



**2018 U.S. Synchronized Swimming
JUNIOR OLYMPIC CHAMPIONSHIPS**

June 22 – June 30

Corwin M. Nixon Aquatic Center - Oxford, OH

FINAL MEET SCHEDULE - R6-2018-6-15



Friday June 22			
	12:00 PM	6:00 PM	Registration
	Time TBD		Fee Based Practice/ Training
Saturday June 23			
	7:00 AM	7:40 AM	Lap Swimming for 12/under Figure Swimmers
	7:00 AM	11:00 AM	Registration
	7:10 AM	7:40 AM	Officials and Coaches Meeting (Lap Swimming Continues)
	7:45 AM	8:15 AM	12/under Figure Warm-up - 2 Groups 15 min. each (Note 3)
	8:30 AM	10:30 AM	12/under Figure Competition (251 athletes)
	9:00 AM	10:00 AM	SafeSport Seminar for coaches/chaperones by Shari Darst, Education Dir., OPC Class
	10:30 AM	10:45 AM	Official's Break (Note 3)
	10:50 AM	12:50 PM	12/under Figure Competition Cont'd
	12:20 PM		Quiet lap swimming in diving well for 13-15 duets
	12:50 PM	1:20 PM	13-15 Duet Spacing - 2 Groups (Pre - 23 and 24 - 27)
	1:25 PM	2:55 PM	13-15 Duet Preliminary Competition (Pre - 23)
	2:55 PM	3:05 PM	Official's Break - Competition Pool Closed
	3:10 PM	4:40 PM	13-15 Duet Preliminary Competition (24 - 47)
	4:40 PM	5:10 PM	12/under Duet Spacing - 2 Groups (Pre - 20 and 21 - 41)
	5:15 PM	6:35 PM	12/under Duet Preliminary Competition (Pre - 20)
	6:35 PM	6:45 PM	Official's Break - Competition Pool Closed
	6:50 PM	8:10 PM	12/under Duet Preliminary Competition (21 - 41)
Sunday June 24			
	7:00 AM	7:15 AM	Lap Swimming for 13-15 Teams
	7:00 AM	11:00 AM	Registration
	7:20 AM	10:10 AM	13-15 Team Practice with Music (in order of draw) (See Notes 1 and 2)
	7:30 AM	9:30 AM	National Officials Test--report to hospitality
	10:15 AM	11:25 AM	13-15 Team Preliminary Competition (Pre - 18)
	11:25 AM	11:35 AM	Official's Break - Competition Pool Closed
	11:40 AM	1:05 PM	13-15 Team Preliminary Competition (19 -- 37)
	1:10 PM	3:25 PM	12/under Team Practice with Music (in order of draw) (See Notes 1 and 2)
	1:15 PM	2:15 PM	SafeSport Seminar for coaches/chaperones by Shari Darst, Education Dir., OPC Class
	3:30 PM	4:40 PM	12/under Team Preliminary Competition (1 - 16)
	4:40 PM	4:50 PM	Official's Break - Competition Pool Closed
	4:55 PM	6:05 PM	12/under Team Preliminary Competition (17 - 33)
	6:15 PM	6:30 PM	12/under Draw for Duet and Team Final
Monday June 25			
	7:00 AM	7:15 AM	Lap Swimming for 13-15 Figure Swimmers
	7:15 AM	7:55 AM	13-15 Figure Warm-up - 2 groups 20 min. each (Note 3)
	8:10 AM	10:30 AM	13-15 Figure Competition (384 athletes)
	9:00 AM	10:00 AM	Grade Levels Seminar for coaches by Shari Darst, Education Director, OPC Classroom
	10:30 AM	10:45 AM	Official's Break (Note 3)
	10:50 AM	1:10 PM	13-15 Figure Competition Cont'd
	1:10 PM	1:40 PM	Official's Lunch Break (Note 3)
	1:45 PM	4:00 PM	13-15 Figure Competition Cont'd
	3:00 PM	3:45 PM	Key Development Goals for Future Success Presented by C2 Education, OPC Classroom
	3:45 PM	4:30 PM	Success in High School: Balancing School and Sports by C2 Education, OPC Classroom
	3:30 PM		Quiet lap swimming for 12 and under finalists in diving well
	4:00 PM	4:20 PM	12/under Team Final Warm up (two 10 min. groups) (Pre - 6 and 7 - 12)
	4:20 PM	4:35 PM	12/under Duet Final Spacing
	4:50 PM	5:10 PM	12 and Under Parade of Athletes (Competition Pool Closed)
	5:15 PM	6:05 PM	12/under Duet Final Competition (Pre - 12)
	6:05 PM	6:15 PM	Official's Break - Competition Pool Closed
	6:20 PM	7:20 PM	12/under Team Final Competition (Pre - 12)
	7:20 PM	7:45 PM	12/under Figure, Duet and Team Awards (Competition Pool Closed)
	7:45 PM	8:15 PM	Open Pool--Facility Closes at 8:30 PM



