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Message from the
Director of Coaching
Education

Chris Clements

Hello Coaches,

It is so exciting to celebrate within this edition of *Olympic & Paralympic Coach* a selection of coaches who provide quality coaching. The opportunity to recognize and celebrate coaching performance is critical in helping advance the profession.

As coaches we are always working towards helping our athletes improve and have the ability to be successful. We often prioritize the development of our athletes over ourselves. However, these award winners have very clearly invested in themselves to be the best possible coaches and providers for their athletes.

Coaching performance is often measured or masked by results. These awards celebrate the art and science of coaching. We know there are many more of you out there enhancing your personal coaching or provider performance. There is so much to gain in the coaching space having more and more coaches being deliberate about their daily coaching actions and behaviors.

We would like to thank the NGBs and colleagues who nominated them, their support systems, the coach developers and educators and athletes who all have played a part in each coaches journey.

Happy coaching!

The USOPC is happy to have a guest writer for this issue of Olympic & Paralympic Coach magazine. Thomas Lawson supported USOPC Coaching Education by interviewing the award recipients and contributing the articles that follow in this special issue. We're grateful for Thomas' time and expertise to help recognize the outstanding coaches and performance staff who are included in this issue.

Thomas Lawson is a writer, editor and doer who is married with three beautiful children, a dog and living in Clifton, VA. He earned a bachelor's from Radford University, a master's from George Washington University and has been in publishing for over 20 years. An avid sports fan, his career began in newspapers as a sports reporter and sports editor. Currently, he oversees a publishing and marketing operation for an educational nonprofit in Reston, VA.

All images contained within this issue were provided by the respective NGBs unless otherwise noted.



Successes continue to mount for Developmental Coach of the Year Ron Aitken

Ron Aitken's coaching journey started years ago as coach of a group of 8 & Under swimmers after a friend asked him to join the staff. He had been working in the hotels on the Las Vegas strip and wanted the challenge, so the long-time swimmer accepted the role.

He especially noticed with that age group it was so important to make them smile and keep things fun and engaged for the swimmers – something that he still focuses on to this day.

"I have learned about how important the smile on their face is," said the Level 5 ASCA swim coach. "If I cannot make them smile, then it's time for me to move on. It's obviously so important to instill hard work in them and have high expectations, but also to keep them happy. They know that I'm trying to help and make them better and get them to the next level, which makes them work harder."

There is plenty to smile about for Aitken.

After a year in which his Sandpipers of Nevada club swim team won the USA Swimming Winter Junior National Championships and produced three Olympians last year at the Olympic Games Tokyo 2020 (including two silver medals and a fourth-place finish at those Games), Aitken has been named the 2021 Developmental Coach of the Year by the U.S. Olympic & Paralympic Committee.

"I was totally surprised," he said when he found out. "I didn't know swimming at this level would be recognized. It is one of the biggest awards I have ever received, and it means a ton to me. It's a complete reality check."

For Aitken, who has been the head coach of the Sandpipers since 1994, his imprint and leadership of the program continues to grow. At nationals this year, the Sandpipers women's relay team of Katie Grimes, Bella Sims, Claire Weinstein and Paige Kuwata set a junior national record in the 800-freestyle relay – destroying the previous record by three seconds.

And now, Aitken's influence can be felt at the Olympic level as well, as six Sandpipers are on the U.S. national team (Grimes, Sims, Erica Sullivan, Bowe Becker, Dylan Gravley and Blake Pieroni), along with three more on the junior national team (Kuwata, Brice Barrieault and Nick Simons).

With so many swimmers at the national level and his growing reputation and credentials, perhaps Aitken's dream to be a part of an Olympic coaching staff is within reach. Last summer's Tokyo Games gave him a taste, as three of his swimmers from the Sandpipers earned spots on the 2020

U.S. Olympic Team (Sullivan, Sims and Grimes), allowing Aitken a spot on-deck during the Games, but not on the official coaching staff.

Still, being on deck and watching three of his swimmers compete and thrive at the highest level of the sport – Sullivan and Sims each took home a silver medal and Grimes claimed a fourth-place finish – was incredible.

“Being able to go and see them compete was completing the circle of being a coach,” he said. “From start to finish it meant a lot to be there with them. It was really cool.”

But it wasn't easy getting to that point. It involved planning, dedication, hard work and determination to reach those goals.



“Watching those results was incredible,” he said. “When all the work comes together, the plan and vision and guiding the athletes in that direction, in a perfect world that it would fall that way. To have them make the team and have great results. It was a dream come true. We worked for it and put ourselves in place for it. Things broke our way. I don't want to say we were lucky because we put in the work.”

Aitken also credits the USA Swimming program and all the national coaches he communicates with as being so influential

to him as a coach. He says that support is one reason for the success last year.

“I think the finishes (last year in the Olympics) came from a lot of the experiences the USA Swimming has provided, which has helped me improve as a coach,” he said. “I've been doing it a while, and these were the first medals with swimmers who I coached through the process.”

His and his swimmers' results speak for themselves, and the results certainly matter, but they can come as a product of learning and growing.

“It's results-based. We are always looking to get better – both athletes and coaches. It not always about results, but it's about learning and improving. Look at mistakes and why we made them. Recognizing them and trying to then avoid them. It's all a learning process. Every step of the way.”

He does, however, acknowledge the success he's enjoying and credits consistency in the approach as a big reason he is where he is.

“I've been successful because I've stayed for a while instead of jumping around to various clubs. It's important to see athletes develop. One of the things I'm most proud of is that the club gets better every year. Every achievement along the way means a lot. Not one single one stands out but

everyone means a ton. I'm happy just by getting better."

In his nearly 30 years leading the Sandpipers, Aitken has grown deep roots in Nevada. He also runs a successful swim shop in Las Vegas called Bodyline Swim Shop, which he founded in 2006, and he took up jet ski racing in 2017 – both of which provide healthy distractions for him from the pool.

"They are both good distractions for me not to overthink the sport," he said. "They help me blow off steam and push myself and then I'm able to come back relaxed and focused."

Despite all his success, he remains humble and keeps things in perspective.

"I don't see myself as a great coach. I always need to get better. I admire other great coaches and want to be as good as them and get better. Having a target to always improve and get better is important."

Through his long coaching journey, Aitken remains humble and thankful to all those around him. "I'd like to say thank you to everyone who supported me and picked me up when I was down. Our program requires athletes to give their best, and sometimes it's tough as a coach to work the athletes to this level. The support group that sees the progress is great, and I'm thankful for those who have helped me do things the way I do it. I need to keep working as hard as they do."



For College Coach of the Year Todd DeSorbo, wherever he goes winning follows

Todd DeSorbo is a winner. Everywhere he has been he has won, taken the program to new heights, and left it in better shape than he found it.

As the University of Virginia's men's and women's swimming and diving head coach since 2017, he has overseen a meteoric rise to national powerhouse, which included back-to-back women's NCAA national championship in 2021-22.

Because of this success at UVA, DeSorbo has been named the 2021 College Coach of the Year by the U.S. Olympic & Paralympic Committee.

"I am surprised and shocked," the two-time ACC Women's Coach of the Year said. "To be nominated and considered for the award is huge. I still feel somewhat as an infant as a head coach at this level. I have a hard time seeing myself on the same level as some of the great coaches in college. It's unbelievable."

Justifiably so, DeSorbo continues to draw recognition from the community.

Partially because of his collegiate team's success, and his own as assistant coach at the Olympic Games Tokyo 2020 (where the US Swim team brought home 11 golds, 10 silvers and nine bronzes, and included four of his swimmers from UVA – Paige Madden, Alex Walsh, Kate Douglass and Emma Weyant), he has been named the U.S. women's swim team head coach for the FINA World Championships this summer in Hungary.

"I'm terrified but I'm really proud," he said. "I guess I didn't do a terrible job last year. I want the team to be successful and have fun and perform at a high level. As an assistant coach you are more in support role, but as a head coach you have much more responsibility and involvement on the front end. But I tell myself pressure is a privilege."

DeSorbo has done exactly the opposite of a terrible job. And he's done it both collegiately and on the international level. Walsh, who swam for DeSorbo on both teams has a first-hand perspective on DeSorbo's value as a coach.

"To see him getting this award, other accolades and coaching opportunities, it makes me really happy for him that his hard work not going unrecognized," Walsh, who won silver in the 200-meter individual medley in Tokyo and was part of the national championships at UVA, said. "There is no one more deserving."

Like many great coaches, DeSorbo deflects accomplishments and gives all credit to the athletes.

“There’s a sense of accomplishment when the athletes do well, for sure,” he said. “But they deserve the credit because they put in the work and go through so much. They run through a wall for us. The training and pressure they go through, and then the academics. And on top of all that they compete at an elite level. Win or lose the race, they are still incredibly successful.”



This athlete-first approach and understanding people was something DeSorbo learned at his first coaching gig (at UNC-Wilmington) from Dave Allen, who gave him a chance and to this day identifies as his mentor.

“I learned so much from him, especially how to build relationships and treat people,” said DeSorbo, who set multiple swimming records at the school in the late 90s. “If I can ever be half as great as him, I’d be really happy because he’s an amazing person.”

Apparently DeSorbo is pretty amazing too. According to Walsh, he’s a “great person.”

“We have a really close relationship and I’m very grateful for him,” she said. “He has made me really confident in my abilities. If I’m ever doubting myself, he helps me believe in myself. I can always turn to him when I don’t feel my best, and that’s very comforting.”

DeSorbo’s energy is also infectious and helps to comfort the team and keep everyone relaxed.

“He’s super energetic,” Walsh said. “He’s always super loud and goofy and cracking jokes. He’s able to make things reassuring and keep us excited. His energy on my recruiting call was actually one of the main reasons I committed to UVA.”

Allen, his coach at UNC-Wilmington, also instilled a certain work ethic in DeSorbo and an understanding that coaches and leaders always have to keep learning and growing.

“I take a two-pronged approach to coaching: work hard and be a good person,” DeSorbo said. “As a coach and leader, I need to keep evolving. I learn from the athletes by listening and they help me be a better leader.”

Working hard and being a good person. DeSorbo believes it and preaches it to all his swimmers. He believes that if things are handled the right way, the results will come.

“Winning takes care of itself,” DeSorbo said. “If things are done the right way, and an individual or a team improves and gets better, that’s the ultimate goal. Did you have fun and a good experience? That’s equally important as race results.”

