



2018 U.S. Senior National Championship

March 31 – April 1, 2018

Oro Valley Aquatic Center – Oro Valley, Arizona

FINAL MEET ANNOUNCEMENT

COMPETITION DATES U.S. Senior National Championship: March 31 – April 1, 2018 (Training Day - March 30)

MEET MANAGERS Candy Kaemerer ckscotland@comcast.net 520-749-9642 or 520-971-8182_
Jeanne Struck jeannepbs@aol.com 520-299-2956

FACILITY Oro Valley Aquatic Center (outdoor facility) 520-297-7946
23 West Calle Concordia
Oro Valley, Arizona 85704

FACILITY MANAGERS Brandon Laue – Aquatics Manager – blaue@orovalleyaz.gov

POOL SPECS Length: 50 meters Width: 25 yards
Depth: 13 ft. at start end, 8ft. at 30m line Entry: Deck Flat
Distance from deck to water: Water level with deck
Competition Pool Length: 25m (lane line and banner)
Practice space: Area behind curtain in 50m pool
Spectators: West side of pool

HOST HOTEL INFO Red Lion Inn & Suites Tucson North - Foothills
Holiday Inn Express and Suites
Westward Look Resort (Wyndham Grand Resort and Spa)

Room rates, booking links and phone numbers are on the event page online, found here:
<https://www.teamusa.org/USA-Synchronized-Swimming/Events/2018/March/31/2018-US-Senior-National-Championship>

AIRPORT INFO **Tucson International Airport (TUS)** **Phoenix Sky Harbor Airport (PHX)**
Located 24 miles from the pool Located 102 miles from the pool



United Airlines is a partner of the U.S. Olympic Committee and USA Synchro's preferred airline carrier. Members of USA Synchro can receive up to 10% off the retail fare price when booking flights through the United Olympic Desk. Book now by calling the United Olympic Desk at 1-800-841-0460.

GROUND TRANSPORTATION All major car rental companies are available at both Tucson and Phoenix airports. Taxi service is also provided at the Tucson Airport. In addition, the AZ Stagecoach provides transportation from the airport to hotel and back. Call 520-889-1000 for Stagecoach information.

TICKETS & PROGRAM Tickets may be purchased just inside the front gate at Oro Valley Aquatic Center on competition days. Tickets are \$10 per day or \$30 for an All-Event Pass. Seniors 55 & over and students age 5 to 22 yrs. are \$5 per day or \$15 for an All-Event Pass. All-Event Passes will include U.S. Collegiate Nationals as well as U.S. Senior Nationals.

There will not be a program at this year's championship.

ENTRY DEADLINE Entries, Forms and Fees must be submitted electronically and postmarked no later than **Wednesday, March 7, 2018 at Midnight PST.**

RULES TO GOVERN 2017 – 2021 FINA Synchronized Swimming Rules with exceptions. 1) .25 deduction for each competitor fewer than 8 on a team. 2) Competitors ages 13 - 14 may compete in the Senior Free Combination event. See Rule CP 1.1.1.2 for further details.

- Appendix A** Register and calculate fees online at www.usasynchro.org
- Appendix B** Digital Music Submission Guidelines (Deadline March 7, 2018)
- Appendix C** Facility Photo & Parking Map
- Appendix D** Pool and Deck Layout Diagram
- FORM A** Foreign Entry and Transportation Forms

ENTRY DEADLINE Entries, Forms and Fees must be submitted electronically and postmarked no later than **Wednesday, March 7, 2018 at Midnight PST**

Late Fees: As stated in Appendix C, per USSS Rule CP 5.5.1, any entry to a National Championship received between 28 and 7 days prior to the first day of the competition shall pay late fees. Each athlete entered between 28 and 7 days prior to the first day of competition shall be assessed a \$25 late entry fee for the first event and an additional \$10 late entry fee for each additional event entered. If a qualifying event is held after the entry deadline for this competition, a **provisional entry** must be submitted according to the above deadline. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted via email to meet scoring chair Nancy Thompson at nlthiker@aol.com.

