

QUESTIONS ON ELECTRONIC ENTRIES TO

Jennifer Hawkins, USA Synchro
 Phone: 719 - 866 - 2219
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MAIL OR E-MAIL FORMS “D” TO “F” TO DEADLINE – February 28, 2016

Meredith Simpson mmsynch@aol.com
 605 Village Way North
 Blacksburg, VA 24060

MAIL OR E-MAIL FORM “G” TO DEADLINE – February 28, 2016

Joleen Cacciatore jccacciatore@gainesvillesportscommission.com
 Gainesville Sports Commission
 300 East University Ave.
 Suite 100
 Gainesville, FL 32601

FEE INFORMATION

- Entry Fee \$15 per competitor per routine, including alternates. If paying by check, make check payable to USA Synchro. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C)
- Surcharge \$5 per competitor, including alternates. This surcharge is to assist in covering travel expenses of scoring personnel. If paying by check, make check payable to USA Synchro. (Rulebook, Appendix C)
- Sponsor Fee \$25 per competitor. Make check payable to USA Synchro.
- Credentials Each club will receive coach credentials per chart below. In addition, each club will receive two team personnel credentials. Additional credentials are \$30 each. Please make check payable to USA Synchro. Coaches are reminded that they need to carry their USA Synchro proof of certification to be allowed on pool deck.

Maximum # of free credentials			
# of athletes	Coaches	# of athletes	Coaches
1 - 10	2	31 - 35	7
11 - 15	3	36 - 40	8
16 - 20	4	41 - 45	9
21 - 25	5	46 - 50	10
26 - 30	6		

REGISTRATION Wed., March 23, 2016 8:00 am – 5:00 pm Will be held in the Gate 2 Lobby

COACHES MEETING Wed., March 23, 2016 5:30 pm – 7:00 pm Will be held in the Gate 2 – 1st Level Hospitality Area

ATHLETES MEETING Wed., March 23, 2016 5:15 pm – 7:00 pm Will be held in the O’Connell Center Pool Area

OFFICIALS Please register online by the entry deadline. In addition, please e-mail Judges Administrator, Shannon Korpela, with your intent to attend at s_korpela@msn.com. Those wishing to take the National judge’s tests should notify Shannon. Please refer to meet final schedule for testing time on Wednesday, March 23. Judges uniform shall be white top and black bottoms.

COACHES, OFFICIALS AND JUDGES HOSPITALITY

A light breakfast, lunch and snacks will be available in the hospitality area, located in Gate 2 – 1st Level Hospitality Area, throughout competition. Please allow judges to eat first.

COACH CERTIFICATION AND SAFESPORT

CCP Level 2 – Required for all coaches to be on deck at any Regional, Zone or National Championship (including the U.S. Collegiate Championship and the U.S. Masters Championship), unless the coach was certified at CCP Level 1 less than one year prior to the relevant Regional, Zone or National Championship.

CCP Level 3 – Required for all coaches to be on deck at any National Championship (excluding the U.S. Collegiate Championship and the U.S. Masters Championship).

SafeSport – Required for all coaches to be on deck at any competition.

Registered coaches will be verified and those holding the required certifications will be granted credentials. If you have any questions, Shari Darst at shari@usasynchro.org

SOUND/ MUSIC

We will be using digital music for this competition. It is essential all music be sent by email in advance. Email music files to Chris Leahy at leahycm@gmail.com by **March 2, 2016**. See Digital Music Submission Guidelines, Appendix B, for specifications.

SCORING

Colorado Time Systems SynchroMM scoring program will be used. Judges will award scores for Execution, Artistic Impression and Difficulty for routines.

Send questions regarding scoring to the meet scoring chair:
Maggie Downey, downeymm@gmail.com, [352-494-4850](tel:352-494-4850) (cell phone)

Please indicate provisional routines on entry and notify Maggie when qualifying event is over.

ROUTINE EVENTS

Routine competition in Solo, Duet, Trio and Team. Places 1 - 12 after Preliminaries will progress to Finals. The routine in place 13 shall pre-swim the event.

