township MI	<b>171.15</b>	0	0	171.15
26. Get Fit Families	Cranberry Township PA	<b>170.29</b>	3476.32	1221.42	4868.03
27. Midwest Xtreme	Cedar Rapids IA	<b>162.52</b>	2578.36	961.61	3702.49
28. Lakes Region Triathlon Club	Laconia NH	<b>162.39</b>	793.1	384.6	1340.09
29. Fredericksburg Triathlon Club	Fredericksburg VA	<b>162.36</b>	1097.5	631.08	1890.94
30. Tempo Velo	Sterling IL	<b>156.23</b>	1674.55	757.4	2588.18

## USAT National Challenge Competition 2010-2011 Swim Session Report

31. Desert Sharks Triathlon Club	South Jordan UT	<b>152.11</b>	1894	934.77	2980.88
32. Hawkeye Endurance Athletics Team (HEAT)	Iowa City IA	<b>148.57</b>	2762.07	913.79	3824.43
33. Cleveland Tri Club	Cleveland OH	<b>147.96</b>	1741.75	758.43	2648.14
34. Alaska Tri Club Blue Hammering Hares	Anchorage AK	<b>144.58</b>	1309.94	520.6	1975.12
35. Silicon Valley Tri Club	Cupertino CA	<b>138.85</b>	1796.29	905.25	2840.39
36. Team NRGY	Montclair NJ	<b>129.35</b>	2876.7	943.73	3949.78
37. Bay State Triathlon Club	Brockton MA	<b>120.2</b>	2130.87	538.83	2789.9
38. Trek Trifitness Triathlon Club	Fairfield CT	<b>119.1</b>	2224.8	923.7	3267.6
39. Des Moines Triathlon Club	Des Moines IA	<b>118.88</b>	1451	606.25	2176.13
40. Baltimore Area Triathlon Club	Baltimore MD	<b>107.79</b>	1108.06	651.1	1866.95
41. Sacramento Triathlon Club	Sacramento CA	<b>107.64</b>	771.41	613.76	1492.81
42. Fox Cities Triathlon Club	Kaukauna WI	<b>96.06</b>	1701.46	444.25	2241.77
43. Conejo Valley Multisport Masters	Conejo Valley CA	<b>95.13</b>	374.45	290.63	760.21
44. Delta Triathlon Club	Stockton CA	<b>92.53</b>	866.65	480.4	1439.58
45. St. Louis Triathlon Club	Saint Louis MO	<b>85.27</b>	2217.15	963.61	3266.03
46. Team USAT	Colorado Springs CO	<b>82.32</b>	763.08	504.55	1349.95
47. Capital City Multisport Club	Madison WI	<b>79.41</b>	1075.33	250.12	1404.86
48. Triad Triathlon Team	Greensboro NC	<b>72.11</b>	1071	722.7	1865.81
49. Waco Triathlon Club	Waco TX	<b>66.99</b>	638	327.5	1032.49
50. Arvada Triathlon Club	Arvada CO	<b>64.36</b>	1539.45	745.4	2349.21
51. Wheelworks Multisport	Somerville MA	<b>62.61</b>	1042.79	680.36	1785.76
52. Steel Valley Triathlon Club	Youngstown OH	<b>54.23</b>	1333.36	469.66	1857.25
53. Team Psych	Tampa FL	<b>51.88</b>	814.94	260.27	1127.09
54. Redline Triathlon Club	Fond du Lac WI	<b>51.85</b>	1489.05	417.42	1958.32
55. Utah Valley University Triathlon Club	Orem UT	<b>51.32</b>	189.25	140.9	381.47
56. Cincy Express Multisport	Cincinnati OH	<b>48.41</b>	724.01	306.97	1079.39
57. I3 Triathlon Club	Milford PA	<b>46.96</b>	678.78	467.54	1193.28
58. New Mexico Outlaws	Albuquerque NM	<b>46.68</b>	2401.93	1429.96	3878.57
59. Southern Indiana Triathlon Team	Evansville IN	<b>41.54</b>	400.08	295.18	736.8
60. Team EnVision	Watertown MA	<b>40.59</b>	177	135.46	353.05
61. Tri Unify Mid-Atlantic	Washington DC	<b>25.89</b>	653.57	303.4	982.86
62. Sugar Cycles Factory Racing	Missouri City TX	<b>24.56</b>	275	40	339.56
63. Holmdel Tru Velocity Athletic Club	Holmdel NJ	<b>23.47</b>	35	12	70.47
64. Triathlon Club of San Diego T2	San Diego CA	<b>10.39</b>	852	276.86	1139.25
65. TriMonster	Chicago IL	<b>7.43</b>	74.11	100.36	181.9

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>66.</b> Cape Cod Athletic Club - Cape Cod Triathlon Team	Hyannis MA	<b>5.16</b>	541.75	380.3	927.21
<b>67.</b> Buffalo Triathlon Club Team 2	Buffalo NY	<b>3.25</b>	266.3	139.3	408.85
<b>68.</b> Vulcan Triathletes	Birmingham AL	<b>2.44</b>	171.5	61.3	235.24
<b>69.</b> University of Washington Husky Triathlon Club	Seattle WA	<b>2.28</b>	0	2	4.28
<b>70.</b> Parker Triathlon Club	Parker CO	<b>0.91</b>	10	0	10.91
<b>71.</b> Hammerhead Triathlon Club Team 2	Jacksonville FL	<b>0</b>	24	10	34

# USAT National Challenge Competition 2010-2011 Swim Session Report

## Top 20 Women

Name (Club)	Swim	Bike	Run	Total
1. <b>Maria Gutowski</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>87.65</b>	0	17	104.65
2. <b>Lyn Morris</b> (Kansas River Valley Triathlon Club)	<b>83.84</b>	56	161	300.84
3. <b>Susan Howell</b> (Louisville Landsharks Triathlon Club)	<b>80.78</b>	0	13.5	94.28
4. <b>Janit Romayko</b> (HEAT - Hartford Extended Area Triathletes)	<b>51.14</b>	330	186	567.14
5. <b>Stephanie Ewert</b> (DC Triathlon Club)	<b>49.06</b>	307.5	51	407.56
6. <b>Carrie Strike</b> (Team Great Divide)	<b>46</b>	86	42	174
7. <b>Katie Stefl</b> (Team Fraser Multisport)	<b>42.15</b>	31.1	19.38	92.63
8. <b>Janet Thiel</b> (Northwest YMCA Tri Club)	<b>40.96</b>	53.5	5	99.46
9. <b>Pam London</b> (Buffalo Triathlon Club)	<b>39.74</b>	56	73	168.74
10. <b>Anna Timbie</b> (Tribe Triathlon)	<b>39.5</b>	237	102	378.5
11. <b>Cathleen Knutson</b> (Jet City Tri)	<b>38.17</b>	218	149.1	405.27
12. <b>cnristina norris</b> (Louisville Landsharks Triathlon Club)	<b>37.1</b>	0	38.55	75.65
13. <b>Sherrie Crow</b> (Jet City Tri)	<b>36.83</b>	0	12.7	49.53
14. <b>Rosella Cadel</b> (Boulder Triathlon Club)	<b>33.26</b>	57.72	35.4	126.38
15. <b>Cathy McMullen</b> (Des Moines Triathlon Club)	<b>32.45</b>	138	41.5	211.95
16. <b>Jenny Boakes</b> (Sacramento Triathlon Club)	<b>30.88</b>	82	35.1	147.98
17. <b>Terese Plumb</b> (Team Fraser Multisport)	<b>30.71</b>	169.52	3	203.23
18. <b>Peggy Stringer</b> (Team Great Divide)	<b>30.37</b>	99	10.6	139.97
19. <b>Kelly Covert</b> (CNY Triathlon Club Incorporated)	<b>28.89</b>	147	7	182.89
20. <b>Suzan Ribenboim</b> (Louisville Landsharks Triathlon Club)	<b>28.57</b>	326	129.5	484.07

# USAT National Challenge Competition 2010-2011 Swim Session Report

## Top 20 Men

Name (Club)	Swim	Bike	Run	Total
1. Rich Long (Tri ATX)	150.14	98.4	0	248.54
2. Frank Lauchlan (Team Fraser Multisport)	77.36	0	3	80.36
3. Allan Crawford (Northwest YMCA Tri Club)	76.88	12	0	88.88
4. Cooper Bowen (Team 3x Fast)	72.58	0	0	72.58
5. Rich Wilson (Kansas River Valley Triathlon Club)	70.44	315	20	405.44
6. Daniel Hartung (Alaska Tri Club Red Biting Bunnies)	64.78	282	29	375.78
7. Steve Grover (Northwest YMCA Tri Club)	62.83	0	0	62.83
8. Mike Plumb (Triathlon Club of San Diego T1)	61.43	557	71	689.43
9. Max Bernardes (Fredericksburg Triathlon Club)	59.66	0	0	59.66
10. Michael De Maria (Tribe Triathlon)	59.16	445	170	674.16
11. Chris Robinson (Kansas River Valley Triathlon Club)	58.51	36	0	94.51
12. Andrew Sovonick (DC Triathlon Club)	57.4	539	140.7	737.1
13. Bryan Lee (Jet City Tri)	56.66	12	0	68.66
14. Tim Heikell (Jet City Tri)	55.35	83	82.09	220.44
15. Mark Hillers (Tri ATX)	50.08	307.01	78.73	435.82
16. Kevin Nickel (Kansas River Valley Triathlon Club)	49.98	0	0	49.98
17. Noah Jordan (Team 3x Fast)	48.25	0	0	48.25
18. Daniel Harvey (Triathlon Club of San Diego T1)	47.73	230.15	110.98	388.86
19. Dirk de Heer (DC Triathlon Club)	45.55	482.5	59.5	587.55
20. Todd Briggs (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	43.14	471	72	586.14

# USAT National Challenge Competition 2010-2011 Swim Session Report

## Athletes Standings by Swim Mileage

### Top 2000 Athletes

	Name (Club)	Swim	Bike	Run	Total
1.	<b>Rich Long</b> (Tri ATX)	<b>150.14</b>	98.4	0	248.54
2.	<b>Maria Gutowski</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>87.65</b>	0	17	104.65
3.	<b>Lyn Morris</b> (Kansas River Valley Triathlon Club)	<b>83.84</b>	56	161	300.84
4.	<b>Susan Howell</b> (Louisville Landsharks Triathlon Club)	<b>80.78</b>	0	13.5	94.28
5.	<b>Frank Lauchlan</b> (Team Fraser Multisport)	<b>77.36</b>	0	3	80.36
6.	<b>Allan Crawford</b> (Northwest YMCA Tri Club)	<b>76.88</b>	12	0	88.88
7.	<b>Cooper Bowen</b> (Team 3x Fast)	<b>72.58</b>	0	0	72.58
8.	<b>Rich Wilson</b> (Kansas River Valley Triathlon Club)	<b>70.44</b>	315	20	405.44
9.	<b>Daniel Hartung</b> (Alaska Tri Club Red Biting Bunnies)	<b>64.78</b>	282	29	375.78
10.	<b>Steve Grover</b> (Northwest YMCA Tri Club)	<b>62.83</b>	0	0	62.83
11.	<b>Mike Plumb</b> (Triathlon Club of San Diego T1)	<b>61.43</b>	557	71	689.43
12.	<b>Max Bernardes</b> (Fredericksburg Triathlon Club)	<b>59.66</b>	0	0	59.66
13.	<b>Michael De Maria</b> (Tribe Triathlon)	<b>59.16</b>	445	170	674.16
14.	<b>Chris Robinson</b> (Kansas River Valley Triathlon Club)	<b>58.51</b>	36	0	94.51
15.	<b>Andrew Sovonick</b> (DC Triathlon Club)	<b>57.4</b>	539	140.7	737.1
16.	<b>Bryan Lee</b> (Jet City Tri)	<b>56.66</b>	12	0	68.66
17.	<b>Tim Heikell</b> (Jet City Tri)	<b>55.35</b>	83	82.09	220.44
18.	<b>Janit Romayko</b> (HEAT - Hartford Extended Area Triathletes)	<b>51.14</b>	330	186	567.14
19.	<b>Mark Hillers</b> (Tri ATX)	<b>50.08</b>	307.01	78.73	435.82
20.	<b>Kevin Nickel</b> (Kansas River Valley Triathlon Club)	<b>49.98</b>	0	0	49.98
21.	<b>Stephanie Ewert</b> (DC Triathlon Club)	<b>49.06</b>	307.5	51	407.56
22.	<b>Noah Jordan</b> (Team 3x Fast)	<b>48.25</b>	0	0	48.25
23.	<b>Daniel Harvey</b> (Triathlon Club of San Diego T1)	<b>47.73</b>	230.15	110.98	388.86
24.	<b>Carrie Strike</b> (Team Great Divide)	<b>46</b>	86	42	174
25.	<b>Dirk de Heer</b> (DC Triathlon Club)	<b>45.55</b>	482.5	59.5	587.55
26.	<b>Todd Briggs</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>43.14</b>	471	72	586.14
27.	<b>Greg Palmer</b> (Team Fraser Multisport)	<b>43</b>	545.9	86	674.9
28.	<b>Tony Ponton</b> (Team Fraser Multisport)	<b>42.63</b>	349.07	110.92	502.62
29.	<b>Katie Stefl</b> (Team Fraser Multisport)	<b>42.15</b>	31.1	19.38	92.63
30.	<b>Ron Matthews</b> (Jet City Tri)	<b>41.02</b>	36	4.5	81.52
31.	<b>Janet Thiel</b> (Northwest YMCA Tri Club)	<b>40.96</b>	53.5	5	99.46
32.	<b>Jeffrey Usher</b> (Kansas River Valley Triathlon Club)	<b>40.37</b>	752	0	792.37
33.	<b>Cody Marck</b> (Tri ATX)	<b>40.34</b>	0	35	75.34

## USAT National Challenge Competition 2010-2011 Swim Session Report

34.	<b>Greg Freeman</b> (Alaska Tri Club White Wabid Wabbits)	<b>40.28</b>	20.1	21.3	81.68
35.	<b>Pam London</b> (Buffalo Triathlon Club)	<b>39.74</b>	56	73	168.74
36.	<b>Anna Timbie</b> (Tribe Triathlon)	<b>39.5</b>	237	102	378.5
37.	<b>Tyler Nollette</b> (Tribe Triathlon)	<b>39.3</b>	0	5.5	44.8
38.	<b>George Marck</b> (Tri ATX)	<b>39.2</b>	55	195.25	289.45
39.	<b>Sean Orr</b> (Louisville Landsharks Triathlon Club)	<b>38.85</b>	157.5	38.78	235.13
40.	<b>Jason Rich</b> (Jet City Tri)	<b>38.61</b>	7	47.09	92.7
41.	<b>Cathleen Knutson</b> (Jet City Tri)	<b>38.17</b>	218	149.1	405.27
42.	<b>cnristina norris</b> (Louisville Landsharks Triathlon Club)	<b>37.1</b>	0	38.55	75.65
43.	<b>Sherrie Crow</b> (Jet City Tri)	<b>36.83</b>	0	12.7	49.53
44.	<b>Burke Fishburn</b> (Boulder Triathlon Club)	<b>36.76</b>	99	125.96	261.72
45.	<b>Kevin Neal</b> (Hammerhead Triathlon Club)	<b>36.63</b>	200	0	236.63
46.	<b>Craig Zelent</b> (Triathlon Club of San Diego T1)	<b>36.15</b>	93	123	252.15
47.	<b>Shawn Jyawook</b> (Team Fraser Multisport)	<b>35.73</b>	592	80.5	708.23
48.	<b>Kyle Ricke</b> (Kansas River Valley Triathlon Club)	<b>35.59</b>	101	30.45	167.04
49.	<b>Larry Dunlap</b> (Jet City Tri)	<b>35.14</b>	200.99	20.1	256.23
50.	<b>Jens Beck</b> (Alaska Tri Club White Wabid Wabbits)	<b>34.6</b>	427.5	92.7	554.8
51.	<b>Chris Costales</b> (Triathlon Club of San Diego T1)	<b>34.5</b>	499	32	565.5
52.	<b>Alan Farrington</b> (Kansas River Valley Triathlon Club)	<b>34.05</b>	36	87.5	157.55
53.	<b>James Orphan</b> (Bay State Triathlon Club)	<b>33.5</b>	239	8.2	280.7
54.	<b>Jerald Cook</b> (Triathlon Club of San Diego T1)	<b>33.29</b>	659.11	172.62	865.02
55.	<b>Rosella Cadel</b> (Boulder Triathlon Club)	<b>33.26</b>	57.72	35.4	126.38
56.	<b>Steven Scribner</b> (Team Fraser Multisport)	<b>32.92</b>	661.52	52.91	747.35
57.	<b>Matthew Alder</b> (Triathlon Club of San Diego T1)	<b>32.62</b>	0	0	32.62
58.	<b>Matt Arena</b> (Silicon Valley Tri Club)	<b>32.6</b>	56	43.7	132.3
59.	<b>Cathy McMullen</b> (Des Moines Triathlon Club)	<b>32.45</b>	138	41.5	211.95
60.	<b>Hal Gilreath</b> (Hammerhead Triathlon Club)	<b>32.05</b>	211	119.1	362.15
61.	<b>Steve Lentz</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>31.89</b>	210.2	22.9	264.99
62.	<b>Dave White</b> (Bay State Triathlon Club)	<b>31.52</b>	242.5	34.68	308.7
63.	<b>C.J. Thomas</b> (HEAT - Hartford Extended Area Triathletes)	<b>31.51</b>	0	0	31.51
64.	<b>John Fallu</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>30.89</b>	16	3.5	50.39
65.	<b>Jenny Boakes</b> (Sacramento Triathlon Club)	<b>30.88</b>	82	35.1	147.98
66.	<b>Paul Sedgwick</b> (Tri Fury)	<b>30.76</b>	370	69.1	469.86
67.	<b>Hugh Harris</b> (DC Triathlon Club)	<b>30.74</b>	0	47	77.74
68.	<b>Terese Plumb</b> (Team Fraser Multisport)	<b>30.71</b>	169.52	3	203.23
69.	<b>Branden Rakita</b> (Pikes Peak Triathlon Club)	<b>30.56</b>	353.15	63.3	447.01
70.	<b>Peggy Stringer</b> (Team Great Divide)	<b>30.37</b>	99	10.6	139.97
71.	<b>Simon Butterworth</b> (Boulder Triathlon Club)	<b>29.67</b>	355.21	123.58	508.46

## USAT National Challenge Competition 2010-2011 Swim Session Report

72.	<b>Lester Martinez-Ramirez</b> (Louisville Landsharks Triathlon Club)	<b>29.16</b>	205	27.4	261.56
73.	<b>Matt Kracht</b> (Conejo Valley Multisport Masters)	<b>28.9</b>	76	63	167.9
74.	<b>Kelly Covert</b> (CNY Triathlon Club Incorporated)	<b>28.89</b>	147	7	182.89
75.	<b>Kenneth Gutowski</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>28.66</b>	244.6	83.38	356.64
76.	<b>Suzan Ribenboim</b> (Louisville Landsharks Triathlon Club)	<b>28.57</b>	326	129.5	484.07
77.	<b>Donovan Stec</b> (Team Fraser Multisport)	<b>28.52</b>	505.37	143.59	677.48
78.	<b>Kevin Sullivan</b> (Tri Fury)	<b>28.44</b>	411	80.5	519.94
79.	<b>Richard Rodgers</b> (Tempo Velo)	<b>28.39</b>	33	52.75	114.14
80.	<b>Brady Nelson</b> (DC Triathlon Club)	<b>28.26</b>	0	0	28.26
81.	<b>Mimi Satter</b> (CNY Triathlon Club Incorporated)	<b>28.13</b>	47.5	17	92.63
82.	<b>Kristin White</b> (CNY Triathlon Club Incorporated)	<b>28.06</b>	258.2	148.6	434.86
83.	<b>Leslie Jensen</b> (Jet City Tri)	<b>27.75</b>	62.1	187.28	277.13
84.	<b>Steve Cardoza</b> (Triathlon Club of San Diego T1)	<b>27.74</b>	337	60	424.74
85.	<b>David Potter</b> (Team Fraser Multisport)	<b>27.61</b>	638.6	125.94	792.15
86.	<b>Jason Lamoreaux</b> (Alaska Tri Club White Wabid Wabbits)	<b>27.13</b>	115	29.4	171.53
87.	<b>Kathy Kaye</b> (Hammerhead Triathlon Club)	<b>26.87</b>	893	0	919.87
88.	<b>Blain Peerson</b> (Hammerhead Triathlon Club)	<b>26.79</b>	280	73.9	380.69
89.	<b>Jenni Plane</b> (Delta Triathlon Club)	<b>26.78</b>	127	26.9	180.68
90.	<b>Daniel Hall</b> (Kansas River Valley Triathlon Club)	<b>26.65</b>	246	85	357.65
91.	<b>Daryl Clarke</b> (Buffalo Triathlon Club)	<b>26.63</b>	54	164.5	245.13
92.	<b>Katie Povolo</b> (Alaska Tri Club White Wabid Wabbits)	<b>26.45</b>	365	49	440.45
93.	<b>Tracy Brown</b> (Raise the Bar)	<b>26.32</b>	0	50.75	77.07
94.	<b>JulieAnn Moore</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>26.01</b>	137.3	63.23	226.54
95.	<b>Michelle Lynch</b> (HEAT - Hartford Extended Area Triathletes)	<b>25.68</b>	180	68	273.68
96.	<b>Trish Marshall</b> (Team Fraser Multisport)	<b>25.53</b>	518.79	44.79	589.11
97.	<b>Wayne Hovey</b> (Utah Valley University Triathlon Club)	<b>25.46</b>	7	132.5	164.96
98.	<b>Jeremy Brown</b> (Louisville Landsharks Triathlon Club)	<b>25.34</b>	38.2	79.5	143.04
99.	<b>Nathan Boward</b> (Triathlon Club of San Diego T1)	<b>25.28</b>	587.9	49.67	662.85
100.	<b>Paul Murphy</b> (Jet City Tri)	<b>25.28</b>	20	0	45.28
101.	<b>Heather Gilroy</b> (Jet City Tri)	<b>25.24</b>	35.6	0	60.84
102.	<b>Andrea Abatemarco</b> (Team Fraser Multisport)	<b>25.21</b>	266.06	53.95	345.22
103.	<b>Vicky Connell</b> (Hammerhead Triathlon Club)	<b>25.03</b>	28.5	73	126.53
104.	<b>Katherine Keith</b> (Alaska Tri Club White Wabid Wabbits)	<b>25.03</b>	427	74	526.03
105.	<b>Pam Beury</b> (Louisville Landsharks Triathlon Club)	<b>24.91</b>	176	89	289.91
106.	<b>Kelzie Beebe</b> (DC Triathlon Club)	<b>24.82</b>	212	105.85	342.67
107.	<b>Kurt Harsley</b> (Team USAT)	<b>24.81</b>	74.93	0	99.74

