



2018 U.S. Collegiate National Championships

March 29 – March 31, 2018

Oro Valley Aquatic Center – Oro Valley, Arizona

FINAL MEET ANNOUNCEMENT

COMPETITION DATES U.S. Collegiate Championship: March 29 – 31, 2018 (Training Day - March 28)

MEET MANAGERS Candy Kaemerer ckscotland@comcast.net 520-749-9642 or 520-971-8182
Jeanne Struck jeannepbs@aol.com 520-299-2956

FACILITY Oro Valley Aquatic Center (outdoor facility) 520-297-7946
23 West Calle Concordia
Oro Valley, Arizona 85704

FACILITY MANAGERS Brandon Laue – Aquatics Manager – blaue@orovalleyaz.gov

POOL SPECS Length: 50 meters Width: 25 yards
Depth: 13 ft. at start end, 8ft. at 30m line Entry: Deck Flat
Distance from deck to water: Water level with deck
Competition Pool Length: 25m (lane line and banner)
Practice space: Area behind curtain in 50m pool
Spectators: West side of pool

HOST HOTEL INFO Red Lion Inn & Suites Tucson North - Foothills
Holiday Inn Express and Suites
Westward Look Resort (Wyndham Grand Resort and Spa)

Room rates, booking links and phone numbers are on the event page online, found here:
www.teamusa.org/USA-Synchronized-Swimming/Events/2018/March/29/2018-US-Collegiate-Championship

AIRPORT INFO **Tucson International Airport (TUS)** **Phoenix Sky Harbor Airport (PHX)**
Located 24 miles from the pool Located 102 miles from the pool



United Airlines is a partner of the U.S. Olympic Committee and USA Synchro's preferred airline carrier. Members of USA Synchro can receive up to 10% off the retail fare price when booking flights through the United Olympic Desk. Book now by calling the United Olympic Desk at 1-800-841-0460.

GROUND TRANSPORTATION All major car rental companies are available at both Tucson and Phoenix airports. Taxi service is also provided at the Tucson Airport. In addition, the AZ Stagecoach provides transportation from the airport to hotel and back. Call 520-889-1000 for Stagecoach information.

TICKETS & PROGRAM Tickets may be purchased just inside the front gate at Oro Valley Aquatic Center on competition days. Tickets are \$10 per day or \$30 for an All-Event Pass. Seniors 55 & over and students age 5 to 22 yrs. are \$5 per day or \$15 for an All-Event Pass. All-Event Passes will include U.S. Collegiate Nationals as well as U.S. Senior Nationals.

There will not be a program at this year's championship.

ENTRY DEADLINE Entries, Forms and Fees must be submitted electronically and postmarked no later than **Wednesday, March 7, 2018 at Midnight PST.**

RULES TO GOVERN The 2018 Official USA Synchro Rulebook shall govern the Championship.

- Appendix A** Register and calculate fees online at www.usasynchro.org
- Appendix B** Digital Music Submission Guidelines (Deadline March 7, 2018)
- Appendix C** Facility Photo & Parking Map
- Appendix D** Pool and Deck Layout Diagram
- FORM A** Collegiate Athlete of the Year Nomination
- FORM B** Mary Jo Ruggieri Collegiate Scholarship Nomination
- Forms "A" & "B"** must be turned in at the conclusion of the first day of competition to Megan Azebu.
- FORM C** Athlete Affidavit of Eligibility (**Must be mailed**)
- FORM D** Technical Event Affidavit (NOT REQUIRED if online version is completed)
- FORM E** Participating Seniors
- FORM F** Housing and Transportation / Practice Time Request

ENTRY DEADLINE Entries, Forms and Fees must be submitted electronically and postmarked no later than

Wednesday, March 7, 2018 at Midnight PST

Late Fees: As stated in Appendix C, per USSS Rule CP 5.5.1, any entry to a National Championship received between 21 and 7 days prior to the first day of the competition shall pay late fees. Each athlete entered between 21 and 7 days prior to the first day of competition shall be assessed a \$25.00 late entry fee for the first event and an additional \$10.00 late entry fee for each additional event entered. If a qualifying event is held after the entry deadline for this competition, a **provisional entry** must be submitted according to the above deadline. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted via email to meet scoring chair Nancy Thompson at nthiker@aol.com.