QUESTIONS ON ELECTRONIC ENTRIES TO

Jennifer Hawkins, USA Synchro
 Phone: 719-866-2219 / jennifer@usasynchro.org

FEE INFORMATION

- Entry Fee \$30 per competitor per routine, including alternates. If paying by check, make check payable to USA Synchro. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C)
- Surcharges \$7.70* per competitor, including alternates. Payments are made online at www.usasynchro.org
- Sponsor Fee \$30* per competitor. Make check payable to USA Synchro.

*Athletes participating in U.S. Collegiate Nationals and U.S. Senior Nationals will pay the regular sponsor fee and surcharge for U.S. Collegiate Nationals, but will have reduced fees for U.S. Senior Nationals of \$10 for the sponsor fee and \$0 for the surcharge. Entry fees remain the same as listed for each championship.

- Credentials Each club will receive coach credentials per the chart below. In addition, each club will receive two team personnel credentials. Additional credentials are \$30 each. Please make check payable to USA Synchro.

Only people with SafeSport certification are allowed to receive credentials. Coaches are reminded that they need to carry their USA Synchro proof of certification to be allowed on pool deck.

| Maximum # of free credentials | | | |
|-------------------------------|---------|---------------|---------|
| # of athletes | Coaches | # of athletes | Coaches |
| 1 – 10 | 2 | 31 - 35 | 7 |
| 11 – 15 | 3 | 36 - 40 | 8 |
| 16 – 20 | 4 | 41 - 45 | 9 |
| 21 – 25 | 5 | 46 - 50 | 10 |
| 26 – 30 | 6 | | |

GRADE LEVELS Qualified registered competitors must have attained Grade Level 4 for entry into the 2018 U.S. Senior National Championships. For Grade Level requirements, see USA Synchro Grade Level Manual.

All qualifying rules must be met for whatever event is being entered. Please refer to USA Synchro Rulebook for complete rules.

ROUTINE EVENTS Competition in Solo, Duet and Team, consisting of Technical and Free routines. Technical routines and Free routines are separate events. Neither is mandatory. Each event will be awarded separately.

Qualification: The top 4 Solos, Duets and Teams determined by the individual Free and Technical routine scores in the most recent Senior Zone Championships shall qualify for the U.S. National Championship. In addition, each Zone shall receive one additional entry for each Solo, Duet or Team Technical or Free routine it places in the Finals at the previous U.S. National Championship (see chart below). If a Zone qualifier elects not to compete in the U.S. National Championship, the next highest ranked Solo, Duet or Team Technical or Free routine from the most recent Senior Zone Championship shall become eligible to enter the U.S. National Championship. For notification responsibilities, see Rule CP 5.4.

Athletes wanting to do a technical routine without prior qualification can request a waiver by emailing VP of Competitive Operations, Sheila McNabb at smmcnabb@aol.com.

Due to a waiver of Rule CP 3.2.2.1.2, all collegiate athletes are welcome to compete in the Senior division with no qualifying requirement. All collegians will need to have passed grade level 4. The Host Association may also enter a Solo, Duet or Team Technical or Free routine if not otherwise represented in the Championship (see Rule CP 3.2.2.1.3 for further details). Current National Training Center athletes may elect to compete in either Solo or Duet if not otherwise qualified (see Rule CP 3.2.2.2 for further details).

FREE COMBINATION EVENT Senior Free Combination Event General Rules:

1. There are no qualifying scores for the Free Combination events.
2. Competition in the Free Combination events consists of 100% routine scores.
3. All Free Combination routines must have 8 – 10 competitors.
4. U.S. clubs and U.S. National Teams may enter more than 1 Senior Free Combination routines in the Championships.

Additional Event Rules for Senior Free Combination event:

1. Competitors may be combined from 2 or more U.S. clubs for the Senior Free Combination event. The name of a multiple club entry must not reflect a particular club (for additional entry requirements, see Rule CP 3.2.2.1.4). Please send the multiple club combination entry form by email to jennifer@usasynchro.org.
2. Competitors who are 13 and 14 years of age may participate in the Senior Free Combination Event.
3. Competitors will receive points from the Free Combination event toward the Senior High Point (individual or team) Award. To qualify for Senior Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. National Championship events. To qualify for Individual points, a competitor must participate in at least 1 other U.S. National Championship event.

