



US SPEEDSKATING

# Coaching Certification Renewal Requirements

1. You can renew by participating in a Coaching Clinic either as an instructor or participant. Progressing to the next Level automatically renews your certification at the lower level.
2. If you are unable to participate in the Coaching Education Program, you may participate in an online seminar at the Gatorade Sport Science website ([www.gssiweb.com](http://www.gssiweb.com)). Please upload the completion certificate to your USS account on Sport:80 under the Documents tab.

Email [membership@usspeedskating.org](mailto:membership@usspeedskating.org) for assistance.