Please declare all entries by 4:00pm on Wednesday (before Collegiate coaches' meeting).

QUESTIONS ON ELECTRONIC ENTRIES TO: Jennifer Hawkins, USA Synchro, Phone: 719-866-2219
jennifer@usasynchro.org

MAIL FORM "C": Megan Azebu **DEADLINE – March 7, 2018**
641 Campus Dr. mazebu@stanford.edu
Stanford, CA 94305

MAIL OR E-MAIL FORMS "D" TO "E": **DEADLINE – March 7, 2018**
Megan Azebu mazebu@stanford.edu
641 Campus Dr.
Stanford, CA 94305

E-MAIL FORM "F": **DEADLINE – March 7, 2018**
Meredith Simpson mmsynch@aol.com

FEE INFORMATION

- **Entry Fee** \$15 per competitor per routine, including alternates. If paying by check, make check payable to USA Synchro. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C)
- **Surcharges** \$5 per competitor, including alternates. This surcharge is to assist in covering travel expenses of scoring personnel. If paying by check, make check payable to USA Synchro. (Rulebook, Appendix C) **TOOK SENTENCE OUT HERE**
\$7.70 per competitor, including alternates. Payments are made online at www.usasynchro.org
- **Sponsor Fee** \$30 per competitor. Make check payable to USA Synchro.
- **Credentials** Each club will receive coach credentials per the chart below. In addition, each club will receive two team personnel credentials. Additional credentials are \$30 each. Please make check payable to USA Synchro.

Only people with SafeSport certification are allowed to receive credentials. Coaches are reminded that they need to carry their USA Synchro proof of certification to be allowed on pool deck.

Maximum # of free credentials			
# of athletes	Coaches	# of athletes	Coaches
1 – 10	2	31 - 35	7
11 – 15	3	36 - 40	8
16 – 20	4	41 - 45	9
21 – 25	5	46 - 50	10
26 – 30	6		

REGISTRATION Wed., March 28, 2018 8:00 am – 4:30 pm at the pool.

COACHES MEETING Wed., March 28, 2018 5:00 pm – 7:00 pm at the pool.

ATHLETES MEETING Wed., March 28, 2018 5:30 pm – 7:00 pm at the pool.

OFFICIALS Please register online by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at s_korpela@msn.com. Those wishing to take the National judge’s tests should notify Shannon. Please refer to meet final schedule for testing time on Wednesday, March 28. Judges uniform shall be white top and black bottoms.

COACHES, OFFICIALS AND JUDGES HOSPITALITY

Hospitality is located in the dugout behind the diving boards at the south end of the pool. Lunches are for judges and officials only. Snacks, water, soda and powerade, etc. will be available for coaches and officials. After judges and officials have had lunch, coaches are welcome to any lunches that are still available.

ATHLETE HOSPITALITY Snacks will be available for collegiate athletes in the athlete area in the northeast corner of the facility behind the slide.

COACH CERTIFICATION AND SAFESPORT

- CCP Level 1** Required for all coaches to be on deck at any meet.
- CCP Level 2** Required for all coaches to be on deck at any Regional, Zone and National Championship.
- CCP Level 3** Required for all coaches to be on deck at any Zone and National Championship.
- SafeSport** **Required for all coaches and anyone requesting a credential** to be on deck at any competition. (This includes chaperones, trainers, and any other team personnel.)
- Properly submitted safety credentials (Current CPR/First Aid)** - Required for all coaches to be on deck at any competition. Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, contact Shari Darst at shari@usasynchro.org.

SOUND / MUSIC We will be using digital music for this competition. It is essential all music be sent by email in advance. **Email music files to Chris Leahy at leahycm@gmail.com by March 7, 2018.** See Digital Music Submission Guidelines, Appendix B, for specifications.

COLLEGE FIGHT SONG Please also submit your college’s fight song to Chris Leahy for the Parade of Athletes.

SCORING ISS scoring program will be used. Send questions regarding scoring to the meet scoring chair: Nancy Thompson, nthiker@aol.com.

ROUTINE EVENTS Routine competition in Solo, Duet, Trio, Team and Mixed Duet (Honorary only). Places 1 - 12 after Preliminaries will progress to Finals. The routine in place 13 shall pre-swim the event. Each student-athlete may compete in no more than 3 different routine events, including Exhibition routines.