ADDITIONAL QUALIFIED ENTRIES The Zones listed below are eligible to enter the following number of additional routines per event from their final's finish placements in the previous year's competitions.

| Championship | Solo | Duet | Team |
|---|----------------------------------|----------------------------------|------------------|
| U.S. Senior National Technical Routines | 3 West, 2 East, 2 North, 2 South | 3 West, 3 East, 3 South, 1 North | 1 South, 2 North |
| U.S. Senior National Free Routines | 3 West, 2 East, 2 North, 2 South | 3 West, 3 East, 3 South, 1 North | 1 South, 2 North |

FOREIGN FEDERATIONS Foreign Federations may enter the U.S. Senior National Championships in accordance with the information posted in the invitation at the following website.

<https://www.teamusa.org/usa-synchronized-swimming/resources/international>

Foreign Federation entry forms for the U.S. Senior National Championships are attached at the end of this announcement.

AWARDS Athletes who place 1-3 in Tech Routines, Free Routines or Free Combination routines will receive medals. Free Combination DOES count toward the High Point Awards (individual and team). Foreign Competitors shall receive honorary placements. Foreign competitors shall not be eligible to be pre-swimmer(s). Medals shall be given to reserves who swim either the Preliminary or Final Technical routine or Preliminary or Final Free routine.

REGISTRATION Fri & Sat., March 30-31, at pool entry.

OFFICIALS Please register online by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at s_korpela@msn.com. Those wishing to take the National judge's tests should notify Shannon. Please refer to meet final schedule for testing time on Wednesday, March 28. Judges uniform shall be white top and black bottoms.

COACHES, OFFICIALS AND JUDGES HOSPITALITY



Hospitality is located in the dugout behind the diving boards at the south end of the pool. Lunches are for judges and officials only. Snacks, water, soda and powerade, etc. will be available for coaches and officials. After judges and officials have had lunch, coaches are welcome to any lunches that are still available.

ATHLETE HOSPITALITY Snacks will be available for collegiate athletes in the athlete area in the northeast corner of the facility behind the slide.

COACH CERTIFICATION AND SAFESPORT

- CCP Level 1** Required for all coaches to be on deck at any meet.
- CCP Level 2** Required for all coaches to be on deck at any Regional, Zone and National Championship.
- CCP Level 3** Required for all coaches to be on deck at any Zone and National Championship.
- SafeSport** **Required for all coaches and anyone requesting a credential** to be on deck at any competition. (This includes chaperones, trainers, and any other team personnel.)
- Properly submitted safety credentials (Current CPR/First Aid)** - Required for all coaches to be on deck at any competition. Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, contact Shari Darst at shari@usasynchro.org.

SOUND / MUSIC We will be using digital music for this competition. It is essential all music be sent by email in advance. **Email music files to Chris Leahy at leahycm@gmail.com by March 7, 2017.** See Digital Music Submission Guidelines, Appendix B, for specifications.