Judging by the results, that approach is obviously working.

On top of the back-to-back women's national titles, DeSorbo has turned UVA into a power since his arrival in 2017, setting 16 women's and 14 men's school records, including three ACC team titles for the women and the best men's finishes in the ACC and NCAA championships in nearly a decade. The school has also produced five NCAA individual titles and the first-ever NCAA relay champion in school history.

Before leading UVA, DeSorbo was the associate head coach at North Carolina State University for six years, where the men's team won three ACC titles and the women's team won one. He also was the assistant coach at UNC-Wilmington for five years where the men's team won the CAA title each year and the women finished top three in the conference each year.

His Olympic pedigree is also impressive as he coached Olympic gold medalist Ryan Held at NC State, along with Soeren Dahl (Denmark) and Simonas Bilis in 2016.

With so many successes already on his resume, it's hard for DeSorbo to pick one thing he's most proud of.

"Every step along the way there has been excitement. Every little success has been tremendous. Obviously having athletes win medals at the Olympics is the dream. But a dream of mine has been to be coaching on the Olympic staff. To have that come true is incredible and a testament to the athletes. I didn't win any races. I owe a lot to them."

And looking to this summer's world championships, he hopes there's many more successes to consider as well.

"Team USA is the best team in the world. Like we always do, I expect us to perform at a very high level."



For Coach Educator of the Year Phil Edwards, the ‘USA Way’ is a community effort

“The USA Way.”

It’s the standard that Phil Edwards has for the USA Field Hockey program – one that unites the approach and gives direction and alignment for everything within the program.

As the senior manager of coaching and performance at USA Field Hockey, Edwards and his philosophy has been that unifying piece to bring everyone at all levels of the program onto the same page.

“The USA Way has helped to align the player and coach development pathways,” U.S. Director of Coach Education and Learning Craig Parnham said. “It provides a framework for coaches, parents, players and officials, the consistent language used, and guiding principles help to identify a clear vision for the future of field hockey.”

Obviously, people around Edwards have taken notice of the strides the field hockey program has made during his tenure, as evidenced recently by being named the 2021 Coach Educator of the Year by the U.S. Olympic & Paralympic Committee.

“I was very surprised when I heard,” Edwards said. “It’s quite an honor. There are a lot of great coaches and coach developers across the Olympic Movement. I think we do some really great stuff at USA Field Hockey. Not just me, but collectively we do a great job, so this isn’t just about me.” “I am delighted that Phil has been recognized for his work over the past years,” Parnham, who Edwards names as one of his mentors, said. “Having worked in high performance throughout my career I value the ability to consistently deliver high quality work, Phil certainly does this. We are lucky to have him on our team and I look forward to continuing to learn from him and work with him.”

In addition to ensuring the “USA Way,” Edwards specifically oversees the programming for the junior national team, and all coaching education and development for the program. His contributions particularly in his support of the junior high performance coaches and their programs has stood out as being incredibly valuable.

The long-travelled coach, who had stops at the high school, club, collegiate and international levels, joined the U.S. coaching program in 2012 working within the Olympic Development Pathway. In 2015 he became a performance analyst for the senior men’s and women’s teams at the Pan American Games, and then joined the women’s national team coaching staff in 2017. In 2018, he then moved into the role of senior manager of coaching and performance for the women’s team.

His experience has helped him understand the big picture of how the results of a match or a season is not the most important thing – the growth is what truly matters.



“Our philosophy is that the outcome is not the most important thing,” he said. “Of course, there are moments where winning can become more important, but it’s always tied back to learning. And learning is so important.”

Along those same lines, Edwards has a hard time of identifying one single highlight in his long and successful career. Rather, he enjoys the process itself and seeing the athletes perform under the pressure of a game.

“I don’t necessarily have one highlight. I enjoy the process,” he said. “I have a recollection of a player asking why I enjoy coaching when I first started. I said I enjoy seeing things in a game that we did in practice in quite a prescriptive way. Now, I enjoy players breaking the mold more, working together to solve problems during the game.”

Edwards knows about performing on the field too: he grew up playing field hockey in England at the youth, high school, college and then club level. He then went into coaching in the UK, South Africa and the United States.

Edwards sincerely believes in growing and learning and continuing to get better. He truly believes this is such an important of success and tries to emulate it in his leadership style. He also believes that in his role, it’s about putting the right people in the right situations to succeed.

“It’s all about an ongoing and learning approach,” he said. I get it wrong as much as I get it right. But, it’s about learning from that and moving forward. It really is about putting the right people in the right places – and then supporting and challenging those people to excel.”

These qualities are among those that have made him so valuable to the program. One of the biggest impacts Edwards has made on the program since his arrival was implementing the use an app called SLACK that is a community of practice and coaches. It’s a forum for over 900 field hockey coaches of all levels where general content and resources are shared. Coaches can engage and help one another develop. Edwards and his team also run announcements, provide tips and books, articles and links for users – all available to the coaches to help them grow.

“Part of Phil’s role is that he is available for the coaches within the various programs,” Parnham said. “He provides insights, a balanced perspective and is excellent at integrating technology and creative methods to present data and engage with the coaches.”

And to Edwards, the coaches are what matter most to him.

“The most gratifying part is hearing from coaches and seeing them engage and improve.”

He credits his wide experience as a coach in helping him understand the big picture today, particularly

how the club level rolls into NCAA, and then how the NCAA rolls into the national team.

“It was a huge part of my own development as a coach and as a person,” said Edwards who spent three seasons at Indiana University and two more at Boston College. “It has helped me to understand the NCAA and what they are going through – particularly the coaches.”

That experience, coupled with his very macro and level-headed view of coaching, is a major part of what makes Edwards so great in this role.

“Coaching is one of those jobs that demands knowledge of such a broad range things,” he said. “Coaches developing an understanding of why they do what they do, considering things such as how they see the role of sport in society, and how they define success for themselves – that’s important.”



Service Provider of the Year Kara Kessans a one-stop shop for U.S. women's volleyball team

Oftentimes when a team experiences great success, the players and coaches get most of the attention and credit. But the support staff, medical team and those helping behind the scenes are equally crucial to that team's success.

Case in point: U.S. women's volleyball physical therapist and athletic trainer Kara Kessans.

On a team with legendary players and coaches,

Kessans stands out as one of the best in her business.

Now Kessans, who has held the position since 2017, is getting her share of the spotlight as she has been named the 2021 Service Provider of the Year by the U.S. Olympic & Paralympic Committee.

"My heart jumped into my throat," said Kessans who has a doctorate in physical therapy and is a Sports Certified Specialist, Certified Athletic Trainer and Certified Strength and Conditioning Specialist. "Super surprised and super grateful. It doesn't come lightly. There are so many great providers within the USOPC and the National Governing Bodies and I am so appreciative. Amazing award and I am still in awe. Shocked."

Those who know her were not shocked, though. Former college football trainer Dwayne Treolo, who Kessans studied under at Louisville, was not the least bit surprised by her ascension to this level and receiving this award.

"I am not surprised at all," said Treolo, who spent 25 years at numerous D-1 schools. "She's got the makeup for handling anything that goes with the award. Her personality and bedside manner with an athlete are great. I know the person she is, and all her qualities come through. She will take care of her athletes and be there for them. She's a very unique individual."

Count women's head coach Karch Kiraly, who led the team to the program's first-ever gold medal at the Olympic Games Tokyo 2020 last summer, among those who acknowledge the support staff as part of the core members of the program.

"We talked all last year about being 23 strong," he said. "The core members who are in our program both the players and support staff. The gold medal is a tribute to what our entire staff has done. Don't know of a better one on the planet."

“She is an absolute rockstar and critically important (to our program),” Kiraly said. “We want to assemble the best staff possible in all phases, and she does an amazing job at establishing a rapport with athletes. Thinking of each player in our program as a unique person with a unique body and unique problems to solve; a unique puzzle to put together. She takes great care in learning them and learning how their bodies work to try to help them be their best.”

Receiving the Service Provider of the Year Award caps off an amazing year for Kessans, which included her role in the volleyball team’s historic run to a gold medal in Tokyo.

“It was an amazing feat (to win the gold), and I am very lucky and proud to have been part of it,” she said. “We’ve been going for this goal since I started in 2017 and to finally get there is amazing.”

But for Kessans, the whole ride was incredibly stressful and incredibly gratifying in the end.

“Finding out the Games were postponed in 2020 was tough,” she said. “The stress to make sure our athletes were healthy in 2021 was compounded by the atypical 2020 season. That was so important because we knew we could make history. I put a lot of stress on myself to make sure we didn’t have a positive COVID-19 test. I tried hard to educate our athletes around COVID, navigating protocols and trying to avoid problems. Just getting to the Games was a big step.”

The stress only continued during the Games, as the U.S. had a few players go down with ankle sprains and Kessans was called on to do her job.

“Unfortunately, we had a couple of athletes go down with ankle sprains,” she said. “I had to focus on getting them back and ready to play as soon as possible. I worked with them 24 hours a day, morning and night.”

Behind every sprained ankle, sore hamstring or bad knee, there is Kessans. Behind every prep for practice, evaluation and treatment after games, there is Kessans. When it’s time to implement a recovery plan or to go see a massage therapist, physician or other specialist, there is Kessans. As the only medical provider on the women’s volleyball team, she’s quite literally a one-stop shop, a luxury she provides by being both an athletic trainer and a physical therapist.

“I do the whole nine yards,” she said proudly. “I travel to all international events. I take care of the full health and wellness of our athletes for the volleyball team. Everything from scheduling specialists and handling insurance, to coordinating chiropractors, massage therapists and physicians.”

She is also observant and conscious of the athletes’ club commitments and tries to minimize future injuries by limiting their workload.

“I keep an eye on load management and prepare them to go back to their club seasons after their time with the national team. Luckily, I have great support around me, and I am grateful that they help me do my job well.

Born and raised in the Hoosier state, Kessans’s first passion was basketball which led her to the University of Louisville where she played shooting guard for the Cardinals. After graduation, she

thought about giving pro basketball a shot overseas or possibly studying to be an orthopedic surgeon, but she ultimately decided to get her doctorate in physical therapy because of the personal relationships it brings with it.