## USAT National Challenge Competition 2010-2011 Swim Session Report

108.	<b>cynthia heady</b> (Louisville Landsharks Triathlon Club)	<b>24.72</b>	0	18.5	43.22
109.	<b>Kevin Beckman</b> (Louisville Landsharks Triathlon Club)	<b>24.43</b>	10	178.4	212.83
110.	<b>Kevin Reinsch</b> (Boulder Triathlon Club)	<b>24.41</b>	22.5	49.75	96.66
111.	<b>John Conway</b> (Fredericksburg Triathlon Club)	<b>24.29</b>	0	0	24.29
112.	<b>Dana Seagars</b> (Alaska Tri Club White Wabid Wabbits)	<b>24.08</b>	27.7	0	51.78
113.	<b>Brian Block</b> (Baltimore Area Triathlon Club)	<b>23.97</b>	157.7	113.5	295.17
114.	<b>Mark Johnson</b> (Tempo Velo)	<b>23.71</b>	438	18.25	479.96
115.	<b>Cathleen White</b> (Team Fraser Multisport)	<b>23.71</b>	253.78	37.1	314.59
116.	<b>David Huntley</b> (Triathlon Club of San Diego T1)	<b>22.93</b>	385.5	69.35	477.78
117.	<b>Beth Weisser</b> (El Dorado Hills Triathlon Club)	<b>22.91</b>	10	0	32.91
118.	<b>Ron Gierut</b> (Midwest Xtreme)	<b>22.87</b>	480.95	155.6	659.42
119.	<b>Jon Bottoms</b> (Buffalo Triathlon Club)	<b>22.84</b>	520	94	636.84
120.	<b>David Grant</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>22.78</b>	0	11.25	34.03
121.	<b>Carol Lyndell</b> (Pikes Peak Triathlon Club)	<b>22.76</b>	501.3	209.5	733.56
122.	<b>Judith Sentz</b> (Jet City Tri)	<b>22.71</b>	167	2037.91	2227.62
123.	<b>Sarah Deangelis</b> (Des Moines Triathlon Club)	<b>22.62</b>	70	88.35	180.97
124.	<b>Larry Holt</b> (Louisville Landsharks Triathlon Club)	<b>22.37</b>	565	241	828.37
125.	<b>Melissa Vrbanac</b> (Jet City Tri)	<b>22.08</b>	248	53.2	323.28
126.	<b>Cindy Hutchings</b> (DC Triathlon Club)	<b>21.99</b>	147.3	14.72	184.01
127.	<b>Eric Brouillard</b> (Buffalo Triathlon Club)	<b>21.98</b>	309.6	103.4	434.98
128.	<b>Jon Oldenburg</b> (Fox Cities Triathlon Club)	<b>21.9</b>	311.5	2	335.4
129.	<b>Joe McGrath</b> (Midwest Xtreme)	<b>21.87</b>	133	100.7	255.57
130.	<b>Tyla Brown</b> (Team Fraser Multisport)	<b>21.85</b>	364.79	86.5	473.14
131.	<b>Les Axelrod</b> (El Dorado Hills Triathlon Club)	<b>21.74</b>	186.6	9.85	218.19
132.	<b>Darlene Schweikert</b> (Buffalo Triathlon Club)	<b>21.7</b>	172	198	391.7
133.	<b>Chuck Schweikert</b> (Buffalo Triathlon Club)	<b>21.7</b>	154	166.5	342.2
134.	<b>Gerald Robinson</b> (Desert Sharks Triathlon Club)	<b>21.47</b>	53	16	90.47
135.	<b>Katie Berghausen</b> (Louisville Landsharks Triathlon Club)	<b>21.46</b>	179	112	312.46
136.	<b>Pamela Gudenau</b> (Team Fraser Multisport)	<b>21.45</b>	783.62	86.94	892.01
137.	<b>David Carbone</b> (HEAT - Hartford Extended Area Triathletes)	<b>21.44</b>	410.5	45	476.94
138.	<b>Mark Rabold</b> (Team Great Divide)	<b>21.44</b>	50	4.5	75.94
139.	<b>Mark Hoyle</b> (Kansas River Valley Triathlon Club)	<b>21.38</b>	0	124.57	145.95
140.	<b>Ryan Strickland</b> (Hammerhead Triathlon Club)	<b>21.36</b>	247	2.5	270.86
141.	<b>Danelle Winn</b> (Alaska Tri Club White Wabid Wabbits)	<b>21.34</b>	12	66.3	99.64
142.	<b>Lisa Myers</b> (Get Fit Families)	<b>21.21</b>	0	26.5	47.71
143.	<b>Tim Ray</b> (Triathlon Club of San Diego T1)	<b>21.21</b>	0	31	52.21
144.	<b>Polly Harris</b> (Desert Sharks Triathlon Club)	<b>21.19</b>	250	60	331.19
145.	<b>Ed Moser</b> (DC Triathlon Club)	<b>21.07</b>	151	91	263.07

## USAT National Challenge Competition 2010-2011 Swim Session Report

146. Stephanie Murphy (Boulder Triathlon Club)	21.04	262.17	26.56	309.77
147. Chris Liou (Silicon Valley Tri Club)	21.03	184	173	378.03
148. Dianna Wright (Desert Sharks Triathlon Club)	21.02	108	64	193.02
149. Scott Trice (Team Fraser Multisport)	21.01	377.04	84.96	483.01
150. Kimberly Cornwell (Triathlon Club of San Diego T1)	20.98	116.05	83.61	220.64
151. Jaret Johnson (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	20.98	209.26	140.2	370.44
152. Shannon Donley (Alaska Tri Club White Wabid Wabbits)	20.94	248	67	335.94
153. Craig Fitzpatrick (Infinite Multisport Triathlon Club)	20.75	0	0	20.75
154. Melanie Vittitow (Louisville Landsharks Triathlon Club)	20.7	265	100.17	385.87
155. Gayle Dunham (Jet City Tri)	20.63	153.5	40.75	214.88
156. Julie Jenkins (Tri Fury)	20.63	20	34	74.63
157. David Hsu (Louisville Landsharks Triathlon Club)	20.58	194	34.65	249.23
158. Ed Bowen (Team 3x Fast)	20.57	167	46.35	233.92
159. Sandra Sanchez (Waco Triathlon Club)	20.52	72	16.5	109.02
160. Alison Deem (Buffalo Triathlon Club)	20.49	227	74	321.49
161. Todd Patti (Buffalo Triathlon Club)	20.47	18.76	6.5	45.73
162. Jay Gallagher (Team Psych)	20.45	184.62	88.8	293.87
163. Chris McCarty (Northwest YMCA Tri Club)	20.26	101	0	121.26
164. Amy Henning (Fox Cities Triathlon Club)	20.25	120	26	166.25
165. David Summerville (Alaska Tri Club White Wabid Wabbits)	20.24	26	15.4	61.64
166. Kristin Pitcairn (Infinite Multisport Triathlon Club)	20.2	0	0	20.2
167. Pat Ward (Team Fraser Multisport)	20.12	224.99	173.69	418.8
168. Luis Zapata (Jet City Tri)	20.1	96	0	116.1
169. Katie Seybert (Alaska Tri Club Blue Hammering Hares)	19.8	38	4	61.8
170. Greg Weber (Buffalo Triathlon Club)	19.71	118.5	100	238.21
171. Bobby Murray (Tri ATX)	19.58	670	71.95	761.53
172. Stefany Critelli (Buffalo Triathlon Club)	19.44	177	44.15	240.59
173. Ryan Troll (DC Triathlon Club)	19.44	0	9.5	28.94
174. Eldore Wood (El Dorado Hills Triathlon Club)	19.4	0	0	19.4
175. Ben Gurtler (Kansas River Valley Triathlon Club)	19.37	160	75.5	254.87
176. Suzy Shain (Capital City Multisport Club)	19.23	591.7	55.7	666.63
177. Robert Rossbach (Team Fraser Multisport)	19.15	207.17	90.37	316.69
178. Kevin Dobson (Cincy Express Multisport)	19.1	351.5	104.2	474.8
179. Rocky Riviera (Boulder Triathlon Club)	19.01	44	176.5	239.51
180. Wendy Sweet (Boulder Triathlon Club)	18.99	150.12	33	202.11
181. Barb McEahern (Arvada Triathlon Club)	18.98	392	344.9	755.88
182. Kim Sprenger (Hawkeye Endurance Athletics Team (HEAT))	18.82	355	104.3	478.12

## USAT National Challenge Competition 2010-2011 Swim Session Report

183.	Jeni Winegarner (Alaska Tri Club White Wabid Wabbits)	18.76	119	32	169.76
184.	Andrew Alexander (Kansas River Valley Triathlon Club)	18.71	277	119.7	415.41
185.	Rebecca Blatzheim (I3 Triathlon Club)	18.66	0	0	18.66
186.	Tom Maliszewski (Team Fraser Multisport)	18.57	414.43	150.24	583.24
187.	Nadia Sullivan (Team 3x Fast)	18.52	817.62	63.6	899.74
188.	Becky Hall (Kansas River Valley Triathlon Club)	18.46	133.81	73.03	225.3
189.	Jason Kaminski (Boulder Triathlon Club)	18.39	323.93	15.33	357.65
190.	Mia Byrne (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	18.3	0	9.8	28.1
191.	Theresa Okell (Jet City Tri)	18.27	117	34	169.27
192.	Carolyn Corgel (Buffalo Triathlon Club)	18.18	255	194.5	467.68
193.	Steven Zawaski (Boulder Triathlon Club)	18.1	0	0	18.1
194.	Kathy Morrisson (Raise the Bar)	18.04	230.75	85.11	333.9
195.	Jiea Kim (Triathlon Club of San Diego T1)	17.99	275	94.1	387.09
196.	Chris Liou (Tribe Triathlon)	17.93	144	122.5	284.43
197.	Kevin Brooks (Louisville Landsharks Triathlon Club)	17.91	170	31.1	219.01
198.	Mark St. George (Buffalo Triathlon Club)	17.9	300	10	327.9
199.	Frank Bazanni (Team Fraser Multisport)	17.87	429.46	0	447.33
200.	John Lauchlan (Team Fraser Multisport)	17.76	253.76	75	346.52
201.	Christina McCarty (Northwest YMCA Tri Club)	17.75	0	0	17.75
202.	Michael White (Kansas River Valley Triathlon Club)	17.71	363	82	462.71
203.	Kevin Edwards (Boulder Triathlon Club)	17.68	202.1	80.5	300.28
204.	Jeremiah Friday (Get Fit Families)	17.63	390.5	90.2	498.33
205.	Simon Boag (Team Fraser Multisport)	17.62	209.41	153.42	380.45
206.	Joella Baker (Get Fit Families)	17.54	408.2	69.84	495.58
207.	Richard Schingler (Delta Triathlon Club)	17.53	133	70.1	220.63
208.	Randy Conkling (Tempo Velo)	17.5	244	72	333.5
209.	Tracey Angelopoulos (Triathlon Club of San Diego T1)	17.47	352.08	88.49	458.04
210.	Wes Koonts (Triad Triathlon Team)	17.44	243	166	426.44
211.	Sabrina Mick (Tempo Velo)	17.38	85	41.25	143.63
212.	Kevin Joubert (Baltimore Area Triathlon Club)	17.34	53	65.99	136.33
213.	Tamara Childers (Tri ATX)	17.33	89.1	108.35	214.78
214.	Andrew Thacher (Triathlon Club of San Diego T1)	17.31	82.02	262.6	361.93
215.	Andrew Duenow (Alaska Tri Club White Wabid Wabbits)	17.16	266	74.2	357.36
216.	Kate Leary (Buffalo Triathlon Club)	17.15	180	71.25	268.4
217.	Barbara Hardy (Tri Fury)	17.1	0	34.4	51.5
218.	Han Hong (Golden Gate Triathlon Club)	17.05	86	53	156.05
219.	Bill Endicott (Lakes Region Triathlon Club)	16.98	49	0	65.98
220.	Amy Erickson (Alaska Tri Club Red Biting Bunnies)	16.92	0	71.1	88.02
221.	Chrissy Usher (Kansas River Valley Triathlon Club)	16.88	215.45	110.95	343.28

## USAT National Challenge Competition 2010-2011 Swim Session Report

222. Kevin Seeman (Boulder Triathlon Club)	16.8	152	89	257.8
223. Rebecca McKee (Alaska Tri Club White Wabid Wabbits)	16.78	188.85	79.7	285.33
224. Chris Cullen (Get Fit Families)	16.73	344.8	84.3	445.83
225. Chris Pollack (Sacramento Triathlon Club)	16.72	170.3	144.8	331.82
226. Triny Leyva (Team USAT)	16.71	500.44	91.41	608.56
227. Jason Wright (Team USAT)	16.66	32.41	38.52	87.59
228. Corey DeSnyder (Team Fraser Multisport)	16.58	438.62	82.52	537.72
229. Ken Laing (Northwest YMCA Tri Club)	16.48	10	10	36.48
230. Theresa Kasprzyk (Wheelworks Multisport)	16.47	0	13.5	29.97
231. Dianne Fladung (Northwest YMCA Tri Club)	16.44	40	45.5	101.94
232. Nancy Thurrell (Lakes Region Triathlon Club)	16.37	0	0	16.37
233. Duane Staskal (Hawkeye Endurance Athletics Team (HEAT))	16.35	353	97.74	467.09
234. Shannon Titzel (Alaska Tri Club White Wabid Wabbits)	16.29	197	29.3	242.59
235. Pete Condy (El Dorado Hills Triathlon Club)	16.22	266.9	56.2	339.32
236. Joe Ray Nelson (Louisville Landsharks Triathlon Club)	16.22	0	0	16.22
237. Kelly Stimson (Infinite Multisport Triathlon Club)	16.2	0	0	16.2
238. Chad Mahakian (Team Fraser Multisport)	16.14	545	140.4	701.54
239. Derek Liou (Silicon Valley Tri Club)	16.04	41	7	64.04
240. Michael Manley (Kansas River Valley Triathlon Club)	16.02	124	46	186.02
241. John Lysher (Fredericksburg Triathlon Club)	16	75	20	111
242. Will Murray (Boulder Triathlon Club)	15.9	428	72	515.9
243. Lou Krause (Northwest YMCA Tri Club)	15.86	102	53	170.86
244. Mark Wahl (Tempo Velo)	15.86	5	29.2	50.06
245. Andrew Callaway (Triathlon Club of San Diego T1)	15.85	218.93	38.7	273.48
246. Alex Johnson (CNY Triathlon Club Incorporated)	15.8	75	110.5	201.3
247. Susan Pyron (Louisville Landsharks Triathlon Club)	15.8	153	39.5	208.3
248. Dave Melohusky (Buffalo Triathlon Club)	15.79	40.6	72.1	128.49
249. Marcia Davis (Alaska Tri Club White Wabid Wabbits)	15.73	0	27	42.73
250. Melissa Tallent (DC Triathlon Club)	15.72	7	0	22.72
251. Karen Anastasio (HEAT - Hartford Extended Area Triathletes)	15.7	340.9	90.2	446.8
252. Kevin D'Amanda (DC Triathlon Club)	15.63	626	37	678.63
253. Chantal LeFevre (Hammerhead Triathlon Club)	15.63	0	82	97.63
254. Owen Hammond (Boulder Triathlon Club)	15.61	290	67	372.61
255. Garnet Knopp (Alaska Tri Club White Wabid Wabbits)	15.6	35.2	22.9	73.7
256. Travis Siehndel (DC Triathlon Club)	15.6	227	80.5	323.1
257. Fred Whitaker (Triathlon Club of San Diego T1)	15.6	98	55.5	169.1
258. Lilly Harris (Alaska Tri Club Red Biting Bunnies)	15.58	0	0	15.58
259. Skip Slade (Triathlon Club of San Diego T1)	15.54	305.2	82.57	403.31

## USAT National Challenge Competition 2010-2011 Swim Session Report

260.	<b>robert donovan</b> (Kansas River Valley Triathlon Club)	<b>15.49</b>	13	26.1	54.59
261.	<b>Brian Link</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>15.45</b>	169.5	56.95	241.9
262.	<b>David Richardson-Rossbach</b> (Team Fraser Multisport)	<b>15.45</b>	402.96	61.2	479.61
263.	<b>Susan Gutowski</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>15.4</b>	48.3	43.6	107.3
264.	<b>Samantha Wuttig</b> (Alaska Tri Club White Wabid Wabbits)	<b>15.4</b>	152.7	63.3	231.4
265.	<b>Jessica Zimmer</b> (DC Triathlon Club)	<b>15.35</b>	136.5	7.3	159.15
266.	<b>Lenore Imhof</b> (Team NRGY)	<b>15.34</b>	330	0	345.34
267.	<b>Janet Spaeth</b> (Jet City Tri)	<b>15.32</b>	108	43.25	166.57
268.	<b>Zack Broadhead</b> (Utah Valley University Triathlon Club)	<b>15.3</b>	0	8.4	23.7
269.	<b>Stephen ocallaghan</b> (Bay State Triathlon Club)	<b>15.3</b>	260	80.5	355.8
270.	<b>Dan Jensen</b> (Jet City Tri)	<b>15.24</b>	525.77	26.2	567.21
271.	<b>Jennifer Meyer</b> (St. Louis Triathlon Club)	<b>15.24</b>	136.7	35.5	187.44
272.	<b>Rob Falk</b> (DC Triathlon Club)	<b>15.21</b>	316.5	64.75	396.46
273.	<b>Ann Gilbert</b> (Team Great Divide)	<b>15.18</b>	60	7	82.18
274.	<b>Tom Furlong</b> (Team Great Divide)	<b>15.17</b>	98	42	155.17
275.	<b>Jenny Lorenz</b> (Midwest Xtreme)	<b>15.17</b>	207.25	26.5	248.92
276.	<b>Zack Barron</b> (Northwest YMCA Tri Club)	<b>15.15</b>	2.65	58.5	76.3
277.	<b>Kelly Adams</b> (Louisville Landsharks Triathlon Club)	<b>15.12</b>	226.85	57.15	299.12
278.	<b>John Pyron</b> (Louisville Landsharks Triathlon Club)	<b>15.11</b>	128	36	179.11
279.	<b>Kira Collins</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>15</b>	127.4	27.23	169.63
280.	<b>Katrine Strickland</b> (Hammerhead Triathlon Club)	<b>15</b>	152	103	270
281.	<b>Daniela Williams</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>14.82</b>	314.59	80.9	410.31
282.	<b>Michael Spiegel</b> (Golden Gate Triathlon Club)	<b>14.77</b>	121	25	160.77
283.	<b>Jenny Harvey</b> (Team EnVision)	<b>14.75</b>	6	19	39.75
284.	<b>Stacy Munn</b> (Jet City Tri)	<b>14.74</b>	156	39.5	210.24
285.	<b>Luther Ottaway</b> (Kansas River Valley Triathlon Club)	<b>14.68</b>	245.78	93.21	353.67
286.	<b>Duane Walker</b> (Louisville Landsharks Triathlon Club)	<b>14.66</b>	351	0	365.66
287.	<b>Anna Barry</b> (Cleveland Tri Club)	<b>14.63</b>	108	15	137.63
288.	<b>Jim Winegarner</b> (Alaska Tri Club Blue Hammering Hares)	<b>14.63</b>	97	17.5	129.13
289.	<b>Patrik Outericky</b> (Bay State Triathlon Club)	<b>14.6</b>	453.04	77.92	545.56
290.	<b>Ken Kline</b> (Pikes Peak Triathlon Club)	<b>14.58</b>	845.4	173.8	1033.78
291.	<b>Angie "Angimal" Brennan</b> (Alaska Tri Club White Wabid Wabbits)	<b>14.56</b>	196.1	79.3	289.96
292.	<b>Tom Mertz</b> (Des Moines Triathlon Club)	<b>14.55</b>	169	96.1	279.65
293.	<b>Wendy Schmoyer</b> (Northwest YMCA Tri Club)	<b>14.55</b>	0	3	17.55
294.	<b>Amanda Frost</b> (Steel Valley Triathlon Club)	<b>14.53</b>	354	104.17	472.7
295.	<b>Bob Ulbrich</b> (Alaska Tri Club White Wabid Wabbits)	<b>14.45</b>	175.6	57.2	247.25