- SCORING** ISS scoring program will be used. Send questions regarding scoring to the meet scoring chair: Nancy Thompson, nlthiker@aol.com. Please indicate provisional routines on entry and email Nancy when qualifying event is over.
- ROUTINE EVENTS** All events will be final-only events.
- VENUE RULES** All athletes, coaches, chaperones, officials, and spectators must enter the aquatic facility through the front gate.
- There is no gelling, de-gelling, or rinsing of Knox brushes, etc in the locker rooms. There will be a \$100 fine per club and as well as the individual(s) involved in the infraction of this rule.
- De-gelling is permitted only at the two outside showers at the deep end of the pool. Please use this area in an emergency only. A gelling station will be available on the pool deck. No food or glass is allowed on the pool deck. No athlete bags are allowed in the bleacher area. There will a designated bleacher area for athletes.
- PARKING** Free parking is available on-site. **The lot directly in front of the pool is reserved for officials, meet management and handicapped parking.** There is a parking lot right before the pool on Calle Concordia. See Appendix C.
- TRAVEL** The Ina Road exit from I-10 is now closed for the next year. Everyone will need to use either the Orange Grove exit or the Tangerine Rd exit if they are driving on I-10.
- From Phoenix, take I-10 to Tangerine Rd, then go right at La Cañada, then left at Calle Concordia to the pool. You will hit the 25 mph construction zone between Thornydale and La Cañada, but it won't be too bad. It's newly paved, but the speed limit is 25 mph.
- Cortaro Farms Rd exit is open, but there is a lot of construction.
- RENTAL TENTS** There will be a limited number of tents available for rent for \$100 per tent for the competition. Contact Candy Kaemerer at ckscotland@comcast.net.
- TEAM BANNERS** Please drop off your team banner at the registration desk in the Aquatic Center Lobby. Staff will hang banners.
- PHOTO REGULATIONS** Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of USA Synchro.
- Personal use photography by the audience will be allowed, from the stands, as long as not obstructing the view of others, with any camera using no flash. Photographs must be for personal, non-commercial use.
- MIGZ PHOTOGRAPHY** Migz Media Group will be onsite covering this event for photography. Action and/or posed photography will be made available for sale to all competitors and spectators.
-  **MIGZ MEDIA GRC**
610 HERTEL AVENUE
BUFFALO, NY 14207
716 462 5322
- LIVE WEB STREAMING** While it's not always possible to make it to an event in person, the good news is Takeitlive.tv will provide LIVE coverage for anyone wanting to watch and be a part of the event. In addition to tuning in LIVE, On-Demand video will be made available at the following link: <https://www.teamusa.org/USA-Synchronized-Swimming/Events/Video/2018-Championships/2018-US-Collegiate-and-Senior-National-Championships>. We highly encourage friends and family to tune in live.
- 

Tentative Schedule V1 1.14.18

(This is the same schedule included in the Pre-Meet Announcement.)

This is a tentative schedule which is subject to change.

A final schedule with event times will be available 1-2 weeks before the competition on the event page. Collegiate events are in black. **US Senior Nationals events are in red.**

Wednesday, March 28

8:00am – 4:30pm Training with Music for Collegiate Teams

Collegiate Teams will be assigned a time to use the competition area. The only other practice space available on Wednesday will be 2 lap lanes next to the competition area. First priority for the lap lanes will go to the team that is up next in the competition area.

8:00am – 4:30pm Registration at pool

4:00pm Routine Declarations Due – no exceptions!

5:00pm - 7:00pm Coaches Meeting

5:30pm - 7:00pm Athletes Meeting

Thursday, March 29 - Collegiates

Duet Prelim Competition, Solo Prelim Competition, Trio Prelim Competition (See Note 1 below.)

Friday, March 30 - Collegiates

“D” Technical Competition, “C” Technical Competition, “B” Technical Competition, “A” Technical Competition (see Note 2), Team Prelim Competition

Training with Music for non-collegiate teams (approximate time 5:30pm – 8pm)

Saturday, March 31 – Collegiates and US Senior Nationals

Trio Finals (see Note 2), Duet Finals, Solo Finals, Team Finals, Collegiate Parade of Athletes & Awards

3pm Lap Swimming for US Senior Nationals followed by warmups

Senior Tech Solos, Senior Tech Duets, Senior Tech Teams

Sunday, April 1 – US Senior Nationals (See Note 3)

Senior Free Solos, Senior Combos, Senior Free Duets, Senior Free Teams, Awards

Notes

1. During the competition, the area behind the curtain in the 50m pool will be available for training.
2. During figures and finals, the training in the practice area needs to be very quiet.
3. The competition and awards will be over on Sunday no later than 4pm. We won't know the exact time until all entries come in and the final schedule is created.

For questions on the schedule or the meet, please email Sheila McNabb, USA Synchro, VP Competitive Operations at smmcnabb@aol.com.

Appendix A: CLUB ENTRY AND FEES

To register online, login to your account from the homepage of the USA Synchro website [USA Synchro.org](http://USA_Synchro.org), by clicking on “My Account”. See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at:
719 - 866 - 2219 or jennifer@usasynchro.org.