Kessans learned the craft and fulfilled the National Athletic Trainers' Association requirements while still at Louisville under Treolo before going to the University of Southern California for her physical therapy degree. After graduation, she secured her first job at Purdue University where she spent 11 years working with the men's and women's track and field, cross-country, football, women's volleyball, men's swimming, and men's and women's diving.

Working as a physical therapist or athletic trainer at the Olympic level is a difficult and stressful job – doing both could be daunting to most, but Kessans' background as an elite athlete herself has helped her handle whatever comes her way.

"I think it helps most of all because Kara understands the demands on people mentally and physically, and what it takes to perform at an elite level," Kiraly said. "I think her experience with basketball has helped her understand the mentality and the demands on high level female athletes."

Reflecting on her decision to go into physical therapy and athletic training, Kessans couldn't be happier. The personal relationships and interactions she experiences are the reason she does what she does and, even though being part of a gold medal history-making team is incredible, is what she cherishes most about her job.

"I enjoy the people who I work with. I enjoy what I do. Regardless of what issues come up or whatever happens, I just really love the relationships I've made."

Count the relationship with Treolo as one.

"I am very proud of her," he said. "She stayed the course and worked really hard to get to where she is. She has put in the time and obtained credentials (both athletic trainer and physical therapist) that very few do."



Olympic Coach of the Year Karch Kiraly is one in a billion

“Hi Karch, A decade ago you told me about how greatness is not a matter of ‘dialing up a medal’ but a long process of constant struggle...A major reason most of us don’t do better in life is because we are unwilling to suffer for the sake of a greater good. Sometimes, however, suffering is not a choice; it is thrust upon us. In those moments, we don’t choose whether we suffer, but we do choose how we suffer.

Thanks to you and your team for choosing to suffer well.” – Personal email to coach Karch Kiraly after the U.S. women’s volleyball team won the gold medal at the Olympic Games Tokyo 2020

Sometimes the word “suffer” can be overused and become cliché when it comes to describing experiences in sport. Relative to what some go through with debilitating injuries, serious illnesses, mental health, or the death of loved ones, “suffering” in sport pales in comparison.

But to say the U.S. women’s volleyball team endured suffering en route to capturing the gold medal at the Olympic Games Tokyo 2020 is appropriate. From the decades of failing to get to the mountaintop, the postponement in 2020 due to the COVID-19 pandemic, the bronze medal disappointment in 2016 in Rio, to the almost movie-like ending winning in Tokyo – the site of the first-ever Olympic volleyball competition in 1964 – it was quite the journey for the team.

“All these months later and it still feels surreal,” said Foluke Akinradewo, who was a middle blocker last summer in Tokyo. “We’ve been chasing that elusive gold medal for so long. I’d come up short the previous two Olympic Games and felt the soul-crushing disappointment that comes from being so close, yet so far. To finally stand on top of the podium and hear our national anthem play was indescribable.”

The gold in Tokyo last summer was the greatest achievement in the program’s history. At the center of that program is coach Kiraly. The greatest men’s volleyball player in American history, he led the U.S. men’s indoor team to back-to-back Olympic gold medals in 1984 and 1988. He is also the winningest player in beach volleyball history with 148 career tournament wins, and the sport’s first ever men’s beach volleyball Olympic gold medal in 1996.

As a coach, the gold medal is a crowning achievement after winning Olympic bronze in 2016 and the FIVB World Championship in 2014. Now he can now add yet another piece of hardware to the resume as well, as he was just named the 2021 Olympic Coach of the Year by the U.S. Olympic & Paralympic Committee.

“I’m stunned and honored and want to give all the credit to everyone in our program,” Kiraly said about winning the award.

It comes after the end to a journey that has been in the making even before Kiraly took over a decade ago in 2012. There was plenty of suffering that went into the achievement. And Kiraly and his team have been hungry and working hard for the payoff.

“It’s been an extremely long process,” Kiraly said of the team finally winning gold – in 12 Olympic tournaments the program had won silver twice. “We came close but never got the chance to stand at the top of the podium. You cannot win an Olympic gold medal without overcoming and facing massive adversity. Our team did and kept moving forward. It didn’t matter what came at us, we kept picking ourselves up from the floor.”

All teams face some adversity and depending on how you handle it can determine your likelihood of success. The fact that this team overcame its adversity and got to the mountaintop is a testament to Kiraly’s experience and influence as a coach.

“The result of the Tokyo 2020 Olympic gold really reflects Karch,” said Marv Dunphy who coached Kiraly in the 1988 Olympics and has been a part of eight different Games including Tokyo.

“He’s really detail-oriented and I think the women’s program is based on his solid footing. His preparation and organization help lower the stress and anxiety for the players, and his team reflected that.”

“I’ve known Karch for a long time,” said Laurel Brassey Iversen, who played in the Olympics with Kiraly in 1988. “He’s always so gracious. It’s a really important trait and he passes that on as a coach. Each of his players feels a personal investment in them from him. That’s not easy to do. I think he’s created a great atmosphere for success.”

“Karch was able to help lead our team to its first Olympic gold medal in the program’s history,” Akinradewo said. “There’s not much more that needs to be said.”

It’s one thing to be a great coach tactically or strategically. It’s another to be a great motivator or leader. Kiraly has all of that in spades, but he also has unique perspective and incredible intelligence and empathy.

Kiraly understands history. And he understands why legacy is important. He understands creating an environment that embraces those who have come before and how and why that matters. That’s precisely why he welcomed alumni from the 1980 women’s team into the fold. Little did he know the relationship between that team and the current team would become so powerful.

Members of that team, who were one of the top five teams in the world in 1980 but did not get to compete in the Olympic Games in Moscow due to the boycott, were planning a 40-year reunion for the Tokyo 2020 Games. They were going on a retreat, but when the Games were postponed due to COVID, so was their retreat. So, in the summer of 2021 the alumni wanted to show support for the current team and sent Japanese lanterns and bookmarks as part of gift packages. The 2020 U.S.

Olympic Team was so touched by the support and camaraderie that they recorded a video of thanks and gratitude; the 1980 team then sent a video back to the team and a bond was made.



“There aren’t too many that can say we are Olympians in volleyball,” Iversen said. “We want to keep connections beyond the Games. We all felt a personal involvement and connection to the team and wanted to do something to let them know we supported them. To say we lived vicariously through them would be pretty accurate. Thankfully Karch really understands the program and the history and the pioneers.”

“They’re a great group of women,” Kiraly said. “It all led to a wonderful connection between us and them. That 1980 team was the first American team that truly had a chance to medal. Unfortunately, they didn’t get to compete that year. They endured great suffering because of that. Our team was moved by that suffering and the 1980 team’s experience.”

Already considered the greatest to ever play men’s volleyball, he has now cemented himself as a legendary coach as well. He’s almost larger than life. And for how great a player and coach he is, he is an even better person.

“I have been around him for a long time (since 2009),” said team captain Jordan Larson, who Kiraly called the greatest woman to ever wear a Team USA uniform for the indoor team. “He was the assistant before being the head coach and I got to know him well. He values marriage, being a good person, and has incredible work ethic. Having that foundation helped me understand him as a person. He’s so passionate about USA volleyball and those who came before us too.”

“When I think of Karch, the first thing that comes to mind is humility,” said Akinradewo. “He’s the greatest player to have ever played the game, yet you wouldn’t know it if you met him. There is never an air of arrogance around him. He works hard, gets results, and stays humble. I truly admire this about him and try to embody the same qualities as a player and person.”

As a coach, he teaches and truly believes in ultimate teamwork and selflessness – that working together as one unit is the only way to operate.

“In a sport like volleyball, you can’t win with one great player like you may be able to do in a sport

like basketball with Michael Jordan, Kobe or Lebron,” he said. “We need to work together and “out team” other teams. We strive to be the best connected group and work together during the toughest moments.”

Interesting the mention of those basketball greats, because Kiraly is the Michael Jordan of volleyball – and he is aware that oftentimes great players in any sport struggle as coaches. But he’s focused on overcoming that stigma.

“I know I will always be swimming upstream,” he said. “Some things may come easily, and it can be hard to explain and have patience. I work extra hard to break the general norm that coaching can be a real struggle for someone who has had great success as a player. I try to surround myself with high character, highly skilled people – players, coaches and staff. And I think that helps.”

His players are well aware of his greatness as a player, but they fully acknowledge his greatness as a coach as well.

“He knows the game like no one else,” Larson said. “Having that asset has set me up for success. I can pick his brain. He’s always been open to having conversations and helping. I respect his ability to be a fantastic person and a great example.”

“Great leaders are great delegators, and Karch has done a fantastic job over the years,” Akinradewo said. “Our team has been blessed to be surrounded with an exceptional staff with Karch at the helm. He’s a student of the game, always striving to learn more and improve each and every day. As a result, we’ve all developed a growth mindset approach to the game, and each player that comes through the program holds themselves to a higher standard than they did when they first arrived.”

Kiraly has now been the head coach for a decade and led the program to multiple Olympic medals and world titles, but the gold medal last summer in Tokyo stands out in his mind as his proudest moment.

“Becoming Olympic champions has been gnawing at the mind of every player and every coach since the Olympics in 1964,” he said. “I think it’s so fitting that it happened in Tokyo where volleyball was originally added. It was amazing.”

A storybook ending to an incredible run. Something made for movies.



Paralympic Coach of the Year: For Nathan Manley, the apple didn't fall far from the tree

Live well. Swim fast.

For U.S. Paralympics Swimming coach Nathan Manley, those are two phrases he preaches to his athletes. Each are emphasized equally. If one lives and carries themselves properly, then the success will also come.

Certainly winning, finishing times and the podium matter, but success is measured by far more than just the finish.

“You cannot ignore the athletic side of this,” he said. “You have to measure success by the podium, the finish. But, it’s equally important to measure success by the person, their growth and positive influence. I try to focus on their future in the community and what kind of person they are and will become.”

Clearly, his message is being received by his athletes as the U.S. Paralympics Swim Team captured a total of 35 medals in the Paralympic Games Tokyo 2020. Partially because of his team dominance in Tokyo, Manley was just named the 2021 Paralympic Coach of the Year by the U.S. Olympic & Paralympic Committee.



“I’m surprised and honored,” the married father of three said. “There are a number of great coaches who were in Tokyo last year who are good and deserving of this award. But it’s mostly about the athletes. The most rewarding part is seeing them achieve the goals they set. Those moments are the most rewarding. No awards are needed.”