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Tuesday June 26			
	7:00 AM	7:15 AM	Lap Swimming for 12/under Solo
	12:00 PM	5:00 PM	Registration
	7:15 AM	7:45 AM	12/under Solo Final Spacing - 2 Groups (Pre - 15 and 16-30)
	7:50 AM	9:30 AM	12/under Solo Final Competition (Pre - 30)
	9:35 AM	9:45 AM	13-15 Draw for Duet and Team Final (Lap Swimming Only)
	9:45 AM	10:00 AM	12/under Solo Award (Competition Pool Closed)
	10:00 AM	10:30 AM	13-15 Solo Final Spacing - 2 Groups (Pre - 15 and 16-31)
	10:35 AM	12:30 PM	13-15 Solo Final Competition (Pre - 31)
	12:15 PM	1:15 PM	Preparing for the Future: Skills, Leadership and More Presented by C2 Education, OPC Class
	12:30 PM	12:50 PM	13-15 Team Final Warm up (two 10 minute groups) (Pre - 6 and 7 - 12)
	12:50 PM	1:05 PM	13-15 Duet Final Spacing
	1:20 PM	1:40 PM	13-15 Parade of Athletes (Competition Pool Closed)
	1:45 PM	2:40 PM	13-15 Duet Final Competition (Pre - 12)
	2:40 PM	2:50 PM	Official's Break - Competition Pool Closed
	2:55 PM	4:00 PM	13-15 Team Final Competition (Pre - 12)
	4:05 PM	4:30 PM	13-15 Figures, Solo, Duet and Team Awards (Competition Pool Closed)
	4:30 PM	5:00 PM	16-17 Solo Tech Warmup - 2 Groups (1 - 13 and 14 - 26)
	5:05 PM	6:25 PM	16-17 Tech Solo Competition (1-26)
	6:30 PM	8:15 PM	Open Pool--Facility Closes at 8:30 PM
Wednesday June 27			
	7:00 AM	7:15 AM	Lap Swimming for 13- 15 Free Combination Teams
	8:00 AM	12:00 PM	Registration
	7:15 AM	9:15 AM	13-15 Free Combination Practice with Music (in order of draw) (See Notes 1 and 2)
	8:00 AM	8:30 AM	Officials and Coaches Meeting
	9:20 AM	11:15 AM	13-15 Free Combination Final Competition (Pre - 24)
	11:35 AM	11:45 AM	13 - 15 Free Combination Awards (Competition Pool Closed)
	11:45 AM	2:50 PM	16-19 Free Combination Practice with Music (in order of draw) (See Notes 1 and 2)
	12:00 PM	1:30PM	Going to Your Dream School--College Admissions as a Student Athlete, C2 Education, OPC Classroom
	12:00 PM	2:00 PM	National Officials Testing--report to hospitality
	2:55 PM	4:25 PM	16-19 Free Combination Final Competition (1 - 18)
	4:25 PM	4:35 PM	Official's Break - Competition Pool Closed
	4:40 PM	6:10 PM	16-19 Free Combination Final Competition (19 - 36)
	6:25 PM	6:40 PM	16 - 19 Free Combination Awards (Competition Pool Closed)
	6:40 PM	6:55 PM	18-19 Solo Tech Warmup (1 - 16)
	7:00 PM	7:50 PM	18-19 Tech Solo Competition (1-16)
	7:55 PM	8:25 PM	Open pool--facility closes at 8:30 PM
Thursday June 28			
	7:00 AM	7:15 AM	Lap Swimming for 16-19 Duet Swimmers
	8:00 AM	12:00 PM	Registration
	7:15 AM	7:45 AM	16-17 Free Duet Warmup - 2 Groups (1 - 19 and 20 - 39)
	7:50 AM	9:10 AM	16-17 Free Duet Preliminary Competition (1 - 19)
	9:10 AM	9:20 AM	Official's Break - Competition Pool Closed
	9:25 AM	10:45 AM	16-17 Free Duet Preliminary Competition (20 - 39)
	10:45 AM	11:15 AM	18-19 Free Duet Warmup - 2 Groups (1 - 14 and 15 - 28)
	11:20 AM	1:15 PM	18-19 Free Duet Preliminary Competition (1 - 28)
	1:15 PM	3:10 PM	16-17 Free Team Practice with Music
	1:30 PM	2:30 PM	Grade Levels Seminar for coaches by Shari Darst, Education Director, OPC Classroom
	3:15 PM	5:00 PM	16-17 Free Team Preliminary Competition (1 - 21)
	5:00 PM	6:55 PM	18-19 Free Team Practice with Music
	7:00 PM	8:45 PM	18-19 Free Team Preliminary Competition (1 - 21)



