



**2013 U.S. Masters
Synchronized Swimming Championships
October 16 - 20
West Meza Aquatic Center**



FINAL MEET SCHEDULE v10-10

Wednesday, October 16

4:00 PM	6:00 PM	<i>Registration at the West Meza Aquatic Center</i>
4:30 PM	5:30 PM	<i>Officials and Coaches Meeting at West Meza Aquatic Center</i>
6:00 PM	10:00 PM	<i>Welcome Reception at the Crowne Plaza (Host Hotel)</i>
6:30 PM	10:00 PM	<i>Registration at the Crowne Plaza (Host Hotel)</i>

Thursday, October 17

8:00 AM	NOON	<i>Registration at the West Meza Aquatic Center</i>
8:00 AM	8:30 AM	<i>Open Pool</i>
8:30 AM	8:50 AM	<i>Tech Solo Warm-up - First Group (40, 50, 60)</i>
8:55 AM	9:50 AM	Tech Solo Competition - First Group (40, 50, 60)
9:50 AM	10:10 AM	<i>Tech Solo Warm-up - Second Group (70, 20, 30)</i>
10:15 AM	11:00 AM	Tech Solo Competition - Second Group (70, 20, 30)
11:05 AM	11:25 AM	<i>Free Solo Warm-up - First Group (40, 50, 60)</i>
11:30 AM	12:55 PM	Free Solo Competition - First Group (40, 50, 60)
12:55 PM	1:15 PM	<i>Free Solo Warm-up - Second Group (70, 20, 30)</i>
1:20 PM	2:35 PM	Free Solo Competition - Second Group (70, 20, 30)
2:40 PM	3:10 PM	<i>Figure warmup - A and C Figure Groups</i>
3:15 PM	4:05 PM	Figure Competition - A and C Figure Groups
4:05 PM	4:35 PM	<i>Figure warmup - B Figure Group (See Note 1)</i>
4:40 PM	5:10 PM	Figure Competition - B Figure Group

Friday, October 18

8:00 AM	8:30 AM	<i>Open Pool</i>
8:30 AM	8:50 AM	<i>Tech Duet Warm-up - First Group (40, 50)</i>
8:55 AM	9:50 AM	Tech Duet Competition - First Group (40, 50)
9:50 AM	10:10 AM	<i>Tech Duet Warm-up - Second Group (60, 70, 20, 30)</i>
10:15 AM	11:10 AM	Tech Duet Competition - Second Group (60, 70, 20, 30)
11:10 AM	11:40 AM	<i>Combo Practice with Music (5 minutes per Combo-order of draw)</i>
11:40 AM	12:00 PM	<i>Tech Trio Warm-up - All Groups (40, 50, 60, 20, 30)</i>
12:05 PM	12:50 PM	Tech Trio Competition - All Groups 40, 50, 60, 20, 30)
12:50 PM	1:05 PM	<i>Combo Warmup</i>
1:10 PM	1:50 PM	Combo Competition
1:55 PM	2:55 PM	<i>Athlete Meeting at the West Meza Aquatic Center</i>
3:00 PM	5:00 PM	<i>Free Team Practice With Music (one time through in order of draw starting with the OLDEST age group FIRST and going down to youngest)</i>
7:00 PM		<i>Banquet at the Crowne Plaza (Host Hotel)</i> Awards for Figures, Solo, Combo, and May McEwan Award



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Saturday October 19

8:00 AM	8:30 AM	Open Pool
8:30 AM	8:50 AM	Free Trio Warm-up - All Groups (40, 50, 60, 20, 30)
8:55 AM	10:10 AM	Free Trio Competition - All Group (40, 50, 60, 20, 30)
10:10 AM	10:30 AM	Free Duet Warm-up - First Group (40, 50)
10:35 AM	12:05 PM	Free Duet Competition - First Group (40, 50)
12:05 PM	12:25 PM	Free Duet Warm-up - Second Group (60, 70, 20, 30)
12:30 PM	2:00 PM	Free Duet Competition - Second Group (60, 70, 20, 30)
2:20 PM	2:50 PM	Awards for Trio and Duet (See Note 2)
2:50 PM	3:50 PM	Tech Team Warm-up - (40, 50, 60, 70, 20, 30)
3:55 PM	5:00 PM	Tech Team Competition - (40, 50, 60, 70, 20, 30)

Sunday October 20

8:00 AM	8:30 AM	<i>Open Pool</i>
8:30 AM	9:00 AM	Free Team Warm-up - First Group (40, 50, 60)
9:05 AM	10:05 AM	Free Team Competition - First Group (40, 50, 60)
10:05 AM	10:35 AM	Free Team Warm-up - Second Group (70, 20, 30)
10:40 AM	11:35 AM	Free Team Competition - Second Group (70, 20, 30)
12:00 PM		Awards for Team and High Point

NOTES-

1. Figure Group C warmup will start as soon as A and B competition is finished.
2. Tech Team Warm up will begin immediately following the conclusion of Awards