TECHNICAL EVENTS

Category A Elements

<u>ELEMENT</u>		DD
AE1	Barracuda Bent Knee 360	2.5
AE2	Vertical Full Twist, 1440 Continuous Spin	2.2
AE3	Cyclone	2.6
AE4	Manta Ray	3.1

Category B Elements

<u>ELEMENT</u>		DD
BE1	Barracuda Bent Knee 180	2.3
BE2	Vertical 1/2 Twist, 720 Continuous Spin	1.8
BE3	Cyclone	2.6
BE4	Manta Ray	3.1

Category C - Group 1

		DD
423	Ariana	2.2
143	Rio	3.1
351	Jupiter	2.8
437	Oceanea	2.1

Category D - Group 1

		DD
106	Ballet Leg, Straight	1.6
301	Barracuda	1.9
420	Walkover, Back	1.9
327	Ballerina	1.8

AWARDS

Routines: Medals 1 - 3, Ribbons 4 – 12

Technical Competition: Medals 1 - 3, Ribbons 4 – 12

The **Parade of Athletes and Awards Ceremony** will be held after the Team Finals on Saturday, March 31, at approximately 2:30 p.m. Please have athletes wear their “official team warm-ups” for the awards. The awards stand will be located in front of the bleachers.

COLLEGIATE AWARDS

The Overall Institution Award, Individual High Point Trophy, Collegiate Athlete of the Year Award and the Mary Jo Ruggieri Scholarship will be announced at the Championship. The Collegiate All-American Awards and the All-Collegiate Awards will be announced on the USA Synchro website within a week of the completion of the Championship.

VENUE RULES

All athletes, coaches, chaperones, officials, and spectators must enter the aquatic facility through the front gate.

There is no gelling, de-gelling, or rinsing of Knox brushes, etc in the locker rooms. There will be a \$100 fine per club and as well as the individual(s) involved in the infraction of this rule.

De-gelling is permitted only at the two outside showers at the deep end of the pool. Please use this area in an emergency only. A gelling station will be available on the pool deck. No food or glass is allowed on the pool deck. No athlete bags are allowed in the bleacher area. There will a designated bleacher area for athletes.

PARKING

Free parking is available on-site. **The lot directly in front of the pool is reserved for officials, meet management and handicapped parking.** There is a parking lot right before the pool on Calle Concordia. See Appendix C.

TRAVEL

The Ina Road exit from I-10 is now closed for the next year. Everyone will need to use either the Orange Grove exit or the Tangerine Rd exit if they are driving on I-10.

From Phoenix, take I-10 to Tangerine Rd, then go right at La Cañada, then left at Calle Concordia to the pool. You will hit the 25 mph construction zone between Thornydale and La Cañada, but it won't be too bad. It's newly paved, but the speed limit is 25 mph.

Cortaro Farms Rd exit is open, but there is a lot of construction.

RENTAL TENTS

There will be a limited number of tents available for rent for \$100 per tent for the competition. Contact Candy Kaemerer at ckscotland@comcast.net.

TEAM BANNERS

Please drop off your team banner at the registration desk in the Scoring room. Staff will hang banners.

PHOTO REGULATIONS

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of USA Synchro.

Personal use photography by the audience will be allowed, from the stands, as long as not obstructing the view of others, with any camera using no flash. Photographs must be for personal, non-commercial use.

MIGZ PHOTOGRAPHY



MIGZ MEDIA GRC
610 HERTEL AVENUE
BUFFALO, NY 14207
716 462 5322

Migz Media Group will be onsite covering this event for photography. Action and/or posed photography will be made available for sale to all competitors and spectators.

LIVE WEB STREAMING



While it's not always possible to make it to an event in person, the good news is Takeitlive.tv will provide LIVE coverage for anyone wanting to watch and be a part of the event. In addition to tuning in LIVE, On-Demand video will be made available at the following link: <https://www.teamusa.org/USA-Synchronized-Swimming/Events/Video/2018-Championships/2018-US-Collegiate-and-Senior-National-Championships>. We highly encourage friends and family to tune in live.

Tentative Schedule V1 1.14.18

(This is the same schedule included in the Pre-Meet Announcement.)

This is a tentative schedule which is subject to change.