Appendix B: DIGITAL MUSIC SUBMISSION GUIDELINES

DIGITAL MUSIC SUBMISSION

Digital music files (M4A, MP3) are to be submitted for routines for this competition.

- Email music to Chris Leahy at leahycm@gmail.com by **March 7, 2017**.
- Music files may be sent as email attachments or shared using a file sharing/ transfer service
 - Dropbox, Google Drive, OneDrive, WeTransfer, etc.
- Files received before the deadline will be transferred from emails to a computer, and then imported to iTunes or a compatible program and each file tested to ensure it plays. You will **not** be contacted if your music is submitted on time and if the music is correct. You will only be contacted if your music is missing or will not play.
- We recommend submitting 160+ kbit/sec M4A/AAC or higher quality audio for best sound results.
 - If sending MP3 files, 192+ kbit/sec is recommended.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- A device with a 1/8" TRS (headphone) jack is acceptable as a backup.
 - A CD player will **NOT** be available as back up.
- Contact Chris if you have any questions.
- Use the following naming conventions (see bolded below) when saving files.
 - Routine names should be “space” separated

Duet OSU Smith

Duet = Routine event

OSU = Club Abbreviation / Three Letter Code **

Smith = Last name of the first alphabetical member of the routine

**** email** Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

Optional – If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = 2018 US Collegiates

Album = Routine Event (Solo, Duet, etc.)

Album Artist = Three Letter Code **

Title = Last name of the first alphabetical member of the routine

**** email** Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

NOTE - If teams want to use different cuts for their practice time they can:

- 1) Email them to Chris, leahycm@gmail.com
- 2) Bring a device that has a 1/8" TRS (headphone) jack

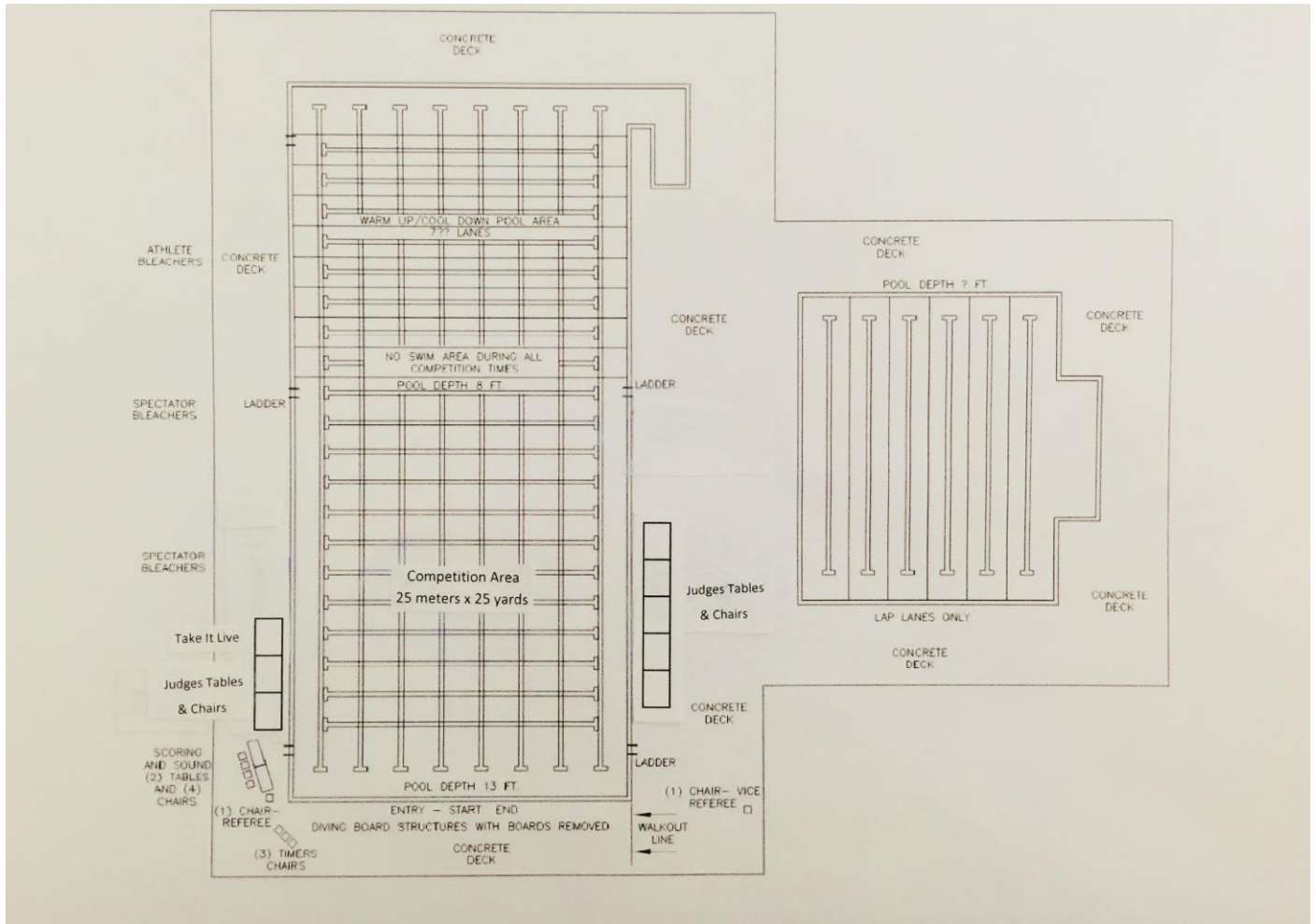
Appendix C: FACILITY PHOTO & PARKING MAP