## USAT National Challenge Competition 2010-2011 Swim Session Report

296. Alejandro Escobar (DC Triathlon Club)	14.42	169.2	48.5	232.12
297. Jennifer Leehey (DC Triathlon Club)	14.41	90	74	178.41
298. Roberto Posada (Team NRGY)	14.41	232.8	73.1	320.31
299. Laura Collins (Jet City Tri)	14.39	304.1	4.5	322.99
300. Michael Coffman (DC Triathlon Club)	14.38	123.2	47.8	185.38
301. Jeff Pickett (Alaska Tri Club White Wabid Wabbits)	14.36	22	30	66.36
302. Tiffany Heindel (Cleveland Tri Club)	14.34	157	24	195.34
303. Jennah Jones (Team 3x Fast)	14.33	141	91	246.33
304. Jon Messenger (Kansas River Valley Triathlon Club)	14.33	0	0	14.33
305. Ken Pinchiff (Raise the Bar)	14.31	105	71	190.31
306. Scott Clemetson (Alaska Tri Club White Wabid Wabbits)	14.29	131.5	49.6	195.39
307. Connor Smith (Alaska Tri Club Blue Hammering Hares)	14.27	0	0	14.27
308. Fred West (Alaska Tri Club White Wabid Wabbits)	14.26	186	60.3	260.56
309. Larry Oreskes (El Dorado Hills Triathlon Club)	14.24	356.74	10.25	381.23
310. Glenn Elliott (DC Triathlon Club)	14.21	120	46.5	180.71
311. Kevin Dessart (Pikes Peak Triathlon Club)	14.2	140	45	199.2
312. Jeanette Gangoy (Triathlon Club of San Diego T1)	14.2	0	66.6	80.8
313. Virgilio Pigliucci (Golden Gate Triathlon Club)	14.2	259	73	346.2
314. Sue Pope (Desert Sharks Triathlon Club)	14.2	179	84	277.2
315. Tami Gabrielse (Redline Triathlon Club)	14.13	525	126.3	665.43
316. Jay McAbier (Cleveland Tri Club)	14.12	53	39	106.12
317. Joleen Smith (Alaska Tri Club Blue Hammering Hares)	14.12	244	32	290.12
318. Nick Brodnicki (Buffalo Triathlon Club)	14.07	289	92	395.07
319. Anita Johnson (Tempo Velo)	13.98	87	100.5	201.48
320. Jay Shore (Kansas River Valley Triathlon Club)	13.98	0	0	13.98
321. Sandy Chiang (DC Triathlon Club)	13.97	125.5	114.6	254.07
322. Micheal Boone (Cincy Express Multisport)	13.92	224.51	88.82	327.25
323. Terry Rosencrantz (Jet City Tri)	13.86	17	70.25	101.11
324. Jason Santarcangelo (Team NRGY)	13.85	548.38	76.54	638.77
325. Khris Vickroy (Hawkeye Endurance Athletics Team (HEAT))	13.85	304.1	115.15	433.1
326. Corinna Maleike (Boulder Triathlon Club)	13.78	48.7	58.81	121.29
327. Heather Benoit (Lakes Region Triathlon Club)	13.73	0	0	13.73
328. Phillip Goodfellow (Tri ATX)	13.7	1606.46	146.82	1766.98
329. Eric Kenar (Team Fraser Multisport)	13.7	376.5	91	481.2
330. Jay Talbott (DC Triathlon Club)	13.7	337	23	373.7
331. Kelly Baker (Cleveland Tri Club)	13.67	152	5	170.67
332. Judy Black (Arvada Triathlon Club)	13.67	125.3	4	142.97
333. Diane Bishop (Buffalo Triathlon Club)	13.64	188.76	47.1	249.5
334. Stacy McCandless (Get Fit Families)	13.61	338.39	49.72	401.72

## USAT National Challenge Competition 2010-2011 Swim Session Report

335.	<b>Ruth Chow</b> (New Mexico Outlaws)	<b>13.59</b>	114	141.47	269.06
336.	<b>Kate De Simone</b> (Trek Trifitness Triathlon Club)	<b>13.58</b>	68.96	16.5	99.04
337.	<b>Rob Ekin</b> (Get Fit Families)	<b>13.53</b>	269.25	63.34	346.12
338.	<b>Wendy McMillan</b> (Boulder Triathlon Club)	<b>13.49</b>	66	89.45	168.94
339.	<b>Jami Burke</b> (Jet City Tri)	<b>13.48</b>	0	0	13.48
340.	<b>Chris Muenzer</b> (Northwest YMCA Tri Club)	<b>13.45</b>	0	38.2	51.65
341.	<b>Mark Terry</b> (El Dorado Hills Triathlon Club)	<b>13.45</b>	215	58.2	286.65
342.	<b>michael corona</b> (CNY Triathlon Club Incorporated)	<b>13.44</b>	75.66	70.57	159.67
343.	<b>Dave McMillan</b> (Boulder Triathlon Club)	<b>13.44</b>	72	67	152.44
344.	<b>Bob Opkins</b> (Hammerhead Triathlon Club)	<b>13.42</b>	84	55.5	152.92
345.	<b>Chris "Dabba" Dabbs</b> (Alaska Tri Club White Wabid Wabbits)	<b>13.41</b>	660	144	817.41
346.	<b>Joe Roof</b> (Northwest YMCA Tri Club)	<b>13.38</b>	112	48.81	174.19
347.	<b>Marilyn Williams</b> (Hammerhead Triathlon Club)	<b>13.37</b>	15	34	62.37
348.	<b>Lynn Ratnavale</b> (DC Triathlon Club)	<b>13.34</b>	231.9	88.1	333.34
349.	<b>Clay Allen</b> (Tri ATX)	<b>13.31</b>	469	86.6	568.91
350.	<b>Kristin Mullally</b> (CNY Triathlon Club Incorporated)	<b>13.29</b>	189	53.55	255.84
351.	<b>Dave Ottenhoff</b> (Team Fraser Multisport)	<b>13.21</b>	133.5	68.25	214.96
352.	<b>Richard Welch</b> (Northwest YMCA Tri Club)	<b>13.19</b>	10	13.5	36.69
353.	<b>Sara DiPaolo</b> (Hammerhead Triathlon Club)	<b>13.16</b>	417	79	509.16
354.	<b>Steve Southerland</b> (Triathlon Club of San Diego T1)	<b>13.14</b>	240.3	53.38	306.82
355.	<b>Nick Scott</b> (Midwest Xtreme)	<b>13.12</b>	113.9	12	139.02
356.	<b>Kimberly Goodell</b> (Capital City Multisport Club)	<b>13.04</b>	65	0	78.04
357.	<b>Kenneth Schweighofer</b> (Team NRGY)	<b>13.02</b>	164.74	63.67	241.43
358.	<b>Julie Hinz</b> (Fox Cities Triathlon Club)	<b>13</b>	75	28	116
359.	<b>Walter Arnold</b> (Hammerhead Triathlon Club)	<b>12.95</b>	355.56	87.63	456.14
360.	<b>Jeremy Hansen</b> (Team Fraser Multisport)	<b>12.95</b>	25.97	66.8	105.72
361.	<b>Linda Nollette</b> (Tribe Triathlon)	<b>12.95</b>	178	92.8	283.75
362.	<b>Kristi Douglas</b> (Triathlon Club of San Diego T1)	<b>12.92</b>	107	18	137.92
363.	<b>Jimmy Adams</b> (Kansas River Valley Triathlon Club)	<b>12.89</b>	3	107	122.89
364.	<b>Clinton Pearson</b> (Tempo Velo)	<b>12.88</b>	59	31	102.88
365.	<b>Rhonda Curry</b> (Louisville Landsharks Triathlon Club)	<b>12.78</b>	0	31.7	44.48
366.	<b>Jim Karnath</b> (Buffalo Triathlon Club)	<b>12.76</b>	33.4	77.6	123.76
367.	<b>Jennifer Redding</b> (Buffalo Triathlon Club)	<b>12.75</b>	324	34	370.75
368.	<b>John Fleming</b> (Infinite Multisport Triathlon Club)	<b>12.68</b>	0	0	12.68
369.	<b>Alice Wiesner</b> (Get Fit Families)	<b>12.65</b>	296	51.3	359.95
370.	<b>David Hamer</b> (Team Great Divide)	<b>12.61</b>	294.8	48.3	355.71
371.	<b>Junius Ho</b> (Fox Cities Triathlon Club)	<b>12.61</b>	187.46	6	206.07
372.	<b>Brad Benter</b> (Alaska Tri Club Red Biting Bunnies)	<b>12.55</b>	190	78.5	281.05
373.	<b>Jeff Schneider</b> (Louisville Landsharks Triathlon Club)	<b>12.55</b>	140	55	207.55

## USAT National Challenge Competition 2010-2011 Swim Session Report

374. Robert Rasmussen (Team Great Divide)	12.49	84	14	110.49
375. Celeste Craig (Lakes Region Triathlon Club)	12.47	139	19.6	171.07
376. Andy Graziano (Boulder Triathlon Club)	12.46	41.2	42.3	95.96
377. Andy Underwood (Alaska Tri Club Red Biting Bunnies)	12.46	112.1	75.5	200.06
378. Sarah Harris (Alaska Tri Club Red Biting Bunnies)	12.43	0	0	12.43
379. Eric Tanner (Lakes Region Triathlon Club)	12.42	0	29	41.42
380. Jane Cudney (New Mexico Outlaws)	12.41	256.73	99.88	369.02
381. Mark Squires (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	12.41	450.95	87	550.36
382. Victoria Mann (Triathlon Club of San Diego T1)	12.39	0	0	12.39
383. Kristi Paradis (Team EnVision)	12.39	123	60.9	196.29
384. Jason Jacobs (Get Fit Families)	12.38	215	58.7	286.08
385. Kal Buckles (Infinite Multisport Triathlon Club)	12.31	0	0	12.31
386. Sarah Wiles (Alaska Tri Club White Wabid Wabbits)	12.3	223	30	265.3
387. Mike Ellis (Boulder Triathlon Club)	12.27	17.8	33.63	63.7
388. Marcus Nashelsky (Hawkeye Endurance Athletics Team (HEAT))	12.21	0	49.55	61.76
389. Shawn Stafford (Kansas River Valley Triathlon Club)	12.17	108	35.9	156.07
390. Will Williams (Northwest YMCA Tri Club)	12.17	48	2.01	62.18
391. Janet Mamikuniam (Alaska Tri Club White Wabid Wabbits)	12.16	135.4	67.7	215.26
392. Iilonga Thandiwe (Team USAT)	12.16	0	187.2	199.36
393. Ian Cherkowski (Conejo Valley Multisport Masters)	12.11	0	31.2	43.31
394. Craig Goldsmith (Midwest Xtreme)	12.11	95	50	157.11
395. Lynne Dzuba (Fox Cities Triathlon Club)	12.1	68.5	31	111.6
396. Cary Gentry (Triad Triathlon Team)	12.1	66	70	148.1
397. Darl Van Rheenen (Midwest Xtreme)	12.1	314.6	37.75	364.45
398. Jim Fynn (HEAT - Hartford Extended Area Triathletes)	12.08	0	0	12.08
399. Mike Morelli (Raise the Bar)	12.03	214.5	60.9	287.43
400. Carol Socks-Parker (Infinite Multisport Triathlon Club)	12.03	0	0	12.03
401. Rachel Faria (Alaska Tri Club Red Biting Bunnies)	12.01	45	25	82.01
402. Kale Halder (Des Moines Triathlon Club)	12.01	271	85	368.01
403. Adam Wright (Kansas River Valley Triathlon Club)	12	191.54	44.3	247.84
404. Penny Quinn (Baltimore Area Triathlon Club)	11.98	77.24	58.09	147.31
405. Dawn "Swoggy" Hansen (Alaska Tri Club White Wabid Wabbits)	11.97	0	23.1	35.07
406. Jim Roth (Golden Gate Triathlon Club)	11.93	90	79	180.93
407. Craig Wilson (Boulder Triathlon Club)	11.93	226	26.84	264.77
408. Juliet Bulnes (Team Psych)	11.92	140	27.5	179.42
409. Lori Landsman Myers (Delta Triathlon Club)	11.91	102.25	32.63	146.79

## USAT National Challenge Competition 2010-2011 Swim Session Report

410.	Jennifer Astalos (Buffalo Triathlon Club)	11.9	149	70.9	231.8
411.	Charles Fell (Louisville Landsharks Triathlon Club)	11.88	0	2	13.88
412.	Patricia Logan (Team Fraser Multisport)	11.88	275.02	55	341.9
413.	Lisa Ramos (Triathlon Club of San Diego T1)	11.87	59.06	71.28	142.21
414.	Al Sickinger (Team Fraser Multisport)	11.87	222.11	43.07	277.05
415.	Joanna Ely (Team Fraser Multisport)	11.84	133.04	51.48	196.36
416.	Kim "Vixen" Kersten (Alaska Tri Club White Wabid Wabbits)	11.81	301	39	351.81
417.	Jay Powell (Tri Fury)	11.8	42.22	46.55	100.57
418.	Cathy Wilson (DC Triathlon Club)	11.73	181.4	58.6	251.73
419.	Millie Tanner (Hammerhead Triathlon Club)	11.7	24	73.8	109.5
420.	Tonya Workman (Team 3x Fast)	11.69	149.5	36.6	197.79
421.	Peter Beeson (Jet City Tri)	11.68	126	0	137.68
422.	Jean Lavin (Lakes Region Triathlon Club)	11.68	58	14.2	83.88
423.	Julie Dixon (Kansas River Valley Triathlon Club)	11.66	71	42	124.66
424.	Shannon Scott (Triad Triathlon Team)	11.65	304	183	498.65
425.	Pam Schuckies (Boulder Triathlon Club)	11.63	221	106	338.63
426.	Bill Marks (Louisville Landsharks Triathlon Club)	11.6	118	43.5	173.1
427.	Ben Gershowitz (Baltimore Area Triathlon Club)	11.59	110	37.9	159.49
428.	Dan Mattingly (Louisville Landsharks Triathlon Club)	11.56	98	39.7	149.26
429.	Shekoufeh Qawami (El Dorado Hills Triathlon Club)	11.56	22	48	81.56
430.	Julie H Farese (Boulder Triathlon Club)	11.55	171	35.5	218.05
431.	Paul Ferguson (Southern Indiana Triathlon Team)	11.54	103.58	56.42	171.54
432.	Craig Parman (Kansas River Valley Triathlon Club)	11.51	165.8	22.7	200.01
433.	Stephanie Denison (Sacramento Triathlon Club)	11.5	187.34	8.28	207.12
434.	Lisa Powell (Northwest YMCA Tri Club)	11.5	164	108.54	284.04
435.	Blake Schrader (Waco Triathlon Club)	11.45	147	127	285.45
436.	Matthew Mannhardt (Alaska Tri Club Red Biting Bunnies)	11.41	178.6	45.4	235.41
437.	Mark Durno (Cleveland Tri Club)	11.39	111	37	159.39
438.	David Dyson (HEAT - Hartford Extended Area Triathletes)	11.37	0	0	11.37
439.	Mike Schroeder (Raise the Bar)	11.37	0	23	34.37
440.	Davide Bergamasco (Tribe Triathlon)	11.36	325.77	18.3	355.43
441.	Kelly Miotke (Team Fraser Multisport)	11.36	189.48	13.5	214.34
442.	Brian Bishop (Wheelworks Multisport)	11.35	60	71.72	143.07
443.	Dale Bing (Kansas River Valley Triathlon Club)	11.34	94	88.3	193.64
444.	Michael Wheatall (Alaska Tri Club Red Biting Bunnies)	11.34	40	13	64.34
445.	Danny Buckley (Buffalo Triathlon Club)	11.32	398	93	502.32
446.	Eugene Partridge (Raise the Bar)	11.3	105	57.15	173.45
447.	Mireya de la pena (Alaska Tri Club Red Biting Bunnies)	11.27	22	20.1	53.37
448.	Rob Ladewig (Pikes Peak Triathlon Club)	11.26	378	94	483.26

## USAT National Challenge Competition 2010-2011 Swim Session Report

449.	Lynne Sandilands (Raise the Bar)	11.25	57.7	8.88	77.83
450.	Idamarie Piccard (Alaska Tri Club Red Biting Bunnies)	11.24	0	33.7	44.94
451.	Karen Willard (DC Triathlon Club)	11.24	162	47.98	221.22
452.	Jan Gutschenritter (Kansas River Valley Triathlon Club)	11.21	289.5	105	405.71
453.	Colleen Franks (Alaska Tri Club Red Biting Bunnies)	11.17	286.5	0	297.67
454.	Emily Korsch (St. Louis Triathlon Club)	11.14	145	81	237.14
455.	Elizabeth Thompson (Alaska Tri Club Blue Hammering Hares)	11.14	0	0	11.14
456.	Gaynor Hills (Jet City Tri)	11.13	0	3.2	14.33
457.	Debra Noonan (Buffalo Triathlon Club)	11.13	18	39.5	68.63
458.	John Kleschinsky (Tri Fury)	11.11	326	142	479.11
459.	Amy Klein (Alaska Tri Club Red Biting Bunnies)	11.06	138	28.9	177.96
460.	Mark Lund (Louisville Landsharks Triathlon Club)	11.06	186	58.65	255.71
461.	Dianna Clemetson (Alaska Tri Club White Wabid Wabbits)	11.01	137	38.1	186.11
462.	Penny Hale (Triathlon Club of San Diego T1)	11	83	11.25	105.25
463.	Leslie Cornick (Alaska Tri Club White Wabid Wabbits)	10.96	88.7	38.3	137.96
464.	Janet Edwards (Cleveland Tri Club)	10.96	100	134.5	245.46
465.	Carl Warren (Conejo Valley Multisport Masters)	10.96	35	29.2	75.16
466.	Stacy Dayley (Alaska Tri Club White Wabid Wabbits)	10.93	406.8	101.4	519.13
467.	Jon Hypnar (Team Fraser Multisport)	10.91	152.25	13.75	176.91
468.	Barry Siff (Boulder Triathlon Club)	10.89	286	79	375.89
469.	Mike Obersheimer (DC Triathlon Club)	10.88	180	45	235.88
470.	Shelley Hinson (Northwest YMCA Tri Club)	10.87	159	64.25	234.12
471.	Wanda Karia (Louisville Landsharks Triathlon Club)	10.84	33	52.9	96.74
472.	Jodi Hays (Triathlon Club of San Diego T1)	10.83	500.5	224.88	736.21
473.	josh mclevy (Trek Trifitness Triathlon Club)	10.8	110	18	138.8
474.	KC Wu (Golden Gate Triathlon Club)	10.8	76	56	142.8
475.	Matt Nowlen (Arvada Triathlon Club)	10.78	196	64.6	271.38
476.	Mark Carioto (Trek Trifitness Triathlon Club)	10.74	283.9	53.5	348.14
477.	Anthony Lambert (Team NRGY)	10.74	153.23	0	163.97
478.	Linda McCandless (Raise the Bar)	10.73	60	45	115.73
479.	Sean Leenaerts (DC Triathlon Club)	10.71	224.7	44.63	280.04
480.	Carolyn Barry (Alaska Tri Club White Wabid Wabbits)	10.68	190	49.8	250.48
481.	Emory McLaughlin (Hammerhead Triathlon Club)	10.67	25.48	85.69	121.84
482.	Garrett Asanuma (Conejo Valley Multisport Masters)	10.65	37	39	86.65
483.	Karie Underwood (Desert Sharks Triathlon Club)	10.63	34	116	160.63
484.	Jason Fruh (Team Great Divide)	10.61	168	39.5	218.11
485.	Carl Armstrong (New Mexico Outlaws)	10.6	386	60.2	456.8
486.	Joe Grey (Buffalo Triathlon Club)	10.56	202.5	62.3	275.36
487.	Laura McGraw (Boulder Triathlon Club)	10.43	39.2	38.8	88.43