His humble reaction to this award fits his personality, but he truly considers himself lucky to be working with amazing Para swimmers and the joy it brings him.

Those who know him best aren’t the least bit surprised at his winning this award.

“He has put a lot of his time and energy into Paralympic swimming and I think people within the USOPC as well as the athletes see him at the nucleus of what they do,” said Dave Denniston, longtime friend and University of Wyoming swimming and diving head coach. “When someone earns this award, I believe one of the biggest factors to consider is what the sport or organization would look

like if he was not involved. You won't find a person that knows Nathan that would tell you they would be okay or even better off. He enriches people's lives every day."

"Anyone but Nathan will say that the award is amazing," said Tharon Drake, who swam under Manley for two years and won two silvers at Rio 2016. "He would say others deserve it more than him, which speaks to his character. But he absolutely deserves it."

Manley's character is part of what makes him so special and revered to those around him. And that athlete-centered humility comes directly from his father, whom he credits for teaching the personal side of working with athletes and the importance of growth outside of sport.

"I learned a number of things in coaching from my dad," said Manley, who also was a competitive swimmer in high school and played football for his father at Anderson University. "One of the most important things was the personal connection and investment in each athlete. He felt a responsibility to those young men and it was always about more than football – it was the spiritual, mental and emotional development that was always so important."

After college, Manley was both a swim coach and an English teacher, but it wasn't until he met Elizabeth Stone in 2006 in Grand Rapids, Michigan, while head coach of Rapids Area YMCA Swimmers (RAYS) when his path to Paralympic coaching greatness took off.

Stone, who is an above-knee amputee, had already competed in the 2004 Athens Games but did not medal. Two years later, she joined RAYS where Manley was her coach, and they began preparing her for Beijing in 2008.

"Coming into the 2008 Games, he set everything up to ensure my success," Stone said. "He set up a nutritionist and made sure I only focused on swimming. He set up a schedule and process that I took into Beijing that really helped me."

Partially because of this structure and Manley's tutelage, Stone took home silver in Beijing and carried the momentum to 2012 in London, when she won two additional bronze medals.

"I owe a lot to him," Stone said. "He always focused on doing things right outside of the pool as well as in it. Eat well, act well, treat others with respect. If you do all those things, then the success in the pool will come."

Manley became further involved with U.S. Paralympics Swimming by assisting with camps, and in 2016 he got the call to fill the head coaching vacancy. During his tenure as head coach, and even before, he has made quite the impact because of his focus on the athlete themselves.

"Nathan puts the athletes and the team first in everything he does," Denniston described. "He holds people accountable, but also works to create the best experience for everyone on the team. I think he is also someone that is looking for the perfect way to coach an athlete and won't rest until he finds it."



Drake agrees.

“He was the kind of coach who not only cared about details in the pool, but outside of the pool too – making sure we used sports psychologists and nutritionists,” he said. “He cared more about me as a person than an athlete – and he cared a lot of me as an athlete.”

After five years as the head coach where he led daily trainings in Colorado Springs, Colorado, he will officially transition into his new role as director of high performance for U.S. Paralympics Swimming after this June’s world championships in Madeira, Spain and hire a new coach.

“This move will allow me to focus on the bigger picture and serve a broader audience while improving the athletes and the staff,” Manley said.

Whoever takes over for Manley, there are some huge shoes to fill. In addition to the huge success the U.S. team had in Tokyo, it also won 37 medals at Rio 2016.

Similar to how his father left such an indelible mark on him, Manley has left his own on others, including Stone and Drake, who have both gone on to coaching careers of their own.

“Out of all the coaches I’ve had, Nathan is the one who I try to emulate on deck to this day,” said Stone, who is the coach of Rockford Riptide in Rockford, Michigan. “He was a really good person. He respected me as an athlete, and was really supportive for me as a swimmer and person. He treated me as I was not a para swimmer, but just a swimmer. That meant a lot that he made me so comfortable. And even to this day, he remains accessible for me and supports and helps me in coaching.”

“What I learned from him as a coach, I can always call him and ask for advice,” said Drake, who is the swim coach at Tsunami in Hobbs, New Mexico. “He focuses on athletes as much more than simply swimmers – they are people. It’s amazing to watch him practice that in his actions.”

Whether it’s inspiring athletes, coaches, colleagues, or friends, Manley practices what he preaches.

“People talk about a growth mindset and trying to find ways to be a better person today than they were yesterday,” Denniston said. “Almost nobody really practices that or is able to maintain it. I would argue that Nathan is the exception. I met him 17 years ago and every aspect of him has improved from his coaching ability, the way he communicates and even his overall fitness. He is someone anyone can admire for any reason.”



Failure isn't in Volunteer Coach of the Year Mary Murphy's vocabulary. Showing up is.

Mary Murphy has never met a challenge she couldn't handle. And not just handle, but master.

As far as stories go, Murphy's rise to the top of speedskating is a bit stranger than fiction. For the former hockey goalie from the small town of Neenah, Wisconsin, reaching a pinnacle of speedskating coaching, and now being nationally recognized is yet another achievement.

And now for all her volunteer work and success at the Madison Speedskating Club in Madison, Wisconsin, Murphy has been named the 2021 Volunteer Coach of the Year by the U.S. Olympic & Paralympic Committee, an award that she is incredibly humbled by.

"I'm excited for myself, but also for the club," said Murphy, who has a daytime job as a research informaticist (a.k.a data librarian) at the University of Wisconsin-Madison and brings 10+ years of youth development, leadership training, and programming to speedskating through her experiences in the Girl Scouts of America, Boys and Girls Brigade, and YMCA. "There are lot of new people involved and I'm excited about the good things we're doing.. Knowing I help others and I make a difference is what matters. It feels tremendous."

Dan Greene, who won this same award in 2019 and who is co-coach of the Madison Speedskating Club with Murphy, knows what it takes to get to this point and is thrilled for her.

"She's deserving of this award because of the human being she is," he said. "She's no different as a person or skater. She's one of the people you don't find often in life. She is one of those rare people who truly care about others."

Growing up in Wisconsin, she was not a speedskater, but rather started as a recreational skater at the roller rink every Friday, then playing hockey in her early teens. In high school they needed a goalie and she stepped up, showed up, and rose to the occasion – on the boy's team.

"My teammates would take care of me and stick up for me," she said of the physicality in the boy's game. "I would be ready to fight, but my coaches would hold me back."

Again, in the Madison Speedskating Club, Murphy stepped up to serve as a dual role as coach and ambassador of the sport and stepped in wherever help was needed. Whether that be coaching brand new skaters, talking to parents, taking on a board member position, or developing a website. She'd always be ready to hit the ground running and finish strong to the end.

Her affection with hockey continued into college where she played recreational hockey while

attending the University of Wisconsin-Oshkosh to earn a BSc in Microbiology. She followed her passion for hockey and did a transfer year at SUNY Buffalo State where she played goalie, and then returned to Wisconsin where she finished undergrad and complete at MSc in Educational Leadership and Policy, to eventually enrolled at Wisconsin-Madison for graduate school to earn a MA in Library and Information Science in 2015.



Photo: Back row, Left to right : Tavis Trosen, Daniel (Sarge) Greene, Mary Murphy; Front row: Kerian Collins

With hockey over, she needed something to fill the competitive void, so she transitioned to roller derby and long distance running for a bit before finding speedskating in 2018. “While in grad school, my mom (who idolizes Bonnie Blair) kept telling me to check out the famous Madison Speedskating Club.” At first, Murphy just wanted to be able to skate faster to return to hockey as an endurance coach. But then she fell in love with the sport.

“The sport of speedskating is unique,” Murphy said. “When I’m on the ice all my worries go away. There is such a unique camaraderie within the sport, it’s like one large family. Plus, there is always something to improve on and keep getting better.”

It was then in 2018 when she met Greene, who partnered with her and pushed her as an athlete and then ultimately as a coach. Since that point, she has become a national-level speedskater and a Level 2 certified coach with the Madison Speedskating Club.

It then comes as no surprise that Murphy identifies Greene as her mentor and says he deserves much credit for her being where she currently is as both a coach and skater.

“He was the first one to help me in the sport and motivate me,” Murphy said. “He has been open to my ideas and helped me get my coaching certification.”

At Madison Speedskating Club, she is the co-coach (with Greene) for about 30 active skaters ages 4-74. The club, which at one point consistently produced state and national champions as well as Olympians, has recently had a bit of turnover with new skaters – but with Murphy and Greene things

have turned around and the momentum is picking up. The two are now known as the “dynamic duo” in circles because of how they work together.

“We very much bounce off each other,” Murphy said. “We work so well together even though we have very different coaching styles.”



Greene agrees.

“There are no egos between the two of us,” Greene said. “We are very honest with each other, and the club is growing because of the energy we bring to the process.”

In a strange twist of faith or déjà vu, when Greene won his Volunteer Coach of the Year in 2019, he also won the long track at nationals and the national title in short track in the masters’ division, that same year to complete the trifecta. And now Murphy, having already won the long track at nationals and the Volunteer Coach of the Year award this year, only needs to win the short track at nationals in April to also complete the trifecta.

For someone with already so much accomplished and a full plate, Murphy is not done. Not even close. The Master’s-educated and Ph.D.-hopeful still has lofty goals and aspirations in front of her.

After qualifying for nationals two years ago in the same age group (17-30) with skaters going to the Olympics (which unfortunately were cancelled due to COVID-19), her eyes are now focused on making the Olympic Winter Games Milano Cortina 2026 in long track. For someone who didn’t take speed skating seriously until 2018, don’t count her out.

“She could absolutely do it. I know talent when I see it.” Greene said.

Even if she does not make the 2026 Games, she sees success and gratification in the journey, and passes that along to her athletes.

“The process is what’s important,” she said. “You get points for showing up. I try to teach and focus on what you are currently doing and how far you’ve come. Small achievable goals are important. Winning a race is exciting but continuing to grow is what matter.”



Doc Councilman Coach of the Year Randy Wilber has earned his peace of mind

“Success is peace of mind, which is a direct result of self-satisfaction in knowing that you did your best to become the best that you are capable of becoming.” – Legendary UCLA basketball coach John Wooden in “The Pyramid of Success”

For Randy Wilber, these words are poignant and timeless. They are words to live by. A beacon of sorts. He has lived and taught these words for decades – in his early years as a coach, and still today to evaluate both himself and some of the best athletes in the world.