A final schedule with event times will be available 1-2 weeks before the competition on the event page. Collegiate events are in black. **US Senior Nationals events are in red.**

Wednesday, March 28

8:00am – 4:30pm Training with Music for Collegiate Teams

Collegiate Teams will be assigned a time to use the competition area. The only other practice space available on Wednesday will be 2 lap lanes next to the competition area. First priority for the lap lanes will go to the team that is up next in the competition area.

8:00am – 4:30pm Registration at pool

4:00pm Routine Declarations Due – no exceptions!

5:00pm - 7:00pm Coaches Meeting

5:30pm - 7:00pm Athletes Meeting

Thursday, March 29 - Collegiates

Duet Prelim Competition, Solo Prelim Competition, Trio Prelim Competition (See Note 1 below.)

Friday, March 30 - Collegiates

“D” Technical Competition, “C” Technical Competition, “B” Technical Competition, “A” Technical Competition (see Note 2), Team Prelim Competition

Training with Music for non-collegiate teams (approximate time 5:30pm – 8pm)

Saturday, March 31 – Collegiates and US Senior Nationals

Trio Finals (see Note 2), Duet Finals, Solo Finals, Team Finals, Collegiate Parade of Athletes & Awards

3pm Lap Swimming for US Senior Nationals followed by warmups

Senior Tech Solos, Senior Tech Duets, Senior Tech Teams

Sunday, April 1 – US Senior Nationals (See Note 3)

Senior Free Solos, Senior Combos, Senior Free Duets, Senior Free Teams, Awards

Notes

1. During the competition, the area behind the curtain in the 50m pool will be available for training.
2. During figures and finals, the training in the practice area needs to be very quiet.
3. The competition and awards will be over on Sunday no later than 4pm. We won't know the exact time until all entries come in and the final schedule is created.

For questions on the schedule or the meet, please email Sheila McNabb, USA Synchro, VP Competitive Operations at smmcnabb@aol.com.

All pre-meet and final meet information will be on-line at www.usasynchro.org.

Appendix A: CLUB ENTRY AND FEES

To register online, login to your account from the homepage of the USA Synchro website USA Synchro.org, by clicking on “My Account”. See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at:
719 - 866 - 2219 or jennifer@usasynchro.org.

Appendix B: DIGITAL MUSIC SUBMISSION GUIDELINES

DIGITAL MUSIC SUBMISSION

Digital music files (M4A, MP3) are to be submitted for routines for this competition.

- Email music to Chris Leahy at leahycm@gmail.com by **March 7, 2018**.
- Music files may be sent as email attachments or shared using a file sharing/ transfer service
 - Dropbox, Google Drive, OneDrive, WeTransfer, etc.
- Files received before the deadline will be transferred from emails to a computer, and then imported to iTunes or a compatible program and each file tested to ensure it plays. You will **not** be contacted if your music is submitted on time and if the music is correct. You will only be contacted if your music is missing or will not play.
- We recommend submitting 160+ kbit/sec M4A/AAC or higher quality audio for best sound results.
 - If sending MP3 files, 192+ kbit/sec is recommended.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- A device with a 1/8" TRS (headphone) jack is acceptable as a backup.
 - A CD player will **NOT** be available as back up.
- Contact Chris if you have any questions.
- Use the following naming conventions (see bolded below) when saving files.
 - Routine names should be “space” separated

Duet OSU Smith

Duet = Routine event

OSU = Club Abbreviation / Three Letter Code **

Smith = Last name of the first alphabetical member of the routine

** email Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

Optional – If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = 2018 US Collegiates

Album = Routine Event (Solo, Duet, etc.)

Album Artist = Three Letter Code **

Title = Last name of the first alphabetical member of the routine

** email Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

NOTE - If teams want to use different cuts for their practice time they can:

- 1) Email them to Chris, leahycm@gmail.com
- 2) Bring a device that has a 1/8" TRS (headphone) jack

COLLEGE FIGHT SONG

Please also submit your college's fight song to Chris Leahy for the Parade of Athletes.