## USAT National Challenge Competition 2010-2011 Swim Session Report

488.	Alan McMillion (Hammerhead Triathlon Club)	10.43	329.9	161.9	502.23
489.	Ann Ottenhoff (Team Fraser Multisport)	10.4	135.19	51.75	197.34
490.	Terri Fair (Louisville Landsharks Triathlon Club)	10.35	38.74	27.2	76.29
491.	Andrew Porn (Capital City Multisport Club)	10.35	20	32.41	62.76
492.	Erika Thompson (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	10.35	28	51	89.35
493.	Diane Glomski (Team Fraser Multisport)	10.33	269.69	11.5	291.52
494.	Deana Watson (Alaska Tri Club White Wabid Wabbits)	10.3	185.1	85.5	280.9
495.	Dieter Bruhn (Boulder Triathlon Club)	10.29	0	15.9	26.19
496.	Robert Mead (Triathlon Club of San Diego T1)	10.29	26	10.8	47.09
497.	Kate Day (Team Fraser Multisport)	10.28	338.03	16.5	364.81
498.	Marianne Jacobs (Team 3x Fast)	10.28	92.5	7.9	110.68
499.	Warren Schuckies (Boulder Triathlon Club)	10.28	110	43	163.28
500.	Tony Garrow (Buffalo Triathlon Club)	10.27	119	96.2	225.47
501.	Sarah Bay-Cheng (Buffalo Triathlon Club)	10.26	190.3	135.02	335.58
502.	Denise Walos (Silicon Valley Tri Club)	10.24	143	0	153.24
503.	Son Hong (Golden Gate Triathlon Club)	10.23	30	74	114.23
504.	Andrew Whipple (El Dorado Hills Triathlon Club)	10.23	100	0	110.23
505.	Mike Wagemaster (Midwest Xtreme)	10.19	32.5	18	60.69
506.	Kathie Blinn (Get Fit Families)	10.17	117	58.75	185.92
507.	Laura Johnston (Alaska Tri Club White Wabid Wabbits)	10.17	380	71.7	461.87
508.	Sonya Monterose (Lakes Region Triathlon Club)	10.17	105	95.2	210.37
509.	Cathi Koehler (HEAT - Hartford Extended Area Triathletes)	10.12	165	38	213.12
510.	Greg Seethaler (Arvada Triathlon Club)	10.12	273	83.5	366.62
511.	Joni Briganti (Fredericksburg Triathlon Club)	10.09	0	6	16.09
512.	Tanya Molleker (Kansas River Valley Triathlon Club)	10.09	60	44.5	114.59
513.	Bryan Frank (DC Triathlon Club)	10.07	28	58.5	96.57
514.	Shannon Gilfillan (Cleveland Tri Club)	10.07	95	15	120.07
515.	Amy Matthews (Jet City Tri)	10.07	61	20.5	91.57
516.	Dave Kraemer (Silicon Valley Tri Club)	10.06	270	81	361.06
517.	Mark Madeoy (Raise the Bar)	10.04	208	37.25	255.29
518.	Barry Breffle (Midwest Xtreme)	10.03	4	140.3	154.33
519.	Deborah Eppstein (Desert Sharks Triathlon Club)	10	0	0	10
520.	Rachelle Berry (Wheelworks Multisport)	9.95	86.25	35.2	131.4
521.	Dawn Dinwoodie (Alaska Tri Club Red Biting Bunnies)	9.95	15	11	35.95
522.	Peter Dreher (Alaska Tri Club Blue Hammering Hares)	9.91	61.34	41.6	112.85
523.	Claudette Yesmant (Alaska Tri Club White Wabid Wabbits)	9.9	14	26.8	50.7
524.	Russ Noonan (Team Great Divide)	9.88	0	0	9.88

## USAT National Challenge Competition 2010-2011 Swim Session Report

525. Duane Rorie (Team 3x Fast)	9.88	188	80.75	278.63
526. Jon Ely (Team Fraser Multisport)	9.86	147.79	131.68	289.33
527. Bruce Nelson (Alaska Tri Club Red Biting Bunnies)	9.86	46	11.5	67.36
528. Debi Bernardes (Fredericksburg Triathlon Club)	9.85	106	0	115.85
529. Liz Murphy (Capital City Multisport Club)	9.85	0	0	9.85
530. Rafael Martinez (HEAT - Hartford Extended Area Triathletes)	9.83	479	86.25	575.08
531. Greg Wirth (Team Great Divide)	9.83	0	10	19.83
532. Jeromie Sandall (Alaska Tri Club Blue Hammering Hares)	9.82	103	46.4	159.22
533. Jay Lochhead (Boulder Triathlon Club)	9.8	154	32.6	196.4
534. David Kent (Des Moines Triathlon Club)	9.79	169.5	44.15	223.44
535. Ken Fitzgerald (Alaska Tri Club Red Biting Bunnies)	9.78	144.9	10.8	165.48
536. Joe Turcotte (Pikes Peak Triathlon Club)	9.77	334	76	419.77
537. John Schnatz (Tri ATX)	9.75	230	15	254.75
538. Tony Oberman (Des Moines Triathlon Club)	9.73	249	104.8	363.53
539. Dave Stankes (Lakes Region Triathlon Club)	9.68	0	3.5	13.18
540. Kelly Burns Gallagher (HEAT - Hartford Extended Area Triathletes)	9.66	391.8	69.05	470.51
541. Tom Crites (Golden Gate Triathlon Club)	9.66	480	96	585.66
542. Christian Kurilko (Cleveland Tri Club)	9.66	95	77	181.66
543. Mary Lou Plante (CNY Triathlon Club Incorporated)	9.59	36	0	45.59
544. Michael Champagne (Bay State Triathlon Club)	9.56	175	50.9	235.46
545. Kerry Mowlam (Hammerhead Triathlon Club)	9.55	435	99	543.55
546. Jeff Bucy (Team 3x Fast)	9.54	45	47.36	101.9
547. Josh Couture (Louisville Landsharks Triathlon Club)	9.52	32	20.8	62.32
548. Paul Ryan (HEAT - Hartford Extended Area Triathletes)	9.51	75	11	95.51
549. Roman Krzyzanowski (Team Fraser Multisport)	9.49	970	156	1135.49
550. Jack Campbell (Alaska Tri Club White Wabid Wabbits)	9.47	120.8	146.5	276.77
551. Jamie Evans (Alaska Tri Club Red Biting Bunnies)	9.47	0	6	15.47
552. Kelly Danias (Northwest YMCA Tri Club)	9.46	13	45.75	68.21
553. Debi Rose (Boulder Triathlon Club)	9.45	135.65	67.8	212.9
554. Brandon Robertson (Tri ATX)	9.43	207.86	104.55	321.84
555. Will Taylor (Hammerhead Triathlon Club)	9.43	636.66	140.78	786.87
556. Holly Alexander (Kansas River Valley Triathlon Club)	9.41	0	40.1	49.51
557. Michael Carey (Conejo Valley Multisport Masters)	9.38	104.7	11.3	125.38
558. Mike Randall (Lakes Region Triathlon Club)	9.38	84	48	141.38
559. Mike Willet (Waco Triathlon Club)	9.38	0	1.5	10.88
560. Benjamin Haavik (Wheelworks Multisport)	9.37	0	22.1	31.47
561. Mike Hankinson (Jet City Tri)	9.37	0	42.9	52.27
562. Dianne Prince (Alaska Tri Club White Wabid Wabbits)	9.34	103	49	161.34

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>563. Ron Poitras</b> (Lakes Region Triathlon Club)	<b>9.31</b>	110	113.9	233.21
<b>564. Payton McDonald</b> (Team NRGY)	<b>9.3</b>	80	71	160.3
<b>565. Jessica Hagenbuch</b> (Team NRGY)	<b>9.29</b>	32	106.68	147.97
<b>566. Andrea Tesch</b> (Alaska Tri Club Red Biting Bunnies)	<b>9.25</b>	104	0	113.25
<b>567. Jennifer Werner</b> (DC Triathlon Club)	<b>9.24</b>	152.8	36.3	198.34
<b>568. Karl Dauphinais</b> (HEAT - Hartford Extended Area Triathletes)	<b>9.2</b>	84.5	11.25	104.95
<b>569. Prashant Bahtia</b> (Triathlon Club of San Diego T1)	<b>9.16</b>	226.16	57.6	292.92
<b>570. Jaapje Kukors</b> (Raise the Bar)	<b>9.16</b>	70	19.1	98.26
<b>571. Kelly Christensen</b> (Raise the Bar)	<b>9.12</b>	86.9	23	119.02
<b>572. Jen Petrovsek</b> (Cleveland Tri Club)	<b>9.12</b>	118	70	197.12
<b>573. Neil Dewar</b> (Trek Trifitness Triathlon Club)	<b>9.09</b>	16	34.5	59.59
<b>574. Alane Hughes</b> (Alaska Tri Club White Wabid Wabbits)	<b>9.09</b>	89	66.3	164.39
<b>575. Jeff Marck</b> (Tri ATX)	<b>9.09</b>	20	192	221.09
<b>576. Andreas Wolf</b> (Golden Gate Triathlon Club)	<b>9.09</b>	135	9	153.09
<b>577. Lee Beebe</b> (Sacramento Triathlon Club)	<b>9.08</b>	0	0	9.08
<b>578. Jon Sears</b> (Alaska Tri Club Red Biting Bunnies)	<b>9.08</b>	55	37.7	101.78
<b>579. Kent Bradford</b> (Kansas River Valley Triathlon Club)	<b>9.06</b>	247.84	19.41	276.31
<b>580. Rich Kiser</b> (Pikes Peak Triathlon Club)	<b>9.03</b>	217.1	42.6	268.73
<b>581. Luc Vantalou</b> (Silicon Valley Tri Club)	<b>9</b>	38	99	146
<b>582. Kimberly Boneham</b> (HEAT - Hartford Extended Area Triathletes)	<b>8.99</b>	0	0	8.99
<b>583. Larry Seidman</b> (Pikes Peak Triathlon Club)	<b>8.95</b>	110	48	166.95
<b>584. Robert Lewis</b> (Steel Valley Triathlon Club)	<b>8.93</b>	154.7	53.65	217.28
<b>585. Ken Frey</b> (Baltimore Area Triathlon Club)	<b>8.92</b>	109.75	70	188.67
<b>586. Mike Ricci</b> (Boulder Triathlon Club)	<b>8.92</b>	127.39	100	236.31
<b>587. Chris Snopek</b> (Team Fraser Multisport)	<b>8.9</b>	45	58.23	112.13
<b>588. Phil Jolliff</b> (Cleveland Tri Club)	<b>8.89</b>	87	33	128.89
<b>589. Andrew Olsen</b> (Buffalo Triathlon Club)	<b>8.89</b>	0	0	8.89
<b>590. Isa Hashim</b> (Silicon Valley Tri Club)	<b>8.86</b>	59.2	58.01	126.07
<b>591. Vin Darcy</b> (HEAT - Hartford Extended Area Triathletes)	<b>8.81</b>	230	103	341.81
<b>592. Lisa Mason</b> (Raise the Bar)	<b>8.8</b>	9	32.05	49.85
<b>593. Michael Newman</b> (Louisville Landsharks Triathlon Club)	<b>8.8</b>	82	58.5	149.3
<b>594. Nicole Rosa</b> (Pikes Peak Triathlon Club)	<b>8.8</b>	175	68	251.8
<b>595. Jamie Ulloa</b> (Delta Triathlon Club)	<b>8.79</b>	54	15	77.79
<b>596. Daniel Wnorowski</b> (CNY Triathlon Club Incorporated)	<b>8.76</b>	152	63.3	224.06
<b>597. Nancy Larson</b> (Raise the Bar)	<b>8.75</b>	175	8.3	192.05
<b>598. Aaron Malapanis</b> (Alaska Tri Club Blue Hammering Hares)	<b>8.72</b>	157.9	45.6	212.22
<b>599. Joseph Coyne</b> (DC Triathlon Club)	<b>8.69</b>	134	45.65	188.34

## USAT National Challenge Competition 2010-2011 Swim Session Report

600.	Elizabeth Larson (Boulder Triathlon Club)	8.66	33	7	48.66
601.	Liddy Marquez (Baltimore Area Triathlon Club)	8.63	127	41.1	176.73
602.	Diane Sardes (Buffalo Triathlon Club)	8.63	83	35	126.63
603.	Melissa Spottedhorse (Kansas River Valley Triathlon Club)	8.63	143	30	181.63
604.	Mick Bakker (Alaska Tri Club White Wabid Wabbits)	8.6	131.5	105	245.1
605.	Sara Rosenbloom (Lakes Region Triathlon Club)	8.57	0	15.6	24.17
606.	Newton Ganac (Golden Gate Triathlon Club)	8.52	50	25	83.52
607.	Dave Getzelman (Golden Gate Triathlon Club)	8.52	150	30	188.52
608.	Chris Hamlin (Golden Gate Triathlon Club)	8.52	78	25	111.52
609.	Walter Lee (Golden Gate Triathlon Club)	8.52	56	35	99.52
610.	Ryan Long (Golden Gate Triathlon Club)	8.52	78	45	131.52
611.	Chris Lutz (Team Fraser Multisport)	8.52	0	0	8.52
612.	Sandrine Micoleau (Golden Gate Triathlon Club)	8.52	98	57	163.52
613.	Annette Neely (Golden Gate Triathlon Club)	8.52	0	13	21.52
614.	Julia Prescott (Golden Gate Triathlon Club)	8.52	82	85	175.52
615.	Bernardo Tapia (Silicon Valley Tri Club)	8.52	100	180	288.52
616.	Mike Wilson (Golden Gate Triathlon Club)	8.52	89	56	153.52
617.	Desi Klarr (Triathlon Club of San Diego T1)	8.5	59	2	69.5
618.	Brad Schildt (Boulder Triathlon Club)	8.5	166	37.2	211.7
619.	Jim Johns (Midwest Xtreme)	8.47	330.2	38.1	376.77
620.	Scott Leary (DC Triathlon Club)	8.47	291	57.75	357.22
621.	Suzanne Wheatall (Alaska Tri Club White Wabid Wabbits)	8.46	168.5	39.3	216.26
622.	Anna Demerly (Southern Indiana Triathlon Team)	8.45	48	10.7	67.15
623.	Becky Sage (Triad Triathlon Team)	8.44	84	24	116.44
624.	Tanya Cady (Cleveland Tri Club)	8.41	136	59	203.41
625.	Julie Kenar (Team Fraser Multisport)	8.41	302.73	60.21	371.35
626.	Martin Messersmith (Delta Triathlon Club)	8.41	110.15	58.5	177.06
627.	Rurik Johnson (Buffalo Triathlon Club)	8.4	425	76	509.4
628.	Poy Wong (Team Great Divide)	8.4	86	8	102.4
629.	Chrissy Steigerwald (Pikes Peak Triathlon Club)	8.32	25	102	135.32
630.	Angie Harris (Alaska Tri Club Red Biting Bunnies)	8.31	110	18	136.31
631.	Leslie Adamczyk (Team NRGY)	8.3	68.75	37.84	114.89
632.	Jennifer Gettmann (Jet City Tri)	8.29	120	549.26	677.55
633.	Joseph Gerber (Pikes Peak Triathlon Club)	8.27	64	26.5	98.77
634.	Jeff Nollette (Tribe Triathlon)	8.27	131	29	168.27
635.	Kilic Zeynep (Alaska Tri Club Red Biting Bunnies)	8.25	105.34	26	139.59
636.	Chris Bryant (HEAT - Hartford Extended Area Triathletes)	8.24	296	99.35	403.59
637.	Karen Turner (Conejo Valley Multisport Masters)	8.24	0	5	13.24
638.	Echo McDonald (Alaska Tri Club Red Biting Bunnies)	8.21	19	23.1	50.31
639.	Ryan Griessmeyer (Capital City Multisport Club)	8.2	120.3	43.9	172.4

## USAT National Challenge Competition 2010-2011 Swim Session Report

640. Margi Petersen (Alaska Tri Club Red Biting Bunnies)	8.16	29.5	20	57.66
641. Bob Witt (Triad Triathlon Team)	8.14	114	60	182.14
642. Jeanne Hickman (Waco Triathlon Club)	8.12	115	23	146.12
643. Craig Mollerstuen (Alaska Tri Club Red Biting Bunnies)	8.12	52.5	20.9	81.52
644. Tim Dieffenbach (Buffalo Triathlon Club)	8.11	202	43.2	253.31
645. Steven Davis (Hawkeye Endurance Athletics Team (HEAT))	8.1	128.35	37.4	173.85
646. Veronica Morris (Tri Fury)	8.09	0	55.5	63.59
647. Carleen Ulbrich (Alaska Tri Club White Wabid Wabbits)	8.09	23	61	92.09
648. Bill Mahlik (Redline Triathlon Club)	8.05	0	48.5	56.55
649. Cindy Regnante (Tri Fury)	8	113	43.5	164.5
650. Kelly Richards (Raise the Bar)	8	112	27.4	147.4
651. Luke Kiskaddon (Alaska Tri Club White Wabid Wabbits)	7.97	3	46.5	57.47
652. Patricia Zigler (Tempo Velo)	7.97	112	51.35	171.32
653. Jamie Elswick (Alaska Tri Club Red Biting Bunnies)	7.96	84	35.8	127.76
654. Tarus Nelson (Tri Unify Mid-Atlantic)	7.95	112	55.5	175.45
655. Jeannette Duenow (Alaska Tri Club White Wabid Wabbits)	7.93	16	30.5	54.43
656. Corrie Smith (Alaska Tri Club White Wabid Wabbits)	7.93	407.4	51.4	466.73
657. Kneeland Taylor (Alaska Tri Club Red Biting Bunnies)	7.93	0	14	21.93
658. Harry Williams (Team Psych)	7.9	184	73	264.9
659. Sarah Kimball (Sacramento Triathlon Club)	7.89	0	0	7.89
660. Ron Porter (Hammerhead Triathlon Club)	7.89	132	156.72	296.61
661. Pete Mejia (Alaska Tri Club White Wabid Wabbits)	7.88	100.2	22.6	130.68
662. Robin Cain (Tri Fury)	7.86	306	109.34	423.2
663. Jeff Kitto (Delta Triathlon Club)	7.86	149.2	59.2	216.26
664. Christina Lindh (Alaska Tri Club White Wabid Wabbits)	7.86	15	3	25.86
665. David Kurtz (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	7.85	46	11	64.85
666. Rob Gould (Trek Trifitness Triathlon Club)	7.84	159.5	0	167.34
667. Veronica Vania (Alaska Tri Club Red Biting Bunnies)	7.84	5	32.3	45.14
668. Bob Fodstad (Southern Indiana Triathlon Team)	7.83	24	47.8	79.63
669. Nicole Drummer (Pikes Peak Triathlon Club)	7.81	11	36.82	55.63
670. Peter Rabe (Capital City Multisport Club)	7.8	86	23.5	117.3
671. John Flanders (Kansas River Valley Triathlon Club)	7.78	33	4.5	45.28
672. Jason Panzer (Trek Trifitness Triathlon Club)	7.78	153	31.4	192.18
673. Bill Carlin (Fredericksburg Triathlon Club)	7.77	0	45.58	53.35
674. Brandon Henneman (Cleveland Tri Club)	7.76	133	55	195.76
675. Deb Ice (Louisville Landsharks Triathlon Club)	7.73	95	22.6	125.33
676. Patrick O'Neill (Team NRGY)	7.73	192	58.15	257.88
677. Robin Murphy (Jet City Tri)	7.72	20.75	0	28.47