“Its essence is universal and everlasting,” said the senior sport physiologist at the U.S. Olympic & Paralympic Committee in Colorado

Springs, Colorado.

No matter how you measure success, Wilber passes the test with flying colors. For nearly 30 years with the USOPC he has been providing his scientific expertise to improve athletic performance for American athletes.

And now Wilber can add some hardware to his long resume, as he has been named the 2021 Doc Councilman Science and Technology Award winner.

“It is with great honor and humility that I accept this award,” Wilber, who was heavily influenced by Councilman as a young coach. “On behalf of all my teammates at the U.S. Olympic & Paralympic Committee who work closely with Team USA athletes and coaches to achieve optimal performance through the practical application of sport science (Physiology, Dietetics, Sport Psychology, Strength & Conditioning, Data Analytics & Technology) and sports medicine, we strive to emulate and honor ‘Doc’ in perpetuity.”

“I would like to thank USA Track & Field for considering my body of work worthy of nomination for the James “Doc” Councilman Science and Technology Award,” he continued. “I am very grateful for the nomination and am committed to living up to the high standard that this award represents.”

USA Track & Field Chief of Sport Science Robert Chapman had such high praise for Wilber – both as a person and as a doctor – and says he is beyond worthy of receiving this award.

“Councilman was a legend,” Chapman who is also a professor at the University of Indiana in the Department of Kinesiology – the same in which Councilman (the former Indiana swim coach) is memorialized. “No disrespect to all the other winners, but Randy Wilber is probably the closest person we have to Doc Councilman in this country. The way he takes science and applies it to training, the way he has embodied the innovative approach to applying science to the field of athletics – Randy is the one who has done it the most like Doc Councilman.”

According to Chapman, Wilber has already lived up to the standards that the award represents. In fact, in his estimation, Wilber is the closest thing we have to Doc Counsilman.

The Doc Counsilman award is specifically given to a coach who “utilizes scientific techniques and equipment as an integral part of coaching methods or has created innovative ways to use sport science.” And Wilber, who began his career reading Counsilman’s books and manuals and then applying the physiology-based training principles to track & field, exemplifies what this award is about.

“When you think about the type of person who says how can we use our knowledge to impact athlete performance, I don’t think there is anyone who is better at that in the world,” said Chapman, who has known and worked with Wilber for 25 years. “He is somebody who in his DNA as a sports scientist, his goal is to help an athlete achieve their goal. Randy has this amazing skill to take science and information and then sit down with coach and athlete and explain how to integrate it into the training.”



Wilber’s influence on Team USA through scientific advances cannot be overstated. His work implementing science and technology-based advances in altitude training is where he has made his biggest mark. In 2013, along with the help of many including Chapman, Lindsay Golich, Dr. Jay T. Kearney, Dr. David Morris, Dr. Ben Levine, Dr. Jim Stray-Gundersen, Dr. George Dallam, Dr. Andy Subudhi, Dr. Carl Foster, Dr. Michael Brothers, Sam Callan, Paige Holm and Sean Anthony, he helped launch the Team USA Altitude Training Network, a series of 15 altitude training sites located in the Rocky Mountain and Sierra Nevada Mountain ranges. This led to a significantly greater use of altitude training by Team USA athletes and coaches, which in turn resulted in a marked increase in podium performances for several sports, including track and field, swimming, cycling, triathlon, speedskating, Nordic combined, cross-country skiing and biathlon.

Among Team USA coaches, Joe Vigil, Bob Larsen and Terrence Mahon were leaders in the Team USA Altitude Training Network at Mammoth Lakes, California, which led to the early success of the network via the podium performances of Deena Kastor (Marathon bronze) and Med Keflezighi (Marathon silver) at the Olympic Games Athens 2004. The medal performances of Kastor and Keflezighi in 2004 are generally viewed as the start of the American resurgence in distance running that has resulted in multiple Olympic and world championship medals since then.

There is also the Team USA International Altitude Training Network with sites in Europe (San Moritz, Switzerland; Font Romeu, France) and Asia (Gifu Prefecture, Japan; Nagano Prefecture, Japan), which have been used successfully by Team USA athletes in conjunction with world cup competitions, world championships and Olympic Games. And the Team USA High Altitude Training Center (HATC) located on the campus of the U.S. Olympic & Paralympic Training Center in Colorado Springs, offers a full array of altitude training experiences, from hypoxia to normoxia to hyperoxia, as well as the addition of environmental heat/cold and humidity.

Wilber and the entire Team USA Environmental Physiology Team (Meredith Miller, Lindsay Golich, Isacc Carrasco, Whitney Carter, Mike Levine, Rachel Martin, Dr. Carwyn Sharp) deserves a ton of

credit for the Americans' success at the Olympic Games Tokyo 2020, as they implemented a plan in the preparation for the very challenging heat and humidity in Tokyo. It resulted in essentially no exertional heat illness episodes among the athletes. Also, Wilber helped develop and implement the Optimal Sleep for Optimal Recovery program, which employs algorithm-based technology to gauge daily "training readiness" in Team USA athletes, for the purpose of optimizing productive training and preventing overtraining.

In his position with the USOPC, Wilber has worked with many summer Olympic medalists from USA Swimming, USA Track & Field, USA Triathlon and multiple winter Olympic sports. In all, he has worked with more than 125 Olympians who have earned more than 275 individual medals. He has been a member of Team USA at five summer Games, six winter Games, two Pan American Games and multiple world championships.

"In our sport specifically, Randy has had a tremendous impact, and he's helped from a knowledge and experience standpoint," Chapman said. "It's second to none what he's done for our program, and it has directly translated to medals for the USA."

"I am fortunate in that many of the Olympic sports I work with are 'stopwatch sports,'" Wilber said. "In other words, progress can be measured within any given season, and from season to season, by the athlete's data-based results as produced during practice or competition. Throw in some John Wooden 'success' metrics, and a bit of common sense and understanding, and most coaches know if they are having a positive impact on the 'progress' of their athletes."

Wilber is also an accomplished researcher and writer, having authored over 35 papers in scientific journals and over 15 chapters in books. Additionally, he was the lead author of the book *Altitude Training and Athletic Performance* and co-author of *Exercise-Induced Asthma: Pathophysiology and Treatment*. Outside of the Olympic family he is regarded as a national authority on altitude training as well, serving as a consultant to the U.S. Navy SEALs on issues related to combat performance at high altitudes.

Born and raised in the Pittsburgh area, Wilber grew up with the values and blue-collar work ethic that seems to be in the water in western Pennsylvania. Like many in that region, his parents – Robert and Jacqueline Wilber – instilled in him values, work ethic and personal integrity. Professionally, Wilber credits Drs. Jay T. Kearney, Steven Fleck and Kenneth Rundell for giving him his chance with the USOPC and providing the opportunity to combine his coaching experience with applied physiology at the Olympic level. The trio shared their knowledge and experience with Wilber and helped him find his own area of expertise.

Additionally, he credits former Counsilman Award winner Joe Vigil as a role model and mentor for over 30 years. In 1993 when Wilber started his career with the USOPC, Vigil was a major influence and source of information. Vigil shared his immense knowledge of endurance training, as well as his strategies for the practical application of integrative physiology for Olympic-level runners. The two still talk on a regular basis, and Vigil, now 93, even passed on many of his training plans and books to Wilber.

“I am proud to say that I was present at the 2004 Awards Ceremony when he accepted the initial James ‘Doc’ Counsilman Science and Technology Award. Coach Vigil is very similar to coach Counsilman in that he holds a Ph.D. in exercise physiology and has enjoyed a very successful career in the sport of track and field at the university level, as well as several U.S. Olympic Team appointments.”

Much like Vigil did for him, Wilber has served as a teacher to so many and those throughout Team USA respect him.

“He’s one of the few who when he talks, coaches sit up and listen. Randy has that respect,” Chapman said. “There are great coaches and great scientists in Team USA. You can count on one hand those who can bridge that gap between coaching and science. And Randy is one of them.”

With such an accomplished career and tremendous reputation, Wilber seems to have done it all. At this point he wants to start to focus more time on giving back to Team USA by being a mentor, teacher, and consultant to the next generation of coaches and sport scientists, including former Olympic athletes who are interested in pursuing these career paths.

“We are in need of good coaches and sport scientists to carry on the success of Team USA, and I want to be part of the establishment of formal and informal initiatives that will bring that about. I also want to remain involved directly with Team USA athletes and coaches as an applied physiologist as I have done over the past 30 years, although on a bit more limited role.”

As coach Wooden said, “success is peace of mind...in knowing that you did your best to become the best that you are capable of becoming.”

Certainly Randy Wilber can rest easy knowing that he did his best to become the best he could be. And Team USA is thankful for that.

Team USA is comprised of the best athletes in the world, supported and guided by some of the best coaches in the world. Because coaches are not recognized at the Olympic and Paralympic Games, the USOPC took it upon themselves to create a program that allows athletes to honor a coach with a medal of their own who contributed to their podium performance through the Order of Ikkos. Only coaches from Olympic or Paralympic Games are eligible for this honor through their podium athletes.

The Order of Ikkos is named after Ikkos of Tarentum, who was the first recorded Olympic coach in ancient Greece. Ikkos won the pentathlon at the 84th Olympiad in 444 B.C. and later became known for his coaching ability as he led two fellow Tarentine athletes to gold medals in the same event.

Below are the coaches who were honored for their support of their medal-earning athletes and teams at both the Tokyo and Beijing Olympic and Paralympic Games. For each podium earned by an athlete, they have an Order of Ikkos medal to present to a coach. For each team medal, the named coaching staff receives the honor of an Ikkos medal. Please help us congratulate the great coaching performances that helped Team USA athletes stand on the podium in Tokyo and Beijing.

The Order of Ikkos Honor Roll of Coaches for these and previous games can be found [here](#). For any athlete who medaled but has not yet honored a coach through the Order of Ikkos program, please contact [Christine Bolger](#) at USOPC.

Congratulations everyone!