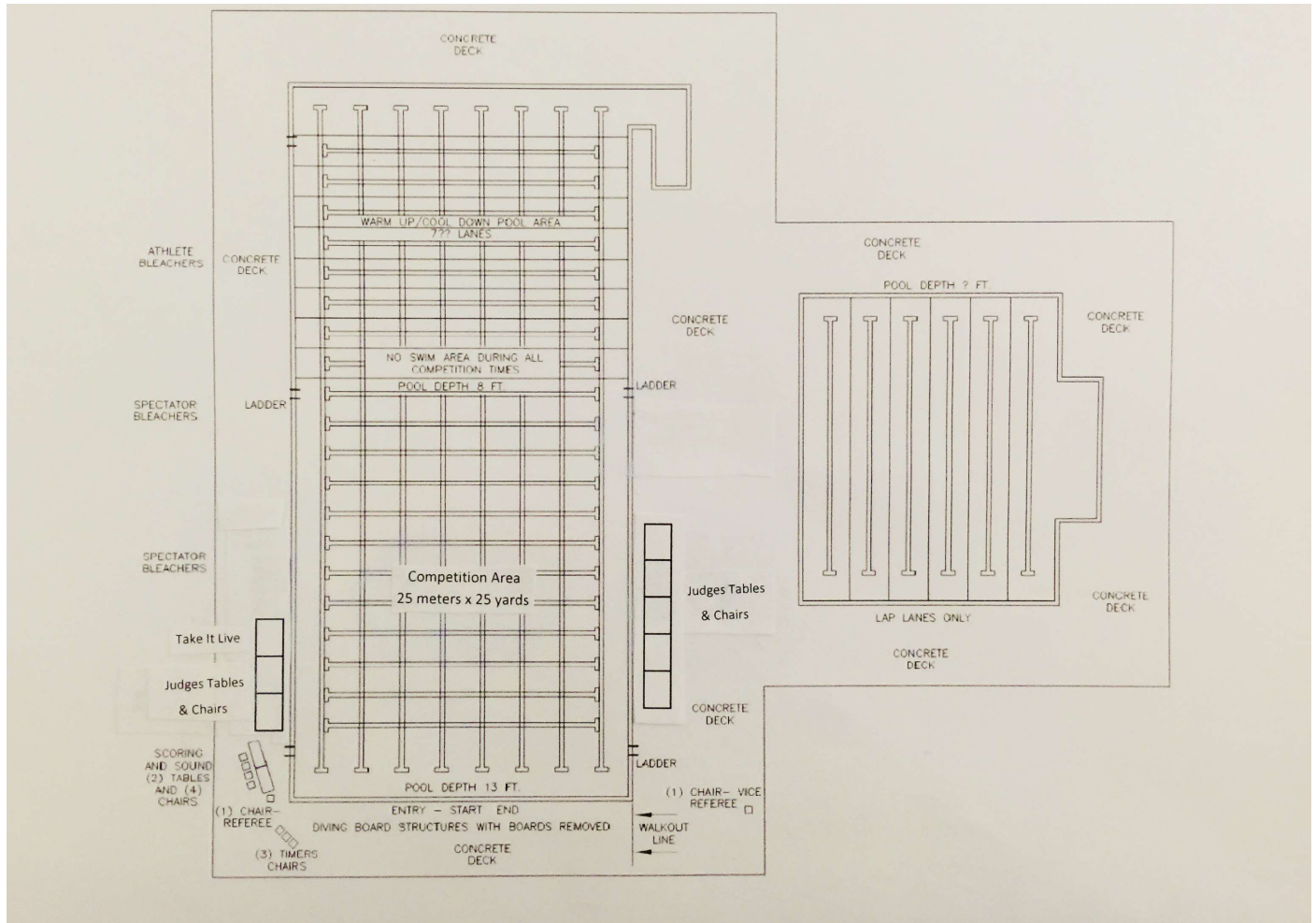
Appendix C: FACILITY PHOTO & PARKING MAP



Appendix C: FACILITY PARKING



Appendix D: POOL AND DECK LAYOUT DIAGRAM



**[OPTIONAL FORM, deadline at the Conclusion of the First Day of Competition]
(Hand in to Megan Azebu)**

FORM A: COLLEGIATE ATHLETE OF THE YEAR NOMINATION

Nominee's Name: _____

Institution: _____

Freshman Sophomore Junior Senior

This award is presented to an athlete who is nominated for contributions to collegiate synchronized swimming and is based equally on athletics, academics and community service. Please highlight the contributions/accomplishments of this swimmer in the sections following:

Athletic Merit:

Academic Merit:

Community Service:

Nominator's Name / Institution: _____

Nomination forms need to be returned at the Conclusion of the First Day of Competition. Copies will be posted and given to the zone athlete representatives so that a vote can be taken at the meet.