## USAT National Challenge Competition 2010-2011 Swim Session Report

678.	<b>Valerie Briones</b> (Louisville Landsharks Triathlon Club)	7.7	68.35	9.8	85.85
679.	<b>William Ware</b> (Tri ATX)	7.69	101.19	42.28	151.16
680.	<b>Chris Ankrum</b> (Buffalo Triathlon Club)	7.67	385	105	497.67
681.	<b>Nancy Goodnight</b> (Waco Triathlon Club)	7.67	105	82	194.67
682.	<b>Clyde Kimball</b> (Sacramento Triathlon Club)	7.66	18	0	25.66
683.	<b>Laura Lewis</b> (Steel Valley Triathlon Club)	7.65	51	64.7	123.35
684.	<b>Shawn Devlin</b> (Kansas River Valley Triathlon Club)	7.61	52	18.99	78.6
685.	<b>Christopher Ryan</b> (DC Triathlon Club)	7.61	182	98	287.61
686.	<b>Mike Jacobson</b> (Team Great Divide)	7.58	50	85.2	142.78
687.	<b>Brian Fleming</b> (Triathlon Club of San Diego T1)	7.56	24	45.63	77.19
688.	<b>Paul Rogers</b> (Team Fraser Multisport)	7.56	187.93	27.66	223.15
689.	<b>Jorji Knickrehm</b> (Jet City Tri)	7.55	0	0	7.55
690.	<b>Julia Koch</b> (Holmdel Tru Velocity Athletic Club)	7.54	0	0	7.54
691.	<b>Lillian Koch</b> (Holmdel Tru Velocity Athletic Club)	7.54	0	0	7.54
692.	<b>David Bianchi</b> (Jet City Tri)	7.53	322.5	37.3	367.33
693.	<b>Chris McGreevy</b> (Northwest YMCA Tri Club)	7.5	48	9	64.5
694.	<b>Scott Carmack</b> (Pikes Peak Triathlon Club)	7.49	120	43	170.49
695.	<b>Stephanie Grohs</b> (Raise the Bar)	7.48	19.78	6.5	33.76
696.	<b>Jennifer Mommens</b> (St. Louis Triathlon Club)	7.47	206	70	283.47
697.	<b>Nancy Meade</b> (Alaska Tri Club White Wabid Wabbits)	7.44	86	61	154.44
698.	<b>Lorraine Grix</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	7.42	0	0	7.42
699.	<b>Julie Ammon</b> (Southern Indiana Triathlon Team)	7.41	48	39.81	95.22
700.	<b>Dan Tucker</b> (Midwest Xtreme)	7.41	184.3	37.1	228.81
701.	<b>Kris Abegg</b> (Alaska Tri Club White Wabid Wabbits)	7.4	48.6	12	68
702.	<b>Linda Larkee</b> (Arvada Triathlon Club)	7.4	122.5	52	181.9
703.	<b>Pascale Butcher</b> (Trek Trifitness Triathlon Club)	7.39	120	96	223.39
704.	<b>Diana Burbank</b> (Alaska Tri Club Red Biting Bunnies)	7.37	35	40	82.37
705.	<b>Jennifer Bell</b> (Buffalo Triathlon Club)	7.36	199	55.6	261.96
706.	<b>Chris DeBottis</b> (CNY Triathlon Club Incorporated)	7.35	42.85	3.1	53.3
707.	<b>Mary Daley</b> (HEAT - Hartford Extended Area Triathletes)	7.33	30	99	136.33
708.	<b>Elizabeth Carroll</b> (DC Triathlon Club)	7.32	20	12.5	39.82
709.	<b>Wendy Klokkenvold</b> (El Dorado Hills Triathlon Club)	7.32	12	13	32.32
710.	<b>Brad Harris</b> (Alaska Tri Club Red Biting Bunnies)	7.31	104	35.2	146.51
711.	<b>Barbara Wood</b> (Lakes Region Triathlon Club)	7.3	64	9.8	81.1
712.	<b>Jerry Thayer</b> (Raise the Bar)	7.29	22	255.44	284.73
713.	<b>Dawn Gardner</b> (Alaska Tri Club Red Biting Bunnies)	7.28	24	21	52.28
714.	<b>Rebecca Stephenson</b> (HEAT - Hartford Extended Area Triathletes)	7.27	199	37	243.27
715.	<b>Debbie Shelton</b> (Louisville Landsharks Triathlon Club)	7.26	39	184.88	231.14

## USAT National Challenge Competition 2010-2011 Swim Session Report

716. <b>Nikki Difani</b> (St. Louis Triathlon Club)	<b>7.24</b>	271.5	125.35	404.09
717. <b>Patty Swedberg</b> (Raise the Bar)	<b>7.24</b>	65	17	89.24
718. <b>Nicholas Sullivan</b> (Team 3x Fast)	<b>7.21</b>	233	27.77	267.98
719. <b>Rebecca Reichardt</b> (Sacramento Triathlon Club)	<b>7.18</b>	201.77	37.51	246.46
720. <b>Kevin Byrne</b> (Louisville Landsharks Triathlon Club)	<b>7.16</b>	45	54	106.16
721. <b>Kim Cromwell</b> (Louisville Landsharks Triathlon Club)	<b>7.16</b>	83	24.2	114.36
722. <b>Kevin Jones</b> (Raise the Bar)	<b>7.14</b>	31.4	40.7	79.24
723. <b>Ken Lucchesi</b> (Silicon Valley Tri Club)	<b>7.12</b>	140.77	72.08	219.97
724. <b>Lora Bunch</b> (Jet City Tri)	<b>7.11</b>	0	0	7.11
725. <b>Tim Dunham</b> (Tri Fury)	<b>7.1</b>	222	14	243.1
726. <b>Mila Olson</b> (El Dorado Hills Triathlon Club)	<b>7.09</b>	65.5	54.75	127.34
727. <b>Connie Richter</b> (Louisville Landsharks Triathlon Club)	<b>7.08</b>	73.2	19.75	100.03
728. <b>Michael Entwistle</b> (Triathlon Club of San Diego T1)	<b>7.06</b>	201	54.1	262.16
729. <b>Paul Vosti</b> (Delta Triathlon Club)	<b>7.06</b>	144.55	22.57	174.18
730. <b>Shauna Yelverton</b> (Kansas River Valley Triathlon Club)	<b>7.06</b>	173.9	87.55	268.51
731. <b>Audrey Altenburg</b> (Triathlon Club of San Diego T1)	<b>7.05</b>	24	22	53.05
732. <b>Lora Jorgensen</b> (Alaska Tri Club Red Biting Bunnies)	<b>7.05</b>	78.2	50.7	135.95
733. <b>Liane Axe</b> (DC Triathlon Club)	<b>7.03</b>	12	43.1	62.13
734. <b>Amy Garrison</b> (I3 Triathlon Club)	<b>7.03</b>	81.88	24.59	113.5
735. <b>Brian Maras</b> (Steel Valley Triathlon Club)	<b>7.02</b>	142	65.1	214.12
736. <b>Holly Mitchell</b> (Alaska Tri Club White Wabid Wabbits)	<b>7.02</b>	38	18.3	63.32
737. <b>Tona Mendoza</b> (Midwest Xtreme)	<b>7.01</b>	112.06	26.53	145.6
738. <b>Bristol Hartlage</b> (Triathlon Club of San Diego T1)	<b>7</b>	0	65.55	72.55
739. <b>Tom Kinneman</b> (Tri Fury)	<b>7</b>	150	61	218
740. <b>Kellie Trybalski</b> (Buffalo Triathlon Club)	<b>7</b>	130.5	37.75	175.25
741. <b>Jill Bell</b> (Jet City Tri)	<b>6.97</b>	12	1.5	20.47
742. <b>Amber Keech</b> (Utah Valley University Triathlon Club)	<b>6.97</b>	89.25	0	96.22
743. <b>Ben Castro</b> (Triathlon Club of San Diego T1)	<b>6.84</b>	0	2.5	9.34
744. <b>Claire Cloutier</b> (Tri Fury)	<b>6.84</b>	14	4	24.84
745. <b>Alexis Rohde</b> (Baltimore Area Triathlon Club)	<b>6.83</b>	94.1	39.4	140.33
746. <b>Andrew Fisher</b> (Golden Gate Triathlon Club)	<b>6.82</b>	78	96	180.82
747. <b>Chris Nosek</b> (Golden Gate Triathlon Club)	<b>6.82</b>	186	21	213.82
748. <b>Leslie Morgan</b> (Jet City Tri)	<b>6.8</b>	12	9	27.8
749. <b>Kyle Diercks</b> (Jet City Tri)	<b>6.77</b>	36	62	104.77
750. <b>Hunter MacLean</b> (Jet City Tri)	<b>6.77</b>	0	96.97	103.74
751. <b>Barbara Katz</b> (Team NRGY)	<b>6.75</b>	175	52.62	234.37
752. <b>Bob Wojcik</b> (Redline Triathlon Club)	<b>6.72</b>	284.55	74.62	365.89
753. <b>Steve Vaughan</b> (Pikes Peak Triathlon Club)	<b>6.71</b>	68.71	16.1	91.52
754. <b>Jeff Campbell</b> (Alaska Tri Club Red Biting Bunnies)	<b>6.7</b>	44.11	11.6	62.41
755. <b>Scott Gaudet</b> (Bay State Triathlon Club)	<b>6.64</b>	400.7	155.9	563.24

## USAT National Challenge Competition 2010-2011 Swim Session Report

756.	Mike Tirrell (HEAT - Hartford Extended Area Triathletes)	6.64	119	124	249.64
757.	Kari Wiederkehr (Alaska Tri Club White Wabid Wabbits)	6.6	207	41	254.6
758.	John Clark (Alaska Tri Club Blue Hammering Hares)	6.55	371	120	497.55
759.	Marty Gordon (Buffalo Triathlon Club)	6.55	168.79	38.36	213.7
760.	LeeAnn Laccetti (I3 Triathlon Club)	6.55	95	30	131.55
761.	Jon Haukaas (Boulder Triathlon Club)	6.54	0	28.8	35.34
762.	Marion Hinson (Northwest YMCA Tri Club)	6.54	33	152.3	191.84
763.	Paul koch (Holmdel Tru Velocity Athletic Club)	6.54	35	0	41.54
764.	Aaron Morrison (Alaska Tri Club White Wabid Wabbits)	6.54	64.5	24.8	95.84
765.	John Weston (Tri Fury)	6.54	72	27	105.54
766.	Kristi Waythomas (Alaska Tri Club Red Biting Bunnies)	6.51	272.4	133	411.91
767.	Mike Schmidt (Fox Cities Triathlon Club)	6.5	20.5	12	39
768.	Tom Trusdale (Kansas River Valley Triathlon Club)	6.5	10	0	16.5
769.	Bill Delaney (Kansas River Valley Triathlon Club)	6.48	0	33.3	39.78
770.	Carol Feldman (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	6.48	0	6.1	12.58
771.	Ehren Van Melle (Boulder Triathlon Club)	6.48	0	0	6.48
772.	Abigail Sanford (DC Triathlon Club)	6.47	208.5	59.66	274.63
773.	Joe Klein (Alaska Tri Club Red Biting Bunnies)	6.45	15	4.5	25.95
774.	Brian Grant (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	6.44	0	23.5	29.94
775.	Gabe Tabak (Hammerhead Triathlon Club)	6.44	125	33	164.44
776.	Barbara Fichman (DC Triathlon Club)	6.43	0	0	6.43
777.	Eileen Floyd (Alaska Tri Club White Wabid Wabbits)	6.42	66.5	26.4	99.32
778.	Aimee Fitzpatrick (Lakes Region Triathlon Club)	6.39	0	5	11.39
779.	Evelyn Mc Lean-Cowin (Redline Triathlon Club)	6.37	94.5	16	116.87
780.	Nina Greenblatt (Jet City Tri)	6.34	0	44.3	50.64
781.	Lauren Waterson (Capital City Multisport Club)	6.34	152	62.91	221.25
782.	Sarah Chapman (Infinite Multisport Triathlon Club)	6.33	0	0	6.33
783.	Chris Holman (Des Moines Triathlon Club)	6.32	69	45.5	120.82
784.	Tracy Morrison (Alaska Tri Club White Wabid Wabbits)	6.32	57	8.8	72.12
785.	Adam Pavlak (Tri ATX)	6.31	17	3.74	27.05
786.	Matthew Dixon (Triathlon Club of San Diego T1)	6.3	85	3.2	94.5
787.	Debbie Bailey (Triathlon Club of San Diego T1)	6.28	175.5	33.5	215.28
788.	Lauren Hanna (Triathlon Club of San Diego T1)	6.27	128.5	11.9	146.67
789.	Richard Williams (Tempo Velo)	6.26	344	200	550.26
790.	Erik Bergmann (DC Triathlon Club)	6.25	61.88	0	68.13
791.	Stefan Irion (Golden Gate Triathlon Club)	6.25	245	86	337.25
792.	Mandi Leissoo (DC Triathlon Club)	6.25	207.3	3.7	217.25
793.	Brian Thompson (Golden Gate Triathlon Club)	6.25	55	35	96.25

## USAT National Challenge Competition 2010-2011 Swim Session Report

794. Rachel Wadsworth (Golden Gate Triathlon Club)	6.25	64	59	129.25
795. Robert Williams (Golden Gate Triathlon Club)	6.25	11	25	42.25
796. Karen Yeter (Golden Gate Triathlon Club)	6.25	0	0	6.25
797. Kevin Young (Golden Gate Triathlon Club)	6.25	99	23	128.25
798. Natalie Zimmer (Golden Gate Triathlon Club)	6.25	50	5	61.25
799. Andrea Castro (Triathlon Club of San Diego T1)	6.24	479	43	528.24
800. Jeff Brueggeman (St. Louis Triathlon Club)	6.21	21.1	63.25	90.56
801. Abigail O'Leary (Triathlon Club of San Diego T1)	6.2	0	36	42.2
802. Joe Drees (Buffalo Triathlon Club)	6.19	16	20.1	42.29
803. David Ellis (TriMonster)	6.19	0	0	6.19
804. Lynn Strauss (Redline Triathlon Club)	6.18	214	57	277.18
805. Nancy Abriatis (Buffalo Triathlon Club)	6.16	276	96	378.16
806. Karen Bianchi (Jet City Tri)	6.16	62	12.5	80.66
807. Dan Hegner (Infinite Multisport Triathlon Club)	6.16	0	0	6.16
808. Veronica Roy (Team 3x Fast)	6.16	90	4	100.16
809. Pam Buderus (Boulder Triathlon Club)	6.15	63	39	108.15
810. Carol Cohen (DC Triathlon Club)	6.14	32	66.33	104.47
811. Katherine Sullivan (Trek Trifitness Triathlon Club)	6.14	72	16	94.14
812. Diane Weiss (Team Fraser Multisport)	6.14	24.5	12.2	42.84
813. Joe Pautler (Buffalo Triathlon Club)	6.13	109	65.5	180.63
814. Meghan Trainor Wirth (Team Great Divide)	6.13	0	29.1	35.23
815. Carol Aceituno (El Dorado Hills Triathlon Club)	6.12	112.5	30.5	149.12
816. Carolyn Keller Blasch (Team Great Divide)	6.11	45	57.5	108.61
817. Gerry Forman (Triathlon Club of San Diego T1)	6.09	297.35	74.1	377.54
818. Paul Anderson (Triathlon Club of San Diego T1)	6.08	0	3	9.08
819. Nathan Bryson (Northwest YMCA Tri Club)	6.08	54	11.1	71.18
820. Zachary Mehl (Steel Valley Triathlon Club)	6.08	122	32.9	160.98
821. Greg Murnock (Buffalo Triathlon Club)	6.08	29	33.6	68.68
822. Tim Gribbin (Buffalo Triathlon Club)	6.03	225.5	52.8	284.33
823. Michelle Laurent (Team 3x Fast)	6.03	0	16	22.03
824. Richard Reid (Hammerhead Triathlon Club)	6.03	110.42	110.32	226.77
825. Elizabeth West (Team 3x Fast)	6.03	0	0	6.03
826. Caleb Schnatz (Tri ATX)	6.02	10	0	16.02
827. Heather Catchpole (Triathlon Club of San Diego T1)	6	189	39	234
828. Cassie Collins (Alaska Tri Club Blue Hammering Hares)	6	0	0	6
829. Mariannae Winter (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	6	32	18.5	56.5
830. Anita Wright (Alaska Tri Club Red Biting Bunnies)	6	0	0	6
831. Bob Stanionis (Get Fit Families)	5.98	132	17	154.98
832. Sherry Dowdy (Fredericksburg Triathlon Club)	5.97	159	42	206.97

## USAT National Challenge Competition 2010-2011 Swim Session Report

833.	McClure Heidi (Pikes Peak Triathlon Club)	5.96	0	30.5	36.46
834.	Chris Romito (Get Fit Families)	5.96	136.88	70.61	213.45
835.	Maureen Nix (Lakes Region Triathlon Club)	5.95	99	14.3	119.25
836.	Tanelle Yenkevich (Baltimore Area Triathlon Club)	5.94	170	35.5	211.44
837.	Stacie Hernandez (Hammerhead Triathlon Club)	5.92	600	52	657.92
838.	David Ball (Triad Triathlon Team)	5.91	50	39	94.91
839.	Steve Lewis (Redline Triathlon Club)	5.91	194.2	30.7	230.81
840.	Stan Krosavic (Infinite Multisport Triathlon Club)	5.87	0	0	5.87
841.	Giselle Carson (Hammerhead Triathlon Club)	5.86	364	74	443.86
842.	Joy Murphy (Hammerhead Triathlon Club)	5.86	110	191	306.86
843.	Paula Schmidt (Alaska Tri Club White Wabid Wabbits)	5.85	46	61.8	113.65
844.	Beth Foederer (CNY Triathlon Club Incorporated)	5.84	130	148.8	284.64
845.	Tadashi Egami (Tribe Triathlon)	5.83	150	39	194.83
846.	Kellie Kource (Infinite Multisport Triathlon Club)	5.83	0	0	5.83
847.	Jim Stevens (Sacramento Triathlon Club)	5.83	0	0	5.83
848.	Toni Gorman (Alaska Tri Club Blue Hammering Hares)	5.78	52	10	67.78
849.	Greg Rockers (Kansas River Valley Triathlon Club)	5.78	100	15	120.78
850.	Jason Bibler (Buffalo Triathlon Club)	5.76	81	44	130.76
851.	Carlos Flores (Tri Fury)	5.75	110	74	189.75
852.	Thomas Piscitelli, Jr (HEAT - Hartford Extended Area Triathletes)	5.74	141	49	195.74
853.	Tim Runyan (Des Moines Triathlon Club)	5.74	23	46.7	75.44
854.	Charles Harward (Desert Sharks Triathlon Club)	5.71	10	44	59.71
855.	Kelly Bargabos (CNY Triathlon Club Incorporated)	5.7	33	0	38.7
856.	Amber Carpenter (Team Great Divide)	5.69	87	46.3	138.99
857.	Al Clemens (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	5.69	18	32	55.69
858.	Tim Edwards (Cleveland Tri Club)	5.68	151	20	176.68
859.	Daphne Feng (Golden Gate Triathlon Club)	5.68	50	50	105.68
860.	Colleen Kelso (Sugar Cycles Factory Racing)	5.68	0	0	5.68
861.	Brad Williams (Raise the Bar)	5.68	170	34	209.68
862.	Lindsey Higerd (Team 3x Fast)	5.67	203	19.5	228.17
863.	Randy Pickard (Des Moines Triathlon Club)	5.67	292.5	54.15	352.32
864.	Charles OConnor (Louisville Landsharks Triathlon Club)	5.64	84	0	89.64
865.	Kimberly Mendelsohn (Kansas River Valley Triathlon Club)	5.63	0	0	5.63
866.	Robert Nossa (Team NRGY)	5.63	104	71.81	181.44
867.	Kimberley Keene (Louisville Landsharks Triathlon Club)	5.61	0	2	7.61
868.	Stanley May (Kansas River Valley Triathlon Club)	5.61	53	47	105.61