Tokyo 2020 Olympic Games				
Sport	Discipline	Medalist	Coach	Medal
Baseball	Men's Team	Eddy Alvarez, Eric Filia, Jack Lopez, Mark Kolozsvary, Nick Allen, Jamie Westbrook, Nick Martinez, Scott Kazmi, Patrick Kivlehan, Tyler Austin, Bubba Starling, Todd Frazier, Triston Casas, Ryder Ryan, David Robertson, Anthony Gose, Brandon Dickson, Edwin Jackson JR, Tim Federowicz, Shane Baz, Scott McGough, Joe Ryan, Simione Woods Richardson, Anthony Carter	Mike Scioscia (head coach), Eric Campbell, Rolando de Armas, Jr., Darren Fenster, Dave Wallace, Ernie Young, Jerry Weinstein	Silver
Basketball	Women's 3x3	Jackie Young, Stefanie Dolson, Kelsey Plum, Allisha Gray	Kara Lawson	Gold
Basketball	Women's Team	Jewell Loyd, Skylar Diggins, Sue Bid, Ariel Atkins, Chelsea Gray, A'ja Wilson, Breanna Stewart, Napheesa Collier, Sylvia Fowles, Tina Charles, Brittney Griner	Dawn Staley (head coach), Cheryl Reeve, Jennifer Sullivan	Gold
Basketball	Men's Team	Keldon Johnson, Zach Lavine, Damian Lillard, Kevin Durrant, Khris Middleton, Jerami Grant, Jayson Tatum, Javale McGee, Jrue Holiday, Bam Adebayo, Draymond Green, Devin Booker	Gregg Popovich (head coach), Steve Kerr, Lloyd Pierce, Jay Wright	Gold
Boxing	Men's Feather (52-57kg)	Duke Ragan	Derek Ragan	Silver
Boxing	Men's Super Heavy (+91kg)	Richard Torrez Jr.	Richard Torrez Sr.	Silver
Cycling	Women's Team Pursuit	Chloe Dygert		Bronze

Cycling	Women's Team Pursuit	Megan Jastrab	Gary Sutton	Bronze
Cycling	Women's Team Pursuit	Jennifer Valente	Eric Lawson	Bronze
Cycling	Women's Team Pursuit	Emma White	Kristin Armstrong	Bronze
Cycling	Women's Team Pursuit	Lily Williams	Lindsay Golich	Bronze
Cycling	Women's Omnium	Jennifer Valente	Benjamin Sharp	Gold
Cycling	Women's BMX Freestyle-Park	Hannah Roberts	Ryan Nyquist	Silver
Diving	Women's Spring-board	Krysta Palmer	Jianli You	Bronze
Diving	Women's 10m Platform Synchro	Jessica Parratto	Amy Parratto	Silver
Diving	Women's 10m Platform Synchro	Delaney Schnell	Dwight Dumais	Silver
Diving	Men's 3m Synchro	Michael Hixon	Mike Hilde	Silver
Diving	Men's 3m Synchro	Andrew Capobianco	Drew Johansen	Silver
Equestrian	Dressage	Sabine Schut-Kery	Christine Traurig	Silver
Fencing	Men's Foil Team	Alex Massialas	Gregory Massialas	Bronze
Fencing	Men's Foil Team	Nick Itkin	Michael Itkin	Bronze
Fencing	Men's Foil Team	Gerek Meinhardt	Dr. Perry Williams	Bronze
Fencing	Individual Foil	Lee Kiefer	Amgad Khazbak	Gold
Golf	Men's	Xander Schauffele	Stefan Schauffele	Gold
Gymnastics	Women's Floor Exercise	Jade Carey	Brian Carey	Gold
Gymnastics	Women's Vault	MyKayla Skinner	Lisa Spina	Silver
Karate	Men's Kata	Ariel Torres Gutierrez	Robert Young	Bronze
Shooting	Trap Mixed Team	Brian Burrows	Dwayne Weger	Bronze
Shooting	Women's Skeet	Amber English	Mike English	Gold
Shooting	Men's Skeet	Vincent Hancock	Keith Ellis	Gold
Shooting	10m Air Rifle	William Shaner	Harry Mullins	Gold
Shooting	Mixed Air Rifle	Lucas Kozeniesky	Dan Durben	Silver
Shooting	Mixed Air Rifle	Mary Tucker	Jayme Shipley	Silver
Soccer	Women's Team	Alyssa Naeyer, Crystal Dunn, Samanthaewis, Becky Sauerbrunn, Kelley O'Hara, Kristie Mewis, Tobin Heath, Julie Ertz, Lindsey Horan, Carli Lloyd, Christen Press, Tierna Davidson, Alex Morgan, Emily Sonnett, Megan Rapinoe, Rose Lavelle, Abby Dahlkemper, Adrianna Franch, Catarina Macario, Casey Krueger, Lynn Williams, Jane Campbell	Vlatko Adnonovski (head coach), Milan Ivanovic, Philip Poole, Erica Dambach, Laura Harvey	Bronze
Softball	Women's Team	Monica Abbott, Ali Aguilar, Valerie Arioto, Ally Carda, Amanda Chidester, Rachel Garcia, Haylie McCleney, Michelle Moultrie, Dejah Mulipola, Aubree Munro, Bubba Nickles, Cat Osterman, Janie Reed, Delaney Spaulding, Kelsey Stewart	Ken Eriksen (head coach), Tairia Flowers, Howard Dobson, Heather Tarr, Laura Berg	Silver
Sport Climbing	Men's	Nathaniel Coleman	Josh Larson	Silver



Surfing	Women's	Carissa Moore	Brett Simpson	Gold
Swimming	Women's 200m Breaststroke	Annie Lazor	Ray Looze	Bronze
Swimming	Women's 400m IM	Hali Flickinger	Bob Bowman	Bronze
Swimming	Women's 200m Butterfly	Hali Flickinger	Jack Bauerle	Bronze
Swimming	Women's 200m IM	Katie Douglass	Todd DeSorbo	Bronze
Swimming	Men's 400m Freestyle	Kieran Smith	Emmanuel Lanzo	Bronze
Swimming	Women's 100m Breaststroke	Lilly King	Ray Looze	Bronze
Swimming	Women's 4x100m Relay	Catie deLoof	Fred Michalik	Bronze
Swimming	Women's 4x100m Relay	Allison Schmitt	Bob Bowman	Bronze
Swimming	Women's 4x100m Relay	Natalie Hinds	Jack Bauerle	Bronze
Swimming	Women's 4x100m Relay	Erika Brown	Matt Kredich	Bronze
Swimming	Women's 4x100m Relay	Abbey Weitzeil	Teri McKeever	Bronze
Swimming	Women's 100m Backstroke	Regan Smith	Greg Meehan	Bronze
Swimming	Men's 4x100m Freestyle Relay	Blake Pieroni	Cory Chitwood	Gold
Swimming	Men's 4x100m Freestyle Relay	Zach Apple	John Long	Gold
Swimming	Men's 400m IM	Chase Kalisz	Jack Bauerle	Gold
Swimming	Women's 1500m Freestyle	Katie Ledecky	Tracy Slusser	Gold
Swimming	Women's 800m Freestyle	Katie Ledecky	Greg Meehan	Gold
Swimming	Women's 100m Breaststroke	Lydia Jacoby	Solomon D'Amico	Gold
Swimming	Men's 800m Freestyle	Robert Finke	Anthony Nesty	Gold
Swimming	Men's 1500m Freestyle	Robert Finke	Fred Lewis	Gold
Swimming	Women's 400m IM	Emma Weyant	Brent Arckey	Silver
Swimming	Women's 1500m Freestyle	Erica Sullivan	Ronald Aitken	Silver
Swimming	Women's 400m Freestyle	Katie Ledecky	Greg Meehan	Silver
Swimming	Women's 4x200m Relay	Katie Ledecky	Bob Walker	Silver
Swimming	Women's 4x200m Relay	Arabella Sims	Ron Aitken	Silver
Swimming	Women's 4x200m Relay	Kathryn McLaughlin	Teri McKeever	Silver

Swimming	Women's 4x200m Relay	Brooke Forde	Tracy Slusser	Silver
Swimming	Women's 4x200m Relay	Allison Schmitt	Gavin Walker	Silver
Swimming	Women's 200m Breaststroke	Lilly King	Ray Looze	Silver
Swimming	Women's 200m Butterfly	Regan Smith	Mike Parratto	Silver
Swimming	Women's 4x100m Medley Relay	Rhyan White	Ozzie Quevedo	Silver
Swimming	Women's 4x100m Medley Relay	Lilly King	Cory Chitwood	Silver
Swimming	Women's 4x100m Medley Relay	Claire Curzan	Bruce Marchionda	Silver
Swimming	Women's 4x100m Medley Relay	Erika Brown	Mat Kredich	Silver
Swimming	Women's 4x100m Medley Relay	Lydia Jacoby	Megan O'Leary	Silver
Swimming	Women's 4x100m Medley Relay	Regan Smith	Russell Mark	Silver
Swimming	Women's 4x100m Medley Relay	Torri Huske	Evan Stiles	Silver
Swimming	Women's 4x100m Medley Relay	Abbey Weitzeil	Teri McKeever	Silver
Swimming	Men's 4x100m Medley Relay	Zach Apple	John Long	Gold
Swimming	Men's 4x100m Medley Relay	Michael Andrew	Peter Andrew	Gold
Swimming	Men's 4x100m Medley Relay	Tom Shields	Dave Durden	Gold
Swimming	Men's 4x100m Medley Relay	Hunter Armstrong	Matt Bove	Gold
Swimming	Men's 4x100m Medley Relay	Blake Pierone	Kevin Kinel	Gold
Swimming	Men's 4x100m Medley Relay	Andrew Wilson	Jon Howell	Gold
Taekwondo	Women's 57kg	Anastasija Zolotic	Gareth Brown	Gold
Track and Field	Women's 400m	Allyson Felix	Robert Kersee	Bronze
Track and Field	Women's 200m	Gabrielle Thomas	Tonja Bailey	Bronze
Track and Field	4x400m Mixed Relay	Kendall Ellis	Joanna Hayes	Bronze
Track and Field	4x400m Mixed Relay	Lynna Irby	Lance Brauman	Bronze
Track and Field	4x400m Mixed Relay	Taylor Manson	Mike Holloway	Bronze
Track and Field	4x400m Mixed Relay	Kaylin Whitney	Dennis Mitchell	Bronze
Track and Field	4x400m Mixed Relay	Bryce Deadmon	Patrick Henry	Bronze
Track and Field	4x400m Mixed Relay	Elija Goodwin	Althea Thomas	Bronze



