



**2013 U.S. Open
Synchronized Swimming Championships
July 9th - 13th, North Lake College Natatorium**



FINAL MEET SCHEDULE V07-09

Tuesday, July 9

5:30 PM	6:30 PM	Registration at Fairfield Inn
7:00 PM	8:00 PM	Coaches and Officials Meeting at Fairfield Inn

Wednesday, July 10

7:00 AM	8:00 AM	Competition Open Pool - 10 Min. Laps, 50 Min. Open
7:30 AM	8:00 AM	Coaches and Officials Meeting - In Officials Hospitality
8:05 AM	9:05 AM	Junior Figure Warm-up - 30 Minutes, 1/2 each club
9:10 AM	11:40 AM	Junior Figure Competition
11:40 AM	11:55 AM	Break – Competition Pool Closed
11:55 AM	12:05 PM	Competition Pool - Lap Swim for Junior Teams
12:05 PM	1:05 PM	Junior Team Practice with Music - 10 Minutes Each - In Order Of Draw
1:10 PM	1:20 PM	Competition Pool - Lap Swim for Senior Solos and Duets
1:25 PM	3:05 PM	Senior Solo and Duet Practice with Music - 4 minutes each, in order of tech draw, solo twice through draw, duet twice through draw. Time may be used for tech and then free, or whatever manner desired by competitors. Total of 8 minutes for Solos, then 8 minutes for Duets

Thursday, July 11

7:00 AM	7:30 AM	Competition Open Pool - 5 Min. Laps, 25 Min. Open
7:30 AM	7:50 AM	Junior Solo Prelim. Free Spacing
7:55 AM	9:10 AM	Junior Solo Prelim. Free Competition (Pre 1 and 2, 1 - 18)
No Junior Trio Preliminary Competition		
9:10 AM	10:40 AM	Competition Open Pool
10:25 AM	10:40 AM	Draw for Junior Trio and Solo Finals
10:40 AM	11:00 AM	Junior Solo Finals Spacing
11:05 AM	12:15 PM	Junior Solo Finals Competition (Pre, 1 - 12)
12:15 PM	12:25 PM	Break – Competition Pool Closed
12:25 PM	12:45 PM	Junior Trio Finals Spacing
12:50 PM	1:25 PM	Junior Trio Finals Competition (1 - 4)
1:30 PM	1:50 PM	Awards for Junior Solo and Trio
1:55 PM	2:35 PM	Senior Team Practice with Music - 10 Minutes Each - In Order Of Draw
2:40 PM	3:40 PM	Combo Practice with Music - 10 Minutes Each - In Order Of Draw



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Friday, July 12

7:00 AM	7:30 AM	Competition Open Pool - 5 Min. Laps, 25 Min. Open
7:30 AM	7:50 AM	Junior Duet Prelim. Spacing
7:55 AM	9:05 AM	Junior Duet Prelim. Free Competition (Pre 1 and 2, 1 - 14)
9:05 AM	9:25 AM	Senior Solo Tech Spacing
9:30 AM	10:00 AM	Senior Solo Tech Competition (1 - 8)
10:00 AM	10:20 AM	Senior Duet Tech Spacing
10:25 AM	10:50 AM	Senior Duet Tech Competition (1 - 5)
10:55 AM	11:05 AM	Competition Pool - Lap Swim for Senior Teams
11:10 AM	11:30 AM	Senior Team Tech Warm-up
11:35 AM	12:00 PM	Senior Team Tech Competition (1 - 4)
12:05 PM	12:35 PM	Junior Duet and Senior Solo, Duet and Team Draws
12:40 PM	1:00 PM	Junior Duet Finals Spacing
1:05 PM	2:20 PM	Junior Duet Finals Competition (1 - 12)
2:40 PM	3:00 PM	Awards for Junior Duets and Figures
3:00 PM	3:05 PM	Competition Pool - Lap Swim for Combos
3:05 PM	3:25 PM	Combo Prelim. Warm-up
3:30 PM	4:15 PM	Combo Prelim. Competition (1 - 6)

Saturday, July 13

7:00 AM	7:30 AM	Competition Open Pool - 5 Min. Laps, 25 Min. Open
7:30 AM	7:50 AM	Junior Team Prelim. Warm-up
7:55 AM	8:35 AM	Junior Team Prelim. Free Competition (Pre, 1 - 6)
8:35 AM	9:15 AM	Senior Solo and Duet Free Spacing - 20 Minutes Each
9:20 AM	9:55 AM	Senior Free Solo Finals Competition (Pre, 1 - 6)
10:00 AM	10:30 AM	Senior Free Duet Finals Competition (Pre, 1 - 5)
10:30 AM	10:45 AM	Draw for Junior Team and Combo Finals
10:45 AM	11:05 AM	Junior Team Finals Warm-up
11:10 AM	11:55 AM	Junior Team Finals Competition (1 - 6)
11:55 AM	12:15 PM	Senior Team Finals Warm-up
12:20 PM	12:50 PM	Senior Team Finals Competition (1 - 4)
12:50 PM	1:05 PM	Official's Break, Competition Open Pool
1:05 PM	1:25 PM	Combo Finals Warm-up
1:30 PM	2:15 PM	Combo Finals Competition (1 - 6)
2:30 PM	3:00 PM	Awards for Junior and Senior Teams, Combos, and Senior Solo and Duet

- Schedule Notes:
- 1) **8 Lap Lanes** next to bulkhead are available for warm-up and cool down
 - 2) Team Warm-ups - See Posted Maps
 - 3) For Figure Warm-up, clubs will divide swimmers in half, 30 minutes each
 - 4) Coaches, Officials, Sponsors and Event Organizer's Reception Information to Follow