TECHNICAL EVENTS

Category A Elements

<u>ELEMENT</u>	<u>DD</u>
TE1 Submerged Back Pike to Barracuda	1.8
TE2 Nova Variation, Continuous Spin 720°	2.4
TE3 Front Pike to Porpoise, Full Twist, Split Walkout	2.9
TE4 Submerged Back Pike to Barracuda Airborne Split	2.5

Category B - Group 3 DD

308 Barracuda Airborne Split	2.8
355g Porpoise, Twist Spin	2.6
112f Ibis, Continuous Spin (720°)	2.8
325 Jupiter	2.8

Category C - Group 3 DD

423 Ariana	2.2
301e Barracuda, Spinning 360°	2.2
240a Albatross, Half Twist	2.6
346 Side Fishtail Split	2.0

Category D - Group 3 DD

101 Ballet Leg, Single	1.6
301 Barracuda	2.0
349 Tower	1.9
406 Swordfish, Straight Leg	2.0

AWARDS

Routines: Medals 1 - 3, Ribbons 4 - 12 Figures: Medals 1 - 3, Ribbons 4 - 12

The **Parade of Athletes and Awards Ceremony** will be held after the Team Finals on Saturday, March 26, at approximately 5:00 p.m. Please have athletes wear their "official team warm-ups" for the awards. The awards stand will be located on the far end of the practice pool.

COLLEGIATE AWARDS The Overall Institution Awards and the Individual High Point Trophy will be announced at the Championship. The Collegiate All-American Awards and the All-Collegiate Awards will be announced on the USA Synchro website within a week of the completion of the Championship.

VENUE RULES No food is permitted on the deck. Water bottles will be allowed. No large coolers allowed inside. There will be no glass allowed on the pool deck.

There will be a designated gelling area at the pool. You will only be allowed to gel and de-gel in this area.

PARKING The O'Connell Center North Lot (flat lot) and Garage are available for swim patrons. University decal restrictions **will not** be in effect. The parking lot is located on the corner of W. University Avenue and Gale Lemerand Drive. This parking will be available for cars and vans. Buses will need to park off-campus Wednesday - Friday. Buses are able to park in the O'Connell Center Lot on Saturday. Buses can unload on Stadium Road near the Gate 2 entrance to the facility.

Bus Parking is available in designated space behind the Hilton off of Hull Road/34th St (approx. 2.5 miles from O'Connell Center).

- Please see Appendix D for Parking Information and Maps

AIRPORT (S) Gainesville Regional Airport (GNV) - 5 miles
Jacksonville International Airport (JAX) - 79.6 miles
Orlando International Airport (MCO) - 125 miles
Tampa International Airport (TPA) - 140 miles

As a member of USA Synchro you are eligible to receive discount flights to USA Synchro sanctioned events on [United Airlines](#). Book now by calling the United Olympic Desk at 1-800-841-0460 and receive up to 10 percent off the retail fare price.

GROUND TRANSPORTATION All major rental car companies are available.

HOUSING



866-567-7075

We are excited to be partnering with Team Travel Source this season! Clubs must book their hotel rooms with Team Travel Source. Team Travel Source has secured the lowest hotel rates for USA Synchro members for all National championships. You will not only get the best hotel rates and a full summary of your booking, but you will also support USA Synchro and the meet host in organizing the best championships for you!!

TO BOOK ROOMS FOR 2016 U.S. COLLEGIATES - - [CLICK HERE](#)

ATHLETIC TRAINING The trainer will be located on the pool deck by the practice pool, they will be there at all times during competition. Ice and bags will be provided.

PROGRAM Participating Universities may EMAIL photos to info@gainesvillesportscommission.com for the official program for \$30. You must receive an email confirmation before the deadline from the Gainesville Sports Commission. Deadline is February 19, 2016. Please attach a caption listing the order of the swimmers pictured. The captions and photos should be emailed to: info@gainesvillesportscommission.com.

Programs can be purchased at the Gate 2 ticket window during the competition.

TICKETS Spectator tickets will be required for all events, and will go on sale on March 1st. Tickets are \$10.00 for Thursday and Friday, and \$15.00 for Saturday. All-Event Passes will be \$30.00. Pre-Tickets can be purchased by calling GSC at 352-338-9300 or email: info@gainesvillesportscommission.com. During the event tickets can be purchased at the Gate 2 ticket window, which is the main gate entrance for spectators.