Track and Field	4x400m Mixed Relay	Vernon Norwood	Dennis Shaver	Bronze
Track and Field	4x400m Mixed Relay	Trevor Steward	Duane Ross	Bronze
Track and Field	Women's Marathon	Molly Seidel	Jonathon Green	Bronze
Track and Field	Men's 200m	Noah Lyles	Lance Brauman	Bronze
Track and Field	Men's 5000m	Paul Chelimo	Scott Simmons	Bronze
Track and Field	Women's 800m	Raevyn Rogers	Pete Julian	Bronze
Track and Field	Women's 800m	Athing Mu	Milton Mallard	Gold
Track and Field	Men's 4x400m Relay	Bryce Deadmon	Patrick Henry	Gold
Track and Field	Men's 4x400m Relay	Rai Benjamin	Joanna Hayes	Gold
Track and Field	Men's 4x400m Relay	Michael Cherry	John Smith	Gold
Track and Field	Men's 4x400m Relay	Michael Norman	Quincy Watts	Gold
Track and Field	Men's 4x400m Relay	Vernon Norwood	Dennis Shaver	Gold
Track and Field	Men's 4x400m Relay	Randolph Ross	Duane Ross	Gold
Track and Field	Men's 4x400m Relay	Trevor Stewart	Duane Ross	Gold
Track and Field	Women's Pole Vault	Katie Nageotte	Brad Walker	Gold
Track and Field	Women's 4x400m Relay	Kendall Ellis	Joanna Hayes	Gold
Track and Field	Women's 4x400m Relay	Allyson Felix	Robert Kersee	Gold
Track and Field	Women's 4x400m Relay	Lynna Irby	Lance Brauman	Gold
Track and Field	Women's 4x400m Relay	Wadeline Jonathas	Karim Abdel Wahab	Gold
Track and Field	Women's 4x400m Relay	Sydney McLaughlin	Robert Kersee	Gold
Track and Field	Women's Discus	Valerie Allman	Zebulon Sion	Gold
Track and Field	Women's Long Jump	Brittney Reese	Jeremy Fischer	Silver
Track and Field	Men's Pole Vault	Christopher Nilsen	Derek Miles	Silver
Track and Field	Women's 300m Steeplechase	Courtney Frerichs	Jerry Schumacher	Silver
Track and Field	Women's 400m Hurdles	Dalilah Muhammad	Lawrence Johnson	Silver
Track and Field	Men's 100m	Fred Kerley	Alleyne Francique	Silver
Track and Field	Men's 110m Hurdles	Grant Holloway	Mike Holloway	Silver
Track and Field	Shot Put	Joe Kovacs	Ashley Kovacs	Silver
Track and Field	Women's 100m Hurdles	Kendra Harrison	Edrick Floreal	Silver
Track and Field	Men's 200m	Kenneth Bednarek	Dennis Mitchell	Silver



Track and Field	Men's 400m Hurdles	Rai Benjamin	Quincy Watts	Silver
Track and Field	Women's Shotput	Raven Saunders	Derek Yush	Silver
Track and Field	Women's 4x100m Relay	Teahna Daniels	Edrick Floreal	Silver
Track and Field	Women's 4x100m Relay	English Gardner	Anthony Gardner	Silver
Track and Field	Women's 4x100m Relay	Aleia Hobbs	Dennis Shaver	Silver
Track and Field	Women's 4x100m Relay	Javianne Oliver	Dennis Mitchell	Silver
Track and Field	Women's 4x100m Relay	Jenna Prandini	Edrick Floreal	Silver
Track and Field	Women's 4x100m Relay	Gabrielle Thomas	Tonja Bailey	Silver
Volleyball	Women's Indoor	Micha Hancock, Jordyn Poulter, Justine Wong-Orantes, Jordan Larson, Andrea Drews, Jordan Thompson, Michelle Bartsch-Hackley, Kimberly Hill, Foluke Akinradewo, Haleigh Washington, Kelsey Robinson, Chiaka Ogbogu	Karch Kiraly (head coach), Luka Slabe, Marv Dunphy, Tamari Miyashiro, Erin Virtue	Gold
Volleyball	Women's Beach Team	April Ross and Alix Klineman	Tyler Hildebrand and Angie Akers	Gold
Water Polo	Women's Team	Ashleigh Johnson, Madeline Musselman, Melissa Seidemann, Rachel Fattal, Paige Hauschild, Margaret Steffens, Stephanie Haralabidis, Jamie Neushul, Aria Fischer, Kaleigh Gilchrist, Makenzie Fischer, Alys Williams, Amanda Longan	Adam Krikorian (head coach), Dan Klatt, Chris Oeding	Gold
Weightlifting	Women's 87kg+	Sarah Robles	Rich McClure	Bronze
Weightlifting	Women's 76kg	Katherine Nye	Spencer Arnold	Silver
Wrestling	Women's 57kg	Helen Maroulis	Mark Perry	Bronze
Wrestling	Men's Freestyle 74kg	Kyle Dake	Michael Grey	Bronze
Wrestling	Women's Freestyle 50kg	Sarah Hildebrandt	Brad Harper	Bronze
Wrestling	Men's 57kg	Thomas Gilman	Cody Sanderson	Bronze
Wrestling	Men's Freestyle 86kg	David Taylor III	Casey Cunningham	Gold
Wrestling	Men's Freestyle 125kg	Gable Steveson	Trevor Brandvold	Gold
Wrestling	Women's 69kg	Tamyra Mariama Mensah-Stock	Mark Balser	Gold
Wrestling	Women's 76kg	Adeline Gray	Terry Steiner	Silver
Wrestling	Men's Freestyle 97kg	Kyle Snyder	Jake Varner	Silver

Tokyo 2020 Paralympic Games				
Sport	Discipline	Medalist	Coach	Medal
Archery	Men's Individual Recurve W2	Kevin Mather	Chris Dorow	Gold



Basketball	Men's Team	Jorge Sanchez, Jacob Williams, Joshua Turek, Michael Paye, Matt Lesperance, Ryan Neiswender, Brian Bell, Matt Scott, Steve Serio, Nate Hinze, Trevon Jenifer, John Boie	Ron Lykins (head coach), Robert Taylor, John Sikora, Christina Schwab	Gold
Basketball	Women's Team	Alejandra Ibanez, Abigail Bauleke, Zoe Voris, Darlene Hunter, Josie Aslakson, Natalie Schneider, Rose Hollerman, Kaitlyn Eaton, Lindsey Zurbrugg, Bailey Moody, Ixhelt Gonzalez, Courtney Ryan	Trooper Johnson (head coach), Amy Spangler, Adam Kramer	Bronze
Canoe	Men's 200m VL2	Blake Haxton	Patrick Knighton	Silver
Cycling	Women's H1-4 Road Race	Alicia Dana	Jim Lehman	Bronze
Cycling	Women's C4 Time Trial	Shawn Morelli	Simon Bennett	Gold
Cycling	Women's T1-2 Road Race	Jill Walsh	Lance Stonecipher Bike Loft	Bronze
Equestrian	Women's Grade I Dressage Individual Test	Roxanne Trunnell	Andrea Woodard	Gold
Equestrian	Women's Grade I Dressage Musical Freestyle	Roxanne Trunnell	Andrea Woodard	Gold
Equestrian	Women's Grade I Dressage Team Competition	Roxanne Trunnell	Andrea Woodard	Gold
Equestrian	Women's Grade I Dressage Team Competition	Rebecca Hart	Jennifer Baumert	Gold
Equestrian	Women's Grade I Dressage Team Competition	Kate Schoemaker	Ernst Herrmann	Gold
Goalball	Women's Team	Lisa Czechowski, Asya Miller, Amanda Dennis, Mindy Cook, Eliana Mason, Marybai Huking	Jake Czechowski (head coach), John Potts	Silver
Judo	Men's 100kg	Benjamin Goodrich	Marc Vink	Silver
Rowing	PR3 Mixed 4 w/ Coxswain	Dani Hansen	Shelagh Donohoe	Silver
Rowing	PR3 Mixed 4 w/ Coxswain	Karen Petrik	Shelagh Donohoe	Silver
Rowing	PR3 Mixed 4 w/ Coxswain	Allie Reilly	Shelagh Donohoe	Silver
Wheelchair Rugby	Men's Team	Jeff Butler, Joshua Wheeler, Charles Melton, Joe Jackson, Adam Scaturro, Eric Newby, Lee Fredette, Kory Puderbaugh, Charles Aoki, Joseph Delgrave, Chad Cohn, Raymond Hennagir	James Gumbert (head coach), Sue Tucker	Silver
Swimming	Men's 100m Breaststroke SB13	David Abrahams	Samantha Pitter	Silver
Swimming	Men's 400m Freestyle S7	Evan Austin	John Klinge	Bronze
Swimming	Men's 400m Freestyle S8	Matthew Torres	Ellen Johnston	Bronze
Swimming	Men's 50m Butterfly S7	Evan Austin	Jeff Thompson	Gold



Swimming	Men's 50m Freestyle S9	Jamal Hill	Wilma Wong	Bronze
Swimming	Women's 100m Backstroke S13	Gia Pergolini	Nick Graves	Gold
Swimming	Women's 100m Backstroke S6	Elizabeth Marks	Nathan Manley	Gold
Swimming	Women's 100m Backstroke S7	Julia Gaffney	Nathan Manley	Silver
Swimming	Women's 100m Backstroke S7	Mallory Weggemann	Steve Van Dyne	Gold
Swimming	Women's 100m Backstroke S9	Hannah Aspden	John Payne	Gold
Swimming	Women's 100m Breaststroke SB13	Colleen Young	Anthony Bruno	Silver
Swimming	Women's 100m Breaststroke SB6	Sophia Herzog	Wendy Gorie	Bronze
Swimming	Women's 100m Butterfly S10	Mikaela Jenkins	Aaron Opell	Gold
Swimming	Women's 100m Butterfly S9	Lizzi Smith	Ian Crocker	Silver
Swimming	Women's 100m Freestyle S3	Leanne Smith	Nathan Manley	Silver
Swimming	Women's 100m Freestyle S7	McKenzie Coan	Dr. Jamie Shapiro	Silver
Swimming	Women's 200m IM SM7	Ahalya Lettenberger	Seth Huston	Silver
Swimming	Women's 200m IM SM7	Mallory Weggemann	Russ Linville	Gold
Swimming	Women's 200m IM S11	Anastasia Pagonis	Marc Danin	Bronze
Swimming	Women's 200m IM SM13	Colleen Young	Nathan Manley	Silver
Swimming	Women's 400m Freestyle S11	Anastasia Pagonis	Marc Danin	Gold
Swimming	Women's 400m Freestyle S7	Julia Gaffney	Nathan Manley	Bronze
Swimming	Women's 400m Freestyle S8	Morgan Stickney	John Payne	Gold
Swimming	Women's 4x100m 34 Point Relay	Hannah Aspden	Jeff Dugdale	Gold
Swimming	Women's 4x100m 34 Point Relay	Mikaela Jenkins	Maria Heathcott	Gold
Swimming	Women's 4x100m 34 Point Relay	Morgan Stickney	John Payne	Gold
Swimming	Women's 50m Butterfly S6	Elizabeth Marks	Erin Popovich	Bronze
Swimming	Women's 50m Butterfly S7	Mallory Weggemann	Jeremy Snyder	Silver
Swimming	Women's 50m Freestyle S6	Elizabeth Marks	Jason Barber	Silver
Table Tennis	Men's Singles	Ian Seidenfeld	Mitchell Seidenfeld	Gold
Track and Field	Men's 100m T37	Nick Mayhugh	Justin Kavanaugh	Gold