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Friday June 29			
	7:00 AM	7:15 AM	Lap Swimming for 16-19 Duets
	7:15 AM	7:45 AM	16-17 Tech Duet Warmup - 2 Groups (1 - 19 and 20 - 39)
	7:50 AM	9:00 AM	16-17 Tech Duet Competition (1 - 19)
	9:00 AM	9:10 AM	Official's Break - Competition Pool Closed
	9:15 AM	10:25 AM	16-17 Tech Duet Competition (20 - 39)
	10:25 AM	10:55 AM	18-19 Tech Duet Warmup - 2 Groups (1 - 14 and 15 - 28)
	11:00 AM	12:40 PM	18-19 Tech Duet Competition (1 - 28)
	12:40 PM	2:15 PM	16-17 Tech Team Practice with Music
	2:20 PM	3:40 PM	16-17 Tech Team Competition (1 - 21)
	3:45 PM	5:20 PM	18-19 Tech Team Practice with Music
	5:25 PM	6:50 PM	18-19 Tech Team Competition (1 - 21)
	7:15 PM	7:25 PM	<i>Draws for 16-17, 18-19 Duet and Team Finals</i>
	7:15 PM	8:15 PM	Open Pool--facility closes at 8:30 PM
Saturday June 30			
	7:00 AM	7:15 AM	Lap Swimming for 16-19 Solos
	7:15 AM	7:45 AM	16-17 Solo Final Spacing - 2 Groups (1 - 12 and 13 - 25)
	7:50 AM	9:25 AM	16-17 Solo Final Competition (1 -26)
	9:25 AM	9:40 AM	18-19 Solo Final Spacing - All (1 - 17)
	9:45 AM	10:50 AM	18-19 Solo Final Competition (1 - 16)
	10:50 AM	11:05 AM	16-17 Duet Final Spacing
	11:05 AM	11:20 AM	18-19 Duet Final Spacing
	11:35 AM	11:55 AM	<i>16-19 Parade of Athletes (Competition Pool Closed)</i>
	12:00 PM	12:55 PM	16-17 Duet Final Competition (Pre - 12)
	12:55 PM	1:05 PM	Official's Break - Competition Pool Closed
	1:10 PM	2:05 PM	18-19 Duet Final Competition (Pre - 12)
	2:05 PM	2:25 PM	16-17 Team Final Warm-up (two 10 minute groups) (Pre-6 and 7-12)
	2:25 PM	2:45 PM	18-19 Team Final Warm-up (two 10 minute groups) (Pre-7 and 7-12)
	2:50 PM	4:00 PM	16-17 Team Final Competition (Pre 1 - 12)
	4:00 PM	4:10 PM	Official's Break - Competition Pool Closed
	4:15 PM	5:25 PM	18-19 Team Final Competition (Pre 1 - 12)
	5:30 PM	6:00 PM	<i>16-17 and 18-19 Solo, Duet and Team Awards (Competition Pool Closed)</i>

Notes:

1	All swim through with music training times in the competition pool include four water coaching stations, one on deck walk-on coaching station and the routine swim through. Please see posted rotation map.
2	During training (swim through and spacing) times, a couple lap lanes beyond the competition pool and the diving well may be open.
3	Warm up/cool down lanes will be located beyond the end of the competition pool. The diving well will be limited to competitors for the current and upcoming events during competition. Please be respectful of competitors on that day's schedule. No lifts or throws in the diving well. If the diving well becomes chaotic, it will be closed to that event's competitors only. During figures warm up, the competition pool and diving well may be used for warm up. During figures competition, only quiet laps and quiet figures in the diving well. Once figures competition begins, no coaching of athletes by coaches. However, athletes may warm up on their own in the diving well.