

Coach Bout Reminders



Check-in and Match-Making

- Coaches and Boxers check in with the Official in charge for instructions, status of bouts, bout order, etc.
- Present necessary documents, including proof of membership and certification to USA Boxing.
- For Matched Bouts, Boxers must adhere to the competition rules of the lower age division.

Weight Control (scale)

- Boxers must be clean-shaven (short beard allowed for Master's).
- No jewelry on the body.
- Boxers weigh in undergarments, and by official of the same sex.



Maximum Bandages per Hand

Handwrap: stretchy cotton material with velcro closure,
2" x 98" — 177" (5cm x 2.5m — 4.5m)

Gauze/Tape: 2" x 49' + gauze pad of 4"x16' for knuckles,
(5cm x 15m + gauze pad of 10cm x 5m)

Tape = 1" x 16' (2.5cm x 5m)



Mandatory Pre-Bout Physical

- All health forms and documents must be presented at the Pre-Bout Physical.

Equipment Control (uniform and equipment check)

- Uniform shirt must be sleeveless. Waistband of Shorts must be different color than shirt.
- Wearing the color of your corner is strongly recommended. No tape or string allowed on shirt or shorts.
- Men must wear groin protector. Women may wear groin and/or breast protector. No protector may conceal target areas.
- Mouthguard is mandatory — no red or pink colors allowed.
- Bandages can be Handwraps or Gauze & Tape.
- Headguard must have USAB or AIBA-approved label. Boxers with long hair must wear hair cap/net underneath.
- Gloves will be issued by Equipment Official. Tape may be used to secure glove cuffs.

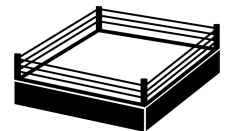


The Bout

- A Referee may touch and talk to the Boxers. The Referee may give an unlimited number of Cautions for fouls.
- Soft contact lenses are allowed. If a Boxer loses a contact and cannot continue, they will lose by RSC.
- Spitting out the mouthguard intentionally = Warning (1 point deduction).
- Losing the mouthguard due to a blow = Caution. The 3rd Caution = Warning (1 point deduction).
- 3 Warnings = automatic Disqualification.
- A Boxer cannot be saved by the Bell.
- If the Referee stops the Bout due to an injury caused by unintentional foul, the partial round will be scored.
- If a Boxer cannot continue due to an injury (dislocated shoulder, twisted ankle), they will lose by RSC-I.
- If a Boxer cannot continue after the referee gives recovery time for a Low Blow, the Boxer will lose by RSC.

Coaches/Seconds.

- Coach must use a clear water bottle. Coaches must be in possession of a towel.
- The Second may have the following in the corner: towels, ice bags, cold compress (no-swell), vaseline, swabs, medical gloves, Adrenaline 1/1000, small bag to hold items. Oxygen and inhalers are not permitted.
- Each Boxer may have up to 3 Seconds in their corner. During the rest interval, 2 Seconds may go up the steps. Only 1 Second may enter the ring.
- A registered Boxer may work as a Second, but only as an assistant, and they may not enter the ring.
- The Seconds must clear the ring and steps at least 5 seconds prior to start of next round.
- A Second can talk to and yell at their Boxer during the Bout, but may not yell loudly, may not clap, may not touch the ring or steps, may not stand, and may not incite the crowd. A Second may be Cautioned or Warned by an official. The use of communication devices in the corner is prohibited.
- A Second may stop the Bout by throwing in the towel. The Boxer will lose by RSC.
- After the Bout, Boxers must immediately remove gloves and headgear. Boxers report to the center of the ring for the announcement of the winner.
- After the Bout, Boxers immediately report to the Ringside Doctor for post-bout physical.
- There are no protests of Judges' decisions. A Second may view the Judges' scorecards after the session.



After the Bout

- Coaches must watch for changes in physical or mental behavior of Boxers, and Report to Ringside Doctor if Boxer experiences any symptoms of illness or injury
- Coaches or Boxers may retrieve passbook at the end of the session