Appendix C: FACILITY PARKING



Appendix D: POOL AND DECK LAYOUT DIAGRAM



FORM A: FOREIGN FEDERATION ENTRY – SENIOR TECH ROUTINES

Must be completed by all foreign federations. Written approval from your federation MUST accompany this entry. Please contact USA Synchro immediately if you need visa support.

Please email this form to: jennifer@usasynchro.org and bettyhazle@yahoo.com.

NAME OF FEDERATION or CLUB _____

NAME OF HEAD COACH/OFFICIAL _____

CELL PHONE: _____ EMAIL: _____

Please complete one form each for Senior Tech, Senior Free and Free Combination routine entries. Please check final meet announcement for the specific events allowed.

Select one: ___ National Team Entry ___ Club Entry

| Event | | Names | Date of Birth | Music | |
|-------|---------|---------|---------------|-------|--|
| SOLO | NAME | 1. | | | |
| | | 2. | | | |
| | | | | | |
| DUET | NAMES | 1. | | | |
| | | 2. | | | |
| | RESERVE | | | | |
| | NAMES | 1. | | | |
| | | 2. | | | |
| | RESERVE | | | | |
| TEAM | NAMES | 1. | | | |
| | | 2. | | | |
| | | 3. | | | |
| | | 4. | | | |
| | | 5. | | | |
| | | 6. | | | |
| | | 7. | | | |
| | | 8. | | | |
| | | RESERVE | | | |
| | | RESERVE | | | |

SPONSOR FEE: # of Competitors entered (incl. reserves/alternates) _____ x \$30 Total Sponsor Fee = \$ _____ Make check payable to: USA Synchro (fee will be transferred to the local sponsor) Mail check to: USA Synchro, 1 Olympic Plaza, Colorado Springs, CO 80909, USA

NOTICE: Please also complete Housing/Transportation Form.

FORM A: FOREIGN FEDERATION ENTRY – SENIOR FREE ROUTINES

Must be completed by all foreign federations. Written approval from your federation MUST accompany this entry. Please contact USA Synchro immediately if you need visa support.

Please email this form to: jennifer@usasynchro.org and bettyhazle@yahoo.com.

NAME OF FEDERATION or CLUB _____

NAME OF HEAD COACH/OFFICIAL _____

CELL PHONE: _____ EMAIL: _____

Please complete one form each for Senior Tech, Senior Free and Free Combination routine entries. Please check final meet announcement for the specific events allowed.