FOOD SERVICES The concession stand at the Gate 2 Lobby will be open throughout the competition.

TEAM BANNERS Team banners may be given to Event Management staff at registration, and will be hung for you.

PHOTO REGULATIONS

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of U.S. Synchronized Swimming.

Personal use photography will be allowed by the audience, from the stands, as long as not obstructing the view of others, with any camera using no flash.

LIVE WEB STREAMING



While it's not always possible to make it to an event in person, the good news is TakeitLive provides free LIVE coverage for anyone wanting to watch and be a part of the event. In addition to tuning in LIVE, On-Demand video is available via our website. We highly encourage friends and family to take advantage of our options to purchase video by buying a DVD or a digital download. Not only does this help support the team, but it allows Takeitlive to provide LIVE coverage for future events.

TENTATIVE MEET SCHEDULE

A detailed final schedule will be created based on actual entries and should be available approximately 1 week prior to the start of the meet.

WEDNESDAY, MARCH 23		
AM 7:30	8:00	Lap swimming only
	8:00	5:00
	8:00	5:00
		Assigned practice with music
		Registration at pool
		Judges testing
PM 4:00		Exhibition routine declarations due - no exceptions!
5:15	7:00	Athletes meeting - O'Connell Center Pool Area
5:30	7:00	Coaches meeting - Gate 2 – 1 st Level Hospitality Area
5:30		Draws for Preliminary Routines and Figures Posted
THURSDAY, MARCH 24		
AM 8:00		Lap swimming / Open Pool
		Warm-up Solo Preliminary
		Solo Preliminary
		Warm-up Duet Preliminary
		Duet Preliminary
		Warm-up Trio Preliminary
		Trio Preliminary
4:30	5:30	Open Pool
FRIDAY, MARCH 25		
AM 8:00		Open Pool
AM 10:00		Warm-up "D" Technical
		"D" Technical competition
		Warm-up "C" Technical
		"C" Technical competition
		Warm-up "B" Technical
		"B" Technical competition
		Warm-up "A" Technical
		"A" Technical competition
		Warm-up Team Preliminary
5:30	7:00	Team Preliminary
7:15		Draw for Solo, Duet and Trio Finals, Draw for Team Final will be done as soon as results are available
SATURDAY, MARCH 26		
AM 7:15		Lap Swimming / Open Pool
		Warm-up Trio and Duet Finals
		Opening Ceremony
		Trio Finals
		Duet Finals
		Warm-up Solo and Team Finals
		Solo Finals
		Team Finals
		Parade of Athletes
	5:15	Awards

Appendix A: CLUB ENTRY AND FEES

To register online login to your account from the homepage of the USA Synchro website USA Synchro.org , by clicking on “My Account”.

See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at 719 - 866 - 2219 or jennifer@usasynchro.org.

Appendix B: DIGITAL MUSIC SUBMISSION GUIDELINES

DIGITAL MUSIC SUBMISSION

Digital music files (MP3, M4A) are to be submitted for routines for this competition.

- Email music to Chris Leahy at leahycm@gmail.com by **March 2, 2016**
- Music files may be sent as email attachments or shared using a file sharing/ transfer service.
 - Dropbox, Google Drive, OneDrive, WeTransfer, etc.
- Files received before the deadline will be transferred from emails to a computer, and then imported to iTunes or a compatible program and each file tested to ensure it plays. You will **not** be contacted if your music is submitted on time and if the music is correct. You will only be contacted if your music is missing or will not play.
- We recommend submitting 160 kbit/s M4A or higher quality audio for best sound results.
- 128 kbit/s MP3s are NOT recommended, if sending MP3 files, please ensure they are at least 192 kbit/ sec.
- A minimum one second leader (silence) before the music starts added to all files is recommended.
- Contact Chris if you have any questions.
- A CD player will be provided as back up for play through the sound system. A device with a 1/8" TRS (headphone) jack is also acceptable as a backup.
- Use the following naming conventions (see bolded below) when saving files.
 - Routines names should be “space” separated

Duet OSU Smith

Duet = Routine event

OSU = Club Abbreviation/ Three Letter Code **

Smith = Last name of the first alphabetical member of the routine

** email Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

Optional- If you know how to modify the Artist/Album/Track Title tags of your files, please use the following conventions.