Track and Field	Men's 200m T37	Nick Mayhugh	Thomas Mayhugh	Gold
Track and Field	Men's 200m T64	Jarryd Wallace	Althea Thomas	Bronze
Track and Field	Men's 400m T37	Nick Mayhugh	Thomas Mayhugh	Gold
Track and Field	Men's 400m T54	Daniel Romanchuk	Gerry Herman	Gold
Track and Field	Men's T54 Marathon	Daniel Romanchuk	Gwena Herman	Bronze
Track and Field	Men's Discus F64	Jeremy Campbell	Larry Judge	Gold
Track and Field	Men's High Jump T47	Dallas Wise	Mike Embry	Silver
Track and Field	Men's High Jump T63	Sam Grewe	Kyle Mishler	Gold
Track and Field	Men's Javelin F54	Justin Phongsavanh	Erica Wheeler	Bronze
Track and Field	Men's Long Jump T11	Lex Gillette	Jeremy Fischer	Silver
Track and Field	Men's Long Jump T13	Isaac Jean Paul	Tony Campbell	Bronze
Track and Field	Men's Long Jump T64	Trenten Merrill	Jeremy Fischer	Bronze
Track and Field	Men's Shot Put F41	Hagan Landry	John Dagata	Silver
Track and Field	Men's Shot Put F46	Josh Cinnamo	Larry Judge	Bronze
Track and Field	Universal Mixed Relay 4x100m	Brittni Mason	Chris Best	Gold
Track and Field	Universal Mixed Relay 4x100m	Nick Mayhugh	Justin Kavanaugh	Gold
Track and Field	Women's 100m T37	Jaleen Roberts	David Greig	Silver
Track and Field	Women's 100m T47	Brittni Mason	Chris Best	Silver
Track and Field	Women's 100m T54	Cheri Madsen	Wendy Gumbert	Bronze
Track and Field	Women's 200m T37	Brittni Mason	Chris Best	Silver
Track and Field	Women's 400m T13	Kym Crosby	Joaquim Cruz	Bronze
Track and Field	Women's 400m T20	Breanna Clark	Rosalyn Clark	Gold
Track and Field	Women's 400m T54	Cheri Madsen	Sal Mendoza	Silver
Track and Field	Women's 500m T54	Susannah Scaroni	Adam Bleakney	Gold
Track and Field	Women's 800m T54	Susannah Scaroni	Teresa Skinner	Bronze
Track and Field	Women's Club Throw F54	Cassie Mitchell	Clara Mitchell	Silver
Track and Field	Women's Long Jump T37	Jaleen Roberts	David Greig	Silver
Track and Field	Women's 1500m T13	Liza Corso	Mike Shevenell	Silver



Track Cycling	Women's C4 3000m Individual Pursuit	Shawn Morelli	Simon Bennett	Silver
Triathlon	Men's PTVI	Brad Snyder	Sara Snyder	Gold
Triathlon	Women's PTS2	Allysa Seely	Jacque Scaramella	Gold
Triathlon	Women's PTS2	Hailey Danz	Derick Williamson	Silver
Triathlon	Women's PTS5	Grace Norman	Greg Mueller	Silver
Triathlon	Men's	Gregory Billington	Ken Bell	Silver
Traithlon	Women's PTWC	Kendall Gretsch	Derick Williamson	Gold
Volleyball	Women's Team	Lora Webster, Bethany Zummo, Alexis Shifflet, Heather Erickson, Monique Matthews, Emma Schieck, Kaleo Maclay, Kathryn Holloway, Whitney Dosty, Jillian Williams, Nichole Millage, Annie Flood	Bill Hamiter (head coach), Michelle Goodall, Jon Aharoni	Gold

Beijing 2022 Paralympic Games				
Sport	Discipline	Medalist	Coach	Medal
Biathlon	Women's Sitting	Kendall Gretsch	Gary Colliander	Bronze
Snowboard	Men's Snowboard Cross SB-LL1	Mike Schultz	Lauren Schultz	Silver
Snowboard	Men's Snowboard Cross SB-LL2	Garrett Geros	Daniel Gale	Silver
Snowboard	Women's Snowboard Cross SB-LL2	Brenna Huckaby	Mark Kelly	Bronze
Skiing	Women's Cross Country Skiing-Standing Long Distance	Sydney Peterson	Ethan Townsend	Silver
Biathlon	Women's Sitting Middle Distance	Kendall Gretsch	Marta Scechura	Gold
Skiing	Women's Cross Country Standing Sprint	Sydney Peterson	Everett Meyers	Bronze
Skiing	Men's Alpine Standing Giant Slalom	Thomas Walsh	Tony McAllister	Silver
Sled Hockey	Men's Team	Ralph DeQuebec, Brody Roybal, Jack Wallace, Travis Dodson, Josephy Woodke, Kyle Zych, Declan Farmer, Evan Nichols, Malik Jones, Noah Grove, Rico Roman, Josh Misiewicz, Josh Pauls, Griffin LaMarre, Jen Lee, David Eustace, Kevin McKee	David Hoff, Corey Gorder, Jacob Visser	Gold
Nordic	Mixed 4x2 5km Relay	Sydney Peterson	Nick Michaud	Gold
Nordic	Mixed 4x2 5km Relay	Dan Crossen	Kevin Bittenbender	Gold
Snowboard	Women's Banked Slalom SB-LL2	Brenna Huckaby	Cameron Fule	Gold

Beijing 2022 Olympic Games				
Sport	Discipline	Medalist	Coach	Medal
Ski & Snowboard	Freestyle Aerials	Megan Nick	Robyn Hase	Bronze
Speedskating	Women's 500m	Erin Jackson	Ryan Shimabukuro	Gold
Ski & Snowboard	Mixed Team Snowboard Cross	Lindsey Jacobellis	Rob Fagan	Gold
Ski & Snowboard	Mixed Team Snowboard Cross	Nick Baumgartner	Coach Kralovec	Gold
Figure Skating	Ice Dance	Madison Hubbell	Patrice Lauzon	Bronze
Figure Skating	Ice Dance	Zachary Donohoe	Romain Haguenauer	Bronze
Bobsled	Monobob	Kallie Humphries	Mike Kohn	Gold
Bobsled	Monobob	Elana Meyers Taylor	Brian Shimer	Silver
Ski & Snowboard	Freestyle Skiing Mixed Aerials	Ashley Caldwell	Tschana Schiller	Gold
Ski & Snowboard	Freestyle Skiing Mixed Aerials	Chris Lillis	Vladimir Lebedev	Gold
Ski & Snowboard	Freestyle Skiing Mixed Aerials	Justin Schoenfeld	Peter Toohey	Gold
Figure Skating	Men's Individual	Nathan Chen	Rafael Arutyunyan	Gold
Ski & Snowboard	Women's Snowboard Cross	Lindsey Jacobellis	Peter Foley	Gold
Ski & Snowboard	Women's Cross Country Sprint Free	Jessie Diggins	Jason Cork	Bronze
Ski & Snowboard	Men's Super-G	Ryan Cochran-Siegle	Forest Carey	Silver
Figure Skating	Team Event	Nathan Chen	Hetty Wang	Silver
Figure Skating	Team Event	Karen Chen	Tammy Gambrell	Silver
Figure Skating	Team Event	Vincent Zhou	Drew Meekins	Silver
Figure Skating	Team Event	Madison Hubbell	Patrick Magee	Silver
Figure Skating	Team Event	Zachary Donohoe	Sam Chouinard	Silver
Figure Skating	Team Event	Madison Chock	Marie-France Dubreuil	Silver
Figure Skating	Team Event	Evan Bates	Steffany Hanlen	Silver
Figure Skating	Team Event	Alexa Knierim	Christopher Knierim	Silver
Figure Skating	Team Event	Brandon Frasier	Todd Sand	Silver
Ski & Snowboard	Women's Moguls	Jaelin Kauf	Bryon Wilson	Silver
Speedskating	Long Track Team Pursuit	Ethan Cepuran	Eric Cepuran	Bronze
Speedskating	Long Track Team Pursuit	Casey Dawson	Sara Bowles	Bronze
Speedskating	Long Track Team Pursuit	Emery Lehman	Gabriel Girard	Bronze



Ice Hockey	Women's Team	Lee Stecklein, Cayla Barnes, Caroline Harvey, Megan Keller, Megan Bozek, Abby Roque, Kelly Pannek, Grace Zumwinkle, Brianna Decker, Savannah Harmon, Hayley Scamurra, Jesse Compher, Jincy Dunne, Hannah Brandt, Hilary Knight, Dani Cameranesi, Alex Carpenter, Kendall Coyne Schofield, Amanda Kessel, Nicole Hensley, Alex Cavallini, Maddie Rooney, Abbey Murphy	Joel Johnson, Courtney Kennedy, Brian Pothier, Steve Thompson, Cal Dietz, Nick Walters	Silver
Ski & Snowboard	Women's 30K Mass Start	Jessie Diggins	Kris Hansen	Silver
Bobsled	Women's 2 Person	Elana Meyers-Taylor	Nicholas Taylor	Bronze
Bobsled	Women's 2 Person	Sylvia Hoffman	Zygmunt Smalcerz	Bronze

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