## USAT National Challenge Competition 2010-2011 Swim Session Report

869. Caryn Clifford (HEAT - Hartford Extended Area Triathletes)	5.6	70	46.7	122.3
870. Eric Gibb (Cleveland Tri Club)	5.6	79	49	133.6
871. Nelson Hom (Silicon Valley Tri Club)	5.6	0	0	5.6
872. Kris Armstrong (Infinite Multisport Triathlon Club)	5.58	0	0	5.58
873. Lynne Clemo (Fredericksburg Triathlon Club)	5.58	0	73	78.58
874. Jay Herring (Hammerhead Triathlon Club)	5.58	0	144	149.58
875. Sean Gordon (DC Triathlon Club)	5.57	62	31	98.57
876. Michele Brickner (Get Fit Families)	5.56	196.1	91	292.66
877. Steve Olson (Team 3x Fast)	5.52	227	40	272.52
878. Lisa Gerard (Raise the Bar)	5.51	12	24	41.51
879. Brandy Woodall (Infinite Multisport Triathlon Club)	5.51	0	0	5.51
880. Crystal "Stal" Rogers (Alaska Tri Club White Wabid Wabbits)	5.48	226	18	249.48
881. Kevin Galvin (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	5.45	87	45	137.45
882. Kyle Murphy (Raise the Bar)	5.43	311.05	43.99	360.47
883. Ruth Bookwalter (Raise the Bar)	5.42	80	42	127.42
884. Scott Boyer (Raise the Bar)	5.42	94.4	35.8	135.62
885. Jonathan Bailey (Fox Cities Triathlon Club)	5.4	145	64	214.4
886. Rob Forner (El Dorado Hills Triathlon Club)	5.4	224	33.5	262.9
887. Amy Baldwin (Triathlon Club of San Diego T1)	5.38	136	90.5	231.88
888. Janet Neal (Hammerhead Triathlon Club)	5.36	75	44.36	124.72
889. Robert Takla (Team Fraser Multisport)	5.36	64.02	27.75	97.13
890. George Veliky (Team NRGY)	5.35	152	93.61	250.96
891. Scott Livingston (HEAT - Hartford Extended Area Triathletes)	5.34	179.4	29.5	214.24
892. Diane Mohwinkel (Alaska Tri Club Red Biting Bunnies)	5.33	171	43	219.33
893. John Adamson (Alaska Tri Club Blue Hammering Hares)	5.32	0	0	5.32
894. Paul Kozlowski (Infinite Multisport Triathlon Club)	5.29	0	0	5.29
895. Kelly Pivirotto (Team EnVision)	5.28	0	35.3	40.58
896. Julie Heck (Conejo Valley Multisport Masters)	5.26	28.75	82.98	116.99
897. Nancy McElwain (Louisville Landsharks Triathlon Club)	5.24	71	0	76.24
898. Mount Davis (Southern Indiana Triathlon Team)	5.23	112.5	98.2	215.93
899. Steve Morris (Triad Triathlon Team)	5.23	75	90	170.23
900. Josh Pettit (Desert Sharks Triathlon Club)	5.23	282	100	387.23
901. Gary Godula (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	5.2	99.4	92	196.6
902. Marsha Monson (Desert Sharks Triathlon Club)	5.17	5	45	55.17
903. Deanna Pomfret (Tri Fury)	5.17	15	60	80.17

## USAT National Challenge Competition 2010-2011 Swim Session Report

904.	Steve Fleming (Golden Gate Triathlon Club)	5.11	70	35	110.11
905.	Alex Sigal (Golden Gate Triathlon Club)	5.11	35	64	104.11
906.	Nichole Stepanek (Midwest Xtreme)	5.11	166	42	213.11
907.	Mike Benna (Fredericksburg Triathlon Club)	5.1	30	10	45.1
908.	Teresa Stark (I3 Triathlon Club)	5.1	125.5	31.55	162.15
909.	Lisa Bellincampi (Trek Trifitness Triathlon Club)	5.07	44	30.1	79.17
910.	Eric Guzman-Alvarez (DC Triathlon Club)	5.04	116	40.9	161.94
911.	Shane Wilson (Team Fraser Multisport)	5.03	121.63	6	132.66
912.	Ericka Kramer (Alaska Tri Club White Wabid Wabbits)	5	91.5	13.5	110
913.	Molly English-Bowers (CNY Triathlon Club Incorporated)	4.99	0	31.8	36.79
914.	David Mariotti (Hammerhead Triathlon Club)	4.99	200	95	299.99
915.	Carolina Mejia (DC Triathlon Club)	4.98	12	15.8	32.78
916.	Tricia Dixon (Boulder Triathlon Club)	4.97	16	35.5	56.47
917.	Timothy Newkirk (DC Triathlon Club)	4.97	7.5	24.3	36.77
918.	Alexis Sumner (Infinite Multisport Triathlon Club)	4.95	0	0	4.95
919.	Tony Venticinque (Team Fraser Multisport)	4.95	696.18	119.78	820.91
920.	Ann Kowalczyk (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.94	0	0	4.94
921.	Lisa Larsen (Desert Sharks Triathlon Club)	4.94	71	12	87.94
922.	Brian Motycka (Hammerhead Triathlon Club)	4.93	38	62	104.93
923.	Bill Harbin (Team Fraser Multisport)	4.89	157.48	73.69	236.06
924.	Mike McGuigan (Buffalo Triathlon Club)	4.89	41.7	23.1	69.69
925.	Raimee Eck (DC Triathlon Club)	4.88	24.5	0	29.38
926.	Mosi Smith (Tri Unify Mid-Atlantic)	4.87	8.25	84.95	98.07
927.	Belinda Smith (DC Triathlon Club)	4.86	20	5.1	29.96
928.	Karen Powell (Team Great Divide)	4.84	78	13	95.84
929.	Rene Rodriguez (Team USAT)	4.83	0	0	4.83
930.	Clint Ronan (Buffalo Triathlon Club)	4.79	150.7	75	230.49
931.	Arva Terry (Boulder Triathlon Club)	4.79	21	5	30.79
932.	Brian Cox (Raise the Bar)	4.78	109.5	53	167.28
933.	Larry Mergentime (Team Fraser Multisport)	4.77	120.94	5.06	130.77
934.	Candice White (Triathlon Club of San Diego T1)	4.72	43.35	88.3	136.37
935.	Francis Chew (Boulder Triathlon Club)	4.71	0	0	4.71
936.	Christopher Fiene (Team 3x Fast)	4.7	81	25.1	110.8
937.	Meghan Ralieggh (Pikes Peak Triathlon Club)	4.7	208	60	272.7
938.	Adriana Anderson (DC Triathlon Club)	4.66	0	8.8	13.46
939.	Stephen Carlson (DC Triathlon Club)	4.66	12.2	9.5	26.36
940.	Herbie Reeves (Northwest YMCA Tri Club)	4.66	44	38.1	86.76
941.	Adam Ross (Cape Cod Athletic Club - Cape Cod Triathlon Team)	4.66	315.5	107.99	428.15

## USAT National Challenge Competition 2010-2011 Swim Session Report

942.	<b>Kelly McPherson</b> (Desert Sharks Triathlon Club)	<b>4.65</b>	12	0	16.65
943.	<b>Jennifer Stewart</b> (Trek Trifitness Triathlon Club)	<b>4.65</b>	119.5	40	164.15
944.	<b>Patrick Schmidt</b> (Louisville Landsharks Triathlon Club)	<b>4.63</b>	0	20.5	25.13
945.	<b>Lynette Brown</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>4.62</b>	110	28.25	142.87
946.	<b>Rikki Keen</b> (Alaska Tri Club Red Biting Bunnies)	<b>4.62</b>	167	32	203.62
947.	<b>Molly Ansfield</b> (Pikes Peak Triathlon Club)	<b>4.61</b>	0	6	10.61
948.	<b>Heather Woichik</b> (Desert Sharks Triathlon Club)	<b>4.58</b>	0	9	13.58
949.	<b>Adam Gyi</b> (Golden Gate Triathlon Club)	<b>4.55</b>	47	43	94.55
950.	<b>Bill Hirstius</b> (Desert Sharks Triathlon Club)	<b>4.55</b>	45	25	74.55
951.	<b>Bernadette Muncy</b> (Wheelworks Multisport)	<b>4.55</b>	36	11.91	52.46
952.	<b>Tommy Nosek</b> (Golden Gate Triathlon Club)	<b>4.55</b>	41	100	145.55
953.	<b>Mark Woody</b> (Northwest YMCA Tri Club)	<b>4.54</b>	0	0	4.54
954.	<b>Kevin Hargrave</b> (Infinite Multisport Triathlon Club)	<b>4.52</b>	0	0	4.52
955.	<b>Linda Lynch</b> (Hammerhead Triathlon Club)	<b>4.52</b>	346	100.5	451.02
956.	<b>Mark Silverstein</b> (Team NRGY)	<b>4.51</b>	292	27.3	323.81
957.	<b>Debbie Phillips</b> (Silicon Valley Tri Club)	<b>4.5</b>	420	36	460.5
958.	<b>Luke Winfrey</b> (Kansas River Valley Triathlon Club)	<b>4.5</b>	19	17.4	40.9
959.	<b>Barry Myers</b> (Northwest YMCA Tri Club)	<b>4.49</b>	33	24.1	61.59
960.	<b>Robert Hess</b> (Baltimore Area Triathlon Club)	<b>4.48</b>	105.5	55.7	165.68
961.	<b>Paula Fornes</b> (Triathlon Club of San Diego T1)	<b>4.47</b>	0	41.85	46.32
962.	<b>Randy Murdick</b> (St. Louis Triathlon Club)	<b>4.47</b>	178.5	46	228.97
963.	<b>Pamela Fredericks</b> (Get Fit Families)	<b>4.44</b>	60	62.8	127.24
964.	<b>Michelle Nelson</b> (Sugar Cycles Factory Racing)	<b>4.44</b>	0	0	4.44
965.	<b>Karen Michaels</b> (Buffalo Triathlon Club)	<b>4.43</b>	6	17.5	27.93
966.	<b>Deborah Cox</b> (Raise the Bar)	<b>4.42</b>	166.57	24.02	195.01
967.	<b>Stephen Jenkins</b> (Hammerhead Triathlon Club)	<b>4.4</b>	108	76	188.4
968.	<b>Ken Clark</b> (HEAT - Hartford Extended Area Triathletes)	<b>4.38</b>	70.1	22.54	97.02
969.	<b>Randi Dunn</b> (Triathlon Club of San Diego T2)	<b>4.38</b>	136	65.19	205.57
970.	<b>Erin Bibelhauser</b> (Louisville Landsharks Triathlon Club)	<b>4.37</b>	166.25	46.78	217.4
971.	<b>Matthew Chojnacki</b> (Team Fraser Multisport)	<b>4.37</b>	0	0	4.37
972.	<b>Brent Peters</b> (Tempo Velo)	<b>4.37</b>	57	29	90.37
973.	<b>Terri Gierer</b> (St. Louis Triathlon Club)	<b>4.36</b>	113	36.2	153.56
974.	<b>Blair Cade</b> (Louisville Landsharks Triathlon Club)	<b>4.35</b>	16	14.7	35.05
975.	<b>Liz Shafer</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>4.35</b>	41.2	34	79.55
976.	<b>Kathy Hunken</b> (Hammerhead Triathlon Club)	<b>4.34</b>	109	45.3	158.64
977.	<b>Amanda Janosky</b> (Buffalo Triathlon Club)	<b>4.34</b>	8	22	34.34
978.	<b>Ken Schulz</b> (HEAT - Hartford Extended Area Triathletes)	<b>4.34</b>	11	1	16.34

## USAT National Challenge Competition 2010-2011 Swim Session Report

979. Dan Spedding (HEAT - Hartford Extended Area Triathletes)	4.33	14	0	18.33
980. Keri Clark (Alaska Tri Club Blue Hammering Hares)	4.32	0	11	15.32
981. Dean Cook (Cincy Express Multisport)	4.32	57	19	80.32
982. Terry Days (Tri Fury)	4.31	62.32	30.11	96.74
983. Tony Schwalm (Fredericksburg Triathlon Club)	4.31	106	30	140.31
984. Brendan McKee (Alaska Tri Club White Wabid Wabbits)	4.3	242.48	52.82	299.6
985. Mark Danieli (Tri Fury)	4.26	40	24	68.26
986. Jen Datwyler (El Dorado Hills Triathlon Club)	4.26	82	29	115.26
987. Aronson Kagiliery (Hammerhead Triathlon Club)	4.26	195.9	100.9	301.06
988. Andy Kirk (Alaska Tri Club Blue Hammering Hares)	4.26	65	25	94.26
989. Jon Metz (Buffalo Triathlon Club)	4.26	240	60	304.26
990. Pat Dalton (Buffalo Triathlon Club)	4.25	199	33.5	236.75
991. Vanessa Homyak (Triathlon Club of San Diego T1)	4.25	169.18	15	188.43
992. Pete Anderson (Boulder Triathlon Club)	4.24	118	59	181.24
993. Gretchen Krumm (Team Great Divide)	4.24	40	22	66.24
994. Mylah Garlington (Tri Unify Mid-Atlantic)	4.23	39.61	8.5	52.34
995. Elizabeth Izor (Infinite Multisport Triathlon Club)	4.22	0	0	4.22
996. Jeff Platt (Get Fit Families)	4.22	40	28.35	72.57
997. Bob Cunningham (Northwest YMCA Tri Club)	4.21	40	0	44.21
998. Anna Hlywa (CNY Triathlon Club Incorporated)	4.21	52	69.5	125.71
999. John Lux (Northwest YMCA Tri Club)	4.2	119.76	13.2	137.16
1000. Melanie Rangel (Kansas River Valley Triathlon Club)	4.2	0	5	9.2
1001. Laura Bollinger (Louisville Landsharks Triathlon Club)	4.19	54	67	125.19
1002. Jill Witowski (Triathlon Club of San Diego T1)	4.18	89.5	26.8	120.48
1003. Jen Speranzo (Bay State Triathlon Club)	4.17	194	41.9	240.07
1004. Carol Waters (Alaska Tri Club White Wabid Wabbits)	4.17	203.5	17.3	224.97
1005. Scott Hercules (Hammerhead Triathlon Club)	4.16	25.9	84.36	114.42
1006. Aubrey Fleszar (HEAT - Hartford Extended Area Triathletes)	4.15	150	17	171.15
1007. Dave Tyler (Tri Fury)	4.13	49	117	170.13
1008. Doug Lord (HEAT - Hartford Extended Area Triathletes)	4.12	60	20.2	84.32
1009. Bill Ramsay (Team Great Divide)	4.11	47	126	177.11
1010. Stephen Salvatore (Get Fit Families)	4.1	39	51.42	94.52
1011. Mark Burton (Trek Trifitness Triathlon Club)	4.09	9	8.6	21.69
1012. Marty Baltzegar (Northwest YMCA Tri Club)	4.08	32	41.25	77.33
1013. David Hotchkiss (Hammerhead Triathlon Club)	4.08	299	65.6	368.68
1014. Eric Taylor (Alaska Tri Club White Wabid Wabbits)	4.08	33	3	40.08
1015. Jennifer Watstler (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	4.06	0	13.1	17.16

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>1016. Lora Abernathy</b> (Cincy Express Multisport)	<b>4.04</b>	0	16.25	20.29
<b>1017. Jim Buderus</b> (Boulder Triathlon Club)	<b>4.03</b>	60	60	124.03
<b>1018. Julie Peerson</b> (Hammerhead Triathlon Club)	<b>4.02</b>	267	114.5	385.52
<b>1019. Nicole Weidensaul</b> (Fredericksburg Triathlon Club)	<b>4.01</b>	114	92.5	210.51
<b>1020. Rebecca Kibbee</b> (Lakes Region Triathlon Club)	<b>4</b>	0	15	19
<b>1021. Audrey Knapp</b> (Lakes Region Triathlon Club)	<b>4</b>	85.1	1.5	90.6
<b>1022. Richard Bazy</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>3.99</b>	42.5	97	143.49
<b>1023. Marie Newton</b> (Desert Sharks Triathlon Club)	<b>3.98</b>	348	91	442.98
<b>1024. Denise Santos Ford</b> (Golden Gate Triathlon Club)	<b>3.98</b>	243	24	270.98
<b>1025. Jeff Wong</b> (Golden Gate Triathlon Club)	<b>3.98</b>	0	24	27.98
<b>1026. Britta Anderson</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.93</b>	0	65.5	69.43
<b>1027. John Moran</b> (St. Louis Triathlon Club)	<b>3.93</b>	51.39	43.8	99.12
<b>1028. Kimberly Truehart</b> (Triathlon Club of San Diego T1)	<b>3.89</b>	28	19	50.89
<b>1029. Rita Kelly</b> (Tempo Velo)	<b>3.88</b>	0.75	0	4.63
<b>1030. Bryan Van Houten</b> (Louisville Landsharks Triathlon Club)	<b>3.88</b>	117	16	136.88
<b>1031. Rakesh Ganeriwala</b> (Boulder Triathlon Club)	<b>3.86</b>	68.5	22.25	94.61
<b>1032. Kim Ward</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.86</b>	0	11.9	15.76
<b>1033. Jenn McCormick</b> (Raise the Bar)	<b>3.83</b>	53.83	19.55	77.21
<b>1034. Carolyn Ricciardi</b> (Team NRGY)	<b>3.81</b>	48.6	21.5	73.91
<b>1035. Greg Umberger</b> (Hammerhead Triathlon Club)	<b>3.81</b>	125	192.7	321.51
<b>1036. Bonnie Wanat</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.81</b>	75.8	20.6	100.21
<b>1037. Lynne Collins</b> (St. Louis Triathlon Club)	<b>3.79</b>	87	44.1	134.89
<b>1038. Beth Whipple</b> (Tri Fury)	<b>3.76</b>	47	57.55	108.31
<b>1039. Bryan Bentley</b> (Sacramento Triathlon Club)	<b>3.75</b>	0	0	3.75
<b>1040. Michael Vitug</b> (Triathlon Club of San Diego T1)	<b>3.75</b>	43	30	76.75
<b>1041. Joe Rutowski</b> (Buffalo Triathlon Club)	<b>3.74</b>	120	172	295.74
<b>1042. Lana Krolkowski</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>3.73</b>	0	3.5	7.23
<b>1043. Kristi Leonard</b> (Team 3x Fast)	<b>3.73</b>	5	20.5	29.23
<b>1044. Kevin Mietlicki</b> (Buffalo Triathlon Club)	<b>3.73</b>	120	155	278.73
<b>1045. Kevin Thomas</b> (Infinite Multisport Triathlon Club)	<b>3.73</b>	0	0	3.73
<b>1046. Patricia Jao</b> (Tri Fury)	<b>3.72</b>	0	15.8	19.52
<b>1047. Lindsay Noah-Vermillion</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.72</b>	0	0	3.72
<b>1048. Dan Leclerc</b> (Pikes Peak Triathlon Club)	<b>3.69</b>	129.3	60.73	193.72
<b>1049. Marisa Mascolo</b> (HEAT - Hartford Extended Area Triathletes)	<b>3.67</b>	0	86	89.67
<b>1050. Alice Anderson</b> (Alaska Tri Club Blue Hammering Hares)	<b>3.66</b>	0	0	3.66
<b>1051. Jesse Bollinger</b> (Louisville Landsharks Triathlon Club)	<b>3.65</b>	39	21	63.65

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>1052. Nathan Teater</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.65</b>	156	64.1	223.75
<b>1053. Sarah Mugge</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>3.64</b>	83.5	16	103.14
<b>1054. Corey Strauch</b> (Infinite Multisport Triathlon Club)	<b>3.64</b>	0	0	3.64
<b>1055. Jen Kohout</b> (Alaska Tri Club Blue Hammering Hares)	<b>3.63</b>	0	0	3.63
<b>1056. David Sather</b> (Team 3x Fast)	<b>3.63</b>	133.25	15	151.88
<b>1057. Hoz Toro</b> (Utah Valley University Triathlon Club)	<b>3.59</b>	93	0	96.59
<b>1058. Kara Murphy</b> (Wheelworks Multisport)	<b>3.57</b>	42	10.25	55.82
<b>1059. Gregg Schmitzer</b> (Team Fraser Multisport)	<b>3.52</b>	4.95	21.4	29.87
<b>1060. Julie Vogler</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.51</b>	94.89	64.2	162.6
<b>1061. Matt Gerrald</b> (Northwest YMCA Tri Club)	<b>3.5</b>	113.7	22.4	139.6
<b>1062. Anne Koth</b> (Trek Trifitness Triathlon Club)	<b>3.5</b>	97	18	118.5
<b>1063. Tara Woolf</b> (New Mexico Outlaws)	<b>3.5</b>	222.7	51.3	277.5
<b>1064. Donna Boots</b> (CNY Triathlon Club Incorporated)	<b>3.49</b>	0	0	3.49
<b>1065. Brian Horning</b> (Triathlon Club of San Diego T1)	<b>3.49</b>	88	32.3	123.79
<b>1066. Ean Kleiger</b> (Conejo Valley Multisport Masters)	<b>3.47</b>	93	13	109.47
<b>1067. Peter Canning</b> (HEAT - Hartford Extended Area Triathletes)	<b>3.46</b>	105	22.75	131.21
<b>1068. Craig Nelson</b> (Raise the Bar)	<b>3.46</b>	0	38.7	42.16
<b>1069. Liz Barnett</b> (Trek Trifitness Triathlon Club)	<b>3.42</b>	36	20	59.42
<b>1070. Pat Cunningham</b> (Trek Trifitness Triathlon Club)	<b>3.42</b>	80	56.2	139.62
<b>1071. Kevin Davis</b> (Boulder Triathlon Club)	<b>3.42</b>	68	10.2	81.62
<b>1072. Clayton Griessmeyer</b> (Capital City Multisport Club)	<b>3.42</b>	23	28.7	55.12
<b>1073. Heidi Martinson</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.42</b>	12	10	25.42
<b>1074. Ken Sparrow</b> (Tri Fury)	<b>3.42</b>	96.5	0	99.92
<b>1075. Toshimi Barks</b> (Golden Gate Triathlon Club)	<b>3.41</b>	56	68	127.41
<b>1076. John Branderhorst</b> (Golden Gate Triathlon Club)	<b>3.41</b>	80	90	173.41
<b>1077. Rob Coltman</b> (Hammerhead Triathlon Club)	<b>3.41</b>	10	17	30.41
<b>1078. Ken Graham</b> (St. Louis Triathlon Club)	<b>3.41</b>	113.3	64.5	181.21
<b>1079. Raymond Rugenstein</b> (Team Fraser Multisport)	<b>3.41</b>	29.55	12	44.96
<b>1080. Bonnie Clark</b> (Conejo Valley Multisport Masters)	<b>3.4</b>	0	10.45	13.85
<b>1081. Laurie Ellis</b> (Team EnVision)	<b>3.4</b>	0	0	3.4
<b>1082. Pat Sullivan</b> (Northwest YMCA Tri Club)	<b>3.4</b>	0	0	3.4
<b>1083. Elena Claus</b> (St. Louis Triathlon Club)	<b>3.37</b>	50	41.5	94.87
<b>1084. Scott Harris</b> (Raise the Bar)	<b>3.37</b>	7.1	36	46.47
<b>1085. Carey Ballard</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.36</b>	0	0	3.36
<b>1086. Sandra Fairchild</b> (Triathlon Club of San Diego T1)	<b>3.36</b>	56	39.01	98.37
<b>1087. Shawn Meaney</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>3.36</b>	39.4	10.4	53.16
<b>1088. James Fick</b> (Baltimore Area Triathlon Club)	<b>3.35</b>	0	26.38	29.73