Artist = 2016 US Collegiates

Album = “Routine Event” (Solo, Duet, etc.)

Album Artist = “Three Letter Code ** ”

Title = “Last name of the first alphabetical member of the routine”

** email Jennifer Hawkins - jennifer@usasynchro.org

if you do not know your code

NOTE - If teams want to use different cuts for their practice time they can:

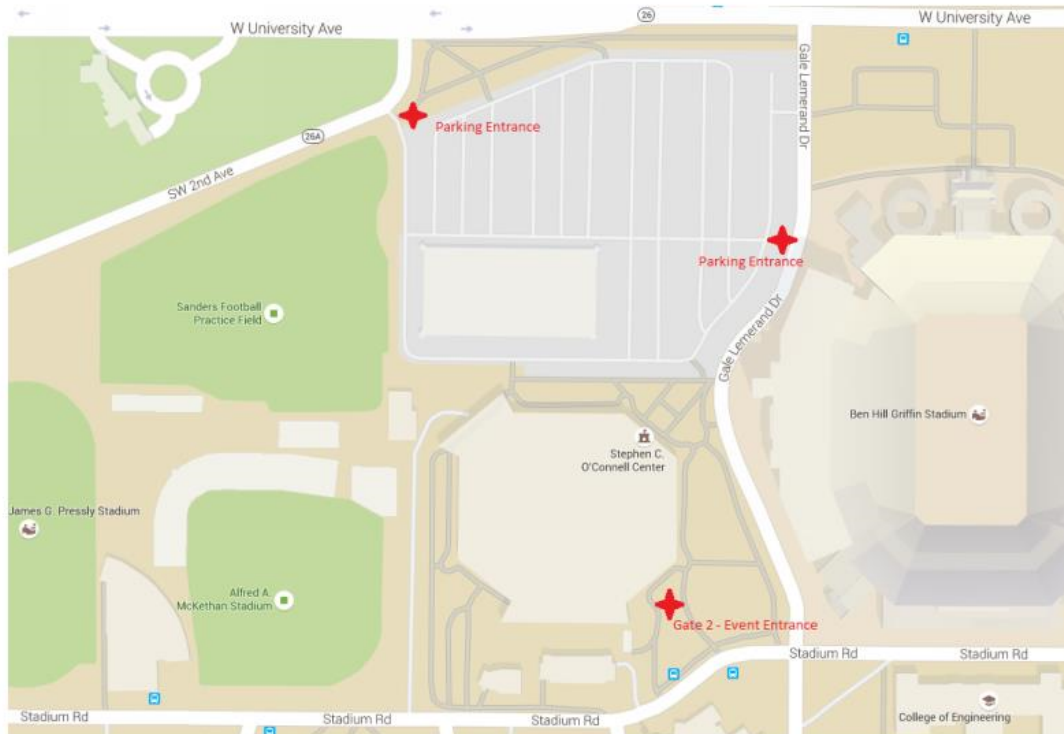
- 1) Email them to Chris, leahycm@gmail.com
- 2) Bring a device with a 1/8" TRS (headphone) jack
- 3) Bring a CD

Appendix C: POOL AND DECK LAYOUT DIAGRAM



Appendix D: PARKING INFORMATION and MAPS

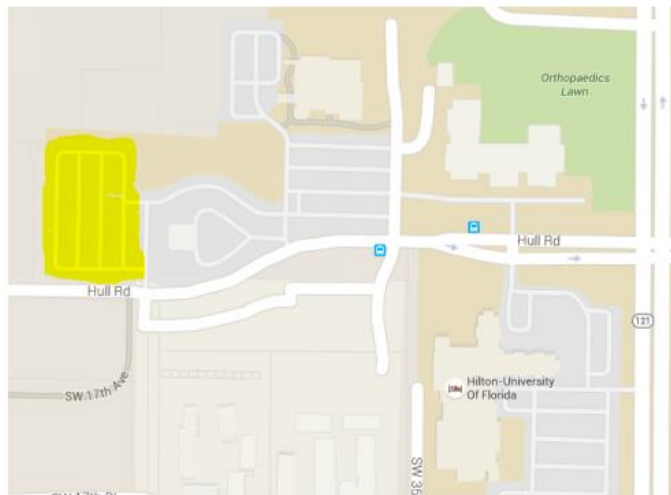
Parking Information



-The O'Connell Center North Lot (flat lot) and Garage are available for swim patrons. University decal restrictions will not be in effect. The parking lot is located on the corner of W University Avenue and Gale Lemerand Drive. This parking will be available for cars and vans. Buses will need to park off-campus Wednesday - Friday. Buses are able to park in the O'Connell Center Lot on Saturday.