Select one: ___ National Team Entry ___ Club Entry

| Event | | Names | Date of Birth | Music | |
|-------|---------|---------|---------------|-------|--|
| SOLO | NAME | 1. | | | |
| | | 2. | | | |
| | | | | | |
| DUET | NAMES | 1. | | | |
| | | 2. | | | |
| | RESERVE | | | | |
| | NAMES | 1. | | | |
| | | 2. | | | |
| | RESERVE | | | | |
| TEAM | NAMES | 1. | | | |
| | | 2. | | | |
| | | 3. | | | |
| | | 4. | | | |
| | | 5. | | | |
| | | 6. | | | |
| | | 7. | | | |
| | | 8. | | | |
| | | RESERVE | | | |
| | | RESERVE | | | |

SPONSOR FEE: # of Competitors entered (incl. reserves/alternates) _____ x \$30 Total Sponsor Fee = \$ _____ Make check payable to: USA Synchro (fee will be transferred to the local sponsor) Mail check to: USA Synchro, 1 Olympic Plaza, Colorado Springs, CO 80909, USA

NOTICE: Please also complete Housing/Transportation Form.

FORM A: FOREIGN FEDERATION ENTRY – SENIOR FREE COMBINATION

Must be completed by all foreign federations. Written approval from your federation MUST accompany this entry. Please contact USA Synchro immediately if you need visa support.

Please email this form to: jennifer@usasynchro.org and bettyhazle@yahoo.com.

NAME OF FEDERATION or CLUB _____

NAME OF HEAD COACH/OFFICIAL _____

CELL PHONE: _____ EMAIL: _____

Please complete one form each for Senior Tech, Senior Free and Free Combination routine entries. Please check final meet announcement for the specific events allowed.

Select one: ___ National Team Entry ___ Club Entry

| Event | | Names | Date of Birth | Music |
|-------|---------|-------|---------------|-------|
| COMBO | | 1. | | |
| | | 2. | | |
| | | 3. | | |
| | | 4. | | |
| | | 5. | | |
| | | 6. | | |
| | | 7. | | |
| | | 8. | | |
| | | 9. | | |
| | | 10. | | |
| | RESERVE | | | |
| | RESERVE | | | |
| | | | | |
| COMBO | | 1. | | |
| | | 2. | | |
| | | 3. | | |
| | | 4. | | |
| | | 5. | | |
| | | 6. | | |
| | | 7. | | |
| | | 8. | | |
| | | 9. | | |
| | | 10. | | |
| | RESERVE | | | |
| | RESERVE | | | |

SPONSOR FEE: # of Competitors entered (incl. reserves/alternates) _____ x \$30 Total Sponsor Fee = \$ _____ Make check payable to: USA Synchro (fee will be transferred to the local sponsor) Mail check to: USA Synchro, 1 Olympic Plaza, Colorado Springs, CO 80909, USA

NOTICE: Please also complete Housing/Transportation Form.

FOREIGN FEDERATIONS HOUSING AND TRANSPORTATION INFORMATION

Email completed housing and transportation information with entry forms to finance@usasynchro.org.

FEDERATION/CLUB NAME: _____

COACH/OFFICIAL/CONTACT NAME: _____

MOBILE PHONE #: _____

TRANSPORTATION

ARRIVING: AIR AUTO OTHER

ARRIVAL DATE: _____ ARRIVAL TIME: _____

ARRIVAL AIRLINE: _____ FLIGHT NUMBER: _____

ARRIVAL CITY: _____

DEPARTURE DATE: _____ DEPARTURE TIME: _____

DEPARTURE AIRLINE: _____ FLIGHT NUMBER: _____

DEPARTURE CITY: _____

HOTEL/ LODGING

NAME: _____

ADDRESS: _____

TELEPHONE: _____

LIST ALL COACHES/OFFICIALS/STAFF ATTENDING THE CHAMPIONSHIP:

Total Number of ATHLETES: _____

Total Number of COACHES: _____

Total Number of OTHER STAFF/PERSONNEL: _____