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>1089. Rhonda Stillman</b> (Louisville Landsharks Triathlon Club)	<b>3.35</b>	0	0	3.35
<b>1090. Yvette Liebesman</b> (St. Louis Triathlon Club)	<b>3.3</b>	198.16	41.17	242.63
<b>1091. Chris Dzilinski</b> (Trek Trifitness Triathlon Club)	<b>3.29</b>	0	101.8	105.09
<b>1092. Irwin Tani</b> (St. Louis Triathlon Club)	<b>3.29</b>	54	56	113.29
<b>1093. Michael Toll</b> (Team 3x Fast)	<b>3.27</b>	29	12	44.27
<b>1094. Kelly van Hoek</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.27</b>	15.3	36.1	54.67
<b>1095. Laurie McGorry</b> (Buffalo Triathlon Club Team 2)	<b>3.25</b>	191.3	37.3	231.85
<b>1096. David Ward</b> (Team 3x Fast)	<b>3.25</b>	97	47.49	147.74
<b>1097. Alicia Clemetson</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.24</b>	38	9	50.24
<b>1098. Matt Lewis</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>3.24</b>	90	26.4	119.64
<b>1099. Jeff O'Coin</b> (HEAT - Hartford Extended Area Triathletes)	<b>3.21</b>	620	138	761.21
<b>1100. Ray Bell</b> (Waco Triathlon Club)	<b>3.2</b>	0	0	3.2
<b>1101. Cheryl Pike</b> (Steel Valley Triathlon Club)	<b>3.2</b>	49	28.4	80.6
<b>1102. Dave Zaran</b> (Team Fraser Multisport)	<b>3.19</b>	87.67	43.05	133.91
<b>1103. Jody Rausch</b> (Midwest Xtreme)	<b>3.18</b>	27	25	55.18
<b>1104. Brian Richardson</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.18</b>	140.3	40.8	184.28
<b>1105. Mike Smit</b> (Tempo Velo)	<b>3.18</b>	57.8	15.5	76.48
<b>1106. Susan Jonas</b> (El Dorado Hills Triathlon Club)	<b>3.17</b>	63	19	85.17
<b>1107. Sarah Williams</b> (Midwest Xtreme)	<b>3.15</b>	0	31.25	34.4
<b>1108. Kirsten Olson</b> (Alaska Tri Club Red Biting Bunnies)	<b>3.13</b>	0	0	3.13
<b>1109. Nicole Davis</b> (Team Psych)	<b>3.12</b>	0	0	3.12
<b>1110. Megan Stephens</b> (Hammerhead Triathlon Club)	<b>3.12</b>	258.5	61.2	322.82
<b>1111. Jason Falzon</b> (Sugar Cycles Factory Racing)	<b>3.11</b>	275	40	318.11
<b>1112. Karen Williams</b> (New Mexico Outlaws)	<b>3.11</b>	217	54.4	274.51
<b>1113. Jason Weber</b> (Triathlon Club of San Diego T1)	<b>3.1</b>	156.4	57	216.5
<b>1114. Chris Widmeyer</b> (Cincy Express Multisport)	<b>3.08</b>	0	13.2	16.28
<b>1115. Peter Cawley</b> (Trek Trifitness Triathlon Club)	<b>3.07</b>	80	0	83.07
<b>1116. Rich Hatch</b> (Bay State Triathlon Club)	<b>3.06</b>	80	34	117.06
<b>1117. Cori Church</b> (Triathlon Club of San Diego T2)	<b>3.05</b>	122	37.07	162.12
<b>1118. Jen Leatham</b> (Desert Sharks Triathlon Club)	<b>3.04</b>	48	16	67.04
<b>1119. Ben Berry</b> (Wheelworks Multisport)	<b>3.02</b>	54.75	14.56	72.33
<b>1120. Rob Cackowski</b> (Infinite Multisport Triathlon Club)	<b>3.01</b>	0	0	3.01
<b>1121. Ed Gross</b> (Alaska Tri Club White Wabid Wabbits)	<b>3.01</b>	180.6	0	183.61
<b>1122. Don Stuart</b> (Trek Trifitness Triathlon Club)	<b>3.01</b>	20	10	33.01
<b>1123. Lori Amonette</b> (Triathlon Club of San Diego T1)	<b>3</b>	0	0	3
<b>1124. Vince Brennan</b> (Team Fraser Multisport)	<b>3</b>	188.6	0	191.6
<b>1125. BethAnne Clary</b> (Alaska Tri Club Red Biting Bunnies)	<b>3</b>	101.5	99.9	204.4
<b>1126. Marisa Facchini</b> (Steel Valley Triathlon Club)	<b>3</b>	102	25.2	130.2
<b>1127. Matt Wagner</b> (Buffalo Triathlon Club)	<b>3</b>	245	33.5	281.5

## USAT National Challenge Competition 2010-2011 Swim Session Report

1128. Leah Doster (Alaska Tri Club Red Biting Bunnies)	2.99	85	38.2	126.19
1129. Jan Branham (St. Louis Triathlon Club)	2.98	41.5	31	75.48
1130. Alexandre Gillet (Triathlon Club of San Diego T1)	2.98	198	46.2	247.18
1131. Matilda Guerra (Sugar Cycles Factory Racing)	2.96	0	0	2.96
1132. Diana Koerting (Tri ATX)	2.95	95	29	126.95
1133. Tim McCown (Kansas River Valley Triathlon Club)	2.95	0	19.02	21.97
1134. dustyn dustyn (Delta Triathlon Club)	2.93	0	42.4	45.33
1135. Wayne Harper (Team Fraser Multisport)	2.9	210.01	15	227.91
1136. Luke Powell (Louisville Landsharks Triathlon Club)	2.9	83	33.9	119.8
1137. Mike Schauer (DC Triathlon Club)	2.9	200.2	65.1	268.2
1138. Tori Hamill (St. Louis Triathlon Club)	2.87	130	44	176.87
1139. Lori Levinson (Louisville Landsharks Triathlon Club)	2.86	8	23	33.86
1140. Alan Roush (El Dorado Hills Triathlon Club)	2.86	73	22.5	98.36
1141. Cheryl Campbell (Alaska Tri Club Red Biting Bunnies)	2.85	12.45	3.5	18.8
1142. Chris Drew (HEAT - Hartford Extended Area Triathletes)	2.85	59	28.5	90.35
1143. Melissa Vargas (El Dorado Hills Triathlon Club)	2.85	140	14	156.85
1144. Margot Asiri (Golden Gate Triathlon Club)	2.84	50	29	81.84
1145. Karla Bailey (Golden Gate Triathlon Club)	2.84	56	60	118.84
1146. Vinona Bhatia (Golden Gate Triathlon Club)	2.84	100	17	119.84
1147. Sue Briers (Hammerhead Triathlon Club)	2.84	350	152.1	504.94
1148. leah cohen (Trek Trifitness Triathlon Club)	2.84	203	69	274.84
1149. Tracy Coughlin (Golden Gate Triathlon Club)	2.84	40	40	82.84
1150. Neil DSouza (Golden Gate Triathlon Club)	2.84	200	50	252.84
1151. Cindi Glenn (Desert Sharks Triathlon Club)	2.84	145	77	224.84
1152. Mark Levine (Raise the Bar)	2.84	197.66	161.55	362.05
1153. Jeff Halper (DC Triathlon Club)	2.81	115	125.2	243.01
1154. Brian Verstegen (Silicon Valley Tri Club)	2.8	32	40.3	75.1
1155. Kevin Kingston (DC Triathlon Club)	2.79	60	28	90.79
1156. Andy Garrobo (Pikes Peak Triathlon Club)	2.78	0	58.95	61.73
1157. Kevin Merritt (Infinite Multisport Triathlon Club)	2.78	0	0	2.78
1158. Rachel Vaughan (Team EnVision)	2.77	48	14.26	65.03
1159. Matt Spence (Redline Triathlon Club)	2.75	126.8	26.3	155.85
1160. Christine Mellick (Sacramento Triathlon Club)	2.73	94	160.57	257.3
1161. Erik Romanov (Waco Triathlon Club)	2.73	30	4	36.73
1162. Micahel Smith (Cincy Express Multisport)	2.73	91	23.5	117.23
1163. Rian Welch (Tri Unify Mid-Atlantic)	2.67	0	0	2.67
1164. Sara Cherry (Sugar Cycles Factory Racing)	2.61	0	0	2.61
1165. Lindsay Lippert (Conejo Valley Multisport Masters)	2.61	0	5.5	8.11
1166. Kevin Markham (DC Triathlon Club)	2.61	45.9	50.3	98.81
1167. Joyce Jones (DC Triathlon Club)	2.6	102	63.9	168.5

## USAT National Challenge Competition 2010-2011 Swim Session Report

1168. Greg Funk (Golden Gate Triathlon Club)	2.56	90	25	117.56
1169. Greg Miller (Alaska Tri Club White Wabid Wabbits)	2.56	258.2	46.8	307.56
1170. Karen Stillahn (Team 3x Fast)	2.56	49	2.25	53.81
1171. Laura Toll (Team Psych)	2.56	0	0	2.56
1172. Tony Dirienzo (Tri Fury)	2.55	149	17	168.55
1173. Ryan Joyce (Buffalo Triathlon Club)	2.55	318	137.6	458.15
1174. Michael Poray (Baltimore Area Triathlon Club)	2.54	27	61.5	91.04
1175. Josephine Simko (Trek Trifitness Triathlon Club)	2.54	60	105	167.54
1176. Erik Moyer (Buffalo Triathlon Club)	2.51	0	1	3.51
1177. Kathy Contrino (Buffalo Triathlon Club)	2.5	12	9.3	23.8
1178. Alan Cunningham (Desert Sharks Triathlon Club)	2.5	58	34	94.5
1179. Kari Duane (El Dorado Hills Triathlon Club)	2.5	0	10.5	13
1180. Scott Fruhwirth (Fox Cities Triathlon Club)	2.5	15	72	89.5
1181. Charles Garabedian (Boulder Triathlon Club)	2.5	0	0	2.5
1182. Don Haderle (Tribe Triathlon)	2.5	129	20.5	152
1183. Chris Miars (Waco Triathlon Club)	2.5	35	7	44.5
1184. Bill Schwarz (HEAT - Hartford Extended Area Triathletes)	2.5	137	54.5	194
1185. Ron Winkelman (Buffalo Triathlon Club)	2.5	14	9.3	25.8
1186. Jay Zammit (Team Fraser Multisport)	2.5	172	35	209.5
1187. Diana Garbarino (Silicon Valley Tri Club)	2.48	186	63.5	251.98
1188. Courtney Spratt (Hammerhead Triathlon Club)	2.48	0	53.2	55.68
1189. James Isom (Cleveland Tri Club)	2.47	94	11	107.47
1190. May Toms (Triad Triathlon Team)	2.47	63	9.5	74.97
1191. Sara Hacker (Vulcan Triathletes)	2.44	63	35.8	101.24
1192. Edwin Figueroa (Buffalo Triathlon Club)	2.41	16	10	28.41
1193. Anthony Oliver (Alaska Tri Club White Wabid Wabbits)	2.41	32	8	42.41
1194. Dwayne Windisch (Team 3x Fast)	2.39	80.9	46.33	129.62
1195. Paula Ericson (Desert Sharks Triathlon Club)	2.33	201	87	290.33
1196. Liza Peereboom (I3 Triathlon Club)	2.33	61	81.7	145.03
1197. Rebecca Shaw (Team Great Divide)	2.33	88	89.75	180.08
1198. Robert Franzmann (I3 Triathlon Club)	2.29	77	13	92.29
1199. Elizabeth Bauerle (University of Washington Husky Triathlon Club)	2.28	0	2	4.28
1200. Dottie Gierut (Midwest Xtreme)	2.28	60	21	83.28
1201. Adrienne McCray (Tri Unify Mid-Atlantic)	2.28	195.1	0	197.38
1202. Mike Van Horn (Midwest Xtreme)	2.28	0	10.5	12.78
1203. Jenny Arden (Golden Gate Triathlon Club)	2.27	45	40	87.27
1204. Shane Brezee (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	2.27	0	0	2.27
1205. Michael DiStefano (Sugar Cycles Factory Racing)	2.27	0	0	2.27

## USAT National Challenge Competition 2010-2011 Swim Session Report

1206. Luke Holman (DC Triathlon Club)	2.27	0	58.5	60.77
1207. Mark Ivory (Fredericksburg Triathlon Club)	2.27	52	10	64.27
1208. Eric Butler (Buffalo Triathlon Club)	2.24	70	10	82.24
1209. Chad Fikes (Sugar Cycles Factory Racing)	2.24	0	0	2.24
1210. Nichole Rehm (Alaska Tri Club White Wabid Wabbits)	2.22	339.5	23	364.72
1211. Greg Zalewski (Baltimore Area Triathlon Club)	2.22	76.77	46.04	125.03
1212. Doug Skiles (Hammerhead Triathlon Club)	2.21	71	111.5	184.71
1213. Pam Sullivan (HEAT - Hartford Extended Area Triathletes)	2.21	55.36	26.87	84.44
1214. Andrew Bailey (Triathlon Club of San Diego T2)	2.17	77	10	89.17
1215. Courtney Fulton (DC Triathlon Club)	2.16	0	28.5	30.66
1216. Jay Martin (Louisville Landsharks Triathlon Club)	2.15	0	0	2.15
1217. Jeff Stark (I3 Triathlon Club)	2.14	88	13.3	103.44
1218. Bill Wood (Team Great Divide)	2.12	49	15	66.12
1219. Roy Krause (HEAT - Hartford Extended Area Triathletes)	2.11	35	134.5	171.61
1220. Matt Morrow (Kansas River Valley Triathlon Club)	2.11	53.5	123.07	178.68
1221. Christian Boutwell (Wheelworks Multisport)	2.1	53.7	21.05	76.85
1222. Scott Baker (Get Fit Families)	2.08	0	2.3	4.38
1223. Mike Emery (Buffalo Triathlon Club)	2.08	38.5	48	88.58
1224. Garret Faulds (Fredericksburg Triathlon Club)	2.05	0	10.5	12.55
1225. Anthony Pace (HEAT - Hartford Extended Area Triathletes)	2.05	150	59.5	211.55
1226. Tiffany Thomas (Alaska Tri Club Red Biting Bunnies)	2.05	0	0	2.05
1227. Dan Boucher (Pikes Peak Triathlon Club)	2.04	75	133	210.04
1228. Robert Cole (Team Fraser Multisport)	2.04	224.41	43	269.45
1229. Kristin Wilkinson (Alaska Tri Club White Wabid Wabbits)	2.04	15	18.4	35.44
1230. Patrick Sheridan (Tri Fury)	2.03	40	0	42.03
1231. Paul Morris (Raise the Bar)	2.02	78.9	21.55	102.47
1232. Jeth Fogg (Team USAT)	2	13.5	63.1	78.6
1233. Cheryl Harris (Raise the Bar)	2	0	38.45	40.45
1234. Kate Manciocchi (Team EnVision)	2	0	6	8
1235. Laura Sasaki (Triathlon Club of San Diego T1)	2	24	95	121
1236. Lisa Conklin (Kansas River Valley Triathlon Club)	1.99	24	115.54	141.53
1237. Lisa Corbett (Tri Fury)	1.99	0	54.75	56.74
1238. Nathaniel Curll (DC Triathlon Club)	1.99	0	5	6.99
1239. Kim Kelly (Infinite Multisport Triathlon Club)	1.99	0	0	1.99
1240. Edward Keplinger (CNY Triathlon Club Incorporated)	1.99	216	8	225.99
1241. Gretchen Kraus (Alaska Tri Club Red Biting Bunnies)	1.99	48	16	65.99
1242. Kenneth Mitchell (Fredericksburg Triathlon Club)	1.99	96	41	138.99
1243. Elizabeth Bolton (DC Triathlon Club)	1.98	86.5	45.2	133.68
1244. Kurt Mellick (Sacramento Triathlon Club)	1.98	18	217.5	237.48

## USAT National Challenge Competition 2010-2011 Swim Session Report

1245. Deb Siewing (St. Louis Triathlon Club)	1.98	21	20.5	43.48
1246. Robert Clarence (Tri Unify Mid-Atlantic)	1.93	185.21	3	190.14
1247. Erica Dinner (HEAT - Hartford Extended Area Triathletes)	1.93	20	6.1	28.03
1248. Steve Newsom (Northwest YMCA Tri Club)	1.93	0	0	1.93
1249. Stephanie Peckham (Trek Trifitness Triathlon Club)	1.93	30	6	37.93
1250. Walter Pheeny (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.93	0	0	1.93
1251. Jerry Skirvin (Hammerhead Triathlon Club)	1.92	34	153	188.92
1252. Rob Rudnick (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.91	64	61	126.91
1253. Andrew Concors (Triathlon Club of San Diego T1)	1.87	65	8	74.87
1254. Michael Jankowski (Infinite Multisport Triathlon Club)	1.86	0	0	1.86
1255. Laurie Kearney (Triathlon Club of San Diego T1)	1.86	20	304.2	326.06
1256. Katherine Koch (Holmdel Tru Velocity Athletic Club)	1.85	0	12	13.85
1257. Shannan Nilz (Bay State Triathlon Club)	1.85	13.03	9.46	24.34
1258. Sal Frangiamore (Steel Valley Triathlon Club)	1.82	206.66	48.54	257.02
1259. Brita Loynachan (Midwest Xtreme)	1.82	0	2	3.82
1260. Mike Rice (Infinite Multisport Triathlon Club)	1.82	0	0	1.82
1261. J Gregory Kline (Raise the Bar)	1.81	67	16.1	84.91
1262. Dean Bolt (HEAT - Hartford Extended Area Triathletes)	1.79	5	48	54.79
1263. Holly Martinson (Alaska Tri Club Red Biting Bunnies)	1.78	0	26	27.78
1264. Gregory Jordan (Kansas River Valley Triathlon Club)	1.76	0	36	37.76
1265. James Mirra (CNY Triathlon Club Incorporated)	1.76	18.1	11	30.86
1266. Brian Thompson (Louisville Landsharks Triathlon Club)	1.76	28	50	79.76
1267. Jennifer Pinto (Hammerhead Triathlon Club)	1.75	12	213.32	227.07
1268. Jeff Trepanier (Redline Triathlon Club)	1.74	50	38	89.74
1269. Brenda Bowles (Alaska Tri Club Red Biting Bunnies)	1.73	6.5	10.5	18.73
1270. Lida Letowt (Arvada Triathlon Club)	1.71	118.65	53.15	173.51
1271. Jamie Sullivan (HEAT - Hartford Extended Area Triathletes)	1.71	475	157	633.71
1272. Sally Dyer (Boulder Triathlon Club)	1.7	43	17.6	62.3
1273. Sean Hearn (Arvada Triathlon Club)	1.7	60	9.75	71.45
1274. Trevor King (Triathlon Club of San Diego T1)	1.7	0	3.5	5.2
1275. Karin Koch (Kansas River Valley Triathlon Club)	1.7	6	29	36.7
1276. Sam Sandusky (Team Psych)	1.7	73.32	0	75.02
1277. Amber O'Brien (Alaska Tri Club Red Biting Bunnies)	1.68	93	2	96.68
1278. Dan Rogers (Alaska Tri Club White Wabid Wabbits)	1.64	420.2	87.3	509.14
1279. Mandie Hagan (Lakes Region Triathlon Club)	1.63	0	0	1.63
1280. Kitty Gines (Tri Fury)	1.59	61	52.5	115.09
1281. Patty Schmid (Team Fraser Multisport)	1.59	240.06	39.28	280.93