-Buses can unload on Stadium Road near the Gate 2 entrance to the facility.

-**Bus Parking** is available in designated space behind the Hilton off of Hull Road/34th St (approx. 2.5 miles from O'Connell Center).



**[OPTIONAL FORM, deadline at the Conclusion of the First Day of Competition]
(Hand in to Meredith Simpson)**

FORM A: COLLEGIATE ATHLETE OF THE YEAR NOMINATION

Nominee's Name: _____

Institution: _____ Freshman__ Sophomore __ Junior __ Senior __

This award is presented to an athlete who is nominated for contributions to collegiate synchronized swimming and is based equally on athletics, academics and community service. Please highlight the contributions/accomplishments of this swimmer in the sections following:

Athletic Merit:

Academic Merit:

Community Service:

Nominator's Name/Institution: _____

Nomination forms need to be returned at the Conclusion of the First Day of Competition. Copies will be posted and given to the zone athlete representatives so that a vote can be taken at the m

**[OPTIONAL FORM, deadline at the Conclusion of the First Day of Competition]
(Hand in to Meredith Simpson)**

FORM B: OUTSTANDING COLLEGIATE CONTRIBUTOR NOMINATION

Nominee's Name: _____

Institution or position held: _____

This award is presented to an individual or organization that has made a significant impact on the collegiate synchronized swimming program in the United States. Someone who has forwarded the cause of the collegiate program through committee work or through support of the concept of collegiate synchronized swimming.

Please list the ways that this individual or organization has impacted the collegiate program:

Please list committee work done or support shown for the concept of the collegiate program:

Nominator's Name/Institution: _____

Nomination forms need to be returned at the Conclusion of the First Day of Competition. Copies will be posted and given to the zone athlete representatives so that a vote can be taken at the meet.

[**OPTIONAL FORM**, deadline at the Conclusion of the First Day of Competition]
(Hand in to Meredith Simpson)

FORM C: MARY JO RUGGIERI SCHOLARSHIP NOMINATION

**The Mary Jo Ruggieri
Collegiate Synchronized Swimming
Scholarship Award**

Coaches: Please nominate one member from your team that shows outstanding achievements in the following categories: Swimming Ability, Team Contributions, and Community Leadership. The motivation to help "Synchro" grow at the college level is also a factor in choosing this nominee.

Name _____ Phone _____

Address _____

City, State, Zip _____

University _____

University Address _____

City, State, Zip _____

Please list your achievements in the area of Swimming Ability _____

Please list your achievements in the area of Team Contributions _____

Please list your achievements in the area of Community Leadership _____

If more room is needed, please continue on the reverse side of this sheet.

FORM G: HOUSING/ TRANSPORTATION and PRACTICE AVAILABILITY

Club/Official Name _____ Club Code _____

Coach Name _____

Arriving: Air Auto Other

Date _____ Time _____

Flight _____ Airline _____

Departure Date _____ Time _____

Hotel/Lodging _____ Phone _____

No. of Athletes _____

No. of Coaches/ Officials _____

Please list three on-site emergency contacts for your club (they may be coaches, officials or parents).

1. _____

2. _____

3. _____

Parking Needs at Competition Site: # of vans/cars: _____ # of buses: _____

Preferred time of practice session on Wednesday March 23: _____

Confirmation of practice time will be made by Email. **Please include an Email address below so that we can inform you in advance of your practice time. Every effort will be made to contact you by **March 9** of your practice time. If a coach does not have or use an Email address, please include the Email address of an athlete who is an Email user.**

Email address to send practice time confirmation to (please print clearly):

Mail or E-mail form to: Joleen Cacciatore jcacciatore@gainesvillesportscommission.com
Gainesville Sports Commission
300 East University Ave.
Suite 100
Gainesville, FL 32601