**[OPTIONAL FORM, deadline at the Conclusion of the First Day of Competition]
(Hand in to Megan Azebu)**

FORM B: MARY JO RUGGIERI COLLEGIATE SCHOLARSHIP NOMINATION

**The Mary Jo Ruggieri
Collegiate Synchronized Swimming
Scholarship Award**

Coaches: Please nominate one member from your team that shows outstanding achievements in the following categories: Swimming Ability, Team Contributions, and Community Leadership. The motivation to help "Synchro" grow at the college level is also a factor in choosing this nominee.

Name _____ Phone _____

Address _____

City, State, Zip _____

University _____

University Address _____

City, State, Zip _____

Please list the nominee's achievements in the area of Swimming Ability _____

Please list the nominee's achievements in the area of Team Contributions _____

Please list the nominee's achievements in the area of Community Leadership _____

If more room is needed, please continue on the reverse side of this sheet.

**[REQUIRED FORM, Deadline - postmarked no later than March 7]
(Do Not Email)
FORM C: Athlete Affidavit of Eligibility**

Name of Institution: _____ Date Submitted: _____

Complete Information For All Participants	Student ID (Or Social Security Number)	Cumulative GPA	US Citizen (Yes No)	Year of Collegiate participation in this sport	Total Credit Hours Accumulated	Transfer Student Mo./Yr. Enrolled	Full-Time Student (Yes/No)	Participation in Majority of Season (Yes/No)	Academic Year: 2018 - 2019
Student Athlete (Name in Full)									<p>I hereby certify that the information listed herein is complete and correct according to the official records of this institution. In addition, I certify that each person named is a full-time student as defined by this institution, and is making normal progress in an established degree or certified program as defined by this institution.</p> <p>Name: _____ Director, Women's Intercollegiate Athletics, Club Recreation Department, or Director for Club Sports</p> <p>Signature: _____</p> <p>Phone: _____</p> <p>Name: _____ Registrar Director, or Director of Student Credentials</p> <p>*Signature: _____</p> <p>Phone: _____</p> <p>*May include official seal or stamp at the bottom of this document.</p> <p>Name: _____ Coach or Advisor</p> <p>Signature: _____</p> <p>Phone: _____</p> <p>I hereby certify that the Majority of Season information is complete and correct and that all student-athletes competing have met all eligibility requirements at the time they proceed to the first qualifying meet and/or national championships.</p> <p>Name: _____ Director, Women's Intercollegiate Athletics, Club Recreation Department, or Director for Club Sports</p> <p>Signature: _____</p>

Mail form to: Megan Azebu
 641 Campus Dr.
 Stanford, CA 94305

**Form NOT REQUIRED if on-line version is completed
[REQUIRED FORM, deadline - postmarked no later than March 7]**

FORM D: Technical Event Affidavit

Club: _____

Club Code: _____

	Event										
	Date									Avg.	
Name	Category	Score	Score	Score	Score	Score	Score	Score	Score	2014-2015	Notes

Mail OR Email form to:

Megan Azebu
641 Campus Dr.
Stanford, CA 94305

mazebu@stanford.edu

FORM F: HOUSING / TRANSPORTATION and PRACTICE AVAILABILITY

Club/Official Name _____

Club Code _____

Coach Name _____

Arriving by: Air Auto Other

Date _____

Time _____

Flight _____

Airline _____

Departure Date _____

Time _____

Hotel/Lodging _____

Phone _____

No. of Athletes _____

No. of Coaches/ Officials _____

Please list three on-site emergency contacts for your club (they may be coaches, officials or parents).

1. _____

2. _____

3. _____

Parking Needs at Competition Site: # of vans/cars: _____ # of buses: _____

Preferred time of practice session on Wednesday, March 28: _____

Confirmation of practice time will be made by Email. **Please include an Email address below so that we can inform you in advance of your practice time. Every effort will be made to contact you by March 16 of your practice time. If a coach does not have or use an Email address, please include the Email address of an athlete who is an Email user.**

Email address to send practice time confirmation to (print clearly): _____

E-mail this form to: Meredith Simpson mmsynch@aol.com

Deadline: March 7, 2018