## USAT National Challenge Competition 2010-2011 Swim Session Report

1282. Beth Durman (DC Triathlon Club)	1.58	52.45	7.52	61.55
1283. Elizabethanne Stevens (Desert Sharks Triathlon Club)	1.58	0	0	1.58
1284. Emilie Tullis (Boulder Triathlon Club)	1.55	0	0	1.55
1285. Jamie Graves (Team Fraser Multisport)	1.54	350.83	64.02	416.39
1286. Pascal Fuchs (Trek Trifitness Triathlon Club)	1.53	5	44	50.53
1287. Justin Graves (Team Fraser Multisport)	1.53	53	24.5	79.03
1288. Joe Howell (Tri ATX)	1.53	75	29	105.53
1289. Steve LeBlanc (HEAT - Hartford Extended Area Triathletes)	1.53	275	79	355.53
1290. Charles Morris (Tri Fury)	1.52	0.5	4.84	6.86
1291. Anthony Nicotera (Buffalo Triathlon Club)	1.52	78	100	179.52
1292. Mike Reilly (Buffalo Triathlon Club)	1.5	10	37.3	48.8
1293. Jeffrey Van Atta (Fredericksburg Triathlon Club)	1.5	20	18	39.5
1294. Andy Barton (HEAT - Hartford Extended Area Triathletes)	1.48	75	8	84.48
1295. Sandra Leonard (Infinite Multisport Triathlon Club)	1.46	0	0	1.46
1296. Brian Gunn (Triathlon Club of San Diego T1)	1.45	104.8	11.74	117.99
1297. Edie Bowman (Team 3x Fast)	1.44	3.3	4.33	9.07
1298. Nancy Canyon (Triathlon Club of San Diego T1)	1.43	43	15	59.43
1299. Ellen Wexler (DC Triathlon Club)	1.43	43	13	57.43
1300. Marisa Balcom (Infinite Multisport Triathlon Club)	1.42	0	0	1.42
1301. Derek Bell (Buffalo Triathlon Club)	1.42	32	14	47.42
1302. Diane Cisewski (Midwest Xtreme)	1.42	0	20	21.42
1303. Nikki Gabrovic (Waco Triathlon Club)	1.42	87	33.5	121.92
1304. Cheryl Houston (El Dorado Hills Triathlon Club)	1.42	45	17	63.42
1305. Andra Love (Alaska Tri Club White Wabid Wabbits)	1.42	21.1	55	77.52
1306. Miki Matsuo (New Mexico Outlaws)	1.42	68	160	229.42
1307. Michael Pignotti (Hammerhead Triathlon Club)	1.42	284.71	6	292.13
1308. Chalva Tchkotoua (Trek Trifitness Triathlon Club)	1.42	37.5	3.1	42.02
1309. Charles Watson (Buffalo Triathlon Club)	1.42	68	42	111.42
1310. Gene Harvey (Northwest YMCA Tri Club)	1.41	50	17	68.41
1311. Jon Hinkhouse (Hawkeye Endurance Athletics Team (HEAT))	1.37	81	42	124.37
1312. Michelle Fjetland (Raise the Bar)	1.36	95.04	30.82	127.22
1313. Jeff Flanders (Lakes Region Triathlon Club)	1.36	0	0	1.36
1314. Veronica Lee (Golden Gate Triathlon Club)	1.36	34	31	66.36
1315. Steve Newton (Desert Sharks Triathlon Club)	1.36	12	3	16.36
1316. Jill Poniros (CNY Triathlon Club Incorporated)	1.36	0	0	1.36
1317. Rod Castellanos (El Dorado Hills Triathlon Club)	1.31	15	1	17.31
1318. Lori Meuse (Tri Fury)	1.31	0	23.3	24.61
1319. Ron Schmid (Team Fraser Multisport)	1.31	0	0	1.31

## USAT National Challenge Competition 2010-2011 Swim Session Report

1320. Jen Teusink (Hawkeye Endurance Athletics Team (HEAT))	1.31	26.3	22.71	50.32
1321. Glen Knutson (Team USAT)	1.3	0	0	1.3
1322. James Averill (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.28	0	0	1.28
1323. Carla Goldberg (Alaska Tri Club Red Biting Bunnies)	1.28	65	17	83.28
1324. Andre Carr (Team Fraser Multisport)	1.25	202.38	59.69	263.32
1325. Kelly Favela (Sugar Cycles Factory Racing)	1.25	0	0	1.25
1326. Richard Hornung (Jet City Tri)	1.25	446.9	10.05	458.2
1327. Mary Kathryn Keegin (DC Triathlon Club)	1.25	106	32.5	139.75
1328. Dan Magee (CNY Triathlon Club Incorporated)	1.25	0	0	1.25
1329. Kara Bishop (Wheelworks Multisport)	1.24	332	53.62	386.86
1330. Scott Popma (DC Triathlon Club)	1.24	60	37.5	98.74
1331. Allison Ross-Hofstetter (Hammerhead Triathlon Club)	1.24	142	129.5	272.74
1332. Yoshiko Tischler (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	1.24	0	0	1.24
1333. Sara Swanson (Team USAT)	1.2	64.8	85.1	151.1
1334. Jen Allen (El Dorado Hills Triathlon Club)	1.19	15	26.2	42.39
1335. Val Newell (Raise the Bar)	1.19	50.5	19.5	71.19
1336. Angie Ridgel (Cleveland Tri Club)	1.19	45	60	106.19
1337. Brian Selander (Cincy Express Multisport)	1.19	0	6	7.19
1338. Janie Hayes (DC Triathlon Club)	1.18	0	0	1.18
1339. Jon Black (Northwest YMCA Tri Club)	1.14	36.9	65.5	103.54
1340. Kathryn Caucci (Sacramento Triathlon Club)	1.14	0	10	11.14
1341. Russ Gates (Team Great Divide)	1.14	78	8.5	87.64
1342. Johnny Mize (Tri ATX)	1.14	83.5	60.5	145.14
1343. Thomas Monaweck (Team Psych)	1.14	40	11	52.14
1344. Amy Peloza (Alaska Tri Club Red Biting Bunnies)	1.14	210.4	23.4	234.94
1345. Chris Roper (Desert Sharks Triathlon Club)	1.14	0	0	1.14
1346. Kelly Ryan (Team Psych)	1.14	0	0	1.14
1347. Pam Tittle (Alaska Tri Club Red Biting Bunnies)	1.14	42.87	0	44.01
1348. Buck Williamson (Triathlon Club of San Diego T1)	1.14	0	9	10.14
1349. Judi Setzer (Hammerhead Triathlon Club)	1.13	206	157.42	364.55
1350. Leena Figall (Boulder Triathlon Club)	1.12	0	25	26.12
1351. Armando Atienza (Golden Gate Triathlon Club)	1.08	170	56	227.08
1352. Donato Cabal (Golden Gate Triathlon Club)	1.08	300	60	361.08
1353. Mike Demerly (Southern Indiana Triathlon Team)	1.08	64	42.25	107.33
1354. Allison Dondero (Golden Gate Triathlon Club)	1.08	68	40	109.08
1355. Will Grant (DC Triathlon Club)	1.08	5.09	17.53	23.7
1356. Adam Mendoza (Golden Gate Triathlon Club)	1.08	67	19	87.08

## USAT National Challenge Competition 2010-2011 Swim Session Report

<b>1357. Matt Teusink</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>1.08</b>	25.2	23.23	49.51
<b>1358. Gretchen Anderson</b> (DC Triathlon Club)	<b>1.07</b>	0	49	50.07
<b>1359. Steve Creigh</b> (Team Great Divide)	<b>1.05</b>	27	6	34.05
<b>1360. Pamela Simmonds</b> (DC Triathlon Club)	<b>1.05</b>	36	3	40.05
<b>1361. Carlos Jimenez</b> (Team NRGY)	<b>1.04</b>	14	130.1	145.14
<b>1362. David Bowne</b> (Jet City Tri)	<b>1.02</b>	2508.8	0	2509.82
<b>1363. Melanie Collins</b> (Team USAT)	<b>1.02</b>	15	0	16.02
<b>1364. Skye Johnson</b> (Hammerhead Triathlon Club)	<b>1.02</b>	36	82.67	119.69
<b>1365. Lindsay Marsh</b> (DC Triathlon Club)	<b>1.02</b>	0	31.71	32.73
<b>1366. David McVeigh</b> (Alaska Tri Club Red Biting Bunnies)	<b>1.02</b>	15	3	19.02
<b>1367. Celia Rozen</b> (Alaska Tri Club Blue Hammering Hares)	<b>1.02</b>	35.7	24	60.72
<b>1368. Amy Stark-Allen</b> (I3 Triathlon Club)	<b>1.02</b>	0	0	1.02
<b>1369. Kristin Taylor</b> (Hammerhead Triathlon Club)	<b>1.02</b>	0	127	128.02
<b>1370. Todd Tyner</b> (Jet City Tri)	<b>1.02</b>	104	27.8	132.82
<b>1371. Jadin VanSteenwort</b> (Team Great Divide)	<b>1.02</b>	0	10	11.02
<b>1372. James Walker</b> (CNY Triathlon Club Incorporated)	<b>1.02</b>	0	18	19.02
<b>1373. Nicole Zerbato</b> (Raise the Bar)	<b>1.02</b>	218.57	53.18	272.77
<b>1374. Peter Bowen</b> (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	<b>1</b>	0	0	1
<b>1375. Jonathan Buonamici</b> (Steel Valley Triathlon Club)	<b>1</b>	18	10	29
<b>1376. Jon Evraets</b> (Kansas River Valley Triathlon Club)	<b>1</b>	20	9	30
<b>1377. Moira Fair</b> (Steel Valley Triathlon Club)	<b>1</b>	0	13	14
<b>1378. Ian Hagan</b> (Lakes Region Triathlon Club)	<b>1</b>	0	0	1
<b>1379. Mark McNellis</b> (New Mexico Outlaws)	<b>1</b>	123	9.5	133.5
<b>1380. Samantha Mongoven</b> (Team Great Divide)	<b>1</b>	39	21	61
<b>1381. Alyssa Morrison</b> (DC Triathlon Club)	<b>1</b>	0	8	9
<b>1382. Vincent Randall</b> (Northwest YMCA Tri Club)	<b>1</b>	300.2	60.6	361.8
<b>1383. Dov Sharon</b> (Tribe Triathlon)	<b>1</b>	281.2	63.6	345.8
<b>1384. Jill Simek</b> (Alaska Tri Club Blue Hammering Hares)	<b>1</b>	0	25.5	26.5
<b>1385. Becky Tomlinson</b> (Fox Cities Triathlon Club)	<b>1</b>	105.5	124.5	231
<b>1386. Lucas Boddicker</b> (Hawkeye Endurance Athletics Team (HEAT))	<b>0.99</b>	115.4	58.7	175.09
<b>1387. Lori Bradley</b> (Kansas River Valley Triathlon Club)	<b>0.99</b>	39	19.8	59.79
<b>1388. Naomi Panzer</b> (Trek Trifitness Triathlon Club)	<b>0.99</b>	22.3	3.5	26.79
<b>1389. Becky Roa</b> (I3 Triathlon Club)	<b>0.99</b>	90	67.1	158.09
<b>1390. Sunessa Schettler</b> (Wheelworks Multisport)	<b>0.99</b>	58	20	78.99
<b>1391. Caren Walker</b> (Fredericksburg Triathlon Club)	<b>0.99</b>	22	101.5	124.49
<b>1392. liezl Mascaya</b> (Trek Trifitness Triathlon Club)	<b>0.97</b>	17.1	0	18.07
<b>1393. Karen Weatherby</b> (Boulder Triathlon Club)	<b>0.97</b>	12	42.3	55.27

## USAT National Challenge Competition 2010-2011 Swim Session Report

1394. Scott Flathouse (Tri ATX)	0.95	114	17.2	132.15
1395. Michael Cowart (Hammerhead Triathlon Club)	0.94	264	189.2	454.14
1396. Annette Herrick (Jet City Tri)	0.94	45	57.8	103.74
1397. Todd Kemmerling (Northwest YMCA Tri Club)	0.94	138.1	25.05	164.09
1398. Craig Cantrell (Fredericksburg Triathlon Club)	0.93	51.5	0	52.43
1399. James Cass (Team Psych)	0.93	45	12.2	58.13
1400. Rich Rej (F.A.S.T. (Ford Athletic Swim & Triathlon Club))	0.93	90	23.25	114.18
1401. Benji Sudolcan (Capital City Multisport Club)	0.93	0	2	2.93
1402. Brenda Gray (Team 3x Fast)	0.91	12	2	14.91
1403. Don Reichlet (Midwest Xtreme)	0.91	247.5	20	268.41
1404. Brenda Spillman (Buffalo Triathlon Club)	0.91	72	72	144.91
1405. Kathy Van Houten (Parker Triathlon Club)	0.91	10	0	10.91
1406. Greg Goldstein (Raise the Bar)	0.88	0	23.55	24.43
1407. Clayton Callihan (Louisville Landsharks Triathlon Club)	0.87	20	9.4	30.27
1408. Cheryl Brock (Get Fit Families)	0.85	137	39.7	177.55
1409. Larry Clark (Team USAT)	0.85	60	10	70.85
1410. Faith Fetzer (Hammerhead Triathlon Club)	0.85	0	37.02	37.87
1411. Mia Hershiser (Sacramento Triathlon Club)	0.85	0	0	0.85
1412. Chris Kirk (Kansas River Valley Triathlon Club)	0.85	0	11.8	12.65
1413. Dave Raftis (Raise the Bar)	0.85	57	13	70.85
1414. Scott Schultz (Get Fit Families)	0.85	221	51	272.85
1415. FELICIA SHEEHAN (I3 Triathlon Club)	0.85	0	3.5	4.35
1416. Chris Siquenza (Midwest Xtreme)	0.85	10	9	19.85
1417. Pat Vest (Northwest YMCA Tri Club)	0.85	0	0	0.85
1418. Don Wallom (El Dorado Hills Triathlon Club)	0.85	30	0	30.85
1419. Adam Bilger (Get Fit Families)	0.8	135.2	75.95	211.95
1420. Naomi Finson (New Mexico Outlaws)	0.8	149	35.5	185.3
1421. Karin Reeve (Fox Cities Triathlon Club)	0.8	20	16.75	37.55
1422. Otis Hopson (Tri Unify Mid-Atlantic)	0.78	6	49.5	56.28
1423. Michelle Papendick (Team USAT)	0.78	2	3.52	6.3
1424. Tatania Grollman (DC Triathlon Club)	0.75	12	26.7	39.45
1425. Derreck Sanks (Tri Unify Mid-Atlantic)	0.75	0	56.2	56.95
1426. Amy Barrett (Triad Triathlon Team)	0.73	72	81.2	153.93
1427. Lindsay Kramer-Thomas (Infinite Multisport Triathlon Club)	0.73	0	0	0.73
1428. Cheri Golden (Raise the Bar)	0.71	10	3.5	14.21
1429. Frank Gottbrath (Louisville Landsharks Triathlon Club)	0.71	45.92	24.74	71.37
1430. wes hepker (Hawkeye Endurance Athletics Team (HEAT))	0.71	192.43	60.11	253.25
1431. Nick Goddard (Tribe Triathlon)	0.68	82	21	103.68
1432. Jean Adamson (Alaska Tri Club Blue Hammering Hares)	0.63	0	0	0.63

## USAT National Challenge Competition 2010-2011 Swim Session Report

1433. Ryan Messersmith (Delta Triathlon Club)	0.63	0	0	0.63
1434. Katelyn Messersmith (Delta Triathlon Club)	0.63	0	0	0.63
1435. Adam Stolzberg (DC Triathlon Club)	0.63	0	41.7	42.33
1436. Christine Black (CNY Triathlon Club Incorporated)	0.62	0	0	0.62
1437. Ken Cerreta (Boulder Triathlon Club)	0.62	21	5.2	26.82
1438. Scott Hutmacher (TriMonster)	0.62	20	23	43.62
1439. Chris Navin (TriMonster)	0.62	54.11	77.36	132.09
1440. Rebecca Orr (Team 3x Fast)	0.62	15	2.5	18.12
1441. Bobbie Solomon (Triathlon Club of San Diego T2)	0.62	0	0	0.62
1442. Jill Snitko (Midwest Xtreme)	0.6	0	0	0.6
1443. Diane Elsen (Team Psych)	0.57	46	4.5	51.07
1444. Eric Johnson (Midwest Xtreme)	0.57	0	10.32	10.89
1445. Tom Konwinski (El Dorado Hills Triathlon Club)	0.57	15	15	30.57
1446. John Martinez (Triathlon Club of San Diego T1)	0.57	141.2	42	183.77
1447. Dan Perkins (Tribe Triathlon)	0.57	177	39.5	217.07
1448. Aaron Roberson (Louisville Landsharks Triathlon Club)	0.57	0	0	0.57
1449. Brandi White (Alaska Tri Club Red Biting Bunnies)	0.57	0	0	0.57
1450. Brian Chandler (Louisville Landsharks Triathlon Club)	0.5	0	54.67	55.17
1451. Mark Davis (Team Psych)	0.45	42	8.1	50.55
1452. Tiffanie Novakovich (Alaska Tri Club Red Biting Bunnies)	0.45	115	104.3	219.75
1453. Ron Salvatori (Sacramento Triathlon Club)	0.45	0	0	0.45
1454. Michelle Schueler (Tempo Velo)	0.44	18	16	34.44
1455. LaFrenchie Jones (Tri Unify Mid-Atlantic)	0.43	4.4	0	4.83
1456. Brenda Van Horn (Tempo Velo)	0.43	24	73.5	97.93
1457. Jon Mugel (Buffalo Triathlon Club)	0.34	0	52	52.34
1458. Shaun Burke (Louisville Landsharks Triathlon Club)	0.31	405.54	45.26	451.11
1459. Sean Caffyn (HEAT - Hartford Extended Area Triathletes)	0.28	0	0	0.28
1460. Pete Spender (Infinite Multisport Triathlon Club)	0.28	0	0	0.28
1461. Mary Sue Youn (Team NRGY)	0.28	59.2	2	61.48
1462. Theresa Laffey (Triathlon Club of San Diego T1)	0.26	6.99	17.76	25.01
1463. Tammy Coplien (Capital City Multisport Club)	0.25	17.33	1	18.58
1464. Dwight Pfundstein (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0.25	135	0	135.25
1465. Kathleen Thomas (Cape Cod Athletic Club - Cape Cod Triathlon Team)	0.25	85	28.5	113.75
1466. Mark Trejtnar (New Mexico Outlaws)	0.25	435	37	472.25
1467. Kim Brown (Alaska Tri Club Red Biting Bunnies)	0.24	3	26.3	29.54
1468. Sam Sampere (CNY Triathlon Club Incorporated)	0.23	100	6.5	106.73
1469. TracyJo Pasieka (St. Louis Triathlon Club)	0.22	147	45.99	193.21
1470. Norm Smith (Triathlon Club of San Diego T1)	0.17	298.85	228.6	527.62

# USAT National Challenge Competition 2010-2011 Swim Session Report

<b>1471. Norm Smith</b> (Triathlon Club of San Diego T2)	<b>0.17</b>	<b>113</b>	<b>37.9</b>	<b>151.07</b>
<b>1472. nancy Kirkpatrick-Reno</b> (Conejo Valley Multisport Masters)	<b>0.15</b>	<b>0</b>	<b>0</b>	<b>0.15</b>
<b>1473. David Arst</b> (Kansas River Valley Triathlon Club)	<b>0.11</b>	<b>0</b>	<b>7</b>	<b>7.11</b>
<b>1474. Larry Gray</b> (Cincy Express Multisport)	<b>0.03</b>	<b>0</b>	<b>36</b>	<b>36.03</b>

# USAT National Challenge Competition 2010-2011